



<https://wyoextension.org/natronacounty/>  
<https://www.facebook.com/NatronaCounty4H>  
<http://www.natronacounty-wy.gov/177/4-H-Program>

Dear 4-H Families & Friends:

It's the most wonderful time of the year! For many of us, this is the time of year we wait for...family and friends, the lights and sparkly decorations, the list goes on and on!! And just like Buddy the Elf.....this festive Season is my favorite!!

The 4-H year goes fast and there is a lot to do in a short period of time. Preparing a list of club activities for meetings is important to ensure youth are learning the life and technical skills of their 4-H project area. This will also help club leaders make sure supplies needed for various activities are ready for meetings ahead of time, avoiding the last minute rush for materials or the question of "What are we doing at this meeting?"

- \* An example list of club activities for the year might include:
- \* Field trip to somewhere related to the project area (e.g., a local farm, a high school play, a museum, state park, botanical garden, etc.)
- \* Quiz Bowl or Skill-a-thon competition
- \* Senior club members presenting information to younger members
- \* Skills clinics (e.g., showmanship, grooming animals for fair, how-to for art projects, cooking demonstrations, etc.)
- \* Meeting with a professional in the project area (e.g., a veterinarian, orchestra member, personal trainer, park ranger, Extension specialist etc.)
- \* Preparing for the county fair (what do I need to know, fair book rules, my responsibilities, etc.)
- \* Community service project
- \* Year-in-review with club member stories, pictures, posters, etc. of their favorite activities

The possibilities are endless! Some of these ideas may take place over multiple meetings or be repeated with different topics, like trying several different lesson plans. Asking club members for suggestions is another great way to fill the schedule of events and have at least one activity everyone is really excited about.

Once you have your activities picked out, it's time to plan when and where it will all happen! Parents will certainly play a large role in these decisions to ensure youth can attend as many events as possible. Some events, like a county fair, cannot be changed, so schedule events to help prepare for this accordingly. For example, having a showmanship clinic before the fair will be much more beneficial than after!

Other activities will be much more flexible and can happen whenever it works best for the whole group. Setting-up tentative dates will help everyone plan ahead, but always make sure to confirm club meeting dates and times at least a week before the activity.

It will be helpful to have several activities that can be changed or modified, as plans do not always work out exactly as anticipated. For example, if a big thunderstorm happens the day a state park visited was scheduled, a new lesson plan can be covered inside instead.

These tips, along with knowing the club and what has worked before, will help ensure your 4-H club springs into action on the right foot for 2019! Make your club one that your 4-H members can't wait to attend! (This article was published by **Michigan State University Extension**)

Take care of yourself, take care of others, and be kind. Kindness is free; give it to everyone! Wishing everyone the happiest of Holidays and all the best in the New Year!!

Make the Best Better...

Joddee Jacobsen  
UW Extension Educator,  
4-H Youth Development



# Superintendent

## Cat Superintendent

One Cat Superintendent is needed to provide a positive learning experience for 4-H members and promoting a positive image of the Cat project of 4-H to the public.

### Responsibilities include:

- \* Follow all guidelines and policies of the University of Wyoming Extension 4-H and conduct activities in a safe and healthy manner and enforcing the 4-H Code of Conduct.
- \* Maintain the standards of the 4-H program by conducting oneself in a responsible manner and honor confidentiality.
- \* Serve as a role model and willingly share knowledge and involve youth and adults in the program.
- \* Maintain close contact with Extension staff.
- \* To coordinate the cat project area.
- \* To organize and facilitate the 4-H Cat Show.

An list of job duties and a application is required and is included at the end of this newsletter or call the 4-H office and we will email you a copy.

**Applications are due by: January 4, 2019**



We have leaders/members who are willing to help you with your project in the following areas:

Cake Decorating (classes scheduled for January 26th, February 23rd & March 23rd)

Crocheting (classes scheduled for January 12th, February 9th & March 30th)

Fly-tying and Fly Fishing

Robots/Technology

Leather

Please call the 4-H office and get on the list. We'll pass your contact information on and you'll be contacted about where and when to meet. Call today...235-9400!



## Holiday Make & Take Workshop

Wednesday, December 12, 2018 4-6 p.m.,  
Casper Room @ the ARLC

Space is limited, so call the 4-H Office at (235-9400) to reserve your spot today.





**NATRONA COUNTY 4-H  
 FLANNEL & FROST  
 DINNER & AUCTION**  
**January 26, 2019**  
 IN PARTNERSHIP WITH THE CASPER  
 SLED DOG RACES/CANINES FOR CHARITY

It's time to start thinking about the Natrona County 4-H/Canines for Charity Fund-raiser coming up on January 25, 26, & 27, 2019. Just like last year, we will be the beneficiary of all funds raised at these events. The funds raised at the Sled Dog races and the fundraiser Dinner & Auction (January 26, 2019) are used to support NC 4-H, and we are depending on your assistance in getting a record number of people to this event and your donations. Help is needed throughout the weekend. Please give the 4-H office a call to let us know your club is willing to help out...thanks!

**Your club is responsible for the following:**

- \* Supply one (1) silent auction basket (basket themes are listed below) with a retail value of at least \$50. Your community club leader will coordinate this activity.
- \* Donate 1 gift card.
- \* Please arrange all items in a container wrapped with a cello bag and ribbon. FYI...the Dollar Tree has basket size cello bags 2 for \$1.



Thank you for your willingness and generosity to help out with this major fundraiser! It takes all of us to succeed and the benefit goes to all of our NC 4-H kids. The money raised is used for awards, prizes, scholarships, and educational opportunities, as well as judging teams, state and national trips and competitions.

**Please have your basket to the 4-H office by January 4, 2019**

4-H Club	Auction Basket Theme
Meadow Acres	S'Mores Galore (Camping)
Barnyard Rebels	Dig It (gardening)
Can Do	Zombie Apocalypse (Twinkies, jerky, duct tape, etc.)
NC Shooters	Man Crate (jerky, tools, etc.)
Trail Busters	Tool Time (tools, nails, work gloves, etc.)
The Buckaroos	What's the Scoop (ice cream)
Alcova	Sweet Stuff (candy, etc.)
Young Guns	Wyoming Basket (Wyoming products)
Bear Claws	Pawsetively Awesome (pet stuff)
Kountry Kids	Coffee Lover
Bullwinkles	Art in Action (arts/crafts for kids)
Rough Riders	Pizza Party (pizza cookbook, supplies, etc.)
Elites	Wyoming Basket (Wyoming products)
Sage & Sand	Wrap It Up (gift wrap supplies, bags, tape, etc.) (gift wrap supplies, bags, tape, etc.)
Hooves & Hides	Game Night
City Dudes	BBQ Blitz (sauce, seasonings, etc.)
Platte River Wranglers	Too Hot to Handle (salsa, hot sauce, etc.)
Rockin' Wranglers	Date Night
Legendary Novaturient	Sportsman/Sportswoman (things for the outdoors)



This is a reminder...all 4-H clubs and committees meeting at the ARLC are responsible for any cleanup when using the building. Please take out the garbage if you have thrown things away and take everything with you. Leave the meeting space cleaner than you found it. We have already had issues with trash being left in and outside of the building.

There has also been an issue of youth not being supervised and being in parts of the building that they are not authorized to be in. Some minor vandalism was reported by one of our UW educators. Remember that using meeting space in this building is a privilege and not a right. Youth are to be supervised at all times and stay in the reserved area.

I know this is a very small minority who are causing the problems and commend all of our 4-Hers who take excellent care of the ARLC. Thanks for doing your part and respecting this wonderful building where we can meet and have a great 4-H experiences.

## 2019 4-H ENROLLMENT TIPS

The new 4-H year is fast approaching and we have had quite a few phone calls about when and how you will re-enroll for the new year.

**Please use the same profile information you created last year, (email address and password).** Years in 4-H, age, grade in school, etc. will automatically be updated, you will still need to check and make sure everything is correct.

**DO NOT** create a new family profile, please use the one you created previously. If you have forgotten your password, we can re-set it for you or you can change it yourself. Be sure and keep this information somewhere handy so that you can log on to your account whenever you need to.

**Enrollment fees for members are \$12.00. Fees CAN BE PAID ON-LINE with a debit or credit card, or by check or cash directly to the 4-H Office. No fees are required for leaders.**

Be sure and continue on with the enrollment process until you reach the end where you click on the **SUBMIT** enrollment button.

There are many tools that you can use to manage your 4-H enrollment. You are able to add or drop projects without having to call the 4-H Office or fill out extra paperwork. You are able to access current publications such as newsletters and notifications. Take the time and explore the different areas of your enrollment, it's surprisingly easy.

If you have any questions, give us a call at 235-9400.

NOTE: Please enroll as soon as possible, if you are not re-enrolled by December 31st, you will not receive any additional correspondence from our office. You also will not be covered under the 4-H liability insurance policy until you are an active member or leader.

### 2019 Dates to Remember

- January 12—Cloverbud Camp
- January 20—Meats Judging Begins @ CCAP
- January 26—NC 4-H Flannel & Frost Fundraiser
- February 2—Natrona County Beef Eartagging
- April 26—State Wool Judging Contest @ Laramie
- April 27—State Meats Judging Contest @ Laramie
- June 14-15—4-H Horse Camp @ Douglas
- June 25-27—Showcase Showdown @Laramie
- July 5-13—Central Wyoming Fair
- July 11-14—Wyoming State Shoot
- August 13-18—Wyoming State Fair



## December Ideas for 4-H Club Meetings

Business	Demonstrations or Talks	Other Education/Social-Recreational
Begin talking about record books and scholarship opportunities.	How to make ornaments and decorations.	Caroling
Plan ways to finance Club activities.	Feeding birds in the winter months.	Bake cookies or learn to make fudge.
Prepare to prepare gift basket for the Flannel & Frost Silent Auction. Baskets are due to the 4-H office Jan. 4, 2019.	How to introduce one person to another.	Participate in "Casper Rocks" and Promote NC 4-H and your club.
Discuss having more effective participation in your club.	The 4-H Code of Conduct.	Check the 4-H calendar...what's coming up & what can I participate in?

### *Especially for Leaders...* tips and ideas for successful clubs

What Makes a Good 4-H Club Meeting?

Business leaders who were polled say that about one third of the time spent in business meetings is unproductive. Here's how 2000 business leaders ranked the four most important components of an effective meeting:

- \* Adequate preparation
- \* Agreement on follow-up action
- \* Having an effective moderator
- \* Staying on track and on time

**A Regular Meeting Day, Time, and Place:** These are very good points to consider about your 4-H club meetings. This also demonstrates why learning how to run effective meetings in 4-H now will benefit later in life. Meetings are held in all careers, and an effective, well planned meeting get things done.

A 4-H club needs to meet regularly at a regular place and time. Moving a meeting date to meet the whims of the group may work in the short term. But in the long run, members can be confused about meeting dates and stop coming to meetings. It also makes it difficult for new members as they join through the year.

**Meetings are Held Often:** A 4-H club can't accomplish goals if it doesn't meet often enough or members aren't attending on a regular basis. How much is enough? This depends on the club and the goals that the club has set for themselves. Once a month is the minimum but if your club members want to meet more, then go for it.

**A Balance of Work and Play:** Every meeting should have several parts. Meetings should include a chance for members to interact socially. There should be a business sessions run by the club's officers and assisted by adults, as needed. And lastly, an educational program and/or project work. This portion of the meeting could be working on actual projects, a guest speaker, an educational video/training, or presentations by members of the club.

**Variety and Member Involvement:** Vary the club activities throughout the year, and encourage/teach for optimum member/officer involvement. Help your club members decide what they want to do most and guide them in making sound decisions and following through with their planning decisions.



## Citizenship Washington Focus

### 2019 Application Process:

- [Citizenship Washington Focus website](#)
- Wyoming 4-H Delegate Registration for 2019 - please check back in spring 2019.
- Adult chaperones will be selected by the Wyoming State 4-H Office.



## Leadership Washington Focus

### 2018 Application Process:

- LWF delegates from Wyoming will attend the Conference July 14-19, 2019.
- Wyoming 4-H Delegate Registration - please check back in spring 2019.
- [Leadership Washington Focus Web Site](#)



## National 4-H Congress

### National 4-H Congress

#### 2019 Application Process:

- National 4-H Congress Applications- please check back in spring 2019.
- Interviews will be held online over a video conference call.
- The Wyoming delegation will attend Nov. 29 - Dec. 3, 2019.



## National 4-H Conference

#### 2019 Application Process:

- Applications for 2019 are due **January 5, 2019**.
- [National 4-H Conference Educator Form](#)
- [National 4-H Conference Application](#)



## Western National Roundup

Each year Wyoming 4-H members qualify through various competitions to attend the [Western National Roundup](#) in Denver, Colorado. This is an opportunity to travel, meet youth from other states, compete outside of Wyoming, and have fun.



## International

Got the Travel Bug? Check out the [Exploring 4-H Around the World](#).

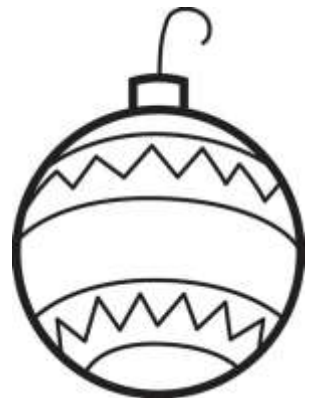
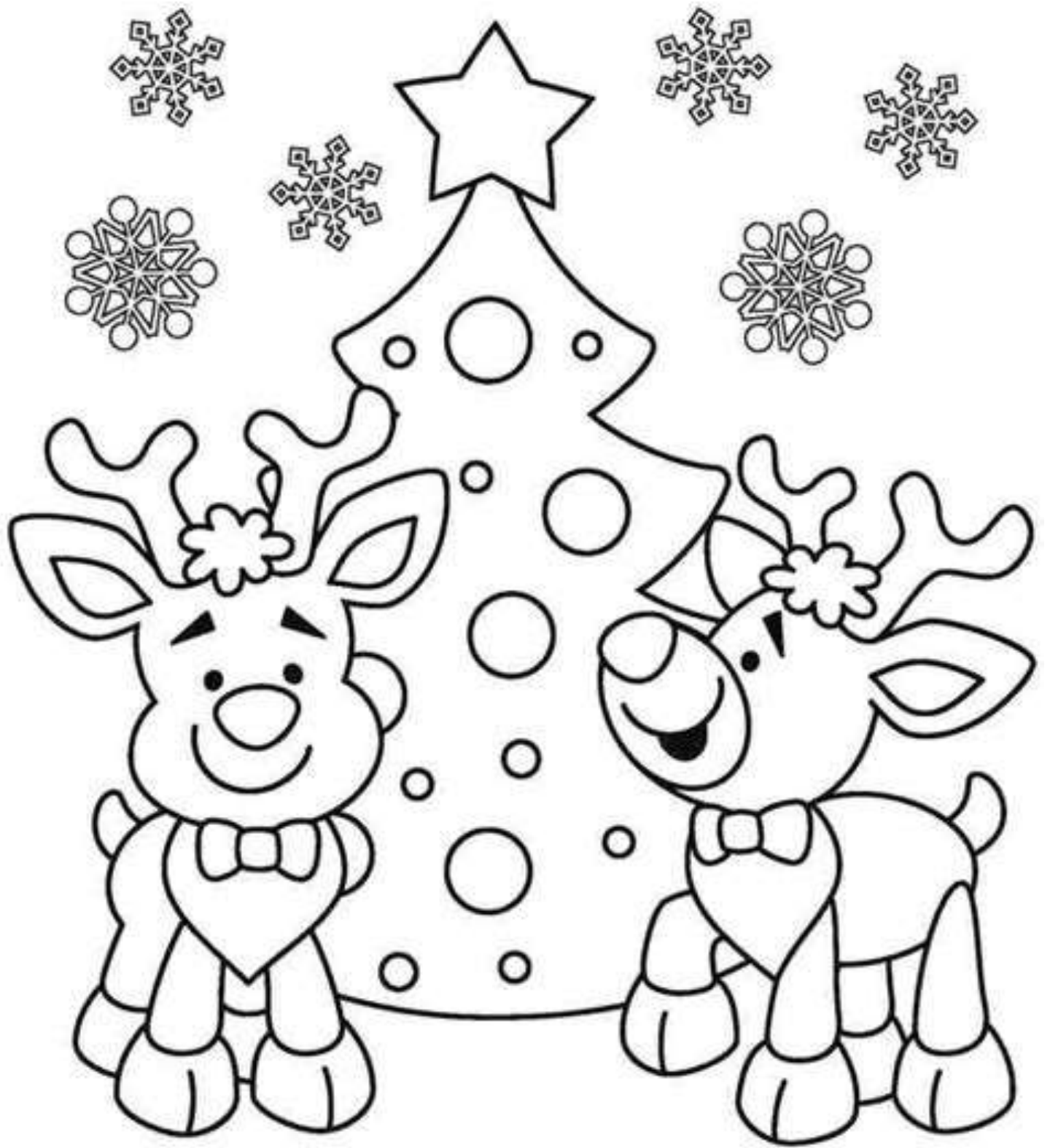
Come explore the world with us! You can experience the rich history and culture of **Mongolia, Ghana, or Finland**. The International 4-H Exchange Programs are designed to advance cultural understanding, prepare youth leaders to become responsible citizens, spark an interest in learning about foreign cultures, and develop a cadre of Americans with cultural understanding who can advance international dialogue and compete effectively in the global economy.

Current members of the Wyoming 4-H program (14-19 years of age) are eligible to participate. Members must have an interest in traveling internationally, learning about different cultures, and living with a host family.

Applications are due January 1, 2019 and can be found [here](#).

For detailed information on any of these opportunities, click on the link below:

<http://www.uwyo.edu/4-h/opportunities/travel.html>



# Save the Date

## Casper Stampede 2<sup>nd</sup> Annual Country Fling 2019

Proudly presents

# Sean Curtis And The **DIVIDE**

Saturday, March 16, 2019

CASPER  
DANCE  
STAMPEDE!



\$1,000 Winner

Sponsored by:

**Crusheo**

Casper, WY

Let's dance!

For every song you  
dance to, you will  
receive 1 free raffle  
ticket! The more you  
dance the more  
chances to win!

Winner will be drawn  
at the end of the  
concert!



Rocky Mountain Country Music Awards  
2016 Entertainer of the Year

2016 Album of the Year "Kind of Like Wyoming"

THE  
HANGAR

Doors open at  
5:00 PM.

Dinner served at  
5:30 PM

Menu

BBQ Chicken  
BBQ Pork Ribs  
Mashed Potatoes  
Green Beans  
Garden Salad  
Rolls

Live Auction  
begins at 6:15 PM

Sean Curtis And  
The Divide begins  
at 7:00 PM

Silent Auction  
Closes 8:15

Dance Raffle  
Winner drawn at  
10:00 pm

**Limited Seats!**

Get your tickets now at [www.casperstampede.org/tickets](http://www.casperstampede.org/tickets)

Corporate Sponsor Tables Available

NET PROCEEDS BENEFIT 4H

WYOMING STATE AND COUNTIES EQUINE PROGRAMS



# Natrona County 4-H Cat Superintendent Description

## Purpose

To provide a positive learning experience for 4-H members and volunteers, and promoting a positive image of 4-H to the public.

## Accountability

To work with supervision and direction of the Natrona County 4-H Educator to organize, coordinate, and evaluate the cat project. To be accountable to the Natrona County Extension Educator and/or fair management.

## Selection Procedures

Superintendent position vacancies will be announced in the 4-H newsletter. An application, provided in the newsletter and at the 4-H office, must be filled out and delivered to the 4-H office by the appropriate deadline as advertised in the newsletter. The final selection of the superintendent will be determined by the Natrona County 4-H Educator.

## Eligibility and Qualifications

- Knowledge of the 4-H project area sufficient to ensure consistency between the project area, fairbook guidelines, judging, exhibition.
- A sincere interest in working with other volunteers and professional staff in an educational setting and a willingness to become familiar with and work within the philosophy and guidelines of the University of Wyoming Extension and the Natrona County 4-H program.
- Year-round position with appointment beginning October 1 – September 30 with most responsibilities relating to the Cat Show in March.
- The ability to work with minimal supervision but openly communicate with the 4-H Educator and staff in a timely manner
- The ability to motivate youth and adults to assume leadership positions through delegation.
- The ability to utilize conflict resolution skills.
- The ability to work tactfully and communicate effectively verbally and in written forms.
- The ability to organize information and materials and delegate responsibility.
- The ability to accept and follow through with responsibilities.
- The ability to make decisions in context with 4-H policies, the CWF fair book rules and with consultation of the Natrona County 4-H Extension Educator.
- To be familiar with the project area as listed in the Fair Book.

## Responsibilities

- Follow all guidelines and policies of the University of Wyoming Extension 4-H and conduct activities in a safe and healthy manner and enforcing the 4-H Code of Conduct.
- Maintain the standards of the 4-H program by conducting oneself in a responsible manner and honor confidentiality.
- Serve as a role model and willingly share knowledge and involve youth and adults in the program.
- Maintain close contact with Extension staff.
- To coordinate their species project area.

## Early in Calendar Year (October 1 – September 30)

- Contact new sponsors, if needed.
- Work with the specific species committee of which you are superintendent in suggested changes in the fair book and/or show procedure. The 4-H Educator has the final authority regarding changes.
- Organize a class(es) or clinic(s) during the year.
- Be available to confer on species-related issue(s) throughout the year.
- Follow 4-H deadlines.
- Assist exhibitors in following bio-security guidelines.
- Be available to answer questions from exhibitors, parents, leaders, and Extension staff.
- Follow bio-security guidelines.
- Follow the CWF fair book rules.

## Show Day

- Prior to the show, get ribbons, prizes, and judging book from the 4-H office.
- For the show, designate:
  - Announcer
  - person to check 4-H exhibitors in
  - person(s) to pick up ribbons and prizes and organize judging area (table, signs, pens/pencils, chairs, etc.)
  - person(s) to record ribbon placings
  - person(s) to present ribbons and prizes
  - vet check before the start of the show
- Greet and orient the judge(s) when he/she arrives at the show ring
- **Post Fair**
  - Organize and chair species committee meetings, as needed
  - Hold a post-fair/show evaluation meeting.

# APPLICATION AND SUPERINTENDENT POLICY AGREEMENT FOR NATRONA CAT SHOW SUPERINTENDENT

Name of Department Applying for: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Date: \_\_\_\_\_

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Superintendents are required to spend a significant amount of time to organize the Cat Show.  
Are you able to do so?

\_\_\_\_\_ YES      \_\_\_\_\_ NO

Superintendents are required to help with project events throughout the year (for example:  
committee meetings, educational opportunities for members, etc.)

\_\_\_\_\_ YES      \_\_\_\_\_ NO

Please complete the questions below, sign, and return the application to the Natrona County  
4-H office.






1. Why are you interested in being a Superintendent for this department? What makes you a good candidate for this position?
  
  
  
  
  
  
  
  
  
  
2. Please describe your 4-H experiences.

3. Please describe your strengths and weaknesses when handling stressful situations and when working with youth and adults with various opinions.

4. What suggestions and/or ideas do you have to improve the department you are applying for?

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I, \_\_\_\_\_ agree:

-  I have read the job description for this year-round volunteer superintendent position and hereby agree to perform all duties as assigned for this project area.
-  I have been given a copy of the job description.
-  I am willing to abide by the same conduct policies that apply to Natrona County 4-H members, leaders, and volunteers.
-  I am aware of the time and energy this position requires and will volunteer my time to perform the position in its entirety.
-  I understand, if chosen, that if I am not able to complete the position, I will notify the 4-H office immediately.

Signature \_\_\_\_\_

Project Area \_\_\_\_\_

Date \_\_\_\_\_

**University of Wyoming Extension Service**  
**U.S. Department of Agriculture**  
Natrona County Extension Service  
2011 Fairgrounds Road  
Casper, Wyoming 82604  
(307) 235-9400

**PRESORT STANDARD  
US POSTAGE PAID  
Casper, Wyoming  
Permit #86**

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Bret Hess, interim dean and director, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

**CHANGE SERVICE REQUESTED**

The University is committed to equal opportunity for all persons in all facets of the University's operations. All qualified applicants for employment and educational programs, benefits, and services will be considered without regard to race, color, religion, sex, national origin, disability or protected veteran status or any other characteristic protected by law and University policy



## December Birthdays



Reece Armstrong  
Casen Bentley  
Shelby Blackwelder  
Kassidy Brooks  
Charlotte Buckner  
Adaisia Busse  
Ava Campbell  
Nicholas Campbell  
Brady Dona  
Francisco Fernandez  
Reese Gearhart  
Aytch Good



Danica Itzen  
Brynne Kilby  
Gavin Peterson  
Paige Romsa  
Elizabeth Slaymaker  
Afton Stewart  
Dean Stoeger  
Ellie Tower  
Jessica Watson  
Lorelai Wolf  
Piper Wolf  
Avery Wright