



College of Agriculture
and Natural Resources
Extension
Lincoln County

Lincoln County *Chit Chat*

State 4-H Website: <https://www.uwyo.edu/4-h/> or 4-H Enrollment: <https://4h.zsuite.org>
or Lincoln Co. Extension: <https://wyoextension.org/lincolncounty/>

Afton Office – 307-885-3132

November 2025

Kemmerer Office – 307-828-4092

Upcoming Events

Nov 4-6 EPIC/ESCAPE Conference, Ext. Offices Closed
Nov 12 SV Cloverbuds, 3 pm, Afton Civic Ctr.
Nov 14 4-H Fun Cooking, 9 am, Afton Civic Ctr.
Nov 17 SV Jr. Leader Mtg., 6 pm, Afton Civic Ctr.
Nov 27-28 Thanksgiving Holiday, Ext. Offices Closed
Nov 28-
Dec 2 National 4-H Congress, Washington, DC
Dec 24-25 Christmas Holiday, Extension Offices Closed
Dec 28-30 Winter Closure, Extension Offices Closed
Dec 31 New Year's Holiday, Extension Offices Closed
2026
Jan 01 New Year's Holiday, Extension Offices Closed
Mar 25-29 Ignite By 4-H, Washington, DC
Apr 10-15 National 4-H Conference, Arlington, VA
Jun 15-18 Showcase Showdown, Laramie WY



Happy Harvest!

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SV Area 4-H

Members & Leaders!

Last year's record books, and club books are available for pickup at the Afton Extension Office

CLUB FUNDRAISER FORMS MUST BE SUBMITTED TO AND APPROVED BY THE EXTENSION OFFICE BEFORE THE FUNDRAISER HAPPENS!

Online 4-H Registration <https://4h.zsuite.org>

Returning Families & Leaders— Follow the instructions on pages 8-9 of this newsletter.

New Families & Leaders— Follow the instructions on page 7 or contact either Extension Office for help.

Contact Afton (885-3132) or Kemmerer (828-4092) Extension Office for questions



4-H Program Information

*To Empower Youth to Reach Their Full Potential Working
& Learning in Partnership with Caring Adults*

4-H Educator's Letter...

I am excited for a new 4H year and what it will bring. With it being the beginning of the 4H year, I thought we would start off with a few reminders. Everyone, leaders and members, need to enroll again on ZSuite for the upcoming 4-H year.

All clubs need to complete the renewal form. <https://www.uwyo.edu/4-h/current-members/files/end-of-year-club-charter-renewal-form-2019.pdf>

Thank you to all those who have handed in their club secretary and treasurer books. I would like to share a few reminders A very important document for leaders and clubs to review is the Club Operating Guidelines.

Another reminder to please read and follow the policy manual from the state office. We need to make sure that all clubs and groups are in compliance with this manual. Some highlights we need to review are:

- Club checking accounts should not have more than \$1000 and savings accounts should not have more than \$2000. Excess funds should be housed and invested with the Wyoming State 4-H Foundation.
- All approved disbursement of club/group funds should be reflected in the club/group minutes. This means transactions need to be voted on by the 4-H club members and recorded in their minutes.
- When being reimbursed from the club, you must have a UW reimbursement form completed, original receipts and invoices need to be kept. Active signers may not sign a check written to themselves or an immediate family member.
- All 4-H accounts need to have a minimum of four (4) active signers, with two being UW Extension employees (signatory authorities) and 2+ active members and/or volunteers of the club/group (preferably the club treasurer, club president, chairperson, and/or club volunteer). If a bank will not allow a 4-H member to be a signer on the account, another screened volunteer in the club should serve as the second signature. All checks need two signatures.
- There is also an inventory sheet in the treasurer book that needs to be completed. Anything that is pur-

chased with 4-H money belongs to 4-H and needs to be accounted for.

- Please remember there is a fundraiser request form that needs to be completed and turned into the extension offices before you hold a fundraiser, the link is, <https://www.uwyo.edu/4-h/current-members/files/fundraising-request-form.pdf>
- **Club accounts are to reviewed annually by a committee designated by the club and reviewed/audited every three years by an internal 4-H committee designated by the UW 4-H educator.** The State Office will also be conducting club audits.

This is only a highlight of a few from the policy manual! PLEASE TAKE THE TIME TO READ THE WHOLE POLICY MANUAL! If you have any questions, please contact the office.

Shar

Cloverbuds—Nov. 12

The next SV Cloverbud activity will be on November 12, 3 pm at the Afton Civic Center. Cloverbuds is an introductory program for kids ages 5 to 7 years old (as of January 1). Please let Shar know you are planning to attend.

4-H Fun Cooking—Nov. 14

The next 4-H Fun Cooking activity will be on November 14, 9 am at the Afton Civic Center kitchen.

Jr. Leader Meeting—Nov. 17

The next SV area Jr. Leader Meeting will be on November 17, 6 pm at the Afton Civic Center. Please let Shar know you are coming.

November Birthdays!!!

Bret A.
Alvin A.
Gwendolyn A.
Clarissa A.
Sierra B.
Beckham B.
Maddox B.
Cole B.
Edouard C.

Amber C.
Benjamin C.
Dylan C.
Sophia C.
Carson D.
Austin D.
Caselee E.
Elizabeth F.
Jack F.

Angelie F.
Chlorice G.
Lottie G.
Tim G.
Josiah H.
Easton H.
Ryder H.
Serratelli H.

Briar K.
Myla L.
Tate L.
Opal L.
Andy M.
Paizlee N.
Colter N.
Callie P.
Ruth P.

Peyton R.
Bridger R.
Levi R..
Brooklyn S.
Kimber S.
Grant S.
Finley S.
Brystal S.
Kolt T.



Congratulations! Lincoln County 4-H Members & Leaders

Outstanding & Honorable Mention Record Books

Madilyn D.	Weston L.	Christian P.
Mayci D.	Geneva M.	Dominic P.
Elizabeth F.	McCall M.	Trinity P.
Arielle G.	Maliyah P.	Bridger P.
Emmitt G.	Baze P.	Porter P.
Emilee H.	Tyce P.	McKenna W.
Flint L.	Aspen P.	Taizlee W.
Mason L.	Braxton P.	

Wyoming 4-H Honors Club

(Accumulated 19 or more points)

Myles D.	Calvin P.	Bridger P.
Olivya K.	Baze P.	Jase T.

Outstanding Member

Flint L.	Baze P.	Kabrie W.
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Outstanding Leader

Carrie G.	Kelsi K.	Charlotte P.
Jessica W.		

Friend of 4-H

Holli Murdock.	Red Baron Drive-In
Pat Rodenbaugh	

Herdsmanship

DIVINE SWINE & BOVINE—Beef Herdsmanship
MEADOW GRAZERS—Sheep Herdsmanship
HOG SQUAD—Swine Herdsmanship
MUCKIN' MAVERICKS—Meat Goat Herdsmanship

Wyoming State/Regional Events & News

(More information online at: <http://www.uwyo.edu/4-h/>)

National 4-H Congress, Atlanta, GA:

November 28 – December 2, 2025

https://wyoming4h.formstack.com/forms/congress_app

WY Youth Application due to State Office by September 15th

Ignite by 4-H, Washington DC:

March 25 – 29, 2026

https://wyoming4h.formstack.com/forms/ignite_4_h

WY Youth Application due to State Office by October 31st but please remember Conference could sell out before October 31st.

Graduation Cord Application Information

For those of you with 4-H members graduating in **December 2025** or **May/June 2026**, the **Graduation Cord Application** is now available: [Graduation Cord Application Form](#)

Please note the submission deadlines:

December 2025 graduates: November 16, 2025

May/June 2026 graduates: April 19, 2026

National 4-H Conference: will be held April 10-15, 2026 in Arlington, Virginia. More information to come.

Showcase Showdown: will be held June 15-18, 2026 at University of Wyoming, Laramie, WY. More information to come.

4-H Club News—

Hamsfork Hands 4-H Club

The **Hamsfork Hands 4-H Club** meet on the first Monday of each month, 6:30 pm at the So. Events Center.





NATIONAL 4-H CONGRESS

NOVEMBER 28-DECEMBER 2, 2025
ATLANTA, GEORGIA



An opportunity for youth to expand their skills, connect with fellow 4-H members, and be inspired to make a positive impact in their club, community, county, country and world.

All 4-H members who are at least 14 years old as of January 1 are eligible to be part of the 2025 Wyoming delegation.



Apply by September 15th online.
• More information at <http://www.uwyo.edu/4-h/opportunities/travel.html>




IGNITE BY 4-H

UNIVERSITY OF WYOMING EXTENSION

HOW
Applications
Application are currently open and open until full.
Apply now to insure a spot!
https://wyoming4h.formstack.com/forms/ignite_4_h

WHEN & WHERE
March 25-29, 2026
Washington DC

WHAT
“Where Possibilities are Endless!”
Teens collaborate, create, and cultivate a passion for expanding their minds, and their world.

WHY
• Travel. Connect with Teens Nationwide. Explore Your Future.
• Experience Renowned Speakers, Hands-On Workshops, and Real-World Career Insights




NATIONAL 4-H CONFERENCE

APRIL 10-15 2026 ARLINGTON, VIRGINIA

INFORMATION

- DO YOU WANT TO HAVE A ROLE IN MAKING CHANGE?
- YOUTH PRESENT IDEAS TO HIGH-RANKING GOVERNMENT OFFICIALS.
- YOUTH WILL SEE D.C. AND MEET WITH OUR CONGRESSMAN AND SENATORS.
- MEET OTHER 4-H YOUTH LIKE YOURSELF FROM ACROSS THE UNITED STATES.

DETAILS

- YOUTH 15 - 18 YEARS OLD
- COST ESTIMATED AT \$2500 PER PERSON. SCHOLARSHIP WILL BE GIVEN.

APPLICATIONS

- APPLICATIONS CURRENTLY OPEN, UNTIL REGISTRATION IS FULL
- [HTTPS://WYOMING4H.FORMSTACK.COM/FORMS/CONFERENCE_APP](https://wyoming4h.formstack.com/forms/conference_app)

Wyoming 4-H

Wyoming 4-H SHOWCASE SHOWDOWN

June 15 - 18, 2026
University of Wyoming, Laramie

New for 2026!

- **New Contests**
 - Horse Quiz Bowl
 - Livestock Quiz Bowl
- **Full Cloverbud Track**
 - Full schedule of cloverbud activities
- **NEW Residence Halls**
 - All participants will be housed in the brand-new University of Wyoming residence halls!
 - Nightly activities specific for those who stay in the residence halls!
- **Event T-shirt** design by the 4-H youth, Jansen Hornecker who won the 2025 Showcase Showdown design contest!



4-H MEMBER SPOTLIGHT

WESTON LORIMER

- Weston is 9 years old and will be in the 4th grade at Osmond Elementary.
- He has been in 4-H for two years.
- He is a member of the Lucky Clovers and the Hog Squad 4-H Clubs.
- Weston is the Treasurer of both clubs.
- Projects include: Market Swine, Poultry, Foods & Nutrition, Fabric & Fashion, Leatherwork, and Shooting Sports.
- Other hobbies: dirt-biking, archery, and wrestling.



4-H Volunteer Spotlight

*"Volunteers do not necessarily
have the time;
they just have the heart."
~ Elizabeth Andrew*

Highlights:

- SaVana became a leader because she wanted to give back to our community and support youth development.
- SaVana loves to share her skills and experiences she has learned over the years.
- SaVana loves Pepsi and grilled shrimp.
- SaVana likes watching Christmas Vacation and Hallmark movies.



SaVana Romine

Lincoln County
1 Year

Thank You

YOU MAKE A DIFFERENCE



UNIVERSITY
OF WYOMING
EXTENSION



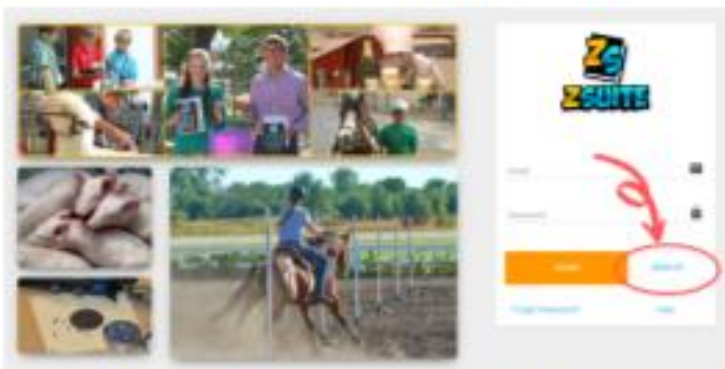
ZSuite 4-H Enrollment!

Enrolling in Wyoming 4-H

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer)

2. Click **Sign Up**

- Fill in the required fields (you can use your same email and password from 4HOnline).



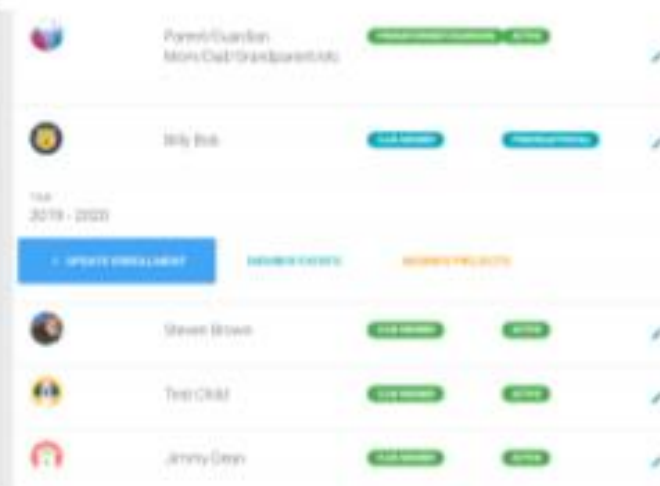
- Create a pin number (we recommend an easy to remember four-digit number, like the last four numbers of your phone number).
 - REMEMBER your password and pin number, you will need it to access your enrollment!
- Select Wyoming and your home County.

3. Click **Let's Go**

Add members of family.

You should now be directed to the **Dashboard** screen.

1. To add members, in the black drop down menu, select household members.
2. On the next screen, select **HOUSEHOLD MEMBERS**.
3. Fill in the required fields for one of your members.
4. Don't forget to add a club! Click **ADD CLUB**.
5. You will also need to select projects for each club by clicking **ADD PROJECT** then selecting a project from the drop down menu.
5. Finish by clicking **SUBMIT**.



*Should you have any questions, you can always use the **Live Chat** located at the bottom right of the screen.

LIVE CHAT

© 2019 ZSuite - the experts of the 4-H

Chat with Chat Support

You will return to the **Household Members** screen.

The member you added should appear in the list along with yourself. Repeat this process for the other members of your household.

UW | Wyoming 4-H

ZSuite 4-H Enrollment



Returning Member Enrollment

Yearly Re-enrollment of Family Members

Enrollment must be done **annually** to stay active in 4-H.

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer). You will see a screen like this.
2. Use the same email and password you used to sign up for zsuite.
3. Click 
 - if you forgot your password, click the **Forgot Password?** And you will be prompted to enter another password.
4. You MUST be signed in as the PRIMARY account to enroll members.
5. Once you log into your PRIMARY account, you will see a list of all the household members and their current enrollment status. - Note the background color—**Red** signifies inactive profiles, while **green** signifies a member is currently enrolled. (NOTE: Each year, all profiles are made inactive.)
6. Click the picture besides the member you want to update. You can easily update inactive profiles by clicking .
7. This will take you to the enrollment wizard form. Complete all information. (NOTE: Required fields will have an asterisk * behind it. The system will not go to the next section until all required fields are completed.)
8. If you need to leave, prior to finishing your enrollment, click the 'SAVE FOR LATER' link at the bottom right of the form so you will not have to re-enter the data you've already completed.
9. Click  at the bottom of the **Personal Information** section to go to the **Waivers** section. Click the Next button to go to the **Clubs** section

The login screen features the ZSuite logo at the top. Below it are two input fields: 'Email' and 'Password'. To the right of the password field is a lock icon. At the bottom are two buttons: an orange 'LOGIN' button and a blue 'SIGN UP' button. Below the buttons are two links: 'Forgot Password?' and 'Help'.

The dashboard shows the 'Perry Household' with a list of members. Each member has a profile picture, name, and enrollment status. Shar Perry is marked as 'INACTIVE' with a red background. Baze Perry, Jace Perry, and Tyce Perry are marked as 'ACTIVE' with green backgrounds. There are icons for editing and deleting each member. At the bottom is a green button labeled '+ ADD NEW MEMBER'.

The enrollment wizard for Tyce Perry (2019-2020) has three tabs: 'PERSONAL INFO', 'WAIVERS', and 'CLUBS'. The 'PERSONAL INFO' tab is active. It contains sections for 'Account Profile Information' (Name: Tyce Perry, Birth date:), 'Child (member) Information' (Child's First Name: Tyce, Child's Last Name: Perry, Child's Birthdate: , Child's Gender/Identity: Male), and 'Child's Ethnicity' (Not Hispanic or Latino) and 'Child's Race' (White). A black arrow points from the 'CLUBS' tab to the 'WAIVERS' section.

10. The 'CLUBS' section allows you to choose the clubs you'll be participating in for the year. You can choose more than one club, if desired, by selecting a club from the drop down menu and then clicking the orange **ADD CLUB** button. The clubs appear in their own box. NOTE: Do not click the "X" in the upper right hand of the club box unless you are not participating in that club.

11. You can add projects by clicking the green **ADD PROJECT** button and selecting it from the drop down menu.

12. You can delete projects by clicking the "x" next to the project you want deleted.

13. If your county has an enrollment fee, you will handle this on the 'CHECKOUT' tab. Any payment methods chosen by your state will appear as options on the page. If your state does not have an enrollment fee, simply click the 'SUBMIT' button to submit your enrollment.

14. Once your enrollment is completed, your county administrators will be contacted regarding your enrollment. Your enrollment will be in a 'Pending Approval' state until approval from your county staff.

15. Once you're approved, your status will change to 'Active'.

Please log into your zSuite account weekly to check for announcements from your county and club leaders.

If you have questions, please contact us

Shar Perry, Afton Extension Office, 307-885-3132

Deborah Peavler, Kemmerer Extension Office, 307-828-4092



November

Character Counts Citizenship



Definition of Citizenship?

Citizenship includes civic duties that outline how we ought to behave as part of a community. The good citizen knows the laws and obeys them, yes, but that's not all.

Good citizens stay informed about current issues that affect the community. That helps them understand the issue and to make better decisions to help solve problems. A democratic society relies on citizens who are well informed. Citizens who will consider what is in the best interest of the community, even if it

might not benefit them as an individual.

Good citizens do more than their "fair" share to make society work. They are concerned about today but they are also concerned about the effect of what they do today, might have on tomorrow and future generations. They are committed to the public good and make efforts to conserve resources, recycle, and clean up litter.

Good citizens are concerned about everyone in their community.

"This country will not be a good place for any of us to live in unless we make it a good place for all of us to live in".

***Theodore Roosevelt,
American Adventurer and
26th President***



Citizenship in 4-H

Develop a 4-H Community Calendar

In small groups of mixed ages, create a list of different types of communities (i.e. church, neighborhood, school, 4-H club, etc.) Talk about what it means to be a good community member? What are the do's and don'ts of being a good community member? Ask each group to come up with 10 things that their 4-H club could do to be a good community member? Share the

ideas with the whole group.

As a club (the whole group), think about the things shared by each small group. Use those items to create a calendar focusing on good citizenship, being a good community member. As the club plans ways to demonstrate their good citizenship remember to consider the time it will take so that you can plan it in the best month for your schedule, the budget it might require,

and the amount of adult support it might need.

Have fun showing the community your 4-H Citizenship Pride.

Adapted from a lesson in the Character Counts! Good Ideas book.

Clover Connection

Head - be an informed citizen; get involved in community affairs; vote; respect authority; obey laws and rules.

Heart - cooperate; be a good neighbor.

Hands - do your share to make your community better; volunteer.

Health - create healthy lifestyles; protect the environment.



Cent\$ible Nutrition Program

Helping Families Eat Better for Less

Cent\$ible Nutrition Program -

To learn more about CNP programming, visit uwyo.cnpp.org.

Star Valley and Kemmerer Areas - The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact **Stephanie Anderson at the Uinta Co. Extension Office at 307-783-0570.**

CNP 2.0 will be offering an online class in the evening, and we'd love for you to share this opportunity with your community! Contact Stephanie at the phone number listed above for income guidelines. See flyer below for class registration information.

EAT HEALTHY for less

Learn to save money and time at the grocery store, cook healthier meals faster, and stretch your food dollars. Plus, get a free cookbook, kitchen utensils, and more!

Join the Cent\$ible Nutrition Program

This 8-week program will start Tuesday, November 11th
Online via zoom; 6 p.m. - 7 p.m.

To register email:
stephq@uwyo.edu,
tmccoy8@uwyo.edu,
awillad1@uwyo.edu




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November 2025



SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 EPIC/ESCAPE Conference, Laramie, Ext. Offices Closed	5 EPIC/ESCAPE Conference, Laramie, Ext. Offices Closed	6 EPIC/ESCAPE Conference, Laramie, Ext. Offices Closed	7	8
9	10	11	12 SV Cloverbuds, 3 pm, Afton Civic Ctr.	13	14 4-H Fun Cooking, 9 am, Afton Civic Ctr. Kitchen	15
16	17 SV Jr. Leaders Mtg., 6 pm, Afton Civic Ctr.	18	19	20	21	22
23	24	25	26	27 Thanksgiving Holiday Ext. Offices Closed	28 Thanksgiving Holiday Ext. Offices Closed National 4-H Congress, Washington, DC	29 National 4-H Congress, Washington, DC
30 National 4-H Congress, Washington, DC						

December 2025



SUN	MON	TUE	WED	THU	FRI	SAT
	1 National 4-H Congress, Washington, DC	2 National 4-H Congress, Washington, DC	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 Christmas Eve Holiday, Ext. Offices Closed	25 Christmas Holiday, Ext. Offices Closed	26 Winter Closure, Ext. Offices Closed	27
28	29 Winter Closure, Ext. Offices Closed	30 Winter Closure, Ext. Offices Closed	31 New Year's Eve, Ext. Offices Closed	Jan 1 New Year's Day, Ext. Offices Closed		

LINCOLN COUNTY EXTENSION
PO BOX 309
AFTON WY 83110

CHANGE SERVICE REQUESTED

PLEASE READ EACH PAGE
CAREFULLY!

Don't miss out on any
Important announcements or deadlines!

IMPORTANT Lincoln County Extension NEWSLETTER

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