

## Administration News from Glen:

For the last several years I have tried to avoid committee assignments that focus on issues that are primarily national in scope, but haven't been completely successful in that endeavor. Last week I attended a committee meeting of the Extension Committee on Organization and Policy (ECOP) National 4-H leadership committee in Portland, OR. As a side benefit I was able to attend the National Association of Extension 4-H Agents (NAE4-HA) meeting held mostly concurrently. I enjoyed the NAE4-HA meeting. I was well hosted by our UWE educators attending their professional association. I spent most of my time in a session for 4-H program leaders about increasing inclusion and diversity in 4-H programs. It was well done and very interesting. The NAE4-HA meetings had a feeling of energy and excitement; just like 4-H in Wyoming.

The ECOP National 4-H leadership committee assignment has been an interesting one, but one such as I had vowed to avoid. This committee has been organized by ECOP to provide national leadership for the 4-H programs of the Land Grant Universities. As you may know there are three national entities with primary responsibility for the 4-H: The National Institute of Food and Agriculture (NIFA), which is the USDA agency that administers the federal funds supporting Extension programs at the Land-Grant Universities and manages the use of the 4-H name and emblem; the National 4-H Council which is charitable foundation that raises funds to support 4-H nationally; and the Land-Grant Universities that organize and lead the state 4-H programs across the country. The long and short of it is that the state Extension services organize, conduct, and lead the 4-H programs in their respective states (as we do in Wyoming), thus collectively organizing and controlling all aspects of the 4-H program nationwide. The problem has been that the state 4-H programs (and extension services) are a loosely organized coalition of individual state systems with near complete authority within the bounds of their state, and none outside. This has made it more difficult for the 4-H program to thrive as a national entity and has made us ineffective partners for both National 4-H Council and National 4-H headquarters - NIFA.

This ECOP 4-H Leadership Committee is made up of 5 state Extension Directors and 5 state 4-H Program Leaders with liaison members for 4-H Council and NIFA. The group has been busy organizing itself to provide some measure of leadership for national 4-H from the perspective of the Extension system's 4-H program. It is in many ways exciting work and the best step forward for 4-H in my time in Extension. I will keep you posted.

Safe travels as we congregate next week for EPIC.  
Regards, Glen

## Update from Mary Kay:

Congratulations to the two projects selected for the John P. Ellbogen Foundation Wyoming Communities, Agriculture, and Rural Living Project competitive grants program.

Real Food Wyoming – Adult nutrition education program focused on eating more whole foods and less packaged foods.

Leadership – Karla Case, Vicki Hayman and Jossy Ibarra

**Overview:** The goal of this project is to improve the health of Wyoming citizens and communities through increased knowledge of whole foods, which will include information on nutritional value, availability, and how to incorporate these foods into their lifestyles. The 5-part series will include hands-on activities and cooking. Program participants will learn to access

local food, shop for healthy foods in their local supermarket, cook healthy food at home, and reduce the amount of processed and packaged foods they consume.

Pathways to Higher Education – Youth animal science education program conducted through 4-H and campus experience.

Leadership – Robin Schamber and Dawn Sanchez

**Overview:** The Pathways to Higher Education project utilizes the rich 4-H history of integrating real life hands-on animal science education into 4-H club experiences. Wyoming 4-H and the UW Animal Science department will create a youth curricula for those interested in pursuing higher education credits through participation in 4-H livestock projects. The curriculum will integrate concepts of food and show animal production into a sequential program that youth will complete for credits from the University of Wyoming. The program culminates with a portfolio and an intensive weekend practicum experience on campus.

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## Personnel News:

**Platte/Laramie County, NFS - Position #0805**, based in Wheatland or Cheyenne. This is an extended term track, Assistant UEE position. Interviews have been held, an offer may be forthcoming.

**Campbell County, Ag & Hort – Position #0568**, based in Gillette. The position is being closed and will re-open soon.

**Crook County, SMRR – Position #1675**, based in Sundance. This is an extended term track, Assistant UEE position. This position has been extended and will close November 16, 2015. The extension of positions is due to the UW hiring freeze and not reflective of the applicant pool.

**State 4-H Office, 4-H Volunteer Specialist – Position #2137**, based in Laramie (campus). This is an extended term track as either an Assistant, Associate, or Senior UEE position. This position has been extended and will close November 24, 2015.

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## Staff Development/Federal Relations News from Kim:

### **Professional Development News**

**EPIC (Extension Professional Improvement Conference), November 10-12, 2015, Holiday Inn in Riverton:** Registration for EPIC will be open Tuesday from 12:00 pm to 4:00 pm. The association meetings will be conducted on Tuesday afternoon and the conference will kick off with the EPIC Welcome Dinner on Tuesday evening. A complete agenda for EPIC can be found on the UW Extension Employee Resources website: [https://www.uwyo.edu/employee\\_resources/epic/](https://www.uwyo.edu/employee_resources/epic/) Thanks for joining us at EPIC!

### **Civil Rights News**

The Civil Rights training component is designed to enhance our educational programs. Do we reach all the potential audiences that we could? Are there audiences in the county which would benefit from our Extension programs who are not participating? The Civil Rights Training is an intentional effort to consider current participation in our programs and reflect upon potential audiences which may be underserved.

Educational programs in Extension should demonstrate parity. Parity means the participants in your program reflect the demographics of your county. If your county has a Hispanic population of 15%, parity would mean that the participants in your programs who are Hispanic, would also be around 15%. The percentage is calculated by dividing the number of a particular group by the total number of participants in your program. For example, if there are 43 Hispanic participants in your program and a total of 300 participants, you would divide 43 by 300 to obtain the percentage of Hispanic participants (14.3%). Demonstrating racial/ethnic parity is one of the easiest categories to determine because data

is available from the U.S. Census Bureau. But there are other groups which we should consider when we think about parity. Gender, socio-economic status, age, rural/town, etc. are categories which also deserve attention. What other groups could be underserved in your current programming efforts? What efforts or programs do you offer that target those underserved audiences? What agencies/organizations could you partner with to provide educational programs that might serve as a bridge to reaching other audiences?

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## Cent\$ible Nutrition Program News from Mindy:

The start of a new grant year is always a busy time for the Cent\$ible Nutrition Program. Over the last month we have been focusing our efforts on reporting for both EFNEP and SNAP-Ed and on preparing for EPIC.

On October 30<sup>th</sup>, we submitted our 2014-2015 EFNEP report. The SNAP-Ed report is in progress and it is due November 30<sup>th</sup>.

In addition to preparing our reports, we have been gearing up for EPIC, November 10-12. This year at EPIC we'll be talking about our goals and objectives for our 2016 – 2018 plan years. We also will be conducting training on using iPads to help market and recruit for CNP. The grant guidance is focusing on Policy, System, and Environmental changes which enhance direct education for greatest healthy behavior changes in communities beyond individuals and families. We will continue to provide our series of lessons to both adults and youth which is the foundation of CNP.

We are pleased to announce that our new Spanish cookbooks are now available. These cookbooks match the English version released earlier this year.

We are also excited about our newly designed website. It can be found at [www.uwyo.edu/cnp](http://www.uwyo.edu/cnp). The new design incorporates more visuals and aims to simplify our information to make it more accessible to a wide variety of audiences.

Looking forward to seeing all of you in Riverton.



will be closed for the Thanksgiving  
Holiday on Thursday, November 26<sup>th</sup> & Friday November 27<sup>th</sup>, 2015.