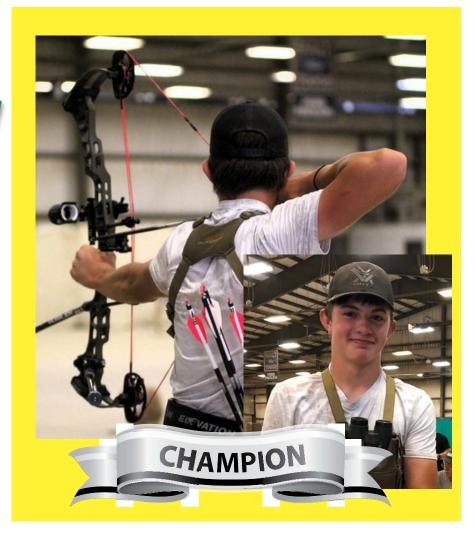
# Carbon County 4-H Newsletter



# SEPTEMBER



Record Books
Due Sept. 15
By 5:00 PM
in the Ext.
Office





# SEPTEMBER ( )



		100 101 101	70 (0)			
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED HAPPY LABOR IDAY	2	3	4	5	6
7	8	Pair Board Mtg Encampment Cloverbud Graduation Leaders Council Meeting	Saratoga Cloverbud Graduation	11	12	3
	Record Books Due by 5PM IN OFFICE	16	17	Rawlins Cloverbud Graduation	19	20
	22	23	24	25	26	27
	29	30 Last Day of 4-H Year				

# WING OCTOBER WING

						-
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	rship is EE nonth!		1 Donor Heifer Applications DUE NEW 4-H YEAR STARTS!!	2	3	4
5	6	7	8 NATIONAL 4-H WEEK Saratoga Cloverbuds	9	10	11
12	13	14 Encampment Cloverbuds  Leaders Council Meeting	15	Rawlins Cloverbuds	17	18
19+ + Achievement Awards Night!!	20	21	22	23	24	25
26	27	28	29	30	31	ZSUITE :

#### **Important Dates**

October 1 - NEW 4-H YEAR!!

October 14 - Achievement Award Nominations DUE

October 19 - Achievement Awards Night (virtual)

November 1 - Club Charter Paperwork DUE

December 1 - Holiday Baking Challenge Registration Deadline

January 14 - 7220 Wool Judging Contest

January TBD - Beef Market Tag/Weigh

February 1st - Beef Ownership Deadline (Market & Breeding)

February 14 - Fair Book Ads DUE

February 15 - State Shooting Sports Development meeting

April 25-26 - WY 4-H Meat & Wool Judging Contest

May TBD - Swine, Sheep, Goat Market Tag/Weigh

June 1 - 4-H Membership Deadline

June 1 - County Shoot Registration Deadline

June 1 - Swine/Sheep/Goat Ownership Deadline (Market & Breeding)

June 1 - Dog ID's DUE (paper)

June 1 - Horse ID's DUE (ZSuite)

June 1 - County Fair Entries OPEN

June 7 - County Shoot Part I (Air Rifle/Pistol)

June 14 - County Shoot Part II (All Other Disciplines)

June 17-19 - Showcase Showdown (Laramie)

June 24-26 - 4-H Adventure Camp (Skyline Ranch)

July 1 - Dog Vet Records DUE

July 1 - Horse Safety Certifications DUE

July 10-13 - State Shoot (Douglas)

July 12 - County Fair Entries DUE

July 18-19 - Platte River Shotgun Shootout (Silver Spur)

August 2-9 - Carbon County Fair

August 11-17 - Wyoming State Fair

September 15 - Record Books DUE

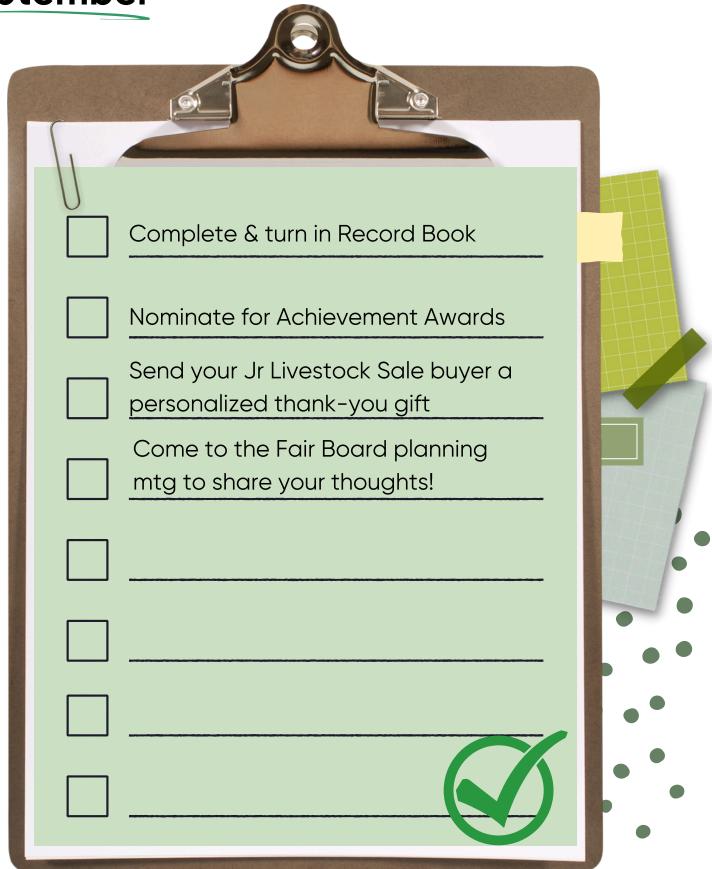
#### **Happy September Birthday!**

Shelly Larson Traven Fritz Randall Perry Karlee Leiseth Raya Stockwell Owen Meyer Hyrum Heward Autumn Cozzens Melanie Cozzens Stacy Berger Quorra Robinson Carston Bartlett Isaiah Davis Liam Johnson

Treston Nay
Harper Howell
Detrick Baysinger
MaKatie McMullin
Evritt Kapptie
Maeve Lally
Kaylee johnson
Ana Sofia Dishman
Eva Blakesley
Rain Colmenero
Ian Haskins



4-H Member Tasks for: September



#### **Volunteer Corner**

BELONGING: the table below is a relationships building tool to help you create belonging in your 4-H clubs and project groups! See how many you already do well and pick three to work on!

Expressing Care Practices	I will practice these selected skills to help youth develop strong relationships.  Choose 3 or less.
Ask young people to tell you about themselves and listen to their stories.	
2. Learn young people's names as soon as possible after meeting them.	
3. Take time to greet young people each day as they arrive in your school or program. Systematically check in with different young people on a regular basis (not just the same ones every time).	
4. Look in young people's eyes when you talk to them. Focus on them when they are talking about things that matter to them. Put away your cell phone.	
<ol><li>Follow up with young people when you learn about what they are going through something, rather than waiting for them to bring it up again.</li></ol>	
<ol><li>Make time for lightness. Share in some humor, fun, and laughter amid the practical tasks. Smile.</li></ol>	
<ol> <li>Ask follow-up questions so young people know you're interested and tracking.</li> </ol>	
8. Strive to understand and show sensitivity to young people's feelings.	
9. Do what you say you will do and keep your promises.	
10. Ask for more: When young people tell you about something they care about or show you something they have made or done, ask to know or see more about it. Go beyond nodding or saying "great job" to ask why they are interested in or proud of the work.	
11. When you notice that young people act differently, ask why.	
12. Show up at the events that matter in young people's lives, from competitions to concerts.	
13. Find an interest that you have in common with them.	
14. Tell young people what you like about them.	
15. Pay young people indirect compliments by telling their parents or friends about something good that they said or did.	









# Thank you

Johnson Family - GM Auto of Laramie for purchasing the 2025 Jr Livestock Sale 4-H Lamb!



Thank you Brayden & Jamie Dirck for raising the 2025 4-H Lamb!

Money from the 4-H Lamb sale goes to the Carbon County 4-H Leader's Council for youth trip scholarships and program support!

# LEADERS COUNCIL

Tuesday, September 9th

@ 6:30 PM

at the Platte Valley

Community Center in Saratoga

Join us for dinner in person, or over Zoom!

Zoom Link:

https://uwyo.zoom.us/j/584444587







# **IGNITE BY 4-H**



HOW

#### **Applications**

Application are currently open and open until full.
Apply now to insure a spot!
https://wyoming4h.formstack.
com/forms/ignite\_4\_h

 Travel. Connect with Teens Nationwide. Explore Your Future.

 Experience Renowned Speakers, Hands-On Workshops, and Real-World Career Insights WHEN & WHERE

March 25-29, 2026 Washington DC

# "Where Possibilities are Endless!"

Teens collaborate, create, and cultivate a passion for expanding their minds, and their world.

WHAT

WHY



State 4-H



## **NATIONAL 4-H CONGRESS**

NOVEMBER 28-DECEMBER 2, 2025
ATLANTA, GEORGIA



An opportunity for youth to expand their skills, connect with fellow 4-H members, and be inspired to make a positive impact in their club, community, county, country and world.

All 4-H members who are at least 14 years old as of January 1 are eligible to be part of the 2025 Wyoming delegation.



Apply by September 15th online.

 More information at http://www.uwyo.edu/4h/opportunities/ travel.html





Are you a senior-aged Wyoming 4-H member?

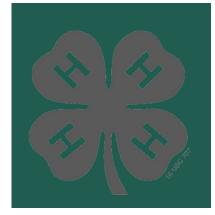
Do you enjoy taking on leadership opportunities and making a positive impact? We have a great opportunity for you!

The State 4-H Leadership team provides opportunities for youth to represent 4-H through leadership and service at a state level.

Gain skills, friendships, scholarships, and experiences!

## **County 4-H Events**





#### **5** Awards

- A.C.E.S. Award
- Rookie
   Leader
- Seasoned Leader
- Hall of Fame
- Friend of 4-H

# Click Here: https://forms.gl e/HkDJ57hmnZ WNWkSE7

Nominations due by Monday, October 6th!!!



## 2025 4-H ACHIEVEMENT AWARDS!

Nominate the great volunteers and member leaders who have contributed to your 4-H journey!



Encampment 3:30PM
September 9th School Art Room

Saratoga 3:30PM
September 10th PVCC

Rawlins 3:30PM
September 18th Ext. Office

Join us for a pizza party and short send-off ceremony! Parents & siblings welcome! Please RSVP to Emily!!

\*Savery Savers & Elk Mountain's Best 4-H Clubs are having their own Cloverbud graduations.

Contact your leader for more info!

#### **Project News**

# RECORDS BOOKS

## Good record keeping is a skill you will use your entire life. AND, believe it or not, it CAN be fun!

4-H Record Books serve a variety of purposes in the 4-H Program. While society has changed, the goals of teaching record-keeping to youth remain the same:

- 4-H Record Books give members an opportunity to reflect on their yearly work. They document their skill development, learning experiences, achievement, and growth.
- 4-H Record Books encourage members to set goals and develop plans to meet those goals.
- Completing a 4-H Record Book is a process where 4-H members record projects and club work. Records management (RM) is an industry-standard practice of identifying, creating, classifying, archiving, and preserving records.
- The 4-H Record Book is an excellent tool to use when applying for college, programs, jobs, and scholarships.
- 4-H Record Books are an educational component of the 4-H Youth Development Program and are an excellent way to complete your 4-H project.

Carbon County 4-H does not require members to complete a Record Book to complete their 4-H project. HOWEVER, many of our clubs require their members to complete a record book as a requirement of belonging to that club!

"The unexamined life is not worth living" - Socrates

#### **Project News**

#### Instructions

- 1. Complete
  online using
  your ZSuite
  account
- 2.Print out & put in your RB cover or nice binder
- 3. Turn in to Extension Office by 5PM, 9/15

#### DO NOT

use the orange "Submit" button



#### **Record Book Covers**

Thanks to a generous sponsor, any member who turns in a 4-H Record Book, will receive a *free* official record book cover (if you do not already have one)!!

#### Need Help?

Full guides on how to create a record book and how to fill one out to get the most points, and the score sheet on how they are judged can be found on our website and in your ZSuite portal under "Shared Files"

Click Here to visit the Carbon 4-H Website!

#### Intermediate Score Sheet Example: (Juniors can have less, Seniors should have more)

		Interm	ediate Scoring Sheet		
	Poor 1 Points	Fair 3 points	Good 4 points	Excellent 5 points	Score
Project Report (for ac			all reports and then take average		
Learning Goals	One goal	Two phrases listed	One SMART goal completely stated (specific, measurable, relevant, time- bound). One goal not SMART	Two goals completely stated as SMART goals (specific, measurable, relevant, time-bound)	
Project Plan "What are you planning to do?"	Words or phrases, no complete sentences	Plan is incomplete and lacking details (approx 1 sentences)	Detailed with at least 2 sentences.	Very detailed with 4 or more complete sentences outlining what they hope to accomplish in their project and how it will be done.	
Starting Gear, Purchases & Expenses, & Income	Majority of section is not completed	Information shared in most categories.	Details are shared in each category but lacking specifics and certain details necessary to tell the story of their project (missing obvious items that would be needed such as feed for animals, ammunition for shooting sports, etc.).	Very detailed in each category listing several examples, how much items were purchased for, how much income was made from whom.	m
Exhibits	Exhibit listed but with no details	Missing two details from exhibits summary	Missing one detail from exhibits summary	Project results completely filled out.	
Summary	Not all questions answered.	All questions answered with a complete sentence.	Most questions answered completely with about two sentences per question.	All questions answered with detail, usually 2-3 sentences per question.	
Pictures & Clippings	Included 1 picture with or without captions.	Included at least 3 pictures with or without captions.	Included 5+ pictures of their 4-H year with captions. Or 9 pictures without captions.	Included 9 pictures of their 4-H year with captions.	
Bonus For Multiple Sections		Add one point for each projetive projects, add 3 points.	ect in the record book <u>completely filled</u> out a	fter two. For example, if member has	

	Poor	Fair	Good	Excellent	Score
	1 Points	3 points	4 points	5 points	
Involvement Report					
4-H Awards & Recognition	Partially fills out one section	Completes either Annual Achievement or Awards and Recognition	Completes Annual Achievement & Awards and Recognition but leaves out details.	Thoroughly completes Annual Achievement and Awards and Recognition up to date	
My Leadership in 4-H	Has at least 1 leadership activity listed in this section.	Has at least 3 leadership activities listed in this section.	Shows growth by participating in more activities this year than last <b>OR</b> has at least 4 leadership activities listed in this section	Shows growth by participating in more activities this year than last and has at least 5 leadership activities listed in this section.	Points x 3
Community Service through 4-H	Has at least 1 community service activity listed in this section.	Has at least 2 community service activities listed in this section.	Shows growth by participating in more activities this year than last OR has at least 3 community service activities listed in this section	Shows growth by participating in more activities this year than last and has at least 4 community service activities listed in this section.	Points x 3
4-H Participation  Educational Opportunity (Ed-Op)	Has at least 2 club & county (combined) activities listed in this section. (Ex: 2 club mtgs)	Has at least 4 club & county (combined) activities listed in this section.	Shows growth by participating in more activities this year than last or has at least 5 club & county (combined) activities listed in this section.	Shows growth by participating in more activities this year than last and has at least 6 club & county (combined) activities listed in this section.	Points x 3
Bonus Point(s) My 4-H Year Story	For each state and A few sparse sentences	Answered some of the questions. You know some of their story but would like to know more than what was shared.	Answered each question with supporting details. Member shares parts of their 4-H story but you are wondering about some details. Should take almost 1/2 pg. to do this.	Answered each question thoroughly with supporting details. You feel like you experienced their whole 4-H experience. Should take ½ to ½ pg. to do this.	
Pictures & Clippings	Included 1 picture with or without captions.	Will share 1/4 page. Included 3-5 pictures with or without captions.	Included at least 6 pictures of their 4-H year with captions. Or 9 pictures without captions.	Included 9 pictures of their 4-H year with captions and dates	Points x 3
Other participation	Were involved in just 1 activity	Were involved in 2 other activities	Were involved in 3 other activities	Were involved in 4 or more other activities.	

#### **Project News**

# What do I put in my 4-H record book?

#### **Leadership Examples**

- >led the pledges at 2 club meetings
- >volunteered to wipe all the tables for the Buyer's Luncheon
- >was Recreation Leader
  this year
- >greeted new members at meetings
- >served food at Buyer's Luncheon
- >helped a younger membe clip their sheep
- >coordinated our dance

#### **Awards Examples**

- >Club Member of the Month
- >Best 4-H Story in 2022
- >Swine Herdsmanship for 2023

#### Community Service Examples

- >painted smile rocks for the community garden
- >Hwy 230 clean-up
- >made St. Patrick's day tray favors for Senior Center
- >donated club money to the Red
  Cross
- >decorated boxes for the food pantry

#### **Participation Examples**

- attended six club meetings
- >exhibited at County Fair
- >went to nine archery practices
- >watched "How to Write Your Record Book" tutorial
- >participated in 2 sessions of 4-H Adventure Camp
- >went to two sewing meetings
- rode the 4-H float at County Fair

#### **County Fair**

#### PUBLIC PLANNING MEETINGS

Meetings are open to the public at TBD

Sept. 9th - Baggs Oct. 14th - Saratoga, PVCC Nov. 11th- Rawlins, Fair Office

If you have new ideas, there are things you want to change, add, or help with, this is your chance!

# RATE OF GAIN WINNERS

#### BARN HERDSMANSHIP WINNERS



Bergen Love @ 3.2 lbs/day



Savery Savers 4-H Club



Maeve Lally @ 0.84 lbs/day



Saratoga's Finest 4-H Club



Myles Kenyon @ 2.4 lbs/day



LSRV FFA



Samantha Helmandollar @ 0.44lb/day



Savery Savers 4-H Club

### 4-H Members & Volunteers in the news!



Edgar Faust, B.E.V.O. 4-H Club (Saratoga Sun)



Faust perfect their corn

#### SEE MORE WYOMIN

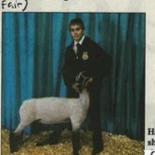
Jori Maxson, Savery Savers 4-H Club (Wyoming Livestock Roundup)



Riata Withers wins the Margaret Hart Jennie Memorial traveling trophy. (conty for



Sammi Walker at the Wyoming State Fair with her show animal.





Easton Mason shows his pig, Spot, and the Wyoming State Fair.

## Wyoming 2025 State Fair

Harlan Hatch county fair

Various Members @ County AND State Fair (Saratoga Sun)

# Carbon County 4-H September 2025 Newsletter

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Amanda Marney, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071. (307) 328-2642

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