

GROWING FOOD IN WYOMING

fruits and vegetables that thrive in Wyoming gardens

Easy to Grow from Seeds

- Lettuce
- Spinach
- Kale
- Peas
- Green beans
- Herbs – cilantro, basil, oregano, chives, many others
- Carrots
- Onion
- Potato
- Squash
- Zucchini

Plants to Start Indoors

- Peppers
- Tomatoes
- Cucumbers
- Pumpkins
- Melons

