

FEB 2026

AFTON EXT. 885-3132
KEMMERER EXT. 828-4092



Extension
Lincoln County

Chit Chat

UPCOMING EVENTS

Feb 01	Mkt Beef Tagging, Animal Info & Pics Upload DUE	Mar 04	SV Area YQCA, 5 pm, Afton Civic Ctr.
Feb 02	SV Parent/Leader Mtg., 6 pm, Afton Civic Ctr.	Mar 13	Kemmerer Area YQCA, 2 pm, Events Ctr.
Feb 15	4-H Scholarship Application Deadline	Mar 16	SV Area YQCA, 5 pm, Afton Civic Ctr.
Feb 17	SV Jr. Leader Mtg., 5 pm, Afton Civic Ctr.	Mar 20	Cokeville Area YQCA, 11 am, Town Hall
Feb 20	4-H Fun Cooking, 9 am, Afton Civic Ctr.	Mar 20	4-H Fundraiser Concert Dinner, TBD, Fairgrounds
Feb 23	4-H Cookie Decorating, 4 pm Afton Civic Ctr.	Mar 24	SV Area YQCA, 4 pm, Afton Civic Ctr.
Feb 24	SV Cloverbuds, 3 pm Afton Civic Ctr.	Mar 25-29	Ignite By 4-H, Washington, DC
Feb 25	Mandatory Treasurer/Leader Training, 5:30 pm, Afton Civic Center	Apr 10-15	National 4-H Conference, Arlington, VA
		Jun 15-18	Showcase Showdown, Laramie WY

Market Beef Tagging DUE FEB 1, 2026 (NO central tagging this year)

THERE IS NOT CENTRAL TAGGING THIS YEAR. You will need to make arrangements to pick up your tags from the Extension Offices. To do so, you will need to do the following:

1. Enroll in 4-H (See info in text box below).
2. Have a Form A (Brand Inspection in the 4-H Member's name) in hand to pick up tags. Also, you can contact the Afton Ext. Office, 307-885-3132 or Kemmerer Ext. Office, 307-828-4092 to get tags.

After picking up tags:

1. Tag animal and take a picture showing the tag in the animal's ear and a picture of the full body.
2. Complete the animal information and upload animal pictures (Tag in ear & full body) to your ZSuite project profile. (Remember to have all 15 numbers on the animal ID line) by FEB 1, 2026

Animal Upload Instructions are available on the ZSuite Dashboard.

Animal Ownership, Tagging & Information Upload Deadlines

Market Beef—February 1
All Other Youth Livestock—June 1

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4-H Program Information

To Empower Youth to Reach Their Full Potential Working
& Learning in Partnership with Caring Adults

4-H EDUCATOR'S LETTER...

Happy February, everyone!

We hope everyone has had a wonderful start to their new year so far. To start out the new year, we'd like to find some 4-H volunteers to help us chaperone 4-H camp this year, tentatively scheduled for June 24-26. We need volunteers who have completed the 4-H volunteer enrollment process and have taken the chaperone training as well. If you are able to help out, please contact Shar or Deborah and let one of us know you would like to help with camp this year. If you would like to help but are not yet a volunteer, that's ok. We can help you with the volunteer enrollment process. Thank you for helping us create a fantastic experience for our youth.

There are two big upcoming deadlines in February for 4-H members. The first is beef tagging. Beef tagging was due February 1. If you missed putting information on ZSuite for your steers, please contact the Afton or Kemmerer Extension Office right away.

For those of you who are Seniors, the deadline for the 4-H scholarship application is coming up on February 15. We strongly encourage all seniors to take some time to submit a scholarship application. There is a unique scholarship, new this year, only open to Fremont or Lincoln County 4-H youth, so get your application in! Please get in touch with Shar or Deborah if you need assistance with your application.

YQCA in Kemmerer, Cokeville, and Afton will be coming soon. Watch for dates in the newsletter, via email, or ZSuite for classes in your area. A limited number of coupons may be available to help with the \$3 course fee. Get in touch with the Kemmerer or Afton Extension Office to inquire about coupon availability and keep an eye out for sign up information for classes, which will be forthcoming. All youth who plan to complete a market animal project this year are strongly encouraged to sign up for a YQCA course annually, so we hope to see you all there.

Have a Happy Valentine's Day this month!

Deborah

**CLUB FUNDRAISER FORMS
MUST BE SUBMITTED TO
AND APPROVED BY THE
EXTENSION OFFICE BEFORE
THE FUNDRAISER HAPPENS!**

YQCA PROGRAM FOR LIVESTOCK MEMBERS

There is still a limited number of \$3 coupons for the in-person classes from last year. It is first come, first served for the coupons. When they are gone, each member will have to pay the \$3 fee for the in-person class. There is a \$12 online class that members can opt to take; but the fee will be paid by the member.

The YQCA program is not required but strongly encouraged! Parents will need to create a family account at yqcaprogram.org.

All students will be required to take a pre-test before the class and a post-test after the class. These must be completed before they get their completion certificate.

In-person class dates & times

SV Area - March 4, 5 pm, Afton Civic Ctr.

SV Area - March 16, 5 pm, Afton Civic Ctr.

SV Area - March 24, 4 pm, Afton Civic Ctr.

Kemmerer Area - March 13, 2 pm, Events Ctr.

Cokeville Area - March 20, 11 am Town Hall

If you have any questions, please contact the
Afton Extension Office (307-885-3132) or
Kemmerer Office (307-828-4092)

MANDATORY Treasurer & Leader Training

February 25

5:30 pm

Afton Civic Center

RSVP—885-3132

4-H Fun Cooking

February 20

9 am

Afton Civic Center

Kitchen



SV Cloverbuds

February 24

3 pm

Afton Civic Center

This is an introductory program for
kids ages 5 to 7 years old
(as of January 1).

Please let Shar know you
are planning to attend.

Jr. Leader Meeting

February 17, 5 pm

Afton Civic Center

Please let Shar know
you are coming



February Birthdays!!



McKaty D.
Chance D.
Calvin D.
Haydin D.
Presley F.
Elizabeth G.
Samantha G.

Emberli G.
Molly H.
Adrie K.
Sam L.
Oakley L.
Grady L.

Preston L.
Phillip L.
Malaki M.
WhitLee M.
Jaydyn N.
Daniel N.

Treyten N.
Wyatt P.
Terence P.
Clara R.
Tymberlee R.
Drew R.

Thadeus R.
Mac S.
Rhett S.
Juliana S.
Grace V.
Lexi W.

2026 4-H Shooting Sports Leader Certification Trainings

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.



Steve Mock, Director
Wyoming State 4-H Foundation
College of Agriculture and Natural Resources
2000 East University Ave. Dept. 3354
Laramie, WY 82071
(307) 766-5170
smock@uwyo.edu

Big Horn County, Basin, WY

- Dates - March 7-8, 2026

Registration : [Big Horn County](#)

Carbon County, Saratoga, WY

- Dates - March 21-22, 2026

Registration : [Carbon County](#)

Sweetwater County, Rock Springs, WY

- Dates - March 28-29, 2026

Registration: [Sweetwater County](#)

Crook County, Sundance, WY

- Dates - April 11-12, 2026

Registration: [Crook County](#)

Natrona County, Casper, WY

- Dates - April 25-26, 2026

Registration: [Natrona County](#)

Shooting Sports Development Committee Meeting

- Date - February 21, 2026, Casper

- Hilton Garden Inn - 10 am to 3 pm

[Directions from Douglas](#)

[Directions from Riverton](#)

You can register using the links above or visit the Wyoming 4-H webpage at: <http://www.uwyo.edu/4-h/> then select "Volunteers" and "Additional Trainings."

We discussed our club goals. We decided on group activities, projects, and fun outings or field trips. This will help us with our skills and projects for fair. We discussed the yearly budget. We set money aside for wood project kits, club hoodies, and paint party. This left us a couple hundred still to fall back on. We decided to do our flower seed fundraiser again. It was a very profitable fundraiser. Info will be coming soon for those sales links. Monthly meetings we decided on our top 4 favorite ideas. Hanna and Josie will tally those and send info once events are planned. Ideas were woodworking kits, leather demos, T-shirt/swag tour at local shops, tie dye, Broulims tour and scavenger hunt, Showcase showdown prep and practice, cookie decorating demo. We need to vote on hoodie designs. Members were asked to work on their color choices and design. Bring them to the next meeting for a vote! We discussed community service options, Josie and Hanna will get info on helping with the wall that heals tour in July. We also will go to the food bank. Watch for info in the group app for those dates. We will plan meetings month to month depending on what activity we are doing. Evalyn will do a parliamentary pro demo and outline at the next meeting.

The Nocked & Loaded 4-H Club

The Nocked & Loaded 4-H Club met on Jan 8th. Ed led the pledges, Evalyn took roll call and Marcella gave us a treasure report. We decided to keep meeting on Thursday nights 2x a month. The schedule is posted in the group me app. We had feed back on the light parade float. It was cold but everyone enjoyed it. We also discussed how much fun the Christmas party shoot was. We elected 2026 officers. President is Evalyn, Vice-president is Weston, Secretary is Trace, Treasure is Tydell and pledge leader is Deacon. Congratulations all. Hanna read over our previous by-laws. The club voted as a majority to keep the by-laws the same. We are working on fundraising ideas. Thank you to Justin's Grandma for her Donation! We will apply this to replacing arrows. Kids need to sign up to go Thank her and tell her about our club and what we do. These dates will also be posted In the group app. We decided on a few community service ideas - helping at the Afton and Thayne Food pantries. Please attend both or the one closer to you. Dates will be sent in group app. Other ideas were roadside trash clean up and pressure washing Fair board tables and chairs. We also were approved to go to the assisted living homes in the summer and have a fun nerf gun game with the seniors! We will dress up and they will "hunt and shoot us". We were told to watch the newsletters monthly for up coming dates and important info. Our next meeting is Jan 22nd We voted to again do Archery this time at MTOS 6pm.

4-H Club News—

Hamsfork Hands 4-H Club

The Hamsfork Hands 4-H Club meet on the first Monday of each month, 6:30 pm at the So. Events Center.

Hamsfork Hands 4-H Shooting Club

The Hamsfork Hands 4-H Shooting Club members contact Garey Lacey, AJ Guinta, or Phil Lockwood for more information on upcoming project meetings.

Lucky Clovers 4-H Club

The Luck Clovers 4-H Club met on January 15th at 6:34 pm. Kimber gave a presentation on how to properly do the 4-H pledge. We followed this with the Pledge of Allegiance. Evalyn took roll call. Weston gave the treasure report. We were reminded to please sign up on ZSuite so we have current project and member list. Watch the newsletter monthly for upcoming dates. ew officers were elected. President is Evalyn, Vice President is Mason, Secretary is Riley, Treasurer is Gwen and Pledge leader is Kimber!

Cokeville Community 4-H Club

The Cokeville Community 4-H Club will meet the second Thursday of the month at the Town Hall , 7 pm, from January through July.

Dynamite 4-H Dogs Club

The Dynamite 4-H Dogs Club will start meeting on February 23 from 6-7 pm at the 4-H Exhibit Building on the fairgrounds. This first meeting is for parents and kids - NO Dogs!

Etna Clover Buddies Club

The Etna Clover Buddies Club will meet on the following dates.

2/11/2026 6PM Etna Community Ctr, Rm 16

2/25/2026 6PM Etna Community Ctr. Rm 16

(See flyer below)

Etna Clover Buddies Club:

- Develop a love for learning, curiosity, and positive relationships
- Explore a diverse range of subjects including science, art, citizenship, and healthy living through hands-on activities
- Enhance self-esteem, decision-making, problem-solving, and social interaction

Meetings will be held at the Etna Community Center (Room 16) at 6PM on the 2nd and 4th Wednesday of each month. Come grow with us!

**Parent or guardian must be present*

Learn more about 4-H at <https://www.uwyo.edu/4-h/> and <https://wyoextension.org/lincolncounty/>

To join this FREE club, register online at: 4h.zsuite.org/
Select **Etna Clover Buddies** as your child's club
Reach out to Sarah Curtis (scurtis107@gmail.com) or Barb Healey (healeyb@yahoo.com) for more info

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Wyoming State/Regional Events & News

(More information online at: <http://www.uwyo.edu/4-h/>)

4-H Scholarship Application DUE February 15. (See next page for more info).

Volunteer Training - Community & Service

February 17, 6-7:30 pm. (See flyer on next page for more info)

First Inaugural Wyoming 4-H Civic Day

February 23, Cheyenne WY. Register on ZSuite under the Events tab on the black navigation tab on the left side of the screen. What is 4-H Civic Day? Civic Day offers senior-aged 4-Hers the opportunity to tour the Wyoming State Capitol, observe legislative sessions, and meet Governor Mark Gordon and other key legislators. Participants will see firsthand how lawmakers work to shape and improve Wyoming—and will have the opportunity for youth voices to be heard. We are accepting 33 participants on a first-come, first-served basis. Participants are responsible for arranging their own transportation and lodging, as needed.

Ignite by 4-H, Washington DC:

March 25 – 29, 2026

https://wyoming4h.formstack.com/forms/ignite_4_h

WY Youth Application due to State Office by October 31st but please remember Conference could sell out before October 31st.

Volunteer Training - Community & Service

March 31, 6-7:30 pm. (See flyer on next page for more info)

Graduation Cord Application Info

For those graduating in May/June 2026, the Graduation Cord Application is now available: [Graduation Cord Application Form](#)
May/June 2026 graduates: for is due April 19, 2026

National 4-H Conference: will be held April 10-15, 2026 in Arlington, Virginia. More information to come.

Showcase Showdown: will be held June 15-18, 2026 at University of Wyoming, Laramie, WY. More information to come. See flyer on the next page for more info.

2026 STATE 4-H FOUNDATION SCHOLARSHIPS

University of Wyoming:

- Edna Mae and Wallace McClafflin
- Ella E. Schloredt
- Jimmy Nichols Memorial
- Farmhouse Foundation
- Janie Smith Memorial
- Margaret Butterfield Memorial
- Brown-Kohl
- Marian M. Henderson Memorial

Other Schools:

- Wilbur Brettel
- Murdoch's Ranch and Home
- Lynette Wallace
- Linnabur Scholarships
- John and Pauline Peterson
- Bonnie Ellenwood
- Underwood Family
- State 4-H Foundation
- Charles and Eileen Oakley
- Hjalma Williams

Scan to Apply:

WYOMING 4-H VOLUNTEER TRAININGS SCHEDULE 2026

JANUARY 20TH
TUESDAY / 6:00PM-7:30PM
TOPIC: SMART GOALS

Enjoy a volunteer focused training on how to help 4-H members set SMART goals for the 4-H year. No matter what the project or club area focus is on, SMART goals are for everyone! This training will be interactive and give volunteers an opportunity to connect with other volunteers across the state. Registration required for access to the zoom link. You can register using the QR Code.

FEBRUARY 17TH
TUESDAY / 6:00 PM - 7:30PM
TOPIC: COMMUNITY & SERVICE

Join us for some great conversation, share ideas, and join a discussion on our featured topic "Community & Service". Share what it means to volunteer in your communities, it's benefits, ways to get more involved, and share your community service ideas with other volunteers across the state. This will be an interactive training giving you opportunities to connect and have deeper conversations with other volunteers. Registration required for access to the zoom link. You can register using the QR Code above.

Extension

MARCH 31ST
TUESDAY / 6:00 PM - 7:30PM
TOPIC: MEANINGFUL MEETINGS

Training focused on creating meaningful meetings and the tools and science behind techniques to accomplish this. No matter what type of gathering you are having; a club meeting, project meeting, or even just attending an activity. This training will be interactive and give you an opportunity to connect with other volunteers. Registration is required for access to the zoom link. You can register using the QR Code above.

FOR ANY QUESTIONS PLEASE CONTACT
Tiera Bevilacqua
Volunteer Specialist
tarndorf@uwyo.edu

FIRST INAUGURAL Wyoming 4-H CIVIC DAY

CHEYENNE, WY
FEBRUARY 23RD, 2026

REGISTER DIRECTLY
ON Z-SUITE

READY, SET, EXPLORE!

A FREE, family-friendly program designed to inspire outdoor adventures and create unforgettable memories!
October, 2025-May, 2026

Register today to see the great Ready, Set, Explore activities for December


Questions?
readyseteexplore.4h@gmail.com

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6

SHOWCASE SHOWDOWN

LARAMIE, WYOMING
JUNE 15-18 2026



- NIGHTLY EVENTS
- 13 STATE CONTEST
- 20+ WORKSHOPS

REGISTRATION OPTIONS:

PACKAGE 1 - \$50

- Event Registration
- Meals Included: Dinner on Tuesday, Lunch on Thursday

PACKAGE 2 - \$150

- Event Registration
- Lodging in Residence Halls
- All Meals (3x) at Dining Center


**ALL 4-H MEMBERS WELCOME
INCLUDING CLOVERBUD AGE YOUTH!**


NEW THIS YEAR:

- Horse and Livestock Quiz Bowl Contests
- BRAND NEW Residence Halls and Dining Center
 - Exclusive events for those who stay on campus
- UW Bus Transportation available from various areas throughout the state

THIS YEAR'S CONTESTS INCLUDE

- CAKE DECORATING
- DOG SKILL-A-THON
- FOOD COOK-OFF
- HORSE HIPPOLOGY
- HORSE JUDGING
- LIVESTOCK SKILL-A-THON
- IMPROMPTU PRESENTATION
- PREPARED PRESENTATION
- PRODUCE JUDGING
- ROBOTICS CONTEST
- TABLE SETTING
- HORSE QUIZ BOWL
- LIVESTOCK QUIZ BOWL





For more information, contact Rylie Ogden
rttroutd@uwyo.edu

Livestock Quiz Bowl Contest

Showcase Showdown

June 15th-18th

Contest Details:

- Open to WY 4-H members 8-18 years
- Teams consist of 3-4 youth, a 5th member is allowed as an alternate
- Knowledge of animal science
- Content covers: Beef, Sheep, Goats, Swine, Dairy, Rabbits, and Poultry in a quiz bowl setting
- Senior teams compete for eligibility at National Competitions

**Team
Contest**





Extension

Horse Quiz Bowl Contest

Showcase Showdown

June 15th-18th

Contest Details:

- Open to WY 4-H members 8-18 years
- Teams consist of 3-4 youth, a 5th member is allowed as an alternate
- Knowledge of equine science as well as health and care in a quiz bowl setting
- Senior teams compete for eligibility at National Competitions

**Team
Contest**





Extension

IGNITE BY 4-H



HOW

Applications

Applications are currently open and open until full.
Apply now to insure a spot!
https://wyoming4h.formstack.com/forms/ignite_4_h

WHEN & WHERE

March 25-29, 2026
Washington DC

"Where Possibilities are Endless!"

Teens collaborate, create, and cultivate a passion for expanding their minds, and their world.

WHAT

- Travel, Connect with Teens Nationwide, Explore Your Future.
- Experience Renowned Speakers, Hands-On Workshops, and Real-World Career Insights

WHY



NATIONAL 4-H CONFERENCE

APRIL 10-15
2026

ARLINGTON, VIRGINIA

INFORMATION

- DO YOU WANT TO HAVE A ROLE IN MAKING CHANGE?
- YOUTH PRESENT IDEAS TO HIGH-RANKING GOVERNMENT OFFICIALS.
- YOUTH WILL SEE D.C. AND MEET WITH OUR CONGRESSMAN AND SENATORS.
- MEET OTHER 4-H YOUTH LIKE YOURSELF FROM ACROSS THE UNITED STATES.

DETAILS

- YOUTH 15 - 18 YEARS OLD
- COST ESTIMATED AT \$2500 PER PERSON. SCHOLARSHIP WILL BE GIVEN.

APPLICATIONS

- APPLICATIONS CURRENTLY OPEN, UNTIL REGISTRATION IS FULL.
- [HTTPS://WYOMING4H.FORMSTACK.COM/FORMS/CONFERENCE_APP](https://wyoming4h.formstack.com/forms/conference_app)

Wyoming 4H

Afton Civic Center

Room Use Instructions

The following must be done each time as part of our agreement for 4-H clubs free use of the Afton Civic Center.

- **Take Out Trash & Replace the Bag.**
- **Wash Tables**
- **Vacuum Room**
- **Turn Heat Down**
- **Turn Off Lights**
- **Stay in Room You Reserved**
- **PLEASE DO NOT allow kids or others to run around rooms or museum!**



LINCOLN COUNTY

4-H MEMBER SPOTLIGHT

TYCE PERRY

- This is Tyce's 4th year in 4-H.
- Some projects that he has participated in are leatherwork, sewing, food & nutrition, market poultry, market goat, market sheep, shotgun, air rifle, archery, visual arts, ropecraft, and woodworking
- Tyce enjoys exploring all the 4-H projects and learning.
- He is in many clubs while doing his projects.
- Tyce's hobbies are dirt-bikes, snowmachine, anything mechanical, building things, taking things apart to see how they work, and the outdoors!



18 USC 1302

4-H Volunteer Spotlight

*"Volunteers do not necessarily
have the time;
they just have the heart."*
~ Elizabeth Andrew

Highlights:

- Dee became a 4-H leader because she wanted to get youth involved in agriculture.
- She thinks 4-H provides opportunities for kids that would not have them otherwise.
- Dee enjoys hunting, the outdoors, running, and loves all animals.
- Her husband and three kids are her world as they try hard to chase all their dreams.



**Dee
Harbach**
Lincoln County
6 Years

Thank You

YOU MAKE A DIFFERENCE



UNIVERSITY
OF WYOMING
EXTENSION



ZSuite Animal Information Upload Instructions

The screenshot shows the ZSuite interface for Jace Perry. At the top, there are tabs for 'CLUB MEMBER' and 'ACTIVE'. Below this is a table of clubs with roles. A callout '1.' points to the 'UPDATE ENROLLMENT' button. Below the table, there's a section for 'Enrollment in 4-H for Jace Perry 2020 - 2021' with tabs for 'PERSONAL INFO', 'WAIVERS', and 'CLUBS'. A callout '2.' points to the 'CLUBS' tab. A modal window for 'Beef N' Bits 4-H Club' is open, showing 'County: Lincoln County' and 'Primary'. It lists projects: 'Animal Science - Horse' and 'Animal Science - Beef/Market'. A callout '3.' points to the 'ADD PROJECT' button. Below the modal, there's a 'Select Project' section with a dropdown menu set to 'Animal Science - Beef/Market'. Callouts 4 through 13 point to various input fields: 4. Animal ID, 5. Animal Identifier, 6. Animal Name, 7. Animal Type, 8. Animal Breed, 9. Animal Picture 1, 10. Animal Picture 2, 11. Animal Picture 3, 12. Animal Picture 4, 13. SAVE PROJECT button. Callout 14. points to the SUBMIT button at the bottom.

- Once you are logged into ZSuite primary profile at: <https://4h.zsuite.org>, select the family member who has the project and click the **UPDATE ENROLLMENT** button.
- Select **CLUBS** at the top right of the page.
- To enter the animal information, select the gray pencil to the right of the Market project listed in the club box. **NOTE: If you have two animals, put the second animal's information under animal #2 section.**
- Enter the 15 digit number in the **Animal Id** line.
- Enter the animal's description on the **Animal Identifier** line.
- Enter the animal's name (IF you don't have a name, put N/A. Also for the Floater animal, put FLOATER in the name field).
- On the **Animal Type** line enter whether they are market or breeding and then the gender.
- Enter animal's breed on the **Animal Breed** line.
- How Many Pictures**—select the number of pictures from the drop down menu.
- Animal Picture 1**—upload the picture of the tag in the animal's ear.
- Animal Picture 2**—upload the picture of the full body of the animal.
- Animal #2 Info**—If you have a second animal, please follow instructions #4 through #11 to add the info for the second animal. If you don't have a second animal, skip to #13 & 14.
- Select the blue **SAVE PROJECT** button

14. Click the SUBMIT button at the bottom of the club page to save the updated information.

**** **For Family Floater Animal**—animals purchased as an extra in case someone in the family has one that dies—these can be transferred to another family member later **ONLY** if they are designated as a floater at the time of tagging. Please write the word **FLOATER** in the Animal Name field. The floater must be assigned to the family member whose name is on the bill of sale and/or Form A.

For questions on this, please contact the Extension Office at 307-885-3132 or 307-828-4092.

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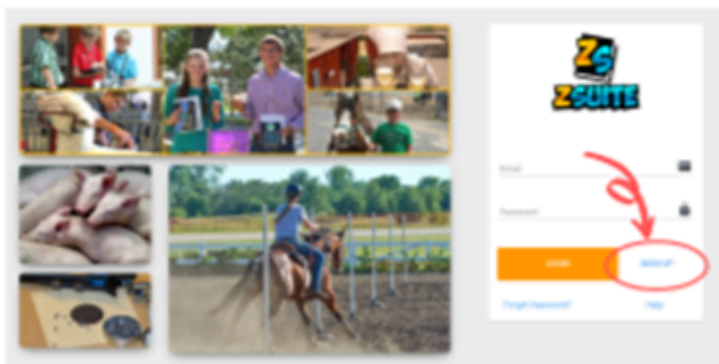
ZSuite 4-H Enrollment!

Enrolling in Wyoming 4-H

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer)

2. Click **Sign Up**

- Fill in the required fields (you can use your same email and password from 4HOnline).



- Create a pin number (we recommend an easy to remember four-digit number, like the last four numbers of your phone number).
 - REMEMBER your password and pin number, you will need it to access your enrollment!
- Select Wyoming and your home County.

3. Click **Let's Go**

Add members of family.

You should now be directed to the **Dashboard** screen.

1. To add members, in the black drop down menu, select household members.

2. On the next screen, select

HOUSEHOLD MEMBER

3. Fill in the required fields for one of your members.

4. Don't forget to add a club! Click

ADD CLUB

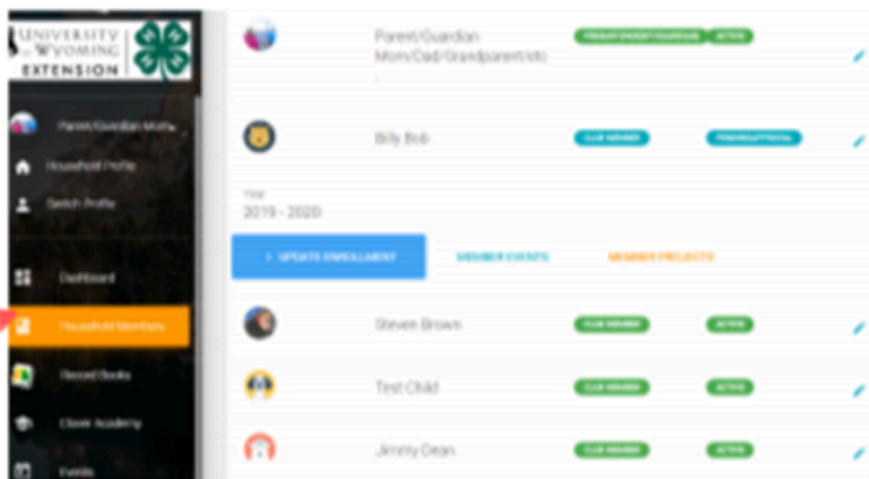
5. You will also need to select projects for each club by clicking

ADD PROJECT

then selecting a project from the drop down menu

5. Finish by clicking

FINISH



*Should you have any questions, you can always use the **Live Chat** located at the bottom right of the screen.

LIVE CHAT

© 2019 ZSuite. The amazing 4-H. ZSuite Live Chat Support

UW | Wyoming 4-H

You will return to the **Household Members** screen.

The member you added should appear in the list along with yourself. Repeat this process for the other members of your household.

ZSuite 4-H Enrollment



Returning Member Enrollment

ZSuite

Email

Password

LOGIN **SIGN UP**

[Forgot Password?](#) [Help](#)

Dashboard

Perry Household

Click or Tap a row to view additional details

Member	Status	Action
Star Perry	Inactive	Enroll Now
Baze Perry	Enrolled	Enroll Now
Jace Perry	Enrolled	Enroll Now
Tyce Perry	Inactive	Enroll Now

Enroll Now

Enrollment in 4-H for Tyce Perry
2019 - 2020

PERSONAL INFO **WAIVERS** **CLUBS**

Account Profile Information

Edit in "Household Members" tab under Primary Profile

Name: Tyce Perry Birth date: 1

Child (member) Information

Child's first name: Tyce Child's last name: Perry

Child's birthday: Child's gender: Male

Child's ethnicity: Not Hispanic or Latino Child's race: White

Yearly Re-enrollment of Family Members

Enrollment must be done annually to stay active in 4-H.

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer). You will see a screen like this. (if not, press CTRL & F5).
2. Use the same email and password you used to sign up for zsuite.
3. Click the **ORANGE Login** button
- if you forgot your password, click the Forgot Password? And you will be prompted to enter another password.
4. You **MUST** be signed in as the PRIMARY account to enroll members.
5. Once you log into your PRIMARY account, you will see a list of all the household members and their current enrollment status. - Note the background color—**Red** signifies inactive profiles, while **Green** signifies a member is currently enrolled. (NOTE: Each year, all profiles are made inactive.)
6. Click the picture besides the member you want to update. You can easily update inactive profiles by clicking the **BLUE Enroll Now** button.
7. This will take you to the enrollment wizard form. Complete all information. (NOTE: Required fields will have an asterisk * behind it. The system will not go to the next section until all required fields are completed.)
8. If you need to leave, prior to finishing your enrollment, click the 'SAVE FOR LATER' link at the bottom right of the form so you will not have to re-enter the data you've already completed.
9. Click the **PINK Next** button at the bottom of the Personal Information section to go to the **Waivers** section. Click the **Next** button to go to the **Clubs** section.

10. The '**CLUBS**' section allows you to choose the clubs you'll be participating in for the year. You can choose more than one club, if desired, by selecting a club from the drop-down menu and then clicking the **ORANGE ADD CLUB** button. The clubs appear in their own box. NOTE: Do not click the "X" in the upper right hand of the club box unless you are not participating in that club.

11. You can add projects by clicking the **GREEN ADD PROJECT** button and selecting it from the drop-down menu.

12. You can delete projects by clicking the "X" next to the project you want deleted.

13. When done adding clubs and projects, click the **ADD TO CART** button.

14. If your county has an enrollment fee, you will handle this on the '**CHECKOUT**' tab. Any payment methods chosen by your state will appear as options on the page. If your state does not have an enrollment fee, simply click the **PINK'SUBMIT** button to submit your enrollment.

15. Once your enrollment is completed, your county administrators will be contacted regarding your enrollment. Your enrollment will be in a '**Pending Approval**' state until approval from your county staff.

16. Once you're approved, your status will change to '**Active**'.

Please log into your ZSuite account weekly to check for announcements from your county and club leaders.

If you have questions, please contact us
Shar Perry, Afton Extension Office, 307-885-3132
Deborah Peavler, Kemmerer Extension Office, 307-828-4092

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February

Character Counts Trustworthiness



Teaching Trustworthiness

Being trustworthy means:

- Telling the truth
- Following the rules
- Not taking things that don't belong to you
- Doing what you say you'll do

When you think about teaching trustworthiness to others you must remember that it does not happen overnight. Instead it is something you should model for others everyday—you influence and are a role model for everyone you come in contact with.

Take time to discuss with others how trust is earned and why we consider others trustworthy. Provide specific examples and illustrations to express thoughts. For example: How do others earn your trust? How do you know when you can trust people? Which people do you feel are the most trustworthy?



"Watch your thoughts; they lead to attitudes. Watch your attitudes; they lead to words. Watch your words; they lead to actions. Watch your actions; they lead to habits. Watch your habits; they form your character. Watch your character; it determines your destiny."

~Unknown~

Trustworthiness in 4-H: Six Feelings

Supplies: Seven large signs with one name on each of the Seven Dwarfs on each sign (Happy, Sneezy, Dopey, Grumpy, Bashful, Sleepy, and Doc). Post these signs on the wall.

Ask the participants to look at all the signs on the wall. Have club members and guests stand by the sign that best describes how they feel at that moment. Explain that it is ok to be honest about what and how they are feeling. Give each group about 10 minutes to create a 30 second commercial to show their emotion. Have each group act out their commercial.

Discussion Questions:

Do you think how you feel or act affects whether a person feels they can trust you or not? Why or why not?

Roll Call Suggestions

- Tell a time when you were honest and no one was watching
- Share an example of someone showing loyalty to a friend
- Name one person who you trust and tell why

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office



Cent\$ible Nutrition Program

Helping Families Eat Better for Less

Cent\$ible Nutrition Program -

Star Valley and Kemmerer Areas - The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact Stephanie Anderson at the Uinta Co. Extension Office at 307-783-0570.

Another online class is starting. Contact Stephanie at the phone number listed above for income guidelines. See flyer below for class registration information.

To learn more about CNP programming, visit uwyocnp.org.



Nut-Crusted Chicken Drumsticks

Makes 6 servings

Ingredients

- 6 bone-in chicken legs
- 2 large eggs
- ¼ cup almond milk or low-fat milk
- 1-1/2 cups finely chopped nuts (almonds, walnuts, pistachios, etc.)
- 1 teaspoon garlic powder
- ¼ teaspoon salt
- ¼ teaspoon pepper

Directions

1. Wash hands with warm, soapy water for 20 seconds.
2. Preheat oven to 375°F
3. Whisk milk and eggs in shallow dish.
4. Mix almonds, garlic powder, salt, and pepper in a separate dish.
5. Take one chicken leg and dip both sides in egg mixture and then dip in the almond mixture. Dip chicken back into egg mixture, followed by almond mixture.
6. Repeat until each chicken leg is completely coated.
7. Place chicken legs onto baking sheet.
8. Bake at 375°F for 30-40 minutes, or until internal temperature reaches 165°F.

Source: Cent\$ible Nutrition Program.



February

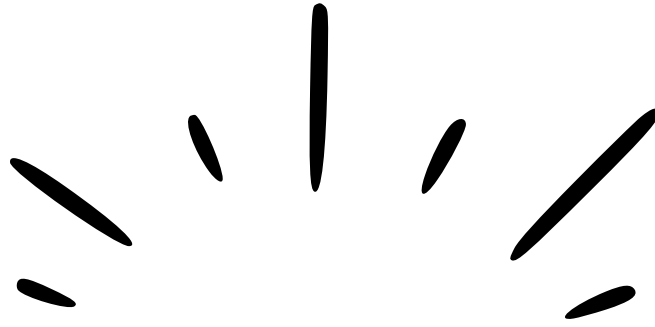
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 MKT BEEF ANIMAL TAGGING, INFO & PICS UPLOAD DUE	2 SV Parent/Leader Mtg., 6 pm, Afton Civic Ctr. Hamsfork Hands Club Mtg., 6:30 pm, Events Ctr.	3	4	5 Nocked & Loaded 4-H Club Mtg, 6 pm	6	7
8	9	10	11 Etna Clover Buddies, 6 pm, Etna Comm. Ctr.	12 Cokeville Community 4-H Club Mtg, 7 pm, Town Hall	13	14 Valentine's Day 
15 4-H Scholarship Application Deadline	16 Presidents Day	17 SV Jr. Leader Mtg., 5 pm, Afton Civic Ctr. Volunteer Training - Community & Service, 6 pm, Online	18	19 Nocked & Loaded 4-H Club Mtg, 6 pm	20 4-H Fun Cooking, 9 am, Afton Civic Ctr.	21
22	23 4-H Cookie Decorating, 4 pm, Afton Civic Ctr. Dynamite 4-H Dogs Mtg, 6-7 pm, 4-H Exhibit Bldg., Parent/Kids & NO DOGS! First Inaugural Wyoming 4-H Civic Day, Cheyenne, WY	24 SV Cloverbuds, 3 pm, Afton Civic Ctr.	25 Mandatory Treasurer/Leader Training, 5:30 pm, Afton Civic Ctr. Etna Clover Buddies, 6 pm, Etna Comm. Ctr.	26	27	28

March

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Hamsfork Hands Club Mtg., 6:30 pm, Events Ctr. Dynamite 4-H Dogs Mtg, 6-7 pm, 4-H Exhibit Bldg.	3	4 SV Area YQCA, 5 pm, Afton Civic Ctr.	5 Nocked & Loaded 4-H Club Mtg, 6 pm	6	7
8	9 Dynamite 4-H Dogs Mtg, 6-7 pm, 4-H Exhibit Bldg.	10	11	12	13 Kemmerer Area YQCA, 2 pm, Events Ctr.	14
15	16 SV Area YQCA, 5 pm, Afton Civic Ctr. Dynamite 4-H Dogs Mtg, 6-7 pm, 4-H Exhibit Bldg.	17	18	19 Nocked & Loaded 4-H Club Mtg, 6 pm	20 Cokeville Area YQCA, 11 am, Town Hall 4-H Fundraiser Concert/Dinner, TBD, 4-H Exhibit Bldg. Fairgrounds	21
22	23 Dynamite 4-H Dogs Mtg, 6-7 pm, 4-H Exhibit Bldg.	24 SV Area YQCA, 4 pm, Afton Civic Ctr.	25 Ignite By 4-H, Washington DC	26 Ignite By 4-H, Washington DC	27 SV Spring Break Ignite By 4-H, Washington DC	28 SV Spring Break Ignite By 4-H, Washington DC
29 SV Spring Break Ignite By 4-H, Washington DC	30 SV Spring Break Kemmerer Spring Break	31 SV Spring Break Kemmerer Spring Break				



**PLEASE READ EACH PAGE
CAREFULLY!
Don't miss out on
any Important
announcements or deadlines!**

Lincoln County Extension NEWSLETTER

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