



College of Agriculture  
and Natural Resources

Extension  
Lincoln County

# Lincoln County *Chit Chat*

State 4-H Website: <https://www.uwyo.edu/4-h/> or 4-H Enrollment: <https://4h.zsuite.org>  
or Lincoln Co. Extension: <https://wyoextension.org/lincolncounty/>

Afton Office – 307-885-3132

December 2025

Kemmerer Office – 307-828-4092

## Upcoming Events

- Nov 27-28 Thanksgiving Holiday, Ext. Offices Closed  
Nov 28-  
Dec 02 National 4-H Congress, Washington, DC  
Dec 01 SV Jr. Leader Meeting, 5 pm, Afton Civic Ctr.  
Dec 09 SV Cloverbuds, 3 pm, Afton Civic Ctr.  
Dec 09 State Volunteer Training, 6 pm, Zoom Meeting  
Dec 12 4-H Fun Cooking, 9 am, Afton Civic Ctr.  
Dec 15 SV Parent/Leader Meeting, 6 pm, Afton Civic Ctr.  
Dec 22 Cookie Decorating Clinic & Cookie Wars!, 4 pm, Afton Civic Center  
Dec 22-23 Kemmerer Extension Office Closed  
Dec 24-25 Christmas Holiday, Extension Offices Closed  
Dec 28-30 Winter Closure, Extension Offices Closed  
Dec 31 New Year's Holiday, Extension Offices Closed  
**2026**  
Jan 01 New Year's Holiday, Extension Offices Closed  
Mar 25-29 Ignite By 4-H, Washington, DC  
Apr 10-15 National 4-H Conference, Arlington, VA  
Jun 15-18 Showcase Showdown, Laramie WY

Happy  
Holidays!

## SV Area 4-H

### Members & Leaders!

#### Pick up Record Books

Justin Anderson, India & Marty Burch, August  
& Eliza Henderson, Presley Jacobsen, Briar  
Kenley, Dixon, Kimball, Owen & Tell Parry,  
and Madelief Toolson

#### Pick up Club Books

Hog Squad, Dynamite Dogs, Hooves 'N Hides,  
Lucky Clovers, Star Shooters, and Freedom 4-  
H, Muckin Mavericks, 4-H Clover Dogs, and  
Meadow Grazers

## Inside This Issue



1	Upcoming Events & Notices
2	4-H Program Information
4	Club News
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## Online 4-H Registration

<https://4h.zsuite.org>

**Returning Families & Leaders**— Follow the instructions on pages 9-10 of this newsletter.

**New Families & Leaders**— Follow the instructions on page 8 or contact either Extension Office for help.

Contact Afton (885-3132) or Kemmerer (828-4092)  
Extension Office for questions



# 4-H Program Information

*To Empower Youth to Reach Their Full Potential Working  
& Learning in Partnership with Caring Adults*

## 4-H Educator's Letter...

Welcome to December! As we move towards Christmas, we wish all Merry Christmas and Happy New Year!

The new 4-H year started on October 1. If you have not yet enrolled in 4-H for the 2025/2026 year, please be sure to head to <https://4h.zsuite.org/> to re-enroll. Check in this newsletter for directions on enrollment, or call the Afton office at 307-885-3132 or Kemmerer office at 307-828-4092 for assistance.

Looking for a new project for the year? We have new robotics equipment available in Afton and Kemmerer for 4-H youth. Please get in touch with Shar or Deborah if you are interested, and keep an eye for more information to come on robotics camps and an area robotics invitational contest. Rules and guidelines for the State Showcase Ag Robotics Contest will hopefully be available in January for any teams wanting to compete at the state contest. Please note that teams of 1-4 will be allowed to compete this year at State Showcase, but you will need teams of 2 – 4 to compete in 2027, so be sure to recruit a teammate to help you!

Project information for all projects, including robotics, can be found at <https://wyoming4h.org/opportunities/projects/>.

With that, happy holidays to all!

*Deborah*

## Jr. Leader Meeting—Dec. 1

The next SV area Jr. Leader Meeting will be on December 1, 5 pm at the Afton Civic Center. Please let Shar know you are coming.

## Cloverbuds—Dec. 9

The next SV Cloverbud activity will be on December 9, 3 pm at the Afton Civic Center. Cloverbuds is an introductory program for kids ages 5 to 7 years old (as of January 1). Please let Shar know you are planning to attend.

## 4-H Fun Cooking—Dec. 12

The next 4-H Fun Cooking activity will be on December 12, 9 am at the Afton Civic Center kitchen.

## SV Parent/Leader Meeting—Dec. 15

There will be a SV area parent/leader meeting on December 15 at 6 pm in the Afton Civic Center. Please contact Shar and let her know you are planning to attend.

## Cookie Decorating Clinic & Cookie Wars

**December 22, 2025—4 pm**  
**Afton Civic Center**

**Please RSVP at 307-885-3132**

## Interested in Mars

There is a fun project that 4-H clubs and schools around the state are involved in. The main objective is figuring out how to feed astronauts on the Martian surface, and how to grow food on Mars?

Student groups/clubs would get together and figure out what to grow, how to grow it and potentially build an actual greenhouse.

If you are interested, check out the website, link below to learn more about this super amazing project!

[www.martiangreenhouse.org](http://www.martiangreenhouse.org)

## December Birthdays!!!

Justin A.  
Martin B.  
Charly C.  
Silas C.  
Marilyn D.  
Hailey E.  
Emma F.  
Sawyer G.  
Asher G.

Emmitt G.  
Jane H.  
Augustus H.  
Emilee H.  
Stetson J.  
Oaklyn K.  
Tessa K.  
Sagen K.

Hayden K.  
Charli K.  
Wendy K.  
Payton L.  
Owen M.  
Izzy M.  
Falyn N.  
Eden N.

Kimball P.  
Chase P.  
Baze P.  
Abbie P.  
Alex P.  
Porter R.  
Lilly S.  
Grace S.

Boone S.  
Scout T.  
Diesel V.  
Liberty V.  
Samuel W.  
Lydia W.  
McKenna W.  
Chloe W.  
William Z.





Wyoming **4H**

# VOLUNTEER TRAINING

*Save The Date*

Join us to learn about Empowering Volunteers and how to feel confident leading youth 4-H members

**MARK YOUR CALENDAR:**

- Leadership & Confidence
- Volunteer Story
- Connect with other volunteers
- Engaging Activities and Conversations

**TUESDAY, DECEMBER 9<sup>TH</sup>, @ 6PM**

**ZOOM LINK REGISTRATION QR CODE:**



\* Please reach out to Tiera Bevilacqua if you have any questions \*

Email: [tarndorf@uwyo.edu](mailto:tarndorf@uwyo.edu) Phone: (307)766-5170

**CLUB FUNDRAISER FORMS MUST BE SUBMITTED TO AND APPROVED BY THE EXTENSION OFFICE BEFORE THE FUNDRAISER HAPPENS!**

## 2026 STATE 4-H FOUNDATION SCHOLARSHIPS

**University of Wyoming:**

- Edna Mae and Wallace McClaflin
- Ella E. Schloredt
- Jimmy Nichols Memorial
- Farmhouse Foundation
- Janie Smith Memorial
- Margaret Butterfield Memorial
- Brown-Kohl
- Marian M. Henderson Memorial

**Other Schools:**

- Wilbur Brettel
- Murdoch's Ranch and Home
- Lynette Wallace
- Linnabur Scholarships
- John and Pauline Peterson
- Bonnie Ellenwood
- Underwood Family
- State 4-H Foundation
- Charles and Eileen Oakley
- Hjalma Williams



**Scan to Apply:**



## 2026 4-H Shooting Sports Leader Certification Trainings

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.





Steve Mack, Director  
Wyoming State 4-H Foundation  
College of Agriculture and Natural Resources  
1000 East University Ave. Dept. 3354  
Laramie, WY 82071  
(307) 766-5170  
[smack@uwyo.edu](mailto:smack@uwyo.edu)

**Big Horn County, Basin, WY**

- Dates - March 7-8, 2026
- [Registration : Big Horn County](#)

**Carbon County, Saratoga, WY**

- Dates - March 21-22, 2026
- [Registration : Carbon County](#)

**Sweetwater County, Rock Springs, WY**

- Dates - March 28-29, 2026
- [Registration: Sweetwater County](#)

**Crook County, Sundance, WY**

- Dates - April 11-12, 2026
- [Registration: Crook County](#)

**Natrona County, Casper, WY**

- Dates - April 25-26, 2026
- [Registration: Natrona County](#)

**Shooting Sports Development Committee Meeting**

- Date - February 21, 2026, Casper
- Hilton Garden Inn - 10 am to 3 pm
- [Directions from Douglas](#)
- [Directions from Riverton](#)

You can register using the links above or visit the Wyoming 4-H webpage at: <http://www.uwyo.edu/4-h/> then select "Volunteers" and "Additional Trainings."

## READY, SET, EXPLORE!

A FREE, family-friendly program designed to inspire outdoor adventures and create unforgettable memories!  
October, 2025-May, 2026



**Register today to see the great Ready, Set, Explore activities for December!**



**UW** Extension  
The University of Wyoming is an equal opportunity/affirmative action institution

Questions?  
[readysetexplore.4h@gmail.com](mailto:readysetexplore.4h@gmail.com)

## 4-H Club News—

### Hamsfork Hands 4-H Club

The **Hamsfork Hands 4-H Club** meet on the first Monday of each month, 6:30 pm at the So. Events Center.

The next meeting will be on December 1 and will be a club meeting and Christmas party. Meet at the KJSHS Pool at 6:30 pm.

### Lucky Clovers 4-H Club

The **Lucky Clovers 4-H Club** will begin meeting in Jan. Our first meeting will be to elect officers and plan the year. This will mean picking dates, discussing what the club wants to do this year, projects, field trips, activities etc. We will discuss community service ideas and fundraisers. Please come prepared with your input and project ideas! Remember to get enrolled in ZSuite at <https://4h.zsuite.org/> before hand.

### The Nocked & Loaded 4-H Club

The **Nocked & Loaded 4-H Club** met Oct 9th to start the year. We discussed the upcoming carnival, discussed ideas and decided a Halloween themed laser gun maze. We will meet later in Oct to decorate and set up the carnival which will be held on Oct 27th. That's when we discussed the year moving forward.

We met again on Nov 6<sup>th</sup> for Archery. The club met on November 20th to make float decorations. We have officially started shooting for the winter season. We decided to continue meeting on Thursdays twice a month for the winter season. We also want to keep air rifle and archery, but do more archery than air rifle meetings. We will meet in the Afton Exhibit building normally. MTOS offered for us to come shoot there when we want, we will pick dates to have meetings there as well.

We discussed ideas for fundraisers and community services we will continue brainstorming and pick something after the holidays. The club decided to do a float in the Afton Light parade on Nov. 29th. We will have a few dates to meet and decorate and prep for that, please watch your group app for info coming. Our first Archery shoot was good. We had 24 members show up. We shot in rotation with partners. The leaders walked and watched for kids that need help and to make adjustments as needed with the equipment. We had several new kids so we went over bow care and safety first.

In Dec we will hold a Air rifle meeting and a Christmas party archery meeting. We will elect new officers in January after the holidays and more kids have signed up. Hanna will have the winter schedule coming out soon please add those dates to your calendars. The dates are listed below and have been added to the calendars at the end of this newsletter. Please check the group app for discipline and location.

Dec 4  
Dec 18  
Jan 8  
Jan 22  
Feb 5  
Feb 19

Mar 5  
Mar 19  
Apr TBD

## Wyoming State/Regional Events & News

(More information online at: <http://www.uwyo.edu/4-h/>)

### **National 4-H Congress, Atlanta, GA:**

**November 28 – December 2, 2025**

[https://wyoming4h.formstack.com/forms/congress\\_app](https://wyoming4h.formstack.com/forms/congress_app)

WY Youth Application due to State Office by September 15th

### **Ignite by 4-H, Washington DC:**

**March 25 – 29, 2026**

[https://wyoming4h.formstack.com/forms/ignite\\_4\\_h](https://wyoming4h.formstack.com/forms/ignite_4_h)

WY Youth Application due to State Office by October 31<sup>st</sup> but please remember Conference could sell out before October 31<sup>st</sup>.

## Graduation Cord Application Info

For those of you with 4-H members graduating in **December 2025** or **May/June 2026**, the **Graduation Cord Application** is now available: [Graduation Cord Application Form](#)

Please note the submission deadlines:

**December 2025 graduates:** November 16, 2025

**May/June 2026 graduates:** April 19, 2026

**National 4-H Conference:** will be held April 10-15, 2026 in Arlington, Virginia. More information to come.

**Showcase Showdown:** will be held June 15-18, 2026 at University of Wyoming, Laramie, WY. More information to come.







## NATIONAL 4-H CONGRESS

**NOVEMBER 28-DECEMBER 2, 2025**  
**ATLANTA, GEORGIA**



An opportunity for youth to expand their skills, connect with fellow 4-H members, and be inspired to make a positive impact in their club, community, county, country and world.

All 4-H members who are at least 14 years old as of January 1 are eligible to be part of the 2025 Wyoming delegation.



Apply by September 15<sup>th</sup> online.  
• More information at <http://www.uwyo.edu/4-h/opportunities/travel.html>




## IGNITE BY 4-H

UNIVERSITY OF WYOMING EXTENSION

**HOW**  
Applications  
Application are currently open and open until full.  
Apply now to insure a spot!  
[https://wyoming4h.formstack.com/forms/ignite\\_4\\_h](https://wyoming4h.formstack.com/forms/ignite_4_h)

**WHEN & WHERE**  
March 25-29, 2026  
Washington DC

**WHAT**  
“Where Possibilities are Endless!”  
Teens collaborate, create, and cultivate a passion for expanding their minds, and their world.

**WHY**  
• Travel. Connect with Teens Nationwide. Explore Your Future.  
• Experience Renowned Speakers, Hands-On Workshops, and Real-World Career Insights




## NATIONAL 4-H CONFERENCE

**APRIL 10-15 2026** **ARLINGTON, VIRGINIA**

**INFORMATION**

- DO YOU WANT TO HAVE A ROLE IN MAKING CHANGE?
- YOUTH PRESENT IDEAS TO HIGH-RANKING GOVERNMENT OFFICIALS.
- YOUTH WILL SEE D.C. AND MEET WITH OUR CONGRESSMAN AND SENATORS.
- MEET OTHER 4-H YOUTH LIKE YOURSELF FROM ACROSS THE UNITED STATES.

**DETAILS**

- YOUTH 15 - 18 YEARS OLD
- COST ESTIMATED AT \$2500 PER PERSON. SCHOLARSHIP WILL BE GIVEN.

**APPLICATIONS**

- APPLICATIONS CURRENTLY OPEN, UNTIL REGISTRATION IS FULL
- [HTTPS://WYOMING4H.FORMSTACK.COM/FORMS/CONFERENCE\\_APP](https://wyoming4h.formstack.com/forms/conference_app)

**Wyoming 4H**

## Wyoming 4H SHOWCASE SHOWDOWN

**June 15 - 18, 2026**  
**University of Wyoming, Laramie**

**New for 2026!**

- **New Contests**
  - Horse Quiz Bowl
  - Livestock Quiz Bowl
- **Full Cloverbud Track**
  - Full schedule of cloverbud activities
- **NEW Residence Halls**
  - All participants will be housed in the brand-new University of Wyoming residence halls!
  - Nightly activities specific for those who stay in the residence halls!
- **Event T-shirt** design by the 4-H youth, Jansen Hornecker who won the 2025 Showcase Showdown design contest!



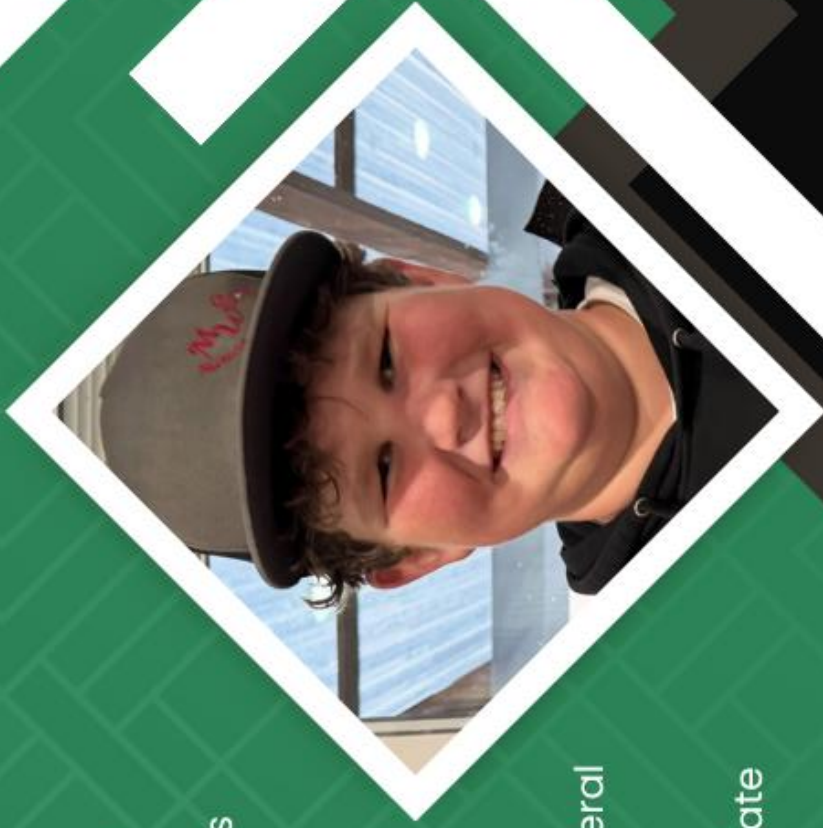


LINCOLN COUNTY

# 4-H MEMBER SPOTLIGHT

## BAZE PERRY

- Baze has been a 4-H member for seven years.
- He was selected as the Star Valley area's 2025 Outstanding Member.
- In 2025 he became a member of the Wyoming State 4-H Honor's Club.
- He is a Star Valley area Junior Leader.
- Baze has participated in every market animal project that is available in 4-H, along with shooting sports and 4-H general projects.
- Baze has participated at the state Showcase Showdown & the Wyoming State Fair every year.





# 4-H Volunteer Spotlight

*"Volunteers do not necessarily  
have the time;  
they just have the heart."  
~ Elizabeth Andrew*

## Highlights:

- Amy is a leader of the Freedom 4-H Club.
- Amy became a leader when the previous leader stepped down and she still wanted her kids involved..
- Amy works remotely doing paralegal work for an attorney. She has four kids who have all raised 4-H pigs.
- Amy wishes she had more time to read and do crafts but spends her time in her church calling, running errands, and taking her youngest to her many extracurricular activities.
- Amy loves pumpkin rolls, Twix, and sipping hot chocolate.



**Amy  
Simpson**  
Lincoln County  
5 Years

*Thank You*  
**YOU MAKE A DIFFERENCE**



UNIVERSITY  
OF WYOMING  
EXTENSION



# ZSuite 4-H Enrollment!

## Enrolling in Wyoming 4-H

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer)

2. Click **Sign Up**

- Fill in the required fields (you can use your same email and password from 4HOnline).



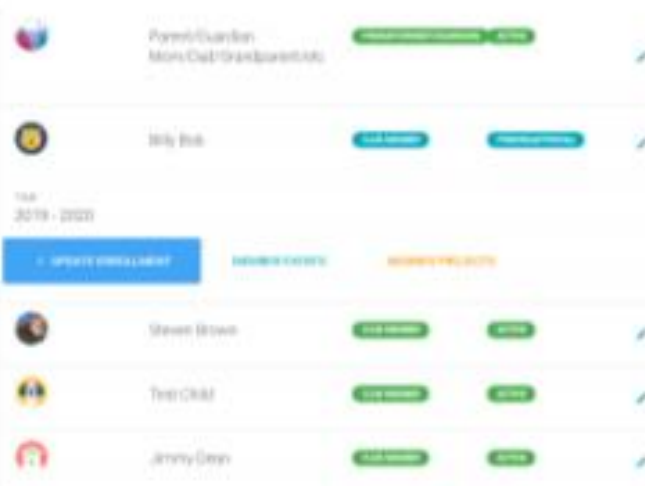
- Create a pin number (we recommend an easy to remember four-digit number, like the last four numbers of your phone number).
  - REMEMBER your password and pin number, you will need it to access your enrollment!
- Select Wyoming and your home County.

3. Click **Let's Go**

### Add members of family.

You should now be directed to the **Dashboard** screen.

1. To add members, in the black drop down menu, select household members.
2. On the next screen, select **HOUSEHOLD MEMBERS**.
3. Fill in the required fields for one of your members.
4. Don't forget to add a club! Click **ADD CLUB**.
5. You will also need to select projects for each club by clicking **ADD PROJECT** then selecting a project from the drop down menu.
5. Finish by clicking **FINISH**.



\*Should you have any questions, you can always use the **Live Chat** located at the bottom right of the screen.

LIVE CHAT

© 2019 ZSuite - the experts of the 4-H

Chat with Chat Support

You will return to the **Household Members** screen. The member you added should appear in the list along with yourself. Repeat this process for the other members of your household.






# ZSuite 4-H Enrollment



## Returning Member Enrollment

### Yearly Re-enrollment of Family Members

Enrollment must be done **annually** to stay active in 4-H.

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer). You will see a screen like this.
2. Use the same email and password you used to sign up for zsuite.
3. Click 
  - if you forgot your password, click the **Forgot Password?** And you will be prompted to enter another password.
4. You MUST be signed in as the PRIMARY account to enroll members.
5. Once you log into your PRIMARY account, you will see a list of all the household members and their current enrollment status. - Note the background color—**Red** signifies inactive profiles, while **green** signifies a member is currently enrolled. (NOTE: Each year, all profiles are made inactive.)
6. Click the picture besides the member you want to update. You can easily update inactive profiles by clicking .
7. This will take you to the enrollment wizard form. Complete all information. (NOTE: Required fields will have an asterisk \* behind it. The system will not go to the next section until all required fields are completed.)
8. If you need to leave, prior to finishing your enrollment, click the 'SAVE FOR LATER' link at the bottom right of the form so you will not have to re-enter the data you've already completed.
9. Click  at the bottom of the **Personal Information** section to go to the **Waivers** section. Click the Next button to go to the **Clubs** section

The login screen features the ZSuite logo at the top. Below it are two input fields: 'Email' and 'Password'. To the right of the password field is a lock icon. At the bottom left is a large orange 'LOGIN' button, and to its right is a blue 'SIGN UP' button. Below the login button is a blue link 'Forgot Password?' and to the right is a blue link 'Help'.

The dashboard shows the 'Perry Household' with a list of members. Each member has a profile picture, name, and enrollment status. Shar Perry is marked as 'INACTIVE' with a red background. Baze Perry, Jace Perry, and Tyce Perry are marked as 'ACTIVE' with green backgrounds. There are icons for editing and deleting each member. At the bottom is a green button '+ HOUSEHOLD MEMBER'.

The enrollment wizard for Tyce Perry (2019-2020) has three tabs: 'PERSONAL INFO', 'WAIVERS', and 'CLUBS'. The 'PERSONAL INFO' tab is active. It contains sections for 'Account Profile Information' (Name: Tyce Perry, Birth date: [empty]), 'Child (member) Information' (Child's First Name: Tyce, Child's Last Name: Perry, Child's Birthdate: [empty], Child's Gender/Identity: Male), and 'Child's Ethnicity' (Not Hispanic or Latino) and 'Child's Race' (White). A black arrow points from the 'CLUBS' tab to the 'Child's Gender/Identity' dropdown.

10. The 'CLUBS' section allows you to choose the clubs you'll be participating in for the year. You can choose more than one club, if desired, by selecting a club from the drop down menu and then clicking the orange **ADD CLUB** button. The clubs appear in their own box. NOTE: Do not click the "X" in the upper right hand of the club box unless you are not participating in that club.

11. You can add projects by clicking the green **ADD PROJECT** button and selecting it from the drop down menu.

12. You can delete projects by clicking the "x" next to the project you want deleted.

13. If your county has an enrollment fee, you will handle this on the 'CHECKOUT' tab. Any payment methods chosen by your state will appear as options on the page. If your state does not have an enrollment fee, simply click the 'SUBMIT' button to submit your enrollment.

14. Once your enrollment is completed, your county administrators will be contacted regarding your enrollment. Your enrollment will be in a 'Pending Approval' state until approval from your county staff.

15. Once you're approved, your status will change to 'Active'.

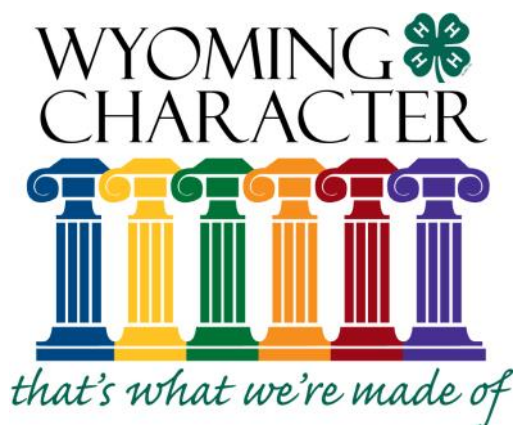
**Please log into your zSuite account weekly to check for announcements from your county and club leaders.**

If you have questions, please contact us

**Shar Perry, Afton Extension Office, 307-885-3132**

**Deborah Peavler, Kemmerer Extension Office, 307-828-4092**





December

## Character Counts Citizenship



### What is Citizenship:

Do your share to make your school and community better:

- Cooperate
- Get involved in community affairs
- Stay informed; vote
- Be a good neighbor
- Obey laws and rules
- Respect authority
- Protect the environment
- Volunteer

Members need to learn the importance of contributing to their school and community.

They should have compassion and show kindness towards others. They should also show humility and consider the needs of others. Serving and helping others is also of great importance. Building citizenship skills helps members feel that they can be contributors to others and can do work that benefits their community. This shows them that their lives are important now and sets a foundation for becoming active citizens in adulthood.

We may never know all the good a simple smile can do. May no one ever come to you without going away better and happier. May everyone see kindness in your face, in your eyes, and in your smile. Love is a fruit in season at all times.

-Mother Theresa

### Citizenship in 4-H:

Rules to encourage citizenship:

Divide the club into small groups of four or five members.

Assign each group one of the following areas in school: classroom, library, lunchroom, playground, and bathrooms.

Instruct each group to come up with a list of rules designed to protect the rights of school citizens who use that area. Have students write their rules on a sheet of flip chart paper. Ask them to phrase their rules as positive statements whenever possible. Have groups present their lists, discuss similarities and differences and be prepared to defend the rules which were created.

Think about your 4-H club, what areas do you share as a group? Now repeat the activity and come up with rules that will help protect the rights of 4-H members who use the areas. Remember to share!

#### Clover Connection

**Head** - Make sound decisions.

**Heart** - Be loyal and care about your community.

**Hands** - Do something productive.

**Health** - Take care of those that may be in need.



## Cent\$ible Nutrition Program

*Helping Families Eat Better for Less*

### Cent\$ible Nutrition Program -

Star Valley and Kemmerer Areas - The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact **Stephanie Anderson at the Uinta Co. Extension Office at 307-783-0570.**

CNP 2.0 will be offering an online class in the evening, and we'd love for you to share this opportunity with your community! Contact Stephanie at the phone number listed above for income guidelines. See flyer below for class registration information.

**To learn more about CNP programming, visit [uwycnp.org](http://uwycnp.org).**

### Baked Pears

Makes 4 servings



#### Ingredients:

- 4 whole fresh pears or 8 pear halves, canned
- 1/2 cup raisins, dates, or mixed dried fruits, chopped
- 1/4 cup nuts (almonds, hazelnuts, walnuts, etc.), finely chopped-optional
- 2 Tablespoons brown sugar
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon nutmeg
- 1/3 cup water or apple juice
- Nonstick spray

#### Directions:

1. Wash hands with warm, soapy water for 20 seconds.
2. Preheat oven to 350°F. Spray baking pan with nonstick spray.
3. Wash, dry, and cut the pears in half. Cut out the seeds and carve a small well in the center of each pear. If using canned, rinse pears under cold water and drain.
4. In a small bowl, combine dried fruits, nuts, brown sugar, cinnamon, and nutmeg.
5. Spoon filling into centers of the pears. Pour apple juice or water into the baking pan.
6. Bake at 350°F for 20-30 minutes or until pears are tender, basting occasionally with the water or juice. For canned pears, bake for 10-15 minutes.
7. Serve warm with low-fat vanilla yogurt, regular or frozen.

Source: CNP Recipe Book





# December 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> SV Jr. Leader Mtg, 5 pm, Afton Civic Ctr.  Hamsfork Hands 4-H Club Mtg, 6:30 pm KJSHS Pool  <b>National 4-H Congress, Washington, DC</b>	<b>2</b>   <b>National 4-H Congress, Washington, DC</b>	<b>3</b>	<b>4</b> Nocked & Loaded 4-H Club Mtg, 6 pm	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> SV Cloverbuds, 3 pm, Afton Civic Ctr.  State Volunteer Training Zoom, 6 pm	<b>10</b>	<b>11</b>	<b>12</b> 4-H Fun Cooking, 9 am, Afton Civic Ctr.	<b>13</b>
<b>14</b>	<b>15</b> SV Parent-Leader Leader Mtg, 6 pm, Afton Civic Ctr.	<b>16</b>	<b>17</b>	<b>18</b> Nocked & Loaded 4-H Club Mtg, 6 pm	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> Cookie Decorating Clinic & Cookie Wars, 4 pm, Afton Civic Ctr.  Kemmerer Ext. Office Closed	<b>23</b>   Kemmerer Ext. Office Closed	<b>24</b> <b>Christmas Eve Holiday, Ext. Offices Closed</b>	<b>25</b> <b>Christmas Holiday, Ext. Offices Closed</b>	<b>26</b> <b>Winter Closure, Ext. Offices Closed</b>	<b>27</b>
<b>28</b>	<b>29</b> <b>Winter Closure, Ext. Offices Closed</b>	<b>30</b> <b>Winter Closure, Ext. Offices Closed</b>	<b>31</b> <b>New Year's Eve, Ext. Offices Closed</b>			

# January 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>1</b> New Year's Day, Ext. Offices Closed 	2	3
4	<b>5</b> Hamsfork Hands 4-H Club Mtg, 6:30 pm Training Ctr.	6	7	<b>8</b> Nocked & Loaded 4- H Club Mtg, 6 pm	9	10
11	12	13	14	15	16	17
18	19	20	21	<b>22</b> Nocked & Loaded 4- H Club Mtg, 6 pm	23	24
25	26	27	28	29	30	31



LINCOLN COUNTY EXTENSION  
PO BOX 309  
AFTON WY 83110

CHANGE SERVICE REQUESTED

PLEASE READ EACH PAGE  
CAREFULLY!

Don't miss out on any  
Important announcements or deadlines!

# **IMPORTANT Lincoln County Extension NEWSLETTER**

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