

April 3, 2015

The second ESP webinar on the 21st Century Extension Service is scheduled for April 13th. The presentation discussed in this webinar is the cap note for the “Centennial on the Summit” conference titled *Creating the Expanded 21st Century Extension Service* by Chuck Hibberd. Chuck was the Director of the University of Nebraska’s R&E Center at Scottsbluff; then Director at Purdue, and now Director of University of Nebraska Extension. Dr. Hibberd’s presentation is a really interesting mix of his work on a national Extension committee focused on understanding the skills and abilities of the successful 21st Century Extension worker and his work to reorient Nebraska Extension for success. He is one of my favorites and takes a practical and direct approach to Extension success. I look forward to our dialogue and discussion of Dr. Hibberd’s presentation.

You may be hearing a bit about some changes in Extension’s approach to In-Depth Training. The Coordinating Committee and the Extension Administrative Team have concurred on the plan to move to a more individually and small group focused approach to professional development. In a nutshell, our plan is to no longer hold required initiative team based in-depth trainings. The funds that have been used for administration organized and team organized in-depth will be pooled for educators’ professional development. As conceived, the funds will be available by request to individuals, small groups or even initiative teams to meet the training and professional development needs of educators. Individual training plans would be a consideration in the allocation of the available funds. There will be more about this as we move to implementation in July for the FY16 budget.

Safe travels, Glen

Where in the State is Mary Kay?

Check out Mary Kay’s new blog at <http://wyoextension.org/marykayblog/>

You can follow her around Wyoming in her travels and learn more about what is happening. Catch up on past posts and, if you want, subscribe for email notifications of new posts.

Personnel News:

Johnson County, 4-H/Youth Development Educator – Position #4032, based in Buffalo. This is a non-extended term position. Interviews have been held and an announcement will be made soon.

Fremont County, NFS – Position #1205, based in Lander. This is an extended term track, Assistant UEE position. Screening will begin April 13, 2015.

Niobrara County, 4-H Youth Development Educator – Position #0693, based in Lusk. This is a non-extended term position. Screening will begin April 13, 2015.

Sweetwater County, 4-H Youth Development Educator – Position #4031, based in Rock Springs. This is a non-extended term position. Screening will begin April 13, 2015.

Staff Development/Federal Relations News from Susan:

Professional Development News

County Coordinator Webinar – Wednesday, April 15, 2015. 1:30–3:00 p.m. Extension Administration will provide training in the role of county coordinators and UW/County MOU's.

Save the dates: November 10 – 12, 2015 for EPIC (Extension Professional Improvement Conference) will be held in Riverton. This bi-annual training is not subject matter specific, but will include topics applicable to all, regardless of the discipline you provide education in. Please note we are shortening the length of EPIC by one day. Mark your calendars. Planning begins this month. Members of the planning committee include: Tina Russell, Alex Malcolm, Kimberly Chapman, Shar Perry, Vicki Hayman, Mindy Meuli, Chance Marshall, Melissa Bardsley, Liz Shaffer, Ashley Garrelts, and Mary Kay Wardlaw.

UW Extension New Employee Training – September 9–11, 2015 in Laramie. All new employees hired after October 1, 2014 should reserve these dates.

County Coordinator Training – September 8-9, 2015 – Laramie. Training will be held in Laramie for County Coordinators. Please hold these dates.

Civil Rights Tip

Four new civil rights advisors have been appointed to assist with County Civil Rights Reviews: Scott Cotton, Tansey Sussex, Caleb Carter and Jossy Ibarra join committee members Brian Sebade and Mae Smith. Counties set for 2015 training reviews will be contacted soon by advisors.

Reporting Tip

How do I document media work? As educators utilize media (print, radio, television) to disseminate educational information, the question of how to document those efforts in reports comes up. With media work, potential distribution or audience can be reported. For example:

Date	Topic	Educator Role	Audience /Distribution
2015 – weekly	Timely topics in Nutrition and Food Safety	Write, adapt, and conduct live on-air 10 minute radio program –	KCRY Radio in Dream County reaches a potential audience of 2000 homes
March 2015	Fishing reduces stress for Ag Producers	Author – article printed in Backyards to Barnyards	Distributed as a newspaper supplement reaching 99,000 homes across Wyoming

Customer Service Tip

Tips to Maintain a Positive Attitude

1. Keep your life in perspective. Before you blow your stack, ask yourself, “Is this really that important?” Compare it to the things that truly matter in your life. Don't let the pesky little things upset you.
2. Let go of the negative. When you hear yourself saying negative things about yourself (or other people or situations) - STOP! Don't waste your time and energy.
3. You can't always control what happens to you. But, you can control how you react. You're in control of your emotions.
4. No one makes you mad. You choose to get mad, or sad, or happy. So, don't choose to get mad at customers. Instead, choose to have a positive attitude.
5. Moods are contagious. What attitude are you conveying? Are you “infecting” others with good

or bad moods?

6. Avoid negative people. Don't let them infect you. Instead, surround yourself with positive people.

Source: Kelly J. Watkins, MBA, www.keepcustomers.com

Cent\$ible Nutrition Program News from Mindy Meuli:

Spring is in the air, at least for now, which means it is just about time for the annual Cent\$ible Nutrition Program Spring Fling. Spring Fling will take place April 21st and 22nd in Casper this year, during which we will welcome many new CNP educators.

Rita Lemley and **Sandi McColl** are two of our new educators. They joined the CNP office in Laramie County. Rita started at CNP in March and Sandi just joined us at the beginning of April. We are excited to have them on the team!

In March, CNP sent out its newly revised cookbook which has been a huge success. The cookbook includes new recipes, information on food resource management and menu planning tips. It also focuses on each individual food group, giving detailed information about nutrients, food safety and preparation.

Communications & Technology introduces...

Tamara Meredith will join the Office of Communications and Technology Wednesday, June 3, as the instructional technology educational specialist. She has served as the librarian/technology specialist with Albany County School District 1 since 2011. She was head of the Learning Resource Center at the University Libraries from 2009-2011.

Meredith will provide training for effective uses of instructional technology, training personnel on using new and current technologies, assist educators in developing online educational courses, and will research and recommend teaching methodologies. She will also recommend methods of integrating instructional technologies to enhance and engage learning.



She received her master's degree in library and information science in 2004 and is working toward her Ph.D. in learning technologies with a focus in instructional design and emerging technologies, both from the University of North Texas in Denton, Texas.

Meredith is a member of the music department's adjunct faculty, and has taught undergraduate and graduate courses since 2010.

Cate Lavelle joined the Office of Communications and Technology February 25, providing general office support and serving as the resource center manager.



Lavelle graduated with double majors in political science and environmental health from Boise State University in 2011 and was an executive assistant and bookkeeper in Boise prior to coming to the University of Wyoming.

Her responsibilities include, in addition to managing the resource center, coordinating the publication process; assisting counties with UW Extension postage needs; and serving as the contact person for teleconferences, and business card, name tag, letterhead, and envelope orders.

Lavelle served 10 years in the Army National Guard as a budget analyst and Apache helicopter mechanic, and her tours include Iraq.