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Carbon County WY

4-Happenings

ENROLL NOW!

October 1st starts our new 4-H
Year, and that means we are ready
for YOU! If you are interested in
joining 4-H please visit the
following link:

https://wyoming.4honline.com/Lo gin.aspx?

403D40356A632F732F4A316264 733D

to sign up and contact our office for more information. Please remember there is a lot of information that goes into 4-H so it is crucial to your success that you contact Carbon County 4-H Educator - Cathy Craig for that information.

Trade or brand names used in this publication are used only for the purpose of educational information. The information given herein is supplied with the understanding that no discrimination is intended, and no endorsement information of products by the University of Wyoming Extension is implied. Nor does it imply approval of products to the exclusion of others, which may also be suitable.

Youth

Are you interested in making your

best better?

4-H is a great way to learn life lessons, make new friends, have fun and get a great start to a productive life! If you are within the ages of 8-18, as of January 1st then you qualify to join 4-H and be a part of a great experience!

Cloverbuds are for our youngsters that have the 4-H itch & want to start early! Ages are 5-7 with some limited participation!

Adults

There are some great opportunities for adults in 4-H. We have a large list of projects that need leaders! Do you want to be a leader of a project that already has leaders? No problem, we want as many as we can get!





It is important to read the 4 H newsletters, Facebook, emails, and mailings very carefully as they will contain valuable information about due dates, upcoming opportunities and any other changes that may occur.

https://www.facebook.com/ CarbonCounty4H **UW CARBON COUNTY EXTENSION**

PO BOX 280

215 W. BUFFALO ST.—ROOM 393

RAWLING WY 82301

PHONE:307-328-2642

FAX:307-328-2646

EMAIL: CATHY CRAIG

CCRAIG@UWYO.EDU

Looking Forward

FYI: There is not a deadline to enroll in 4-H, however there are enrollment deadlines for some 4-H projects to participate in fair and other exhibiting opportunities such as county and state shoot.

October:

- October 1st—Day one of new 4-H Year 2017-2018
- October 1-7—National 4-H Week
- October 17—National 4-H Conference Applications Due



November:

- ◆ November 23rd & 24th—Carbon County Extension Office Closed for the Holiday
- ◆ November 24-December 28—National 4-H Congress—Atlanta

December:

◆ **December 22nd—January 1st—**Carbon County Extension Office Closed for the Holiday

Later Dates:

April 7-12— 2018 National 4-H Conference (Washington D.C.)

You can find more dates as they become available on the state 4-H_website:http://www.uwyo.edu/4-h/

The Four H's The foundation of 4-H learning

Head—managing & thinking

Heart—relating & caring

Hands—giving & working

Health—being & living



October Birthdays

Youth:

- ◆ Genaveve Cobb
- ♦ Kyra Corson
- ◆ Katelynn Englehart
- ◆ Tawny Finch
- Tiegan Finch
- Kie Foster
- Kalub German
- Kannon Gilbert
- Shelby Henrie
- Joseph Horn
- ◆ Sam Nicholas
- Mychaela Jackman

- Kaylee Jones
- Michaiah Jones
- Ellen Kenneda
- Tabitha Kennedy
- Dane Kudera
- Elena Latorre
- Meadow Mathill
- Seth Maxson
- Ura Olsen-Schmidt
- Mattie Pope
- Cody Priest
- Savannah Suttee

Leaders:

- Callay Danford
- Jessica Flanagan
- Todd Heward
- Sheryl Hunter
- Lael Knotwell
- Linda Kraft





4-H Enrollment Fee Information



There is a \$15 registration fee assessed per youth beginning this 4-H year. The registration fee will cover the State 4-H insurance fees and will provide funds for 4-H programming for the coming 4-H year. There will be scholarships available for those in need. Payment process as of right now is payment by check or cash to Carbon County 4H. A check is preferred, however you can pay with cash if you do not have checks. You will notice that payment says County/Club Check, all this means is payment will be made by check or cash. We are looking into payment by card but that process is not setup yet. We will release that information as soon as we have it. Please contact us with any questions or concerns.



Just a tip!

When you are having a hard time accessing information such as 4honline or portfolio's. Try changing your browser. For instance, if you are using explorer, try changing to mozilla firefox or chrome. Some programs, webpages, and documents work better on different browsers. I know this sounds like a pain, but trust me it works and helps with some frustration when managing a pressing task. Contact us with any questions.

4-H Youth/Volunteer Enrollment Process



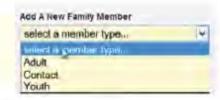
FOR NEW MEMBERS

- 1. Go to http://wyoming.4honline.com You will see a screen like this.
- 2. As a Member/Family Enrolling for the FIRST time select the second option (I need to setup a profile
 - Select your county and fill in the fields
 - · Save your password so you are able to log back in to your profile!

WRITE DOWN YOUR USER AND PASSWORD HERE User Email: Password:.

- 3. Click the Create Login Button.
- 4. The next screen is the FAMILY INFO Screen
 - . Fill in all the fields
 - The red asterisk * indicates required fields
 - . If you would like to update the Family Information for all members records with the same address click this box
- 5. The next screen is the MEMBER LIST
- The Family Information is displayed on the left.
- Click the "Add a New Family Member" drop down menu and select Adult or Youth.
- 6. Click the Add Member Button.

lester Family Edi Family	Add A New Family Member	
ATA Testing Ave Laremo, MY 82071 307-224-3466 MyoningMittganeo.com Trannig County (contact who)	select a member type.	9
	Add Member ReActivate An Archived Family Member	
	Reflictivate Monibo:	





- 7. The next screen is the YOUTH PERSONAL INFORMATION
- · Fill in all the fields
- Years in 4-H: For returning members, this numer will automatically
- The red asterisk * indicates required fields
- · If you have two email addresses you would like to have information sent to, please enter it in the Second Household email field
- · Split families can also be set up for each member
- 8. When finished click the Continue >> | Button at the bottom.
- 9. The next screen is the ADDITIONAL INFORMATION screen. Here you will review the Code of Conduct, General Authorization and Release, and Statement of Assumed Risk
- Please Read this information!
- · You must click this box in each section before you are able to continue to the next screen

10. When finished reading click the Continue >> Button at the bottom.

I have reed, understand, and agree to the the terms and conditions stipulated and is done freely

and without inducement.

11. The next screen is the HEALTH FORM

- Here you will first verify if you have any of the following health conditions: diabetes, asthma, heart trouble, high blood pressure, seizures, or fainting spells. Select Yes or No
- In the Following fields you will note the following information:
 - · Explanation of the conditions listed above, if any
 - · Allergies/reactions to Drugs/Medicine
 - · Allergies/Reactions to Foods
 - · Allergies/Reactions to Things in Nature
 - List medications
 - · Specify additional Health information

NOW THE FUN PART.

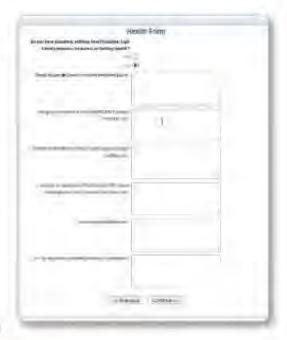
12. The PARTICIPATION screen.

- · Here you will add Clubs and Projects for each member/leader
- 13. First select your CLUB(s) from the drop down menu.
- Click the Add to Button. You will see your club selection added to the Club list.
 - You can add additional clubs by repeating the steps above.
- 15. When finished adding clubs click the Gontage >> Button at the bottom.
 - 16. Next you will ADD A PROJECT(S)
 - 17. Select the club from the drop down menu.
 - 18. Pick a project from the list
 - 19, Selects Year in Project
 - For returning Members the years in project will automatically increase
 - Click the Add Project Button. You will see your project selection added to the Project List.
 - You can add additional projects by repeating the steps above.
- When you are finished adding clubs and projects
 Click the Submit Enrollment Button.

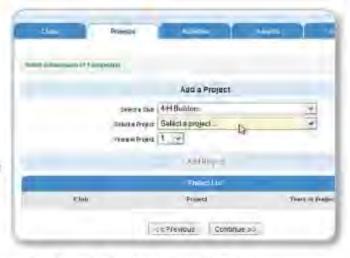
Once you have Submitted an Enrollment you will then be taken back to the MEMBER LIST screen

You can then enroll new 4-H Members or Volunteers using the same steps.

Your enrollment will be sent to the County Extension Office where they will review and approve/activate your profile, or return your enrollment to you for changes/additional information.







Please Note:

If your enrollment status is Pending, your record is complete and waiting for county level 4-H approval. If your enrollment status is Inactive or Incomplete, click Edit to review your record for missing information and resubmit.

4-H Youth/Volunteer Enrollment Process



Tester Family Edi Family

wyoming4/sityanoe.com()

Training County (contact enc)

1375 Testing Ave.

307-234-3466

1) Mrs. Teste

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3) fairl feater

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Laterille WY 85071

Member List

Use this drop

down menu

to add a new

member that

is not in the

Member list.

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Youth Personal Information

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HOSE PRESENT

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(Primiry Phone 577-251-5925

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and without industriest:

ellett Ques ellett Ques Add A New Family Member

select a member type.

Reactivate An Archived Family Member

Last Active Year

2014-2015

2014-2016

2014/2015

3014-2015

Said Mirrolin

select a member.

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ForActivoran Member

FOR EXISTING MEMBERS

- I. Go to http://wyoming.4honline.com You will see a screen like this.
- 2. As an existing Member/Family that is re-enrolling for the next
- 4-H year select the first option | I have a profile
- Enter your email address and password you used to create your Family login and click the Login button
- A new automated password will be sent to the email address you provided along with instructions to login and reset your password.
 - 3. Once you are logged in you can review your Family info and update it if needed by clicking the button
 - 4. In the MEMBER LIST tab, please look at the Member/Volunteer List to view the members/adult volunteers associated with your family account.

Please do not add a new individual that is already listed in the member/volunteer list!

- To Re-Enroll for the new 4-H year click on the
- Review the information displayed in the Personal Information screen.
- At the Bottom of the page on the right you will click the Enroll for 2015-2016 button.
- On the next page you can review/update the personal information page.
- The red asterisk * indicates required fields

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You will now continue through several tabs verifying/updating information. To advance to the next screen click the Community Button.

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In the ADDITIONAL INFORMATION screen you will review the Publicity Release, Statement of Assumed Risk Transportation Release, Code of Conduct, and for Leaders Training and Screening Understanding.

- Please Read this information! You must click this box in each section in order to continue
- The next screen is the HEALTH FORM If any of the individuals Health information has changed, please update it!

In the PARTICIPATION screen you will add or delete Clubs and Projects for each individual.

- If you are unsure of which Club to choose, please select 1 Club Placement and we will help choose a club.
- If you select a new club remember to click the Mod Ckp. Button to add it to your Club list.
- When finished with club selections click the Continue>>> Button at the bottom.
 - You will be taken to the project tab where you can add or delete projects.
 - · For returning members the years in project should automatically increase for projects you are continuing
 - · Remember to click the Add Project button to add a project to the Project List.
 - · You can delete a project by clicking the Edit button and then clicking the Delete button.
- When you are finished with club and project selections click the Submit Enrollment Button.
 If your enrollment status is Pending, your record is complete and waiting for county level 4-H approval. If your enrollment status is Inactive or Incomplete, click Edit to review your record for missing information and resubmit.



2017-18 Wyoming Project Guide

A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from foods to range management. Under each project is a description of what you might learn in the project and in italics is a list of resource curriculum that can be used to help you learn about the project or assist a leader in helping you learn.

Your county Extension Office has a copy of the curriculum books listed below. Curriculum with a * is free and you can download it at the website listed. Other curriculum can be purchased at http://www.4-hmall.org/ unless otherwise noted.

Don't forget to check out the project pages on the Wyoming 4-H Web Site at h/projects/. On these pages, you'll find descriptions for statewide projects, internet resources and links of interest, county fair exhibit suggestions, other suggested project resources.

And remember, you'll learn more than "subject matter" as you complete your projects. You'll learn many "life" skills that you'll use every day of your life, such as, understanding yourself, communicating better, solving problems, making decisions and working with others. Good luck in your project selections. Have a great 4-H year!

AEROSPACE

Think about the excitement that accompanies dreams of sending a rocket into space, making a first solo flight, becoming an astronaut or someday visiting other planets. In the aerospace projects, you will enjoy learning more about your dreams through hands-on experiences. Members can explore their fascination with flying an airplane, launching a rocket, conquering space, and becoming an astronaut or pilot with this project.

Resource: 06842, Pre-Flight

06843, Lift Off

06844, Reaching New Heights 06845, Pilot in Command

06846, Aerospace Adventures Helper's Guide

ARCHERY

Learn how to tune out all distractions, while shooting either a compound or recurve bow; by focusing on form and release, for either traditional or Olympic style shooting, to build self-esteem in a fun and rewarding way.

Resource:

*Shooting Sports Manual (uwyo.edu/4-h)

Leaders will receive project resources at Shooting Sports Leader Certification.

BEEF

You can have fun in the beef project learning how to determine the type of animal you are looking for, how to feed it, diseases it might have, management techniques and many other important skills. This project is filled with hands-on activities, including how to make a rope halter, preparing your beef animal for the fair and giving vaccinations. You will also have the opportunity to explore the many careers and opportunities the beef industry has to offer.

Resources:

08143, Bite Into Beef 08144, Here's the Beef 08145, Leading the Charge 08146. Beef Helper's Guide

08455 Exploring Beef Health and Husbandry

*The 4-H Beef Project: An Introduction (uwyo.edu/4-h)

CAKE DECORATING

Through this project you will learn the skills to start making cakes for parties and events. It starts with knowing the basics like simple borders, decorations and cake molds. Then it advances to lace and lattice work, tiered cakes. special icings and, finally, advanced flowers. Creativity — it's just a piece of cake!

Resource: *4-H Cake Decorating (uwyo.edu/4-h)

CATS

Cats need care and attention. The 4-H Cats project helps you explore how a cat can fit into your family's lifestyle and how to be an excellent caretaker of your feline friend. Cats need your love and guidance to live long and healthy lives. The project will help you learn about nutritional aspects of a cat's diet, health needs and practicing responsible ownership

08148, Purr-fect Pals Resource:

08149, Climbing Up! 08150, Leaping Forward 08151, Cat Helper's Guide

CIVIC ENGAGEMENT

Discover what is important to you and to other people, set goals, take action and build a stronger community. Through this project, youth become active citizens, investigating a public issue, learning about the roles of governing officials and carrying out a plan to solve a problem. This project can be taken as an individual member or as a club project where all club members (or several club members) take the project together.

Resource: 08153, Citizenship Adventure Kit

08154. Citizenship Guide's Handbook

*Community Pride Project Guide (uwyo.edu/4-h)

CLOVERBUDS - YOUTH AGES 5-7

Participation, safety, personal development, learning and fun are the priorities for Cloverbuds. This project is designed to introduce cooperative learning and the many things youth can do in 4-H. Cloverbud programs are adult led, activity-focused, and are built on cooperative learning rather than competition.

Resources:

711AG Cloverbud Volunteer Guidebook (http://estore.osu-extension.org/Cloverbud-Volunteer-

Guidebook-P220.aspx)

710GPM The Big Book of 4-H Cloverbud Activities (http://estore.osu-extension.org/The-Big-

Book-of-4-H-Cloverbud-Activities-P451.aspx)

COMPUTERS

Through the computer project learn about hardware, software and computer applications. Learn how to create networks, domains and workgroups and make decisions about operating systems. Plan your security and firewalls, make decisions about monitoring your network and troubleshooting problems. Take your skills to the next level by learning scratch programming. Program fun animations and put the characters into computer games that you create.

Resource: 08346, Newbie Know How Supplement

> 08347. Inside the Box 08348, Peer to Peer

08349, Teens Teaching Tech

01606Y Discovering Computer Science and Programing through Scratch: Youth Guide 01607F Discovering Computer Science and Programing through Scratch: Facilitators Guide

CROCHETING

A sweater, an afghan and a hat are all things that can be crocheted. It's an easy, relaxing art of yarn and crochet hooks that can become an interest that travels with you. In the crocheting project, you will learn crochet terms, abbreviations, stitches and how to end off. Then watch how your family and friends wait for you to make them something special.

Resource: *Crochet Made Easy (http://www.redheart.com/books/crochet-made-easy)

*Discover 4-H Crochet Clubs (https://www.unce.unr.edu/4H/counties/clark-

ne/files/pdf/CrochetCurriculum.pdf)

DOGS

In the 4-H dog project you will learn basic skills for dog care and training. You can also explore dog health, nutrition, care, showmanship and obedience training. Dog project members can investigate responsible breeding, diseases, dog roles and careers.

Resources: 08166, Wiggles and Wags

08167, Canine Connection 08168, Leading the Pack 08169, Dog Helper's Guide

*Wyoming Dog Show Guidelines (uwyo.edu/4-h)

*4H 716W Indiana 4-H Dog Showmanship Guide (uwyo.edu/4-h)

ELECTRICITY

De-mystify the "magic" of electric circuits, magnetism, motors and electronics. From building burglar alarms to learning how to select a good stereo and other consumer items. This project offers opportunities for hands-on experiences and knowledge you will use in the future. Experience technology firsthand while learning communication and decision-making skills.

Resource: 06848, Magic of Electricity

06849, Investigating Electricity

06850, Wired for Power 06851, Entering Electronics

06852, Electric Excitement Helper's Guide

ENTOMOLOGY (INSECTS)

Explore the amazing world of insects and their arthropod relatives. Learn exciting new things about insects and their life cycle. Collect insects and construct an entomology box so that others can learn about insects as well. This project is filled with many hands-on activities that you will enjoy and want to share with others.

Resource: 08440, Teaming with Insects, Level 1

08441, Teaming with Insects, Level 2 08442, Teaming with Insects, Level 3

08443, Teaming with Insects, Facilitators Guide

FABRIC AND FASHION

Have you ever seen an outfit and wanted it in a different color or style that wasn't available in the store? Or have you tried on an outfit and needed it hemmed to fit just right? Maybe you are looking for how to find the right accessory for an outfit you just got, or how to look for a good sale in the clothing section. In Fabric and Fashion, you can learn basics like sewing a shirt or putting a zipper on a pair of pants. The advanced units will also teach you how to take the design of your choice and customize it for the perfect look, color and fit. In addition, learn the skill of accessorizing and buying the perfect outfit at a reasonable price.

Resources: 4H2210, STEAM Clothing 1: Fundamentals

4H2211, STEAM Clothing 2: Simple Sewing 4H2212, STEAM Clothing3: A Stich Further

4H2213, STEAM Clothing: Maker's Guide to Sewing 4H2214, STEAM Clothing: Beyond the Needle

Wyoming Fabric and Fashion (ask for a copy from your 4-H educator)

FOODS & NUTRITION

If you enjoy cooking or just like good food, this project could be for you. You will have fun learning the basics of cooking and then advance to gourmet meals. Learning consumer buying skills to get the most from your money are also opportunities for you in this project area. In this project, you can also learn more about microwave cooking and Food Preservation. Microwave activities focus on discovering how the microwave works, learning to use the microwave safely and preparing simple foods like scrambled eggs to entire meals of lasagna and fruit crisp desserts. In Food Preservation you will learn how to freeze and dry foods, can foods, make jams, jellies, pickles and relishes and advanced food preservation.

Foods

Resource: 07144, Six Easy Bites

07146, Tasty Tidbits 07148, You're the Chef 07150. Foodworks

07730, Foods Curriculum Helper's Guide

01512Y 4-H Cooking 101 01513Y 4-H Cooking 201 01514Y 4-H Cooking 301 01515Y 4-H Cooking 401

01516Y Cooking Helper's Guide

Microwave Cooking

Resources: 08087DD Microwave Magic - Bag of Tricks - THIS IS A DIGITAL DOWNLOAD ONLY

08088DD Microwave Magic – Micro Magicians – THIS IS A DIGITAL DOWNLOAD ONLY 08089DD Microwave Magic – Amazing Rays – THIS IS A DIGITAL DOWNLOAD ONLY 08090DD Microwave Magic – Presto Meals – THIS IS A DIGITAL DOWNLOAD ONLY 08091DD Microwave Magic – Helper's Guide – THIS IS A DIGITAL DOWNLOAD ONLY

*Foods Judging Guidelines (uwyo.edu/4-h)

Food Preservation

Resource: PNW650, Freezing Project Manual

PNW651, Drying Project Manual

PNW652, Boiling Water Canning Project Manual PNW653, Pressure Canning Project Manual

GARDENING

Get outside and dig in the soil; you can grow your own fruit and vegetable garden with this project. Create rows of vegetables and fruit that you enjoy and that are good for you and your family! Learn basic gardening techniques, how to plan a garden and career options — or even learn how to start your own business.

Resources: 4H1037, Gardening: See Them Sprout (2016)

4H1038, Gardening: Let's Get Growing (2016) 4H1039, Gardening: Take Your Pick (2016) 4H1040, Gardening: Growing Profits (2016) 4H1041, Gardening Helper's Guide (2016)

*Selecting and Showing Produce (http://www.wyomingextension.org/agpubs/pubs/B1196.pdf)

GEOLOGY

Geology is the study of the earth. Much of our knowledge about the earth comes from the rocks, minerals and fossils that surround us. Explore the earth — in your backyard, a creek bed, a road cut, anywhere you go. Take field trips, collect specimens, develop your collection and exhibit at the fair. Learn the basics and pursue special interests.

Resource: *Give Discover 4-H Geology Clubs (http://utah4h.org/discover/)

*Kansas 4-H Geology Project Leader Notebook (uwyo.edu/4-h)

GOATS

Learn about goat breeds, management, grooming and showmanship. Along your journey find out why their offspring are named "kids." You will also figure the cost to raise a goat, learn how to care for your goat, and what resources are needed for taking care of your animal. The project also includes how to share information about goat projects and the goat industry.

Dairy Goats

Resource: 08352, Getting Your Goat

08353, Stepping Out 08354, Showing the Way

08355, Dairy Goat Helper's Guide

*The 4-H Dairy Goat Project: An Introduction (uwyo.edu/4-h)

Meat Goats

Resource: 07909, Just Browsing

07910, Get Growing with Meat Goats

07911, Meating the Future 07912, Meat Goat Helper's Guide

*The 4-H Meat Goat Project: An Introduction (uwyo.edu/4-h)

HEALTH

Are you interested in exploring a wide variety of activities related to physical well-being? In this project, you will have the opportunity to learn the importance of first aid as well as how to maintain a healthy lifestyle through cleanliness, good eating habits, and physical activity. In this project, you can also design a personal fitness plan and track your progress. This is a great project if you are already involved in a school or community athletic team, sport or other physical activity program.

Resource: 08174, First Aid in Action

08175, Staying Healthy 08176, Keeping Fit

HORSES

Are you interested in learning more about horse or love riding? In the horse project, you will discover the basics of horse behavior, breeds and safety, learn about acquiring, selecting and raising a horse, and learn riding and horsemanship skills. This project will also help you to build a financial plan and learn about horse careers. You can also take part in the riding levels program.

Resources: 08053, Giddy Up & Go

08054, Head, Heart & Hooves 08055, Stable Relationships 08056, Riding the Range 08057, Jumping to New Height

08057, Jumping to New Heights 08058, Horse Helper's Guide CO200, Horses & Horsemanship

CO201, Horse Science

*The 4-H Horse Project: An Introduction (uwyo.edu/4-h)
*Wyoming 4-H Equine Competition Guidelines (uwyo.edu/4-h)

INTERIOR DESIGN

Do you walk into a room and know exactly what colors and what furniture would look good in the space? Do you know what paint color or wallpaper would brighten the room? How do you create a feeling of coziness in a family room? Being an interior designer is all about making a house a home. But, what about just starting in your room? Can you select colors, textures and accessories that will show off your personal style and enable you to take care of your room? If you know the basics, you can advance to wood finishing, principles of design, furnishing purchase decisions or using software to create your ideal house.

Resource: Design My Place (CD) (marketplace.unl.edu)

Design Decisions (marketplace.unl.edu)

KNITTING

Knitting isn't just for when you are sitting in front of a warm fire, it is a hobby you can take with you!

Knitting is a wonderful craft to learn and it can be taken anywhere. In the knitting project, you will learn knitting techniques and tips. Did you know that many professions use the techniques learned in knitting (think, surgeons) and other professions use the concentration acquired (think, acting or engineering)?

Resource: *Knitting Made Easy (http://www.redheart.com/books/knitting-made-easy)

*The 4-H Knitting Handbook (http://extension.usu.edu/files/publications/publication/4-

H Sewing&Textiles 2012-02pr.pdf)

LLAMAS AND ALPACAS

In the Alpaca/Llama project, you will learn how to feed and care alpacas/llamas, as well how to train them for a show. You can also learn about the many products created from llamas and alpacas, such as fiber.

Resources: 4-H 996, Llamas & Alpacas, Book 1

4-H 997, Llamas & Alpacas, Book 2 4-H 998, Llamas & Alpacas, Book 3

*4-H 999, Llama & Alpacas, Helper's Guide (https://extension.purdue.edu/extmedia/4H/4-H-999-

W.pdf)

LEATHERCRAFT

In this project, you can learn the construction of small leather articles involving carving, stamping and lacing. You can start with simple articles, such as a coaster, and learn the skills to advance methods of decorating leather such as filigree and figure carving.

Resource:

*Leathercraft Unit 1 Project Guide(uwyo.edu/4-h)

*Advanced Leathercraft Unit 2 Project Guide (uwyo.edu/4-h)

MUZZLELOADING

Experience how to properly load and fire a black powder firearm when aiming at a variety of target types. For safety reasons, the member must have the physical strength and ability to properly seat the lead ball.

Resource:

*Shooting Sports Manual (uwyo.edu/4-h)

Leaders will receive project resources at Shooting Sports Leader Certification.

NATURE AND ECOLOGY

How does water pollution affect wildlife? What alien species live in your neighborhood? How can you decrease your energy use? Find answers to these questions as you are learning about environmental science through hands-on, experimental learning experiences in the natural sciences and technology.

Resource:

08410 Exploring Your Environment – Ecosystem Services 08411 Exploring Your Environment – Earth's Capacity 08412 Exploring Your Environment – Facilitators Guide

OUTDOOR RECREATION

This 4-H project is for those who like hiking and camping! Progress from day hikes to overnight camping trips, and then to extended backpacking expeditions as you hike through the three activity guides and the helper's guide. Experiences relate to food, shelter, Leave No Trace ethics, safety, navigation, equipment and camp management.

Resource:

08043 Hiking Trails

08044 Camping Adventures 08045 Backpacking Expeditions 08046 Outdoor Helper's Guide

PHOTOGRAPHY

Capture important moments, communicate your perspective and show how life appears through your lens with photography. Learn about cameras, lighting, and digital and film media so you can be ready when you find that great shot. Build skills you can use to excel in other 4-H opportunities and explore possible new careers.

Resource: PC1, Focus on Photography

PC2, Controlling the Image PC3, Mastering Photography

PISTOL

You will learn how to shoot an air pistol or a .22 pistol using a two-handed standing position and a one-handed International style shooting position. Learn basic shooting skills and utilize them in hunting small game or for competition.

Resource: *Shooting Sports Manual (uwyo.edu/4-h)

Leaders will receive project resources at Shooting Sports Leader Certification.

POCKET PETS

The Pocket Pets project provides positive opportunities for young people to develop the essential life skills of mastery, independence, generosity and belonging through their interest of pets. Learn how to raise a small animal or pet in a home, how to select the right small animal for your circumstances and environment, how to give urban pets proper housing, care and health, and how to show small pets.

Resource: 06359, Pet Pals

06360, Scurrying Ahead 06361, Scaling the Heights 06362, Pet Helper's Guide

*The 4-H Pocket Pets Project: An Introduction (uwyo.edu/4-h)

POULTRY

Identifying poultry parts, species and breeds, selection, exploring an egg, cooking an egg, feeding, handling, washing and showing are activities included in the 4-H poultry project. In the intermediate level you will learn how to read a feed tag, explore retail products, grade carcasses, select layers and manage poultry health. Advanced poultry members will develop leadership skills by planning a judging clinic, managing a flock, exploring careers, processing chickens, conducting poultry games and discussing values and ethics.

Resources: 06363, Scratching the Surface

06364, Testing Your Wings 06365, Flocking Together 06366, Poultry Helper's Guide

*The 4-H Poultry Project: An Introduction (uwyo.edu/4-h)
*PS 5.145 Producing Turkeys for Show (uwyo.edu/4-h)

QUILTING

Do you have a favorite quilt that someone special has made for you? Maybe it has been passed down from generation to generation. You too can learn quilting techniques and create wonderful quilts and other useful, fun items in the 4-H quilting project.

Resource: You Can Quilt! (http://projectcentral.ohio4h.org/publications/you-can-quilt/)

Quilting the Best Better (http://projectcentral.ohio4h.org/publications/quilting-the-best-better/)

RABBITS

Whether you see rabbits as soft and cuddly pets or a business opportunity, the rabbit project is flexible for your interest. Beginning level rabbits activities include selection, handling, breeds, parts, management, equipment, feeding, health, breeding and kindling. At the intermediate level through hands-on activities, you will learn how to select, judge, give oral reasons, show rabbits, tattoo, keep records and detect diseases. In the advanced level of the rabbits project, you will learn more about breeding, genetics, culling, determining pregnancy, designing a rabbitry, anatomy, teaching others, registering a rabbit and marketing your product.

Resource: 08080, What's Hoppening?

08081, Making Tracks

08082, All Ears

08083, Rabbit Helper's Guide

*The 4-H Rabbit Project: An Introduction (uwyo.edu/4-h)

RANGE MANAGEMENT

Wyoming has a vast array of rangeland to explore. This project allows you to study rangeland plant types and how/where they grow. You can identify, collect, and analyze plants and can decide if they are a good fit for your area.

Resource: 5311 At Home on the Range (http://store.msuextension.org/)

RIFLE

You will have the chance to experience the Air Rifle along with .22 Rifle while learning about target diversity in a standing, prone and kneeling positions. Learn about breathing techniques, sight picture and sight alignment, along with trigger control.

Resource: *Shooting Sports Manual (uwyo.edu/4-h)

Leaders will receive project resources at Shooting Sports Leader Certification.

ROBOTICS

Exploring 4-H Robotics is an ideal way to introduce science, math, engineering and technology while teaching life skills. Through hands-on activities, the 4-H Robotics projects teach basic concepts related to robotic subsystems such as structure, power, sensors, control and programming. These concepts are the foundation for building robots and robotic subsystems from a variety of materials and packaged kits. 4-H Robotics has projects and resources for a wide variety of interests.

Resource: *Robotics Engineering Volume 1

(http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev1 index.htm)

*Robotics Engineering Volume 2

(http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev2_index.htm)

*NXT Video Trainer

(http://www.education.rec.ri.cmu.edu/content/lego/curriculum/nvt2 index.htm)

ROPECRAFT

Learn about knots, hitches, and bends in the ropecraft project. Did you know there are 14 basic skills that can be used in many activities and situations from sailing and climbing to working with animals and decorating. This project is a lot of fun, and we're KNOT kidding.

Resource: 540, Not Just Knots (http://estore.osu-extension.org/Not-Just-Knots-P454.aspx)

*41001-95 Wyoming Ropecraft Manual (uwyo.edu/4-h)

SELF-DETERMINED

A self-determined project allows members freedom to design a project with skills that are not already offered in a different project. Please consider if your project work might fit into another project area before selecting the self-determined project. Members enrolling in the Self-determined project are responsible for identifying their project resources and filling out project paperwork. Projects in this category allow the member to set individual goals and select activities suited to his or her needs. Approval from the UW 4-H Educator is required.

Resource: *Designing My Own Project (uwyo.edu/4-h)

SHEEP

The sheep project introduces you to a wide variety of fun and challenging activities including identifying parts of a sheep, selecting a project lamb, preparing for lambing season, identification of lamb meat products and feeding and showing sheep.

Resources: 06367, Lambs, Rams and You

06368, Shear Delight 06369, Leading the Flock 06370, Sheep Helper's Guide

*The 4-H Sheep Project: An Introduction (uwyo.edu/4-h)

SHOTGUN

Learn about teamwork while busting clays in trap, skeet and sporting clays.

Resource: *Shooting Sports Manual (uwyo.edu/4-h)

Leaders will receive project resources at Shooting Sports Leader Certification.

SPORT FISHING

In this project, you can learn to select equipment, choose a place to fish, catch fish, and either release or prepare them for dinner. It will help you understand fish management practices and how they affect fishing. This project is designed to focus on this great lifetime sport along with understanding the rules and responsibilities of it, and conserving it for the future.

Resource: 07598, Take the Bait

07599, Reel in the Fun 07600, Cast into the Future

07601 Fishing Adventures Helper's Guide *4-H Sportfishing Manual (uwyo.edu/4-h)

SWINE

Enjoy learning the different breeds, swine body parts, selection, exploring the digestive system, exploring swine diseases, identification of the different meat products and many more exciting things in the swine industry. Hands-on activities including practicing fitting and showing swine, managing baby pigs, balancing a ration and designing a swine operation.

Resources: 08065. The Incredible Pia

08066, Putting the Oink in the Pig

08067, Going Whole Hog 08068, Swine Helper's Guide

08456, Exploring Swine Health and Husbandry

*The 4-H Swine Project: An Introduction (uwyo.edu/4-h)

VETERINARY SCIENCE

A natural compassion for animals and an interest in science is what leads most veterinarians into their field. Learn the role a veterinarian plays in practicing animal and public health while participating in many hands-on activities. These activities will help you learn about the different equipment used by veterinarians, diseases and health problems, and career opportunities as a veterinarian or volunteer. You do not have ot own an animal to be in this project.

Resources: 08048, From Airedales to Zebras

08049, All Systems Go 08050, On the Cutting Edge

08051, Veterinary Science Helper's Guide

08744 DD, Veterinary Science 1: Animal Behavior – THIS IS A DIGITAL DOWNLOAD 08745 DD, Veterinary Science 2: Animal Vital Signs – THIS IS A DIGITAL DOWNLOAD 08746 DD, Veterinary Science3: Disease Transmission – THIS IS A DIGITAL DOWNLOAD 08747 DD, Veterinary Science 4: Principals of Biosecurity – THIS IS A DIGITAL DOWNLOAD 08748 DD, Veterinary Science5: Advanced Concepts in Animal Care – THIS IS A DIGITAL

DOWNLOAD

VISUAL ARTS

Cutting and pasting, painting, sculpting, drawing, printing, preserving memories and construction with fibers and other materials are all exciting hands-on activities in the arts and crafts project. Experience different careers, culture, science and technology that are available. Explore your creativity and discover a hobby that you might enjoy for the rest of your life. Budding artists manipulate fiber, construct sculpture and draw in Sketchbook Crossroads. Portfolio Pathways affords the opportunities to create and communicate through printing, painting and graphic designing.

Resources: 4H592, Get Started in Art

08140, Visual Arts 1: Sketchbook Crossroads 08141, Visual Arts 2: Portfolio Pathways

WILDLIFE AND HUNTING

In this project, you can learn how to identify, track and characterize game birds and animals; how to become a good, safe and lawful hunter; how to conserve and improve habitats; and the basic concepts of taxidermy.

Resource: NRA Hunter's Guide (http://materials.nrahq.org/the-hunter-s-guide.html)

*Wyoming Game and Fish Department Hunter Education Student Manual

(https://wgfd.wyo.gov/Education/Hunter-Education)

WOODWORKING

Have you ever wanted to make something with wood? This project is an opportunity for you to create and construct items using wood and woodworking tools. From the basics of using a tape measure and a hammer to advanced equipment like routers and table saws, there's something for everyone. Have fun by learning new things and creating useful items

Resource: 06875, Measuring Up

06876, Making the Cut 06877, Nailing It Together 06878, Finishing Up

06879, Woodworking Helper's Guide

YOUTH LEADERSHIP

Life brings many situations where good leadership skills can make a difference: working on a group project in a class, being part of a team, finding yourself with people about to make a mistake, owning your own business or even being an elected leader. You'll make a bigger difference by knowing how to make good decisions, build relationships, organize your life and plan for success. Get started with a foundation in leadership that you can build upon over a lifetime!

Resource: 07905, My Leadership Workbook

07906, My Leadership Journal 07907, My Leadership Portfolio

07903, Leadership Mentor Guide for Grades K-5 07904, Leadership Mentor Guide for Grades 6-12





National 4-H Conference applications are due by October 17, 2017.

Go to the link below to apply. Please let your 4-H Educator know if you are planning to apply so they have time to submit your letter of recommendation.

If you are a 4-H member between the ages of 15 - 18 and you have completed at least 3 full years of 4-H and are planning to be enrolled for the coming year you are eligible to apply for the National 4-H conference which will be held April 12 -18, 2018 in Washington DC.

National 4-H Conference is held the week of April 12-18, 2018 in Washington DC. This is the US Secretary of Agriculture's premiere youth development opportunity. Young people assist in the development recommendations to help 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during this conference. Afterward, they report their accomplishments to the USDA that they have achieved as a result of the conference

http://www.uwyo.edu/.../travel/national4hconference/index.html

2017 National 4-H Volunteer e-Forum





You're invited to the 2017 National 4-H Volunteer e-Forum. Join us and get energized as you network with volunteers, county-based staff, and state specialists from across the country! Sessions include:

October 5, 2017 - 5:00-6:30 PM (MT)

Cultivating an Environment for Growing True Leaders

Creating an environment where 4-H members feel safe as they grow and develop leadership skills means having volunteers who understand the basics of positive youth development. This session will feature ideas and activities that help foster life skill development by focusing on strategies for more effective club interactions. Participants will learn about the Essential Elements of 4-H and the 5 C's of positive youth development, so join us to set the stage for more successful club meetings!

November 2, 2017 - 5:00-6:30 PM (MT)

"STEM"ming Into Animal Science, Growing True Leaders

Build on the roots of 4-H as we STEM our way into agriculture and animal science for experienced and new 4-H'ers. Gain resources to incorporate Science, Technology, Engineering, and Math (STEM) leaders through traditional animal sciences project areas in communities. Volunteers will gain ideas for planning and organizing fun, educational sessions for youth.

December 7, 2017 - 5:00-6:30 PM (MT)

Helping 4-H'ers Grow in Life & Work

In 4-H, all youth can explore their future. Club meetings, events, camps, and after-school programs are places to develop life skills and expand their interests through 4-H. During this session volunteers will share ideas, receive resources, and see a variety of successful programs that help youth focus on life-long learning, workforce readiness, and career exploration. Caring adults can help all young people make decisions and create their own positive future.

More Information

www.4-h.org/volunteerprofessionals

Youth Volunteer Service Recognition- Prudential Spirit of Community Award

Students in grades 5-12 who have volunteered in the past year are eligible for honors at the local, state and national level. Top honorees earn monetary awards and all-expense-paid trips with a parent or guardian to Washington, D.C. for special recognition events.

The Prudential Spirit of Community Awards – the largest youth recognition program in the U.S. based exclusively on volunteer service – is sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals. A number of 4-H members have earned state -level recognition from the program in recent years.

Here's how your chapter can participate:

Now through **November 7, 2017**, youth volunteers can apply at http://spirit.prudential.com and www.nassp.org/spirit.

- Members must complete their applications and submit certification materials to your executive officer by **November 7**.
- Then, your chapter can select one Local Honoree for every 1,000 members (or portion thereof) in grades 5-8, and one for every 1,000 members (or portion thereof) in grades 9-12.
- Once Local Honorees have been selected, executive officers have until November 17, 2017 to certify their applications online for state-level judging.

All state-level honorees will receive special recognition, and top youth volunteers are eligible for monetary awards and all-expense-paid trips to Washington, D.C. for several days of special recognition events.

Wyoming 4-H Member Achievement Program

The achievement program is designed to recognize youth members' continued involvement in the Wyoming 4-H Program. Youth between the ages of 8 and 18 can receive annual recognition based on their efforts. The annual recognition categories are listed below:

Green Membership Recognition = 0 points

- Member has turned in all required enrollment materials
- Member has behaved in an appropriate manner at all 4-H activities, events, and meetings
- Member is enrolled in at least one project
- Member is enrolled in at least one club or has approval of County 4-H Educator

<u>Silver Recognition = 1 point</u>

- Member meets Membership Recognition criteria outlined above
- Member has exhibited what he/she has learned at some point in the current 4-H year
- Member provides documentation (usually using a 4-H Portfolio) of setting goals, knowledge/skills gained, and participation in project, participation in 1 Educational Opportunity, Participation in 1 Community Service.

Gold Recognition = 3 points

- Member meets Membership Recognition criteria outlined above
- Member has <u>exhibited</u> what he/she learned at some point in the current 4-H year
- Member provides documentation with a <u>complete 4-H Portfolio</u>, showing participation in all essential elements of positive youth development: setting goals, knowledge/skills gained, recognition, leadership, 1 community service, and participation in project and 1 Educational Opportunity (Most likely via the portfolio.)

Honors Club

The ultimate achievement a 4-H member can obtain is induction into the Wyoming 4-H Honors Club achieved by receiving nineteen (19) points over the course of the member's involvement. A member receives three (3) points for each year in which Gold Recognition is achieved and one (1) point for each year Silver Recognition is achieved. Points are evaluated and recorded through the local County 4-H Program. Once a member achieves 19 or more points they will receive a certificate and a pendant/pin recognizing them as members of the Wyoming 4-H Honors Club. This recognition can be listed on college applications, scholarships, etc. to show the youth's commitment and drive.

Past year Wyoming 4-H Honor's club recipients can be viewed on the State 4-H website http://www.uwyo.edu/4-h/achievement-programs/index.html or directly at the following link http://www.uwyo.edu/4-h/achievement-programs/files/honors-club-recipients-accumulative-february-2017.pdf . Carbon County 4-H is proud to have so many dedicated youth on this list. We hope to continue adding to the list in the coming years.

- ***If you are interested in attending a 4-H Portfolio help meeting/training Please contact Cathy ASAP! I will be offering a 4-H Portfolio help meeting in Baggs at the beginning of September stay tuned for the exact date and time.
- ***Cathy is looking for Adult 4-H Leaders or 4-H Parents who would be interested / willing to judge 4-H portfolio's this fall. Please contact Cathy for more information or if you are interested in helping.

If you have any other questions contact Cathy Craig – 328-2642 or ccraig@uwyo.edu





ALL WEEK LONG

Cover Photo Contest - On Sunday of National 4-H Week you can start posting your favorite 4-H photos under the Cover Photo Contest post on Facebook. The person who posts the photo with the most likes will win a prize and have their photos displayed as the Wyoming 4-H Cover Photos for the rest of the year.

Share the Fun Contest - Each time you share a Wyoming 4-H photo or post during National 4-H Week you will be entered in a drawing for a fabulous prize.

Monday Meme - One Monday of National 4-H Week Share your favorite 4-H related Meme. A random Meme will be chosen to receive a prize.



Wear It Wednesday - Wear your favorite 4-H shirt to school or work on Wednesday. Post a picture of you in your shirt under the Wear It Wednesday Facebook post. A winning photo will be selected at random.



Throw Back Thursday - Post your favorite 4-H photos from back in the day. This could be from your first year in 4-H or a photos from last summer. A winning photo will be selected at random. Be sure to use the #wy4htbt

https://www.facebook.com/Wyoming4H/



Dear Future 4-H Volunteer Leader,

Thank you for your interest in volunteering for the University of Wyoming Extension 4-H Youth Development Program. Your involvement and dedication ensure the mission of 4-H happens in Wyoming, "4-H empowers youth to reach their full potential, working and learning in partnership with caring adults". We have over 7,000 youth enrolled in the Wyoming 4-H program and our highest priority is creating a safe emotional and physical environment in which the members can learn and grow. That is accomplished through training designed especially for volunteer leaders as well as background checks of adults who have direct interaction with our 4-H members.

To begin the process of becoming a Wyoming 4-H volunteer please go to our online enrollment portal and create a profile. The web address is http://www.uwyo.edu/4-h/. This is the first step in the Leader Certification Process.

Once you have a profile on 4-H online you will receive THREE e-mail. One will ask you to complete the background check this is done through SterlingBack. The subject line will read: 4-H Volunteer Screening Instructions. The second will ask you to complete the Motor Vehicle Record (MVR) check. The third will provide you with a web address to complete an initial volunteer training process.

Screening of the **criminal background check** conducted through the UW Department of Human Resources will include convictions of child endangerment, crimes of a sexual nature, felony involving violence, and financial crimes. Individuals who have ever been convicted of a crime against children or a vulnerable adult, a crime of a sexual nature, or a felony involving violence will not be approved as a 4-H volunteer leader. All information gathered in the screening process is considered private and will remain confidential and will only be released as required by law.

To protect your privacy and ensure confidentiality, both the criminal background check and the MVR will be completed on-line by yourself. Your personal information will not be kept in the County Extension Office.

After all three of these pieces have bene completed you will receive a letter from the State 4-H Office introducing you to your county program. The final step in the New Leader Certification process will be to meet with your county staff. Each county may have a different way of doing this. Your meeting may include a one-on-one training or a group training. Once this is completed your county will accept your enrollment on 4-H online and you will be an approved volunteer.

After the initial approval, a 4-H volunteer leader is required to participate in additional training every 5 years that will benefit your role in 4-H. There are many methods and/or opportunities to receive the training.

If you do not have access to internet, please contact the County Extension Office about options to create a profile in 4-HOnline and complete the consent form for the background checks.

If you have any questions, please don't hesitate to contact me.

Sincerely,

Sarah Torbert 4-H Volunteer Management Specialist University of Wyoming



Caring... Have you done it today?

"If you can't think of anything nice to say, you're not thinking hard enough!" ~ Kid President

Have you ever taken a moment to watch

a Kid President video? If not, take a few moments to google it, you will be inspired to become AWESOME!

Awesomeness is not just about doing the right thing, its also about caring for those around you. When you care for someone, you show

Caring

how much you appreciate the person they are, flaws and all.

One of the easiest ways to show you care is to speak kind words, Along with kind words, listen to how others are feeling. Pay attention to their words as well as their body language, show compassion for their thoughts.

A great way to teach caring behavior is to model it yourself. Pass around high-fives,
smile at others, compliment
your peers, and listen when
others are speaking. Praise
kind behavior, and never tolerate rudeness.

comes naturally to everyone, sometimes it takes PRACTICE!

> Make a conscious effort every day to speak a kind word, or do something small to show others you care. The more you practice, the better you will become!





Materials: A large pile of paper and pencils. Procedures:

- Have members sit in a circle on the floor.
- Distribute a sheet of paper and pencil to each member
- Ask each member to write their name at the top of the paper.
- Once members have their name on a

4-H Activity: Snowball Fight!

- sheet of paper, ask them to crumble them into a ball.
- Tell members to throw their paper balls like a snowball fight!
- Once the fight has died down, ask them to choose a ball, unfold it, and write something nice about the person on the ball.



- Crumble the papers again and have another snowball fight!
- Once the fight has died down, repeat step 6. Repeat as many times as compliments you wish to have members write.
- Ask each member to read the last ball they pick up to the group.

<u>Clover</u> <u>Connection</u>



Head - Remember to try and do something nice for someone everyday..

Heart - Listen to others, let them know you care.

Hands - Practice small acts of kindness!

Health - Be a friend, and you will always have a friend! Smiling lifts your spirits as well as those around you!

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office

Community Club Leaders

Contact Information

- BEVO (Encampment)
 - Linda Kraft 307-327-5374ilkraft@carbonpower.net
- Carbon (C6) County Wanderers (Rawlins)
 - Larena Weik- 307-321-2005Larenaweik@gmail.com
- Elk Mountains Best Elk Mountain)
 - o Erin Kennedy 307-351-8303 <u>Eskennedy76@gmail.com</u>
- Platte Valley Pride (Saratoga)
 - Wendy Barkhurst 329-7816
 thunderthought@hotmail.com
 Sheryl Hunter 710-0931
 - shunt995@yahoo.com
- Rawlins Reliables (Rawlins)
 - Steve Horn 307-780-6653steve.horn@wyo.gov
- Pass Creek Pioneers 4H Club (Saratoga)
 - Dana Little 307-761-3250danalynnlittle@yahoo.com



- Saratoga's Finest
 - KayCee Alameda 326-79912cowcattle@gmail.com
- Savery Savers (Baggs, Dixon, & Savery)
 - Mitzi Corson 383-6108
 mitzi.corson@yahoo.com
 Nikkole Maxson 380-8115

inmaxson@dteworld.com

- Sinclair Rimrock Riders (Sinclair)
 - o Dori Fritz 320-5398 <u>dfritz9999@icloud.com</u>
- Wind Country (Medicine Bow)
 - o Todd & Malea Heward 356-4612 <u>malea@7eranch.net</u> todd@7eranch.net
- Leo Cowpokes (Hanna)
 - o Marla Mcnees 307-325-6733 mcneesmp@wildblue.net
 - Marquita Mcnees 307-325-6733<u>skeet63@hotmail.com</u>

Just a quick reminder!

Only those who have been screened and approved are official 4-H leaders. We will be providing updated lists throughout the year, to keep you informed on who those people are. If you are unsure if you are a screened leader or if someone else is, please contact our office. You must re-enroll each 4-H year, and be screened every 5 years. Remember those acting in the name of 4-H have to either be leaders or members. If you accept any assistance from non-screened leaders it is at your own discretion.

All youth in Carbon County 4-H should be actively participating in their chosen club. This will allow leaders, parents and members to communicate effectively and receive the proper information.

2017 Carbon County List of Active Enrolled Leaders

Encampment:

Rawlins / Sinclair:

Hanna / Elk Mountain:

Saratoga:

LSRV:

Shirley Basin:

Please Pay attention to this page. This will be updated throughout the year to let you know who your screened, trained & active 4-H leaders are! This is very important as you can only act in the name of 4-H if you are approved by the required steps. If you take any advice or help from someone that is not an active 4-H leader it is at your own discretion.

UW Extension Service

RETURN SERVICE REQUESTED

U.S. Department of Agriculture

Carbon County Office

P.O. Box 280

Rawlins, Wyoming 82301

PRESORT STANDARD
US POSTAGE PAID
RAWLINS, WY
PERMIT # 280

PLEASE READ EACH PAGE CAREFULLY!

Don't miss out on any important announcements

4-H Carbon County Newsletter

Helpful 4-H Sites!

- ⇒ Facebook: https://www.facebook.com/CarbonCounty4H
 - ⇒ State 4-H Site: http://www.uwyo.edu/4-h/
- ⇒ Project Information: http://www.uwyo.edu/4-h/projects/
 - ⇒ 4-H Mall: http://www.4-hmall.org/Home.aspx
- ⇒ Volunteers Resources: http://www.uwyo.edu/4-h/volunteers/

Events advertised
within the newsletter
count as Educational
Opportunities. Make
sure you let your leader
know you have
attended.

Due to cost efficiency, time management and manpower, we will be only making hard copies of information when necessary. All information from our office will be available through club leaders, emailed and posted on Facebook to keep in communication.



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