



College of Agriculture  
and Natural Resources

Extension  
Lincoln County

# Lincoln County Chit Chat

State 4-H Website: <http://www.uwyo.edu/4-h/>; 4-H Enrollment: <https://wy.4honline.com/>;  
or Lincoln Co. Extension: <https://wyoextension.org/lincolncounty/>

Afton Office – 307-885-3132

January 2020

Kemmerer Office – 307-828-4092

## Upcoming Events

Jan 1	New Year's Day—Ext. Offices Closed
Jan 6	Kem Parent Leader Mtg
Jan 8	4-H Open House, Kemmerer Event Ctr., 6 pm
Jan 9	4-H Open House, Cokeville., 5:30 pm
Jan 9	Cokeville Jr. Leader Mtg., following open house
Jan 16	Kemmerer Jr. Leader Mtg, Ext. Office, 6:30 pm
Jan 20	MLK, WY Equality Day—Ext. Offices Closed
Jan 21	Record Book Trng, Afton Civic Ctr., 5:30 pm
Jan 24	SV Mkt Beef Tagging, Fairgrounds Scale, 4 pm
Jan 25	SV Mkt Beef Tagging, Appt. Only
Jan 25	Cokeville Mkt Beef Tagging, 9 am
Jan 27	SV Jr. Leaders Mtg., 6 pm, Afton Civic Center
Feb 11	Record Book Trng, Afton Civic Ctr., 5:30 pm
Feb 24	SV Jr. Leaders Mtg., 6 pm, Afton Civic Ctr.
Mar 24	Record Book Trng, Afton Civic Ctr., 6 pm
Mar 30	SV Jr. Leaders Mtg., 6 pm, Afton Civic Ctr.



## Inside This Issue

1	Calendar of Events & Notices
2	4-H Program Information
3	Club News
3	State & Regional 4-H Events
5	Character Counts
6	Cent\$ible Nutrition Program Nutrition & Food Safety Information
7-8	Extension Calendars

## New Online Portfolio Record Books

**Wyoming 4-H has launched its online 4-H Record Book through zSuite!** 4-H families can create an account and track all their kids' 4-H record books online, real-time, and saved. Similar content is still there as in previous portfolios, but you'll be able to easily add, track, delete, copy, paste, and, even PRINT them out whenever you want without losing data, saving files to your computer or worrying about where they are in the future.

Go get started at- <https://4h.zsuite.org/> One great feature that will be available soon is the ability for 4-H club leaders to see (not edit) the record books of their members.

zSuite is Wyoming 4-H's record keeping system. Your UW 4-H Educator is working with your county volunteers on any changes this might make for your county. Previous Adobe files used and found on our website will be removed.

Contact Afton (885-3132) or  
Kemmerer (828-4092)  
Extension Offices for questions

SEE PAGE 2 OF THIS NEWSLETTER  
FOR TRAINING DATES & LOCATIONS



# 4-H Program Information

*To Empower Youth to Reach Their Full Potential Working  
& Learning in Partnership with Caring Adults*

## 4-H Educator's Letter...

Happy New Year Everyone! I hope everyone had a merry Christmas and nice break. Now it's time to get back into the groove of things! 4-H is kicking off the year with some open houses! We want to welcome anyone and everyone! If you know of anyone who might be interested in 4-H or someone that doesn't know much about it, please let them know about this great opportunity. We also have a lot of other great opportunities coming so read your newsletters to make sure you stay up-to-date on what's going on in the 4-H world!

*Shaily*

## **New Record Book Portfolio Trainings**

SV Area—Jan. 21, Afton Civic Center, 5:30 pm

SV Area—Feb. 11, Afton Civic Center, 5:30 pm

SV Area—Mar. 24, Afton Civic Center, 6 pm

**Come learn how to sign up and navigate the  
new online site.**

**Please contact the Afton Extension Office, 885-  
3132 to enroll for one of the trainings**

**For training dates, times & locations in the  
Kemmerer and Cokeville areas, please contact  
Shaily at 307-828-4092**

## **Market Beef Tagging**

**Star Valley**      **January 24, 2020 4-5 pm**  
**January 25, 2020,**  
Morning Appointments only,  
please call 307-885-3132

**Cokeville**      **January 25, 2020, 9 am**  
Location TBD

**Kemmerer**      **TBD—Contact Shaily Harshbarger**  
307-828-4092

**Don't forget to upload your market beef  
information, tag number (all 15 numbers), and  
pictures to wy.4HOnline.com. Instructions are  
on page 5 of this newsletter. Must be done by  
FEBRUARY 1!**

## **4th H for Health Opportunity**

If any 4H club is interested in having the Nutrition and Food Safety educator in Lincoln County come and promote the 4th H for Health Program, she will gladly come to a meeting to orient leaders and youth to the program. She would also bring a healthy snack, water, and physical activity for everyone to enjoy. If you are interested in learning about how to incorporate different physical activities into your meetings, or if you're looking for some ideas for healthy fruit and vegetable snacks, she would come to a club meeting and share her knowledge. This would not need to be a separate club meeting, but rather a 10-15 minute activity at an already planned meeting. Clubs that participate in the 4th H for Health have the opportunity to win \$100! Please call 307-885-3132 if you're interested in this opportunity.

## **Jr. Leader Meetings**

The following is a list of the Jr. Leader Meetings in the different community areas.

Cokeville Area—Jan. 9, following the 4-H Open House

Kemmerer Area—Jan. 16, Kemmerer Ext. Office, 6:30 pm

SV Area—Jan. 27, Afton Civic Ctr., 6 pm

## **Reminder! 2020 Scholarship Applications Are Due February 15, 2020!**

The Wyoming State 4-H Foundation is proud to manage scholarship opportunities to students that are current and/or past 4-

## **January Birthdays!!!**

**Samuel B.  
Rylee B.  
McKayla B.  
McKenna B.  
Madilyn D.**

**Hadlee F.  
Raiden H.  
Emri J.  
Ty J.  
Rylynne M.**

**Trapper M.  
Ellie M.  
Brodie O.  
Timothy P.  
JaiJ R.**

**Gatlin S.  
Jeremiah S.  
Colt S.  
Sophia S.**

**Trace S.  
Lexi S.  
Cole T.  
Travis T.**

H members in Wyoming. The decision you make as to where to go to college affects the number of scholarship opportunities you will have. We offer many scholarships that are just to the University of Wyoming, some that can go to either UW other accredited colleges in Wyoming, and one that is for students pursuing a vocational program/certificate. One single application is used for all our scholarships. Just check the boxes to those for which you want to be considered. As you choose to apply for scholarships, PLEASE read each one's parameters for eligibility so you don't miss out! Applications are due by 02/15/20.

## 307 Livestock Judging Series

### Big Horn County Livestock Judging Contest

May 23, 2020, 9:30 am at Boardman's Farm, Frannie Wyoming. Pre-register by May 20, 2020. You can register online at the this link: <https://wyoming4h.formstack.com/forms/307livestockjudging>. For questions, contact Gretchen Gasvoda, (307) 272-0576.

### Washakie County Livestock Judging Contest

June 4, 2020, 2 pm at Washakie County Fairgrounds, Worland, Wyoming. Pre-register by June 2, 2020. You can register online at the this link: <https://wyoming4h.formstack.com/forms/307livestockjudging>. For questions, contact Amber Armajo, 307-347-3431.

### Sublette County Livestock Judging Contest

June 13, 2020—9:00 am, Sublette Co. Fairgrounds, Big Piney, Wyoming. Pre-register by June 10, 2020. You can register online at: <https://wyoming4h.formstack.com/forms/307livestockjudging>. If you have questions, contact the Sublette Co. Extension Office, 307-367-4380.

## 2020 Wyoming 4-H Volunteer Training Series

All trainings will be done via Zoom, and online learning classroom. They run from 6:30—7:30 pm.

### Utilize Club Officers—

January 27, 2020

Your 4-H officers are a great asset to your 4-H club. As a 4-H volunteer or parent it is important to understand the role of an officer team and how to give them the power to create engaging and fun club meetings. In this workshop find out more about the duties of each officer and how you can work with them to lead great meetings.

### Do Robert's Rules Really Create Order -

February 24, 2020

Most 4-H Clubs use the traditional method of Robert's Rules of Order to conduct business meetings. Robert's Rules of Order can often be confusing and are not used properly in many 4-H clubs. Join this workshop to find out more about how to best modify the decision making process in your 4-H club to help members understand the process of what they are doing and why they are doing it. This workshop will look at alternative decision making methods including how to use a simplified version of Robert's Rules of Order.

### Retain Your Membership—

March 23, 2020

The Wyoming 4-H program has been part of multi-state retention study for the past four years. Our highest loss of members are first and second year members. Join us for this workshop to find out what the data from the study says. We will discuss why member leave and what we can do as volun-

teers to keep members coming back and engaging in the 4-H program. If you are a newer volunteer or parent please join us to create the future of our program by helping us to develop a working dialogue of what new members need to stay active and involved.

### Record Books and Recognition—

April 27, 2020

We are using a new online Record Book for 2019-2020. During this workshop we will take a look at how the new online Record Book works and how to use it. We will also look at the National 4-H Recognition Model and how 4-H clubs and county programs can provide different types of recognition for all youth involved.

A link to participate in the meetings above will be sent to your 4-H online e-mail account one week prior to the meeting. If you are unable to access the link or a computer, please contact your local 4-H Educator to talk about option. Hope to see you there

## 4-H Club News—

### Hamsfork Hands 4-H Club

*The Hamsfork Hands 4-H Club* meet on the first Thursday of every month at 6:30 pm unless otherwise noted. See calendar for the location.

### Lucky Clover 4-H Club

*The Lucky Clover 4-H Club* meet the second Monday of each month in the Afton Civic Center Library from 6:30 pm.

## Wyoming State/Regional Events & News –

(More information online at: <http://www.uwyo.edu/4-h/>)

**WY 4-H LEAD Conference** —March 7 & 8, 2020, Wyoming State Fairgrounds, Douglas WY. The conference costs \$20. There are two tracks; Middle school aged youth & 4-H volunteers. More information coming soon

**National Congress**—this trip is for youth ages 14 and older who have a true passion for making change! The cost of this trip is about \$1700. Scholarships are available. Visit this website to apply: <https://www.uwyo.edu/4-h/opportunities/travel.html>. Registration is due January 3, 2020.

**4-H Foundation scholarship application** deadline has been changed to align with the UW scholarship application deadline. All applications will be due on February 15, 2020 by 11:59 pm.

**Citizen Washington Focus (CWF)** - will be held June 20-27, 2020. This is for youth ages 14 & older (high school aged youth). The total trip cost is approximately \$1900. Scholarships are available. Visit this website to apply: <https://www.uwyo.edu/4-h/opportunities/travel.html>. Registration is due by March 15, 2020.

**Leadership Washington Focus (LWF)**—will be held July 26-31, 2020. This is for youth in 6th-8th grades). The total cost of the trip is approximately \$1200. Scholarships are available. Visit this website to apply: <https://www.uwyo.edu/4-h/opportunities/travel.html>. Registration is due by March 15, 2020.

## 4-H Youth/Volunteer Enrollment Process

### FOR EXISTING MEMBERS

1. Go to <http://wy.4honline.com> You will see a screen like this.
2. As an existing Member/Family that is re-enrolling for the next 4-H year select the first option  I have a profile
  - Enter your email address and password you used to create your Family login and click the **Login** button
  - If you can't remember your password select  I forgot my password enter your email address and click the **Send My Password** button.
  - A new automated password will be sent to the email address you provided along with instructions to login and reset your password.

3. Once you are logged in you can review your Family info and update it if needed by clicking the **Edit Family** button

4. In the **MEMBER LIST** tab, please look at the **Member/Volunteer List** to view the members/adult volunteers associated with your family account.

Please do not add a new individual that is already listed in the member/volunteer list!

- To Re-Enroll for the new 4-H year click on the **Edit** button to the right of each name
- Review the information displayed in the Personal Information screen.
- At the Bottom of the page on the right you will click the **Enroll for 2015-2016** button.

	Name	Role	Membership ID	Enrollment Status	Last Active Year	Edit
1)	Mrs. Tester	Adult	058993	Inactive	2014-2015	<b>Edit</b>
2)	Boy Tester	Youth	056882	Inactive	2014-2015	<b>Edit</b>
3)	Girl Tester	Youth	056883	Inactive	2014-2015	<b>Edit</b>
4)	Mr. Tester	Adult	003413	Inactive	2014-2015	<b>Edit</b>

- On the next page you can review/update the personal information page.
  - The red asterisk \* indicates required fields
- You will now continue through several tabs verifying/updating information. To advance to the next screen click the **Continue >>** button.

**NOTE: In an effort to reduce our mailing costs, please consider selecting the EMAIL option in the Correspondence Preference field.**

In the **ADDITIONAL INFORMATION** screen you will review the Publicity Release, Statement of Assumed Risk Transportation Release, Code of Conduct, and for Leaders Training and Screening Understanding.

- Please Read this information! You must click this box in each section in order to continue
- The next screen is the **HEALTH FORM** - If any of the individuals Health information has changed, please update it!

In the **PARTICIPATION** screen you will add or delete Clubs and Projects for each individual.

- If you are unsure of which Club to choose, please select I Club Placement and we will help choose a club.
- If you select a new club remember to click the **Add Club** Button to add it to your Club list.
- When finished with club selections click the **Continue >>** Button at the bottom.
  - You will be taken to the project tab where you can add or delete projects.
    - For returning members the years in project should automatically increase for projects you are continuing
    - Remember to click the **Add Project** button to add a project to the Project List.
    - You can delete a project by clicking the **Edit** button and then clicking the **Delete** button.
- When you are finished with club and project selections click the **Submit Enrollment** Button.
  - If your enrollment status is Pending, your record is complete and waiting for county level 4-H approval. If your enrollment status is Inactive or Incomplete, click Edit to review your record for missing information and resubmit.

UNIVERSITY OF WYOMING EXTENSION Wyoming 4-H Youth Development

Logged in as & Dear: Boby (9 County) # Home | My Member List

**1** Animals / Livestock Enrollment Member Settings Trainings

**2** Add an Animal

Animal Type: Market Swine

Add Animal

Species	Type	Animal	Status	Edit / View
---------	------	--------	--------	-------------

**3** Animal Information

**Market Swine Identification and Tagging- 2015**

The following steps will be taken in order to tag swine. Swine are not to be brought to the Shear/Good tagging dates. If you have questions please contact the Extension Office as soon as possible. **All photos and/or tags must be submitted no later than 5pm on June 1, 2015. NO EXCEPTIONS!**

- Provide Proof of Ownership.**
  - You can scan and email a copy of your Bill of Sale or ownership paperwork to the Extension Office and we will mail you the requested number of tags.
  - You can bring your Bill of Sale to the Extension Office and pick up tags.

Note: You will receive one tag per animal.
- You will be responsible for tagging year animals.**
  - Place tags in the ear with the number visible on the outside (back) of the ear and the tag button on the inside of the ear. Wait with your club or project leader for assistance or contact the Extension Office.
  - Tags can be checked out from the Extension Office but should be shared between locations. Tags checked out will be distributed between clubs only.

Tags can also be purchased at most livestock supply stores. Please return tags as soon as possible because we have a limited number.

  - All tags must be accounted for. If you do not use all of your tags, the remaining ones must be returned to the Extension Office prior to June 1st at 5 pm. For example:
    - If you request 10 tags and you only end up tagging four pigs, the extra tag must be returned.
- Take three (3) pictures per animal.**
  - One picture of the left, full side of the animal.
  - One picture of the right, full side of the animal.
  - One picture of the animal with the ear and tag number clearly visible.
- Attach your photos and enter your swine project information below.**

**Notes:** - All tagging information must be submitted and/or tags returned to the County Extension Office no later than 5pm on June 1, 2015. **NO EXCEPTIONS!**

**4** Market Swine

Fair Tag Number:

Dam/Sire or Old Female:

Breed:

Address (county/precinct):

County (if any):

Animal Name:

Breeder/Producer Tag Number (if any):

4-H Project or PTA Code:

Documents / Images

**5**

Animal Photo - Readable Tag

Animal Photo - Left Side

Animal Photo - Right Side

**6**

## ADDING ANIMAL ENTRIES (MARKET/BREEDING)

1. Once you are logged into <https://wy.4honline.com>, select the family member who will be showing the animal from the "Member List." Select the Animals/Livestock tab at the top of the page.

2. Use the dropdown menu to select your animal (market/breeding) species and click "Add Animal." This will take you to the corresponding entry screen for your animal. Each species has different information that is needed.

3. Please be sure to read and understand the information page.  
**NOTE:** All information must be in the 4honline system by 5 pm of the ownership date. The program will automatically turn the option off after this time:

Beef—February 1  
Sheep—June 1  
Goats—June 1  
Swine—June 1

4. Fill in the information requested. **ALL 15 numbers needed for the tag number.**

5. Select the view of the picture you are uploading (make sure the picture of the tag is **READABLE**).

6. Don't forget to **SAVE!!!!**

\*\*\*\* For Family Floater Animal—animals purchased as an extra incase someone in the family has one that dies—these can be transferred to another family member later **ONLY** if they are designated as a floater at the time of tagging. Please write the word **FLOATER** in the Animal Name field. The floater must be assigned to the family member whose name is on the bill of sale and/or Form A.

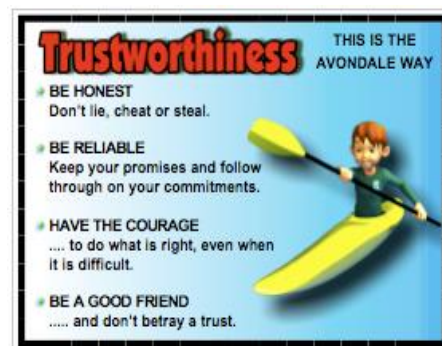
For questions on this, please contact the Extension Office at 307-885-3132 or 307-828-4092.



January

## Trustworthiness

Being trusted is among the highest achievements of individuals and corporations.



## What does it mean to be Trustworthy?

People will trust a person who has a reputation of being honest, reliable and responsible.

Dishonesty can easily tarnish that reputation, such that others consider you untrustworthy. Being considered trustworthy provides benefits from the way people deal with you, as well as your own self-esteem.

Trust in another people has several meanings:

1. Trust means that you feel that the person is honest and will not lie, cheat or steal from you.
2. It also means that you can count on the person to do as he or she promised and that the person is reliable.

Finally, trust in a person means that you feel he or she can be counted on to do something important, will not shirk from duties, and will take personal pride in what he or she does.

**You're trustworthy when:**

- ◆ You tell the truth
- ◆ You are sincere. Say what you mean and mean what you say
- ◆ You keep your word
- ◆ You are reliable
- ◆ You return things you borrow
- ◆ You don't gossip

*"It's better to be hated for what you are than to be loved for something you are not"*

*~ Andrew Gide ~*

## Trustworthiness:

involves four major qualities:

1. Integrity: the idea of a moral wholeness, or oneness, demonstrated by a consistency of thoughts, words, deeds, and duties.
2. Honesty: means that a person doesn't do things that are morally wrong. If something you do is breaking the law or you have to hide it because you'll get in trouble, you are probably not being honest.
3. Promise-keeping: A man is only as good as his word
4. Loyalty: standing with and behind someone in need. Loyal friends share both triumphs and trauma, and offer honest, constructive feedback delivered in a kind and tactful manner.

## Trustworthiness in 4-H



4-H Club Activity

The "Gossip" Game

Have the group sit in a circle. Whisper a statement in one person's ear. You cannot repeat it even if they didn't understand it the first time. That person repeats the statement in the next person's ear, and so forth around the room. The last person tells what they heard out loud.

Discuss what happened. Did the statement end up the same as it began? Was it close? Why or why not? How does this relate to "real life"? Why can gossip become so harmful?



**"Your handshake is as good as your word"**

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office



## Cent\$ible Nutrition Program

Helping Families Eat Better for Less



### Cent\$ible Nutrition Program -

**Kemmerer Area** - Next series of classes will be starting in January. The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact **Beth Barker at the Uinta Co. Extension Office at 307-783-0570**.

**SV Area** - If you are interested or would like more information about the CNP program, please contact Shelley Balls at 307-885-3132 or by email [sheap@uwyo.edu](mailto:sheap@uwyo.edu). Classes take place in Room 119/120 at the Afton Civic Center and around the valley. Each class has hands-on activities and you will make a recipe from the CNP cookbook

New class starting January 8, 2020:  
Wednesdays, 10 am, SV Community Center, Etna  
(Jan 8-Feb 26)

### A New Year, A New You

In 2018, CNP's program graduates saved over \$400 a year, improved nutrition, and saved time while reducing stress through cooking at home, planning meals, and using shopping lists. Together, all these changes made a positive difference in their lives.

"I always struggled with having enough money by the end of paying my bills each month to really purchase any good nutritious foods," said one participant. "Cent\$ible Nutrition really helped me in saving money each time I plan my shopping trips, and it also helped me plan so that I was not going to the store so often either. This program is amazing and I wouldn't be able to save \$100 each month on food if it was not for the Cent\$ible Nutrition educators."

Through CNP classes, adult participants gain cooking skills, learn the basics of nutrition, enjoy physical activity, and develop strategies for saving time and money. Participants also receive a free cookbook and cooking utensils.

"Doing meal planning saved me and my family a ton of stress and time," said another participant. "It's easier not to have to argue about what's for dinner. Pre-making the [CNP recipe] mixes also saves time, space, and money. The cookbook makes meal planning much easier."

Along with teaching class series, CNP works with partners on projects for healthier communities. One of CNP's new community projects is working with and growing in community gardens across the state. Through these projects, CNP helped donate over 2,300 pounds of fruits and vegetables to 1,100 people across Wyoming.

CNP educators teach classes and work with partners in every county in Wyoming. This coming year we are looking forward to meeting new participants, working with our local partners, and helping to make our communities as healthy as they can be. Start the New Year out right—contact your CNP educator to find out more!

Source: [https://issuu.com/cnp\\_newsletters/docs/december2018-january2019\\_english\\_ne](https://issuu.com/cnp_newsletters/docs/december2018-january2019_english_ne)

**Cent\$ible Nutrition Program Website & Other CNP newsletters:**  
<http://www.uwyo.edu/cnp/index.html>

### A Big Welcome! to Shelley Balls, West Area Nutrition and Food Safety Specialist.

As a new Nutrition and Food Safety educator for University of Wyoming Extension Shelley wanted to obtain a better understanding of what nutrition education classes are of interest in the communities she will be working with. Please take a few minutes to fill out this short survey, your feedback is greatly appreciated.

<https://forms.gle/qaEQsusmR8AuLvED6>



### Sweet Potato, Black Bean, and Corn Tacos

#### Ingredients

- 1.50 lbs. sweet potatoes (about 3 large), diced into 1/2 inch cubes
- 4 Tbsp. olive oil, divided
- 1 tsp cumin
- 1 small yellow onion, diced
- 1 clove garlic, minced
- 1 (14.5 oz.) can black beans, drained and rinsed
- 1 cup frozen corn, thawed
- 1 Tbsp. honey
- 3 Tbsp. lime juice
- 10 whole wheat tortillas

#### Directions

1. Preheat oven to 425°F.
2. Place sweet potatoes on baking sheet. Drizzle with 3 Tbsp. olive oil, sprinkle with cumin, and toss to evenly coat.
3. Bake in preheated oven 15-20 minutes until tender, removing from oven and tossing once halfway through baking.
4. In a large skillet, heat the remaining 1 Tbsp. olive oil over medium-high heat. Once hot, add onion and sauté until caramelized (golden brown on edges and tender), about 5-6 minutes, adding in garlic during last 30 seconds of sautéing.
5. Reduce heat to medium-low and add in black beans, corn, honey, and lime juice. Heat until warmed through. Toss in roasted sweet potatoes.
6. Serve over tortillas with desired toppings.

Top with romaine lettuce, purple cabbage, feta cheese, avocados, and salsa for a colorful meal!

10 servings

Source: <https://uwyoextension.org/uwnutrition/recipe/sweet-potato-black-bean-and-corn-tacos/>

# January 2020

SUN	MON	TUE	WED	THU	FRI	SAT
			1 <i>New Year's Day, Extension Offices Closed</i>	2	3	4
5	6 Kemmerer Area Parent Leader Mtg.	7	8 Kemmerer 4-H Open House, 6-7 Events Ctr.  Hamsfork Hands 4 -H Club Mtg. 7-8 pm, Events Ctr.	9 Cokeville 4-H Open House, 5:30 pm  Cokeville Jr. Lead- ers Mtg following open house.	10	11
12	13 Lucky Clovers 4-H Club Mtg. 6:30 pm, Afton Civic Ctr.	14	15	16 Kem. Jr. Leader Mtg. 6:30 pm, Ext. Office	17	18
19	20 <i>MLK/WY Equality Day Extension Offices Closed</i>	21 SV New Record Book Trng., 5:30 pm, Afton Civic Ctr.	22	23	24 SV Mkt Beef Tag- ging, Fairgrounds Scale, 4 pm	25 SV Mkt Beef Tag- ging, By Appt. Only  Cokeville Mkt Beef Tagging, 9 am
26	27 SV Jr. Leaders Mtg, 6 pm, Afton Civic Ctr.	28	29	30	31	



# February 2020



Sun

Mon

Tue

Wed

Thu

Fri

Sat

						<b>1</b> Market Beef Information Upload to 4HOnline.com DEADLINE
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Hamsfork Hands 4-H Club Mtg. 7-8 pm, Events Ctr.	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b> Lucky Clovers 4-H Club Mtg. 6:30 pm, Afton Civic Ctr	<b>11</b> SV New Record Book Trng, 5:30 pm, Afton Civic Ctr.	<b>12</b>	<b>13</b>	<b>14</b> Valentine's Day 	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b> SV New Record Book Trng, 5:30 pm, Afton Civic Ctr.	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>



LINCOLN COUNTY EXTENSION  
PO BOX 309  
AFTON WY 83110

CHANGE SERVICE REQUESTED

PLEASE READ EACH PAGE  
CAREFULLY!

Don't miss out on any  
Important announcements

# **IMPORTANT Lincoln County Extension NEWSLETTER**

Issued in furtherance of Cooperative Extension work, acts of May 8 and Jun 30, 1914, in cooperation with the U.S. Department of Agriculture. Extension Service, University of Wyoming, Laramie, Wyoming 82071. Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, national origin, sex, age, religion, political belief, disability, veteran status, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc.) should contact their local UW Extension Office. To file a complaint, write the UW Employment Practices/Affirmative Action office, University of Wyoming, Laramie, WY 82071. The University of Wyoming, United States Department of Agriculture, and Lincoln County cooperate.