

Section 2: Mission Mandates

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- 1. Science:** 4-H is working to meet the shortage of American scientists by engaging youth in science, technology, engineering, and mathematics (STEM) projects. Each 4-H program incorporates some form of science into its activities. These include environmental science and alternative energy, engineering and technology, and plant and animal science.
- 2. Citizenship:** These programs empower young people to be well-informed citizens actively engaged in their communities and the world. By providing youth with opportunities to connect to their communities and adult leaders, youth gain a clear understanding of their roles in civic affairs and are able to build decision-making abilities. Programs focus on leadership and personal development, community action, communication and expressive arts.
- 3. Healthy Living:** Healthy living has been at the core of 4-H and remains a foundation of our pledge. Although 4-H believes healthy living habits of young people begin in the context of their families and communities, we strive to equip youth with healthy living knowledge and skills that will prepare them physically, emotionally, and socially to meet the challenges of the 21st century.

To meet the needs of today's youth, 4-H Healthy Living programs seek to address national issues including nutrition and physical fitness, substance abuse, safety, and social and emotional wellness. Programs focus on framework and evaluation, health nutrition and fitness, and preventative health and safety.

For more information on the 4-H Mission Mandates, please go to www.4-h.org/youth-development-programs/