



- 1. Individual or group experience, involves doing, may be unfamiliar, pushes learner to a new level.
- 2. Talk about the experience, share reactions and observations, freely discuss feelings generated by the experience.
- 3. Discuss: How the experience was carried out. How the themes, problems and issues were brought out. How specific problems were addressed.
- 4. Identify: general trends or common truths, real-life principles that surfaced, key terms that capture the learning.
- 5. Discuss how: New learning can be applied to other situations. Issues raised can be useful in the future.

Essential Elements and the 4-H Program

4-H In Action	Essential Elements
Youth self-select projects Youth sets personal goals	Independence
Youth assigned to a club of peers Engaged with adult volunteer leader Opportunities for youth to represent county	Belonging
Youth learns about specific subject matter Youth demonstrates knowledge gained to others Youth exhibits project	Mastery
Community service project Assists in teaching a younger member Volunteers their services	Generosity

As a youth participates in 4-H projects over time, they are able to acquire these essential elements for personal growth. Active participation in an established 4-H club creates an intentional environment for these elements to be fostered.