

State 4-H Website: http://www.uwyo.edu/4-h/; 4-H Enrollment: https://4h.zsuite.org; or Lincoln Co. Extension: https://wyoextension.org/lincolncounty/

Afton Office - 307-885-3132

February 2024

Kemmerer Office - 307-828-4092

Upcoming Events

Feb 01 Mkt Beef Ownership & Tagging Deadline Feb 01 Mkt Beef Animal Info & Pictures Upload Deadline Feb 07 Valentines Day Sewing Activity, 4 pm, 4-H Exhibit Bldg. Feb 12 SV Cloverbud Activity, Afton Civic Ctr., 4:15 pm Feb 13 SV Jr. Leaders Service, Afton Food Pantry, 4-5 pm Feb 15 4-H Scholarship Applications Due Feb 16 4-H Fun Cooking, 9 am, Afton Civic Ctr. Feb 20 Beef Nutrition, 6 pm, Zoom or Washakie Co. Extension Feb 23 Market Animal Nutrition Classes, Afton Civic Ctr, 10 am Feb 26 4-H Expansion Comm. Mtg., Afton Civic Ctr., Noon Mar 01 Kem Area YQA Signup Deadline Mar 04 SV Area YQA Signup Deadline Cokeville Area YQA Sign Deadline Mar 08 Mar 08 Kem Area YQA, 2 pm, Events Center Mar 11 SV Area YQA, 4 pm (Levels 1A, 1B, 2A) Mar 11 SV Area YQA, 5 pm (Levels 2B, 3A, 3B) Mar 15 Cokeville Area YQA, 9 am, Location TBD

Animal Ownership and Tagging Deadlines Market Beef—February 1 All Other Youth Livestock —June 1

Inside This Issue				
1	Upcoming Events & Notices			
2	4-H Program Information			
3	Club News			
4	State & Regional 4-H Events			
8	Character Counts			
9	Cent\$ible Nutrition Program Nutrition Information			
10-11	Extension Calendars			

Online 4-H Registration https://4h.zsuite.org

<u>Returning Families & Leaders</u>— Follow the instructions on page 6-7 of this newsletter.

<u>New Families & Leaders</u>—Follow the instructions on page 5 or contact either Extension Office for help.

Contact Afton (885-3132) or Kemmerer (828-4092) Extension Offices for questions

ATTENTION All Market Beef Project Members

You need to pick up tags or attend the a beef tagging day, tag your steer, and upload your animal information and pictures to

ZSuite by

FEB. 1, 2024

Animal Upload Instructions are available on the ZSuite dashboard.

> Call the Extension Offices if you have questions Afton—885-3132 or Kemmerer—828-4092



4-H Educator's Letter...

4-H is off and running for many clubs in the county. If you haven't re-enrolled yet, please do so as soon as possible. Invite your friends, too! Remember, ZSuite enrollment needs to be done before you participate in club meetings or before you can tag market animals.

Those members wishing to do sheep, goats, or pigs, now is an excellent time to start looking at where to get your animals and reserving them.

Do you live in the city and need a spot to raise your market animal? Contact Shar in Afton at 885-3132 or Deborah in Kemmerer at 828-4092 to ask about availability and requirements to house your animals at the Afton Fairgrounds or at the Community Barn in Kemmerer.

If you are a volunteer, be sure you have re-enrolled at <u>4h.zsuite.org</u> and completed any additional requirements such as background checks, training, certification or MVR's prior to your first club meeting. Club leaders cannot host meetings until enrollment has been completed.

4-H volunteers or families who need help with enrollment can call either the Afton (885-3132) or Kemmerer (828-4092) Extension Office for assistance.

Deborah

Valentines Day Sewing Activity— Feb. 7

The Valentines Day Sewing Activity has been changed to February 7, 4 pm at the 4-H Exhibit Building. **You must RSVP by January 22, space is limited.** Cost is TBD. The link below is the gift envelope pattern.

http://orangebettie.com/2020/01/28/love-letter-diy-gift-cardenvelope-free-sewing-pattern/

Cloverbud Activities

SV Area-February 12, 4:15 pm, Afton Civic Center

Cloverbuds is for kids ages 5-7 (as of January 1). If you are interested, **please RSVP**, 828-4092 (Kemmerer) or 885-3132 (Afton).

4-H Families

If you have good white shirts that can still be worn, please bring them to the Afton Extension Office. We keep a bin of them for 4-H members who need to use them for the year.

Be Respectful!

4-H is a fun family program But during 4-H meetings & events in the Afton Civic Center, South Training Center or leaders' homes, please be respectful and do not allow <u>any</u> kids to run around the buildings/homes.

SV Jr. Leaders Service—Feb. 13

The SV Jr. Leaders will be do service at the Afton Food Pantry on February 13, 4-5 pm.

4-H Fun Cooking—Feb. 16

There will be a 4-H Fun Cooking activity on February 16, 9 am at the Afton Civic Center. This is a No-School Friday activity. **Please RSVP at 307-885-3132—Class size is limited.**

Market Animal Nutrition Classes—Feb. 23

There will classes for each of the market animals. The classes will be at the 4-H Exhibit Building on the fairgrounds. **Please RSVP for the classes by calling the Afton Extension Office at 885-3132**.

Market Beef—10 am Market Swine—11 am Market Sheep/Goat—12 pm

February Birthdays!!! Kyndal A. McKaty D. Samuel L. Daniel N. Mac S. Kaia B. Presley F. Preston L. Wvatt P. Rhett S. Bridger B. Baylee H. Anna M. Jace P. Juliana S. Torrie H. Clara R. Treyson C. Jaydyn N.

Livestock YQA Classes

Kemmerer Mar. 8, 2:00 pm—Events Ctr. Sign up by Mar. 1

<u>Star Valley</u> Mar. 11, 4:00 pm— Levels 1A, 1B, 2A Mar. 11, 5:00 pm— Levels 2B, 3A, 3B Afton Civic Ctr, *Sign up by Mar. 4*

<u>Cokeville</u> Mar. 15, 9 am—Location TBD Sign up by Mar. 8

You must register for the classes.

If there are not enough participants, the class will be cancelled. Please contact the Afton Extension Office, 885-3132.

Attention Graduating Seniors!

Each year the Wyoming 4-H Foundation awards thousands of dollars in scholarships to youth that will be attending a college, university, or technical school to further their education.

Applications are due by February 15,

2024, and uses a resume built from your 4-H Portfolio Record Book.

As you consider your next steps in your education and career path, 4-H involvement may help you obtain scholarships at the college you choose to attend. The Wyoming State 4-H Foundation has updated our 4-H Scholarship application. Find out details at: <u>http://www.wyoming4h.org/4hfoundation/</u> <u>scholarships</u>

Click on each scholarship for its specific criteria and then use the universal application to apply.

There are many available scholarships! Up to \$30,000 total for new and first time qualified applicants. Remember - the best way to be awarded a scholarship is to APPLY!

Please call the State Office if you have any questions - (307) 766-5170. Do not Delay - Apply Right Away!!

Beef Nutrition—Feb.20

There will be a beef nutrition workshop on February 20, 2024, 6 pm at the Washakie Co. Extension Office or through Zoom. Learn all about feeding, nutrition and management of your market beef project in person or via zoom from Chance Marshall, Sr ANR Educator from Fremont County.

Register here: https://forms.gle/x5KQzdxuKqFzgpHCA

2024 Shooting Sports Leader Certification Training

Washakie Co., Worland—Mar. 9-10 (Deadline: Feb. 26, 2024)

Weston Co., Newcastle—Mar. 23-24 (Deadline: Mar. 11, 2024)

Laramie Co., Cheyenne—Apr. 6-7 (Deadline: Mar. 25, 2024)

Uinta Co., Evanston—Apr. 20-21 (Deadline: Apr. 8, 2024)

Natrona Co., Casper—Apr. 27-28 (Deadline: Apr. 15, 2024)

Visit the State 4-H Website's Additional Training page and scroll down to the Shooting Sports section for the registration

links. https://www.uwyo.edu/4-h/volunteers/additionaltrainings.html

4-H Club News—

Dynamite Dogs 4-H Club

The Dynamite Dogs 4-H Club will have their first meeting on February 12, 6 pm at the 4-H Exhibit Building. This meeting is for parents and kids only—NO Dogs. Regular club meeting will start February 26.

Hamsfork Hands 4-H Club

The Hamsfork Hands 4-H Club usually meet on the first Monday of each month, 6:15 pm at the So. Events Center. In February they will meet on February 5.

Hooves N Hides 4-H Club

The Hooves N Hides 4-H Club will meet on February 19, 6:30 pm at the Afton Civic Center.

Lucky Clover 4-H Club

The Lucky Clover 4-H Club will meet on the second Tuesday of each month.

Nocked & Loaded 4-H Club

Nocked & Loaded 4-H Club started meeting in November. See the calendars at the end of this newsletter for specific disciplines, dates & locations.

SV Horse 4-H Club

SV Horse 4-H Club has started meeting. Contact Katie Bagley or Nikki Burch for more information.





Wyoming State/Regional Events & News

(More information online at: http://www.uwyo.edu/4-h/)

Ignite by 4-H—March 13-17, 2024 in Washington DC. This is for youth ages 15-18 (as of January 1). The cost is estimated at \$2000 per person. Some scholarships are available. Registration is closed.

Wool Judging Contest—April 19, 2024.

Meat Judging Contest-April 20, 2024.

National 4-H Conference—April 19-24, 2024 in Arlington, Virginia. This is for youth ages 15 (as of January 1) or older. The cost is an estimated \$2500. Some scholarships are available. Registration opens October 16 and will close January 31, 2024. Application are through the following link: <u>https://wyoming4h.formstack.com/forms/</u> educator form congress

Citizenship Washington Focus—June 15-22, 2024 in Washington DC. This is for youth 14 and older. The estimated cost is \$2500 per person with scholarship available. Registration is on a first come, first service basis. So register ASAP. <u>Apply at http://wyoming4h.formstack.com/forms/cwf</u>. Plane tickets will be purchased by March 18, 2024.



Showcase Showdown—June 18-20, 2024 at the University of Wyoming, Laramie, WY. More information will be forthcoming.

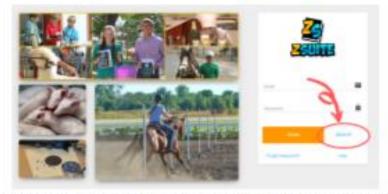


ZSuite 4-H Enrollment! Enrolling in Wyoming 4-H

- 1.Go to https://4h.zsuite.org/ (open in Google Chrome, not Internet Explorer)
- 2. Click Sign Up

 Fill in the required fields (you can use your same email and password from 4HOnline).

and a second	
New York Communication	
-	
Carlos Passed	



- Create a pin number (we recommend an easy to remember four-digit number, like the last four numbers of your phone number).
 - REMEMBER your password and pin number, you will need it to access your enrollment!
- Select Wyoming and your home County.
- 3. Click Let's Go

в

	۷	Perezi Guardian Mors Call Grandparent			
	0	10% 214	-	_	1
had how	744 2019 - 2020				
Dettered	1.000				
	0	Steven Brown	-	-	1
Novel Balle		Tereschild	-	-	
Clear Australia	6	arrany Gran	-	-	1

 Fill in the required fields for one of your members.

Add members of family

You should now be directed to the

1. To add members, in the black drop

down menu, select household

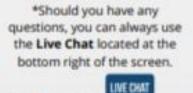
2. On the next screen, select

Dashboard screen.

members.

- 4. Don't forget to add a club! Click
- 5. You will also need to select projects for each club by clicking then selecting a project from the drop down menu
- 5. Finish by clicking

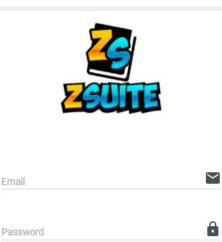
You will return to the **Household Members** screen. The member you added should appear in the list along with yourself. Repeat this process for the other members of your household.







ZSuite 4-H Enrollment



	orgot Password?		He	elp		
Dashb	oard					
• Pe	rry Household					
sk or Tap a row	to view additional details				Show Archived	Members
	Shar Perry	(PROBATIVO SALENTICO	ARECAN) (HAACTINE)	1	•	
2	Baze Perry	COLUE MEMBER	ALTHR	1		
)	Jace Perry		ADITOR.	1		
	Type Perry		BACTAN	1		

SIGN UP

Enroimer	nt in 4-H for Tyce 2019-2020	reny
PERSONAL INFO	WAIVERS	CLUBS
ccount Profile Information		
ist in 'Household Members' tab under Primary Profile Ierre Fyce Perry	Work date	
Child (member) Information		
Shift's East Name * Type	Child's Last Narra * Perry	
Dála Brhàne	CHLDS BENDER IDENTIT Male	Y*
CHLDSETHNOTY* Not Hispanic or Latino	CHLDSRACE* White	

Returning Member Enrollment



Yearly Re-enrollment of Family Members

Enrollment must be done **<u>annually</u>** to stay active in 4-H.

- Go to <u>https://4h.zsuite.org/</u> (open in Google Chrome, not Internet Explorer). You will see a screen like this.
- 2. Use the same email and password you used to sign up for zsuite.
- 3. Click LOGIN

- if you forgot your password, click the **Forgot Password?** And you will be prompted to enter another password.

- 4. You MUST be signed in as the PRIMARY account to enroll members.
- 5. Once you log into your PRIMARY account, you will see a list of all the household members and their current enrollment status. Note the background color—Red signifies inactive profiles , while green signifies a member is currently enrolled. (NOTE: Each year, all profiles are made inactive.)
- 6. Click the picture besides the member you want to update. You can easily update inactive profiles by clicking
- 7. This will take you to the enrollment wizard form.
 Complete all information. (NOTE: Required fields will
 have an asterisk * behind it. The system will not go to the next section until all required fields are completed.)
- 8. If you need to leave, prior to finishing your enrollment, click the 'SAVE FOR LATER' link at the bottom right of the form so you will not have to re-enter the data you've already completed.
- 9. Click at the bottom of the **Personal Information** section to go to the **Waivers** section. Click the Next button to go to the **Clubs** section

Choose one or more Clubs then press 'Add Club'	PERSONAL INFO		WAIVER	S	CLUBS
NOCLIN COUNTY	Choose or	ne or n	nore Clubs	then press "Ac	id Club"
UB					ADD CLUB
Beef N' Bits 4-H Club County: Lincoln County Primary Projects: ANIMAL SCIENCE/BEEF ANIMAL SCIENCE/HORSES ANIM	ICOLN COUNTY			•	
County: Lincoln County Primary Projects: ANIMAL SOIENCE/BEEF ANIMAL SOIENCE/HORSES ANIMA	UB			•	
County: Lincoln County Primary Projects: ANIMAL SOIENCE/BEEF ANIMAL SOIENCE/HORSES ANIMA					
ANIMAL SCIENCE/BEEF × × ANIMAL SCIENCE/HORSES × × EXPRESSIVE ARTS/LEATHER × CRAFT × EXPRESSIVE ARTS/VISUAL ARTS × HEALTHY LIVING/FOOD AND × NUTRIENT EXPRESSIVE ARTS/WOOD × × WORKING	County: Lincoln County	/	×		
ANIMAL SCIENCE/HORSES × EXPRESSIVE ARTS/LEATHER × CRAFT × EXPRESSIVE ARTS/VISUAL ARTS × HEALTHY LIVING/FOOD AND × NUTRIENT EXPRESSIVE ARTS/WOOD × WORKING	Projects:				
EXPRESSIVE ARTS/LEATHER × CRAFT × EXPRESSIVE ARTS/VISUAL ARTS × HEALTHY LIVING/FOOD AND × NUTRIENT EXPRESSIVE ARTS/WOOD × WORKING	ANIMAL SCIENCE/BEEF	1	×		
CRAFT EXPRESSIVE ARTS/VISUAL ARTS × HEALTHY LIVING/FOOD AND × NUTRIENT EXPRESSIVE ARTS/WOOD × WORKING ADD PROJECT	ANIMAL SCIENCE/HORSES	1	×		
HEALTHY LIVING/FOOD AND X NUTRIENT EXPRESSIVE ARTS/WOOD X WORKING ADD PROJECT		1	×		
NUTRIENT EXPRESSIVE ARTS/WOOD × WORKING ADD PROJECT	EXPRESSIVE ARTS/VISUAL ARTS	1	×		
EXPRESSIVE ARTS/WOOD × × WORKING ADD PROJECT		1	×		
	EXPRESSIVE ARTS/WOOD	1	×		
	ADD PROJECT				
		-	- 1		
PREVIOUS	PREVIOUS				SUBMIT

Pe Pe	rry Household					
Click or Tap a row	v to view additional details					
					Show Atchived	Member
o	Shar Perry	PROMATY/PROTECT/SILAR	NAM) (NAC77/12	1		
٢	Baze Perry		(ACTIVE)	1		
0	Jace Perry	CLUB MENNESS	(ACTIVE)	1		
-	Type Perry		SAACT MD	1		

- 10. The 'CLUBS' section allows you to choose the clubs you'll be participating in for the year. You can choose more than one club, if desired, by selecting a club from the drop down menu and then clicking the orange **ADD CLUB** button. The clubs appear in their own box. NOTE: Do not click the "X" in the upper right hand of the club box unless you are not participating in that club.
- You can add projects by clicking the green ADD
 PROJECT button and selecting it from the drop down menu.
- 12. You can delete projects by clicking the "x" next to the project you want deleted.
- 13. If your county has an enrollment fee, you will handle this on the 'CHECKOUT' tab. Any payment methods chosen by your state will appear as options on the page. If your state does not have an enrollment fee, simply click the 'SUBMIT' button to submit your enrollment.
- 14. Once your enrollment is completed, your county administrators will be contacted regarding your enrollment. Your enrollment will be in a 'Pending Approval' state until approval from your county staff.
- 15. Once you're approved, your status will change to 'Active'.

Please log into your zSuite account weekly to check for announcements from your county and club leaders.

If you have questions, please contact us Shar Perry, Afton Extension Office, 307-885-3132 Deborah Peavler, Kemmerer Extension Office, 307-828-4092

February



Teaching Trustworthiness

Being trustworthy means:

- Telling the truth
- Following the rules
- Not taking things that don't belong to you

• Doing what you say you'll do When you think about teaching trustworthiness to others you must remember that is does not happen overnight. Instead it is something you should model for others everyday—you influence and are a role model for everyone you come in contact with.

Character Counts Trustworthiness

Take time to discuss with others how trust is earned and why we consider others trustworthy. Provide specific examples and illustrations to express thoughts. For example: How do others earn your trust? How do you know when you can trust people? Which people do you feel are the most trustworthy?



Trustworthiness in 4-H: Six Feelings

Supplies: Seven large signs with one name on each of the Seven Dwarfs on each sign (Happy, Sneezy, Dopey, Grumpy, Bashful, Sleepy, and Doc). Post these signs on the wall.

Ask the participants to look at all the signs on the on the wall. Have club members and guests stand by the sign that best describes how they feel at that moment. Explain that is it ok to be honest about what and how they are feeling. Give each group about 10 minutes to create a 30 second commercial to show their emotion. Have each group act out their commercial.

Discussion Questions:

Do you think how you feel or act affects whether a person feels they can trust you or not? Why or why not?



"Watch your thoughts; they lead to attitudes. Watch your attitudes; they lead to words. Watch your words; they lead to actions. Watch your actions; they lead to habits. Watch your habits; they form your character; it determines your destiny."

~Unknown~

Roll Call Suggestions

......

- Tell a time when you were honest and no one was watching
- Share an example of someone showing loyalty to a friend
- Name one person who you trust and tell why



Cent\$ible Nutrition

Program

Helping Families Eat Better for Less

Cent\$ible Nutrition Program -

<u>Kemmerer Area</u> - Next series of classes will be starting in January. The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact **Stephanie Anderson at the Uinta Co. Extension Office at 307-783-0570.**

<u>SV Area</u> - If you are interested or would like more information about the CNP program, please contact **Cassie Jasperson at 307-885-3132.** Each class has hands-on activities and you will make a recipe from the CNP cookbook.

A new class will be starting soon. It will be held at the Thayne Branch Library. For time and more information, please contact Cassie at the number listed above.

Ham & Bean Soup

(Fast, budget-friendly, and filling, this is a great soup for chilly nights.)

Ingredients

- 1 Tablespoon garlic, chopped
- 1 medium onion, minced
- 1 Tablespoon canola oil
- 3 stalks celery, chopped
- · 2 large carrots, diced
- 2 15-ounce can beans or 4 cups cooked beans
- 6 cups low-sodium broth
- 1/2 pound cooked ham, chopped
- 1 teaspoon black pepper

Directions

- 1. Wash hands with warm soapy water for 20 seconds.
- 2. In a large soup pot, combine garlic, onion, and oil. Cook for 5-7 minutes or until onion begins to brown.
- Add celery and carrots. Cook for another 3-5 minutes until celery begins to soften.
- 4. Add beans, broth, ham, and black pepper.
- 5. Bring to a boil then reduce heat to medium
- 6. Cover with lid and cook for 20-30 minutes or longer.
- 7. Serve hot with whole grain bread.

Makes 6 servings

NOTE: If using dried beans, please use one of the cooking methods below.

Cooking Dried Beans

- 1. Wash hands in warm soapy water.
- 2. Rinse beans in cool water, then follow one of the methods below.

Quick Cook Method

- 1. Put the beans in a large pot and add 12 cups of water.
- 2. Bring to a boil and boil for 2 minutes, then remove from heat. Cover pot and let sit for 1 hour.
- 3. Discard soaking water and add fresh water to cover the beans. Return to heat and simmer for 1-3 hours, adding water if needed.

Overnight Method

- 1. Put the beans in a large pot and add 6 cups of water.
- 2. Let soak for 6 or more hours in the refrigerator.
- 3. Discard soaking water and add fresh water to cover the beans. Bring to a boil then simmer for 1-3 hours, adding water if needed.

Crockpot Method

- 1. Put the beans in a crockpot and add 6 cups of water.
- 2. Cook on high 5-8 hours or until beans are tender.
- 3. Discard soaking water.

Instant Pot Pressure Cooker Method

- 1. Soak beans overnight or for several hours in the fridge.
- 2. Rinse and discard cracked or split beans and pour into Instant Pot.
- 3. Add water (about twice as much water as beans, at least 1-2 cups in a pressure cooker.
- 4. Close and seal pressure cooker.
- 5. Cook on manual pressure for 25-30 minutes.
- 6. Release pressure when finished cooking. Be careful as hot steam escapes.
- 7. Drain beans in a colander.



Source: https://uwyocnp.org/ham-bean-soup/



SUN	MON	TUE	WED	THU	FRI	SAT
				1 MARKET BEEF OWN- ERSHIP, TAGGING, ANIMAL INFO UP- LOAD DEADLINE Nocked & Loaded Club Air Rifle Mtg., So. Exhibit Bldg, 6 pm	2	3
4	5	6 CNP Online Class, 6 pm	7 Valentines Day Sew- ing Activity, 4 pm, 4- H Exhibit Bldg. (Must RSVP)	8	9	10
11	12 SV Cloverbud Activi- ty, 4:15 pm, Afton Civic Ctr. Dynamite Dogs 4-H Club Mtg, 6 pm 4-H Exhibit Bldg.—NO DOGS	13 SV Jr. Leaders Ser- vice, Afton Food Pantry, 4-5 pm. CNP Online Class, 6 pm	14 Valentine's Day	15 4-H SCHOLARSHIP DEADLINE Nocked & Loaded Club Archery Mtg., So. Exhibit Bldg, 6 pm	16 4-H Fun Cooking, 9 am Afton Civic Ctr.	17
18	19 Hooves & Hides Club Mtg., 6:30 pm, Afton Civic Ctr.	20 Beef Nutrition Zoom, 6 pm. CNP Online Class, 6 pm	21	22	23 Market Animal Nu- trition Classes, 4-H Exhibit Bldg. Beef—10 am Swine—11 am Sheep/Goat—12 pm	24
25	26 4-H Expansion & Review Committee Mtg., Noon Dynamite Dogs 4-H Club Mtg, 6 pm 4-H Exhibit Bldg	27 CNP Online Class, 6 pm	28	29		

Makeh*2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Kemmerer Area YQA Signup Deadline	2
3	4 SV Area YQA Signup Deadline Dynamite Dogs 4-H Club Mtg, 6 pm, Exhibit Bldg.	5	6	7 Nocked & Loaded Club Air Rifle Mtg., Afton Civic Ctr, 6 pm	8 Cokeville Area YQA Signup Deadline Kemmerer Area YQA, 2 pm, Events Ctr.	9
10	11 SV Area YQA, Afton Civic Ctr., 4 pm (Levels 1A, 1B, 2A) 5 pm (Levels 2B, 3A, 3B) Dynamite Dogs 4-h Club Mtg, 6 pm, Exhibit Bldg.	12	13	14	15 Cokeville Area YQA, 9 am, Location TBD	16
17 St. Patrick's Day	18 Dynamite Dogs 4-h Club Mtg, 6 pm, Exhibit Bldg.	19	20	21 Nocked & Loaded Club Archery Mtg., So. Exhibit Bldg, 6 pm	22	23
24	25 SV Spring Break Kem Spring Break	26 SV Spring Break Kem Spring Break	27 SV Spring Break Kem Spring Break	28 SV Spring Break Kem Spring Break	29 SV Spring Break Kem Spring Break	30
31	Note: Cokeville Spring Break—Apr 4					

LINCOLN COUNTY EXTENSION PO BOX 309 AFTON WY 83110

CHANGE SERVICE REQUESTED

PLEASE READ EACH PAGE CAREFULLY! Don't miss out on any Important announcements

IMPORTANT Lincoln County Extension NEWSLETTER

Trade or brand names used in this publication are used only for the purpose of educational information. The information given herein is supplied with the understanding that no discrimination is intended, and no endorsement information of products by the University of Wyoming Extension is implied. Nor does it imply approval of products to the exclusion of others, which may also be suitable.

Issued in furtherance of Cooperative Extension work, acts of May 8 and Jun 30, 1914, in cooperation with the U.S. Department of Agriculture. Extension Service, University of Wyoming, Laramie, Wyoming 82071. Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, national origin, sex, age, religion, political belief, disability, veteran status, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc.) should contact their local UW Extension Office. To file a complaint, write the UW Employment Practices/Affirmative Action office, University of Wyoming, Laramie, WY 82071. The University of Wyoming, United States Department of Agriculture, and Lincoln County cooperate.