

# **CARBON COUNTY**

#### July 2019

I pledge my HEAD to clearer thinking,

*My HEART to greater loyalty,* 

*My* HANDS to larger service, and

My HEALTH to better living,

For my Club,

My Community,

My Country, and

My World.

### UPDATE

### In This Issue

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- Important Dates
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- Fun Facts 4th of July
- Leadership
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- Livestock
- Horse
- Swine
- County Fair

2019The deadline to<br/>register for the<br/>Carbon County<br/>Fair is July 12th<br/>at 10AM!!!

Carbon County Fair

NO late entries will be accepted.



College of Agriculture and Natural Resources Extension Carbon County

# July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <u>Horse ID &amp; Safety</u> <u>Certification</u> <u>Deadline</u>	2	3	4	5	6
7	8	9	10	11 State Shoot (Douglas)	12 State Shoot (Douglas) <u>Fair Entry</u> <u>Deadline by</u> <u>10am!!!!!!</u>	13 State Shoot (Douglas)
14 State Shoot (Douglas) Leadership Washington Fo- cus Trip	15 Leadership Wash- ington Focus Trip	16 Leadership Wash- ington Focus Trip Horse Day Camp—Cheyenne	17 Leadership Wash- ington Focus Trip Finland 4-H Ex- change Canoeing Trip— Seniors	18 Leadership Wash- ington Focus Trip Finland 4-H Ex- change	19 Leadership Washington Focus Trip Finland 4-H Exchange 4-H Foundation Platte River Shootout (Saratoga)	20 Finland 4-H Ex- change 4-H Foundation Platte River Shootout (Saratoga)
21 Finland 4-H Ex- change	22 Finland 4-H Ex- change	23 Finland 4-H Ex- change Canoeing Trip— Jrs/Ints	24 Finland 4-H Ex- change	25 Finland 4-H Ex- change	26 Finland 4-H Exchange	27 Finland 4-H Ex- change
28 Finland 4-H Ex- change	29 Finland 4-H Ex- change	30 Finland 4-H Ex- change	31 Finland 4-H Ex- change			



College of Agriculture and Natural Resources Extension Carbon County

# August2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				। County Fair Style Review	2 County Fair	3 County Fair
				Judging		
4	5	6	7	8	9	10
County Fair	County Fair	County Fair	County Fair	County Fair	County Fair	County Fair
Static Exhibit Judging Day			Public Style Re- view	State Fair Meet- ing	Buyers Luncheon	
Jr Horse Show				4-H Dance	Livestock Sale	
11	12	13	14	15	16	17
		Wyoming State Fair	Wyoming State Fair	Wyoming State Fair	Wyoming State Fair	Wyoming State Fair
18	19	20	21	22	23	24
25	26		<ul> <li>F</li> <li>H</li> <li>F</li> <li>F</li> <li>N</li> <li>If yo</li> </ul>	Swine Equi eeders eater an luck Boots u are in nee	d of any o	
			Emi	s, please co ly Laird at 30 iil at: emilylaird		

## **Important Dates**

### July

•July 1: Horse ID Deadline

- •July 11-14: State Shoot (Douglas)
- •July 14-19: Leadership Washington Focus Trip
- •July 17-31: Finland 4-H Exchange
- •July 19-20: 4-H Foundation Platte River Shootout (Saratoga)
- •July 17: Summer Adventure Canoeing—Seniors Please RSVP by July 3rd
- •July 23: Summer Adventure Canoeing—Juniors Please RSVP by July 15th

### August

- •August 1-10: Carbon County Fair
  - August 1 : Style Review Judging
  - August 4: Static Exhibit Judging
  - August 7: Public Style Review
  - August 8: State Fair Meeting 4-H Dance
  - August 9: Buyers Luncheon Jr Livestock Sale
- •August 13-17: Wyoming State Fair



## **Summer Activities!**



Learn about trappers, settlers, outlaws, and Native Americans of Carbon County at their fun, interactive day camps! Ages 7-10 (Placement limited) Registration Fee: \$10 per child w/ family discounts available When: July 9-12 and July 23-26 (9:00am—12:30 PM)

## 4-H SUMMER ADVENTURE DAYS!!

July 17 : Canoeing - Seniors (RSVP by July 3) July 23: Canoeing - Jrs/Ints (RSVP by July 15)

This summer, join other 4-Hers across the county in enjoying our great outdoors! July are our water days on the Seminoe Reservior. You can ride in the 4-H Suburban from Rawlins or meet us there. Parents are more than welcome to join us and it is recommended they join the Jr/Int trips if your 4-Her is under 10. All trips weather dependent.







RSVP by emailing ehaver@uwyo.edu with the dates you wish to attend, and names of 4-H members attending. Lunch and snacks will be provided on all trips!

## **Club Corner**

### **County Shoot Part 1**

### Thank you to all the youth who showed great sportsmanship!























### **County Shoot Part 2**

### BIG thank you to all the shooting sports volunteers!!!!!



## **Shooting Sports: State Shoot**

### Wyoming 4-H State Shooting Sports Match

July 11-14, 2019

#### SCHEDULE OF EVENTS

#### Thursday

2:00  pm	Archery – Unscheduled line
3:00 pm	Shotgun – Douglas Trap Club
	Ft. Caspar Information Office open
$4{:}00 \text{ pm}$	${f Archery-Unscheduled line}$
$4{:}00 \text{ pm}$	Dormitories open
7:00 pm	Range Officer Meeting – Ft. Caspar
10:30 pm	Dorms locked

#### Friday

2.01	
6:00 am	Shotgun Range Opens – Douglas Trap Club
7:00 a.m5:30 p.m.	Ft. Caspar Information Office open
7:00 am	Archery check-in
7:00 am	.22 Rifle range open (unscheduled line)
7:30 am	.22 Pistol and Muzzleloader Ranges Open – Douglas Rifle Range
	Air Rifle & Air Pistol Ranges Open – Wyoming State Fairgrounds
	First archery relay begins – Wyoming State Fairgrounds
	(See schedule for specific county shoot times)
10:00 am-5:00 pm	Outdoor Skills Open – Ft. Caspar
3:00 pm	Shotgun shoot-offs (responsibility of shooter to be present for shoot-offs)
4:00 pm	Last relay on all ranges
10:30 pm	Dorms locked

#### Saturday

7:00 a.m5:30 p.m.	Ft. Caspar Information Office open
7:00 am	Archery check-in
7:00 am	.22 Rifle range open (unscheduled line)
7:30 am	.22 Pistol and Muzzleloader Ranges Open – Douglas Rifle Range
	Air Rifle, Air Pistol Ranges Open – Wyoming State Fairgrounds
	Archery relay begins
9:00 am-3:00 pm	Outdoor Skills Open – Ft. Caspar
3:00 pm	Last relay on all ranges
8:30 - 11:00 pm	Dance – in front of cafeteria
11:15pm	Dorms locked
-333	
Sunday	

8:00 am	${f Awards}$ ${f Program}$ – Cafeteria
10:00 am	Shooting Sports Development Committee Meeting - Cafeteria

July 22, 2019 - Record books due for the Raton, NM Award Trip (Those who want to be eligible for the Raton Trip through the record book contest)

September 4-8, 2019 - Raton, NM Award Trip

## **State Shoot Teams**

Junior Teams are comprised of Junior & Intermediate contestants. Senior Teams are comprised of Senior contestants only. All teams (except shotgun) can have a minimum of 3 and max of 4 members on each team. Teams are compiled based on a members County Shoot score; if you did not participate in County Shoot, you were put on a team if there was room. If you don't see your name on a team for your event it is because there were not enough participants to make another team. In that case your score won't be combined with others for a team score but it still qualifies you for individual awards.

Shotgun (min: 4, max: 5)		Ν	luzzle Loader (min: 3,	
Junior Team 1	Junior Tear		ax: 4)	
Gavin Waldron	1. Dawson Lee		Junior Team 1	
Thomas Wagner	2. Granit Ready	D	onald Wade Corson	
Mckennon Cook	3. Coy Munroe	C	oy Munroe	
Tanner Duncan	4. Lucas Peterson	Ta	anner Duncan	
Donald Wade Corson	5. Austin White			
Senior Team 1	Senior Tear	<i>m</i> 2	Senior Team 1	
Menphis Smith	1. Joseph Horn	C	aleb Lee	
Joshua Lee	2. Kalub German		oseph Horn	
Caleb Lee	3. Kie Foster	Μ	lenphis Smith	
Thomas Duncan	4. Kenny Raymond			
Archery (min: 3,				
max: 4) Free	estyle Unlimited			
	Junior Team 2	Junior Team 3	Junior Team 4	Junior Team 5
		Brighton Bair	1. Mckennon Cook	1. Tanner Duncan
		Coy Munroe	2. John Bair	2. Dawson Lee
		Tuff Weber	3. Gavin Waldron	3. Tynli DuBose
		Berkeley Snyder	4. Stran Weeldryer	4. Ella Humphreys
	Senior Team 2	Senior Team 3		
1. Coy Kaisler 1. Cale		Thomas Duncan		
		Kie Foster		
3. Kalub German 3. Briar	nna Seilaff 3. I	Kenny Raymond		
4. Joshua Lee 4.	4.7	Anniston Jeannerett		
				-
.22 Rifle (min: 3,				
max: 4)		NOTICE: .	ALL YOUTH US	SING CLUB
Sporter				
•	unior Team 2		IENT AT STATE	•
1. Mckennon Cook 1. Tuff		NEED TO	<b>NOTIFY YOUR</b>	LEADERS
2. Evann Staman 2. Tynli	DuBose		OON AS POSS	

>Shotgun, Archery, and Muzzleloading are scheduled events. Exact range times for Carbon County will be coming out next week. An email will be sent to all shooting sports members. Talk to your leader for more information.

>All other events are open ranges and can be shot at any time around your schedule for shotgun, archery, and muzzleloading.

## Livestock



## **BREAKING NEWS**

## SENIOR ALL-STATE TEAM TRIP

WHEN: SEPTEMBER 26-29 WHERE: FLINT HILLS CLASSIC (HUTCHINSON, KS) AND AKSARBEN STOCK SHOW (GRAND ISLAND, NE) SPONSORED BY:

**RED WHITE & BLUE** 



### GENERAL INFORMATION

- The top-5 Senior individuals in the end of year 307 standings will earn the opportunity to travel alongside the University of Wyoming Livestock Judging team to practice and compete at 2 contests from September 26-29.
- More details to follow after All-State awards at the Wyoming State Fair.

For more information about the 307 judging series contact: Caleb Boardman (307) 766 - 2159 (307) 250 - 2298 Caleb.Boardman@uwyo.edu

#### WYOMING

LIVESTOCK JUDGING

For up-to-date standings for the 307 judging series go to: http://wyoming4h.org/animalopps /307-series/

FOLLOW THE I-80 EXTRAVAGANZA Facebook page For more information!

## CARBON COUNTY FAIRGROUNDS RAWLINS, WYOMING EXTRAVAGANZA

# JUNE 29-30, 2019

SATURDAY: CATTLE & HOGS CHECK IN 7AM-9AM MARKET BEEF & MARKET HOG SHOWS 10AM Followed immediately by breeding Sheep & Goat Checkin 12-2PM

MARKET SHEEP & MARKET GOAT SHOWS 3PM (OR 30 MINUTES AFTER CONCLUSION OF CATTLE & HOGS) FOLLOWED IMMEDIATELY BY BREEDING

prizes & cash awards buckle hanger & \$100 to champs led light-up plaque & \$50 to reserves class payputs to Lith place

JUDGES: Kylie Patterson - San Antonio, Texas Nolan Hildebrand - Warner, Oklahoma SUNDAY:

CATTLE & HOGS CHECK IN OR CHANGES BY 8:30AM

MARKET BEEF & MARKET HOG SHOWS 9AM Followed immediately by showmanship sheep & Goat Checkin or Changes BY 12:30 PM

MARKET SHEEP & MARKET GOAT SHOWS 1PM (OR 30 MINUTES AFTER CONCLUSION OF CATTLE & HOGS) FOLLOWED IMMEDIATELY BY SHOWMANSHIP

Showtimes Banners & cash awards Showtimes Banners & cash awards \$200 to champs, \$100 to reserves class payputs to 4th place class payputs to 4th place class payputs to 4th place for SHOWMAN SHIP for SHOWMAN SHIP

AMANDA KNOTWELL: 307.351.4019 KAYLEE KERBS: 307.761.2797





#### Registration begins at 8am – Classes start at 9am

No entry fees, ages 0-18 welcome!

#### BUCKLES AWARDED TO THE HIGH POINT JUNIOR, INTERMEDIATE, AND SENIOR RIDERS

#### And Many other GREAT Prizes!!!!

Concessions will be provided on the grounds this year!

## **County Fair: Deadline July 12!**

# Carbon County Fair

2019

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### All Projects

August 2-10, 2019

You must have been enrolled in your 4-H project by <u>June 1st.</u> This means you have enrolled in 4HOnline with your projects selected and paid your enrollment fee

### Livestock Projects

You must have had your animal tagged and weighed by the following dates:

Beef: February 1st

Swine, Goat, Sheep: June 1st

### Entering the Carbon County Fair: July 12 @ 10am

To enter your 4-H project in the county fair you must register at FairEntry.com No late entries will be accepted. Details on entering your project in the county fair will follow as we approach fair time.

The 2019 Fair Book is now available on www.carboncountyfairgrounds.com for rules and regulations about your projects

## Important Fair Info

### Fair Parade:

The Rawlins Reliables club will have a float in the parade the Saturday before fair. All 4-H members are invited to help decorate and ride the float! If you are interested email Jessica Paul at jdsdogspa@gmail.com



**Ribbon Wranglers:** For the littlest members of your club—serve your community by helping hand out rosettes, plaques, and ribbons during the livestock shows at county fair. To volunteer send an email to: ehaver@uwyo.edu

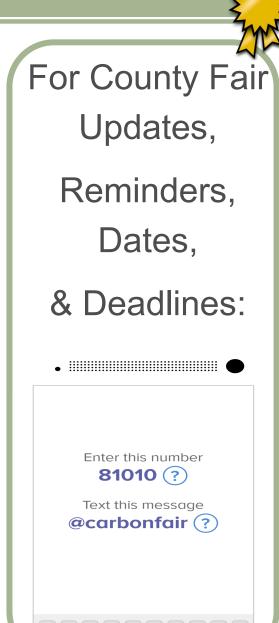
#### Buyers Luncheon:

**Rawlins Reliables** and **C6 Wanderers** are responsible for serving the luncheon this year. Arrive at Multi-Plex on the Carbon County Fairgrounds at 10:30am on Friday, August 9th. You will set up tables and chairs, set the tables, and mix the drinks. All club members are required to be there!

#### 4-H Dance

Want to hear good music at Thursday night's dance?? You can help pick it! Text @carbonfair to 81010 to join our texting group and send in your suggestions!!!





#### CARBON COUNTY PUBLIC STYLE REVUE NARRATION SHEET

Please return to Christy Stocks by August 3, 2019 through email: <u>cstocks57@gmail.com</u> Questions: Christy - 307-380-7170 or Carbon County Extension – 307-328-2642

Write a narration for the outfits you would like to model in the Public Style Revue. Most stylists prefer narrations to be about 1 minute. Narrations must not be longer than 2 minutes.

The Public Style Revue will be held in the multiplex, at the fairgrounds, on Wednesday, August 8, 2018. Youth should show up ready to practice by 4 pm. The public style revue begins at 5 pm.

Name: \_\_\_\_\_\_ Number of outfits to be modeled \_\_\_\_\_\_ (You may model a total of 3 outfits) Order of appearance \_\_\_\_\_\_ (this may be changed)

Please include:

Age, Home Town, Grade in School, Name of School, Parents Description: (Use description from pattern envelope, describe each piece) Your interests or hobbies

#### SKILLS SUMMARY QUESTIONS

#### Complete, Cut, Place in plastic protector & Attach To Each Project as Requested

Name:	County: CARBON	Name:	County: CARBON
Project:		Project:	
How did you get the idea for your project and what do you like best about it?		How did you get the idea for your project and wabout it?	hat do you like best
What tools did you use and what skills did you use or learn in making your project?		What tools did you use and what skills did you u your project?	ise or learn in making

## **County Fair Schedule**

#### Friday, July 12- All entries due in fairentry.com NO LATE ENTRIES!

10:00PM <u>SATURDAY, July 27</u> 7:00 AM 8:00 AM <u>THURSDAY, August 1</u>

8:00 AM

#### FRIDAY, August 2

8:00 AM 9:00 AM 5:00 PM

10:00 AM

#### SATURDAY, August 3 7:00 AM

1:00-3:00 P.M.

SUNDAY, August 4

8:00 AM- 10:00 A.M.

8:00 AM

10:00-11:00 AM 9:00AM

Immediately Following 9:00-11:00 AM 8:00-10:00 AM

12:00-3:00 PM 4:00-7:00 PM 6:00 PM 6:30 PM

#### MONDAY, August 5

7:30-9:00 AM 7:30 AM

#### 8:00-10:00 AM 8:00 AM

Immediately Following 8:00 AM-10:00 AM

8:00 AM-1:00 PM

9:00 AM-1:00 PM

9:30 AM

12 NOON 1:00 PM 1:00 PM 2 PM-8 PM 2:00 PM

#### 4:00 -7:00 PM 5:00 PM

5:00 PM 5:30 PM 7:00 PM 8:00 PM All 4H/FFA entries due in fairentry.com Enter Open Class Horse Show

Open Class Horse Show—Prompt Beginning

4H Clothing Construction/Style Revue Judging-CC Multi-Plex

Dog Show Registration Dog Show—East Lawn Mud Volleyball Tournament

Lions Club Pancake Breakfast—Jeffrey Center Fair Parade—Downtown

Open Class Entries Taken, Exhibit Hall

Check in Swine-NO SWINE BEFORE 8AM

Jr. Horse Mouthing & Check-In

Sheep Check-In/Inspection by Veterinarian MANDATORY HORSE SHOW EXHIBITOR MEETING-Arena Jr. Horse Show—Showmanship, Halter & English Classes, Programmed Ride & Trail, Performance Mise All, Scient All Decks

Judge Misc. 4H, Setup 4H Booths Enter Open Class Exhibits—Exhibit Building

Judge Open Class Exhibits Check in Swine Ranch Rodeo Enter at 6, Start at 7 Enter Open/Bring 4H Rabbits & Poultry

Enter Open/Bring 4H Rabbits & Poultry Jr. Horse Mouthing & Check-in

#### Check in Swine MANDATORY HORSE SHOW EXHIBITOR MEETING-Arena

Jr. Horse Show-Timed Events-Barrels & Poles

Sheep check-in/inspection by veterinarian

FFA Entries on Grounds

Set-up FFA, Open Class & Commercial Booths

Rabbit Show-East Lawn Show Ring

Sheep Lead Entries Due at the Fair Office Poultry Show—East Lawn Show Ring Weigh Market Sheep/Goats Exhibit Buildings Open to the Public Judge FFA Exhibits

Check in Swine Cat Show—Exhibit Building Demonstration Booth Enter Super Horse Competition—Arena Working Ranch Horse Contest Award Jr. Horse Show Overall Awards—Arena

All Swine on Grounds & Checked into Barn

Monday, August 5

Noon-4:00 P.M.

Energy Day!

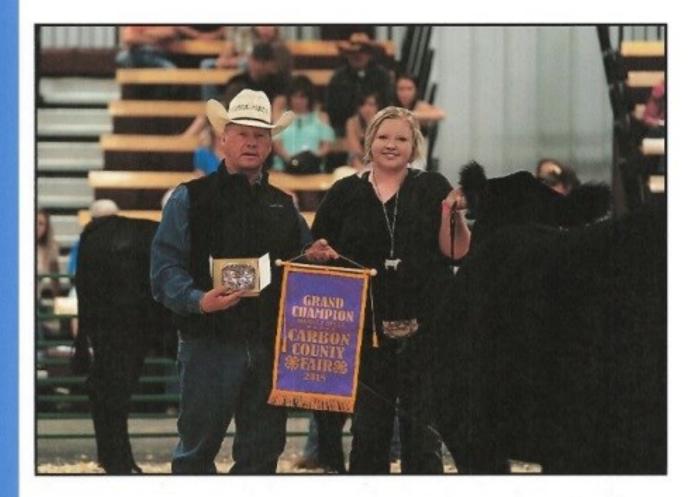
**Center Parking Lot** 

TUESDAY, AL	
10:00 AM-9:00 7:00 AM	Weight Market Swine
8:30 AM	Sheep Show—Multi-Plex
MA 00:8	Cattle Dog Trials
1:00 PM	Meat Goat & Dairy Goat Show—Multi-Plex
12 NOON	Enter Pie Contest—Demonstration Booth
1:00 P.M.	Judge Pie Contest
1:00 PM	Weigh Market Beef
4:00 PM	Sheep Lead Contest-East Lawn Show Ring
6:00 PM	Breeding & Showmanship Swine Show—Carbon County Multi-Plex
7:00 PM	County Roping Enter at 6, Rope at 7
WEDNESDAY	
	Exhibit Buildings Open to Public
8:00 AM 12 NOON	Market Swine Show—Carbon County Multi-Plex Enter Cookie & Cake Contest—Demonstration Booth
	Emer Cookie & Cake Comest—Demonstration Booth
1:00 PM	Judge Cookie & Cake Contest
2:00 PM 2:00 P.M.	4H Rocket Launch—Arena
200 P.M.	Dummy Roping Contest-East Lawn
3:00 PM	SWINE, SHEEP & GOAT SALE LINE-UP, STATE FAIR SIGN-UP & CONSIGNMENT/MEDICAL FORMS DUE IN FAIR OFFICE-MANDATORY
3:00	CC Project Heifer Judging-Preg. Tests, Interviews, Evaluations
4:00 PM	Practice for Public Style Revue—CC Multi-Plex
5:00 PM	Public Style Revue—CC Multi-Plex
7:00 PM	CC Rodeo, Mutton Bustin' & Wild Pony Races
THURSDAY,	August 8
10 AM-8 PM	Exhibit Buildings Open to Public
MA 00:9	Beef Show followed by Showmanship—Carbon County Multi-Piex
12 NOON	Enter Chili Cook-Off-Demonstration Booth
1:00 PM	Award Program Heifer Project Heifer Awards followed by Breeding Beef Show
1:00 P.M.	Judge Chili Cook-Off
1:00 P.M.	4H Pocket Pet Show—Grassy Area by Fair Office
2:00 PM	Enter Home Brew Contest
2:00 P.M.	Dummy Roping Contest-East Lawn
3:00 PM	
3:00 PM	Judge Home Brew Contest BEEF SALE LINE-UP, STATE FAIR SIGN-UP & CONSIGNMENT/MEDICAL FORMS DUE IN FAIR OFFICE-
5:00 P.M.	MANDATORY 4H State Fair Exhibitor Meeting
6:30 P.M.	
	Dummy Roping Finals- Grandstands Arena
7:00 P.M.	Carbon County Rodeo, Mutton Bustin' & Wild Pony Races
9:00 P.M.	All Dance Multi Play

#### FRIDAY, August 9

10 AM to 1 PM E	ahibit Buildings Open to Public
11:00 AM	Beef Bills of Sale Due in Fair Office
12 NOON	Buyers Luncheon—Carbon County Multi-Plex Sponsored by Rawlins National Bank
1:00 PM	Jr. Livestock Sale-Carbon County Multi-Plex
1:00 P.M.	Release Open Exhibits/Commercial Booths
3:00 PM	Pack 4H Items for State Fair
4:00 PM	Release All 4H/FFA Livestock
6:00 PM	Release All Other 4H/FFA Exhibits
SATURDAY,	August 10
8:00 AM	Demolition Derby Pit Crew Meeting

3:00: PM Demolition Derby



### Work Hard, Have Fun!

## **4-H Values**



Dear 4-H Friends & Families.....

Sportsmanship is developed at a young age through life expectancies and positive reinforcement from parents and other caring adults in their life. It's getting close to our county fair and that means youth will be competing with their 4-H projects. Let's review some sportsmanship guidelines so all youth and adults have positive experiences this summer:

#### 4-H Sportsmanship is defined as:

- **Displaying respect for animals:** This means exercising good animal management through proper healthcare and nutrition, as well as fair training practices. Animals deserve humane treatment in July exchange for what they provide.
- **Displaying respect for opponents:** Sportsmanlike competitors recognize and appreciate a well-prepared, challenging opponent who can bring out the best in them and share that appreciate with their opponents.
- **Displaying respect for the "game":** This includes respecting and following the rules of the event. It also includes always trying one's best, using skill and training to achieve positive results and appreciating the process.
- **Displaying respect for others:** Judges, show managers, parents, superintendents, CWF fair staff, and 4-H Extension/FFA staff, and leaders deserve respect as well. If you are feeling frustrated, it is important to find an appropriate location and time to vent.

#### Some other things to keep in mind:

- Actively praise and congratulate others: Everyone likes to be congratulated for a job well done! For adults and youth to genuinely and actively recognize other youth for their accomplishments, even if it is just "great job out there" or "I love watching you show," it becomes a natural part of the show.
- **Show Compassion:** Even the most successful showman has disappointments and setbacks during their showing careers. All too often we gravitate toward the negative, but reality is that people who are successful have countless hours of hard work and a large emotional investment into their projects. Parents can model good sportsmanship by extending a kind word to others when they are struggling. This creates an environment where people feel cared for, supported and connected. *Always Be Kind.*



- Don't criticize others. The old adage "if you don't have anything nice to say, don't say anything at all" can go a long way. We all have opinions; however, it is up to us how to word those opinions so they don't hurt or disparage anyone else. We may not agree with the judge's placing that day or perhaps we would have managed the show differently, but we must show respect to those people because, after all, they're all people. The beauty of life is that we don't all think and operate the same way. Finding the value in another person's critique of our performance, learning about different ways to manage shows and observing others free from judgment allows us to learn a great deal.
- Take care in being your child's biggest fan and greatest analyzer: Finding balance between when to sing your child's praises and when to give them advice on their performance is key. When parents continue singing their child's praises, the child may feel an enormous amount of pressure to not let their parents down. On the flipside, when a youth is constantly and ruthlessly analyzed as to what they could or should have done, the child may begin to feel inadequate and unworthy of praise. Striking the balance between the two is hard; a simple approach is to turn to your child. Ask them how they think they performed. If they were happy, encourage them and enjoy that moment. If they felt they could have improved, offer good support to help them meet their goal.

At any given time, county fair can be exciting, stressful, emotional and exhausting for all involved. With all of the buzzing around and competition, the environment is ripe with opportunity to lead by example! Let's all do our part to encourage good sportsmanship and be the catalyst to help make *our* county fair be the incredible experience that it's meant to be.

Good luck to all of our Carbon County 4-Her's in all their upcoming competitions and contests! Get out there, do your best, and know that there are a lot of caring adults and your fellow CC 4-Her's cheering you on!!

Make the Best Better!

## Carbon County 4-H July 2019 Newsletter

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Bret Hess, interim dean and director, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

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Carbon County Extension PO BOX 280 215 W. Buffalo St., RM 393 Rawlins, Wyoming 82301

#### Contact Us!!

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Visit us on the web at https://wyoextension.org/ carboncounty/4h-youthdevelopment/

Facebook: Carbon County 4-H

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