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<https://wyoextension.org/natronacounty/>
<https://www.facebook.com/NatronaCounty4H>
<http://www.natronacounty-wy.gov/177/4-H-Program>

Dear 4-H Families & Friends:

Welcome to November and Happy Thanksgiving! It's exciting to think about what projects you have chosen to do this year...I hope you are trying something new!! A big welcome to all the new 4-Her's who have joined the NC 4-H program and to all of you who are back for another year. There is a lot to learn as you get familiar with 4-H so please ask questions even when you're not sure what question(s) to ask. Your club leaders are there to help you as well as the other families in your club, and we're very happy to help you at the 4-H office.

11 Reasons (+1 bonus) Why I Am Thankful for 4-H!

By Katie Pinke / Agweek Publisher on Oct 12, 2018
"Nearly 6 million youth experience hands-on skill and leadership development and mentorship opportunities through Extension in every county across the United States. Extension is run through 100 public universities and reaches our urban, suburban and rural communities."

1. **Positive relationships with different groups of kids and adults.** Let's face it. Being a kid is tough and finding new friends outside of school or sports is greatly beneficial.
2. **Volunteering in our community.** Our daughters have cleaned ditches, among other volunteer opportunities, which has reinforced the importance of taking care of public places and never littering.
3. **Learning by doing, which is part of the 4-H pledge and mission.** Learning comes to life in a variety of ways based on the chosen projects and activities. Our kids have learned how to set a dinner table, work with leather and wood, garden, craft ceramics and, their absolute favorite winter activity, archery.
4. **How to run a meeting.** This is an intimidating skill and one that will pay off in future public service and volunteer efforts. This is one skill I had to learn as an adult that I wish I would have stuck with 4-H to learn.

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4-H Family Night
Saturday November 10th
Dinner served at 5:00 p.m.
Awards Ceremony at 6:00 p.m.

Special thanks to Rocky Mountain Power, High Plains Power and the 4-H Council for sponsoring this year's event. We will have dinner followed by our annual awards ceremony.

Contact Sue to RSVP and pay for your dinner tickets by November 6th. Cost for dinner will be \$5.00 per person, only 250 tickets will be sold. **No tickets will be sold after November 6th.**

This is always a fun way to recognize everyone's accomplishments and acknowledge our very generous donors. We hope to see you there.



(continued from front page)

5. **What it means to be a member of an organization.** Membership isn't simply signing up, paying dues and showing up. It's about making an investment and stepping outside your comfort zone to grow your skills. Our girls have a greater sense of community and purpose than their dad and I could ever teach them because of being an active 4-H member.
6. **How to create a project plan.** Our girls both have created their own project plans and saw a project through to completion and exhibit at the county fair. That satisfaction is greater than any video game or sports win.
7. **Attention to detail.** One of our daughters was disappointed her photography project received a red ribbon but the judge shared her concerns with the focus of the photo. I knew the picture was out of focus but I didn't tell her that. The judge's remarks and the red ribbon, instead of a blue, left her with a lasting life lesson, more powerful than anything I would have done as her mom.
8. **How to follow directions/deadlines.** Life is about following directions — in the classroom and at home and at college and in future jobs.
9. **Record keeping.** It might seem irrelevant to young kids right now, but when it comes to bank accounts and taxes, this skill will pay off in dividends in their lives.
10. **Career paths and job opportunities.** Our kids have visited and toured local businesses, met adults with unique skill sets, been in dairy barns to watch milking, and toured a honey company which expands their career options.
11. **Public speaking.** Whether it's speaking to their club, creating a demonstration, showcasing a skill or presenting a project to a judge and taking feedback, I've watched nervous, unsure children blossom into confident young leaders from the public speaking development 4-H offers.

"As a mom and volunteer leader, I know all kids and youth need more love and leadership, which they can find in 4-H programs. For that, I am grateful for 4-H. Thank you to our Extension agents, staff, and volunteers who serve our youth through 4-H!"

4-H has a wealth of educational opportunities and the majority of these will take place at the club level with others coming from the 4-H office and the Wyoming 4-H state office. Opportunities and responsibilities are shared using these two communication sources.

- ◆ **Monthly Newsletters.** This is one way that the 4-H office will share information with you. Please read it carefully and take note of the items that apply to you, your family, your project area(s), and your club.
- ◆ **Email.** Please open and read your email for important communications and information. This is how we will update or let you know of changes or activities in between newsletters. *Email is the main way that we will communicate with you.*

If your address, phone number, or email changes, let the 4-H office know ASAP. The 4-H office doesn't know if you don't tell us, and you may miss important information pertaining to your 4-H projects.

Wishing everyone a very Happy Thanksgiving! Make the Best Better!!



Joddee Jacobsen
UW Extension Educator 4-H Youth Development
Natrona County

2019 4-H ENROLLMENT TIPS

The new 4-H year is fast approaching and we have had quite a few phone calls about when and how you will re-enroll for the new year.

Please use the same profile information you created last year, (email address and password). Years in 4-H, age, grade in school, etc. will automatically be updated, you will still need to check and make sure everything is correct.

DO NOT create a new family profile, please use the one you created previously. If you have forgotten your password, we can re-set it for you or you can change it yourself. Be sure and keep this information somewhere handy so that you can log on to your account whenever you need to.

Enrollment fees for members are \$12.00. Fees CAN BE PAID ON-LINE with a debit or credit card, or by check or cash directly to the 4-H Office. No fees are required for leaders.

Be sure and continue on with the enrollment process until you reach the end where you click on the **SUBMIT** enrollment button.

There are many tools that you can use to manage your 4-H enrollment. You are able to add or drop projects without having to call the 4-H Office or fill out extra paperwork. You are able to access current publications such as newsletters and notifications. Take the time and explore the different areas of your enrollment, it's surprisingly easy.

If you have any questions, give us a call at 235-9400.

NOTE: Please enroll as soon as possible. You will not be covered under the 4-H liability insurance policy until you are an active member or leader.



SAVE THE DATE!

Holiday Make & Take Workshop

Wednesday, December 12, 2018 4-6 p.m.,
Casper Room @ the ARLC

Call the 4-H Office at (235-9400)
to reserve your spot today.

Watch for an email with the
projects we'll be doing!

National 4-H Conference is held the week of April 6-11, 2019 in Washington DC. This is the U.S. Secretary of Agriculture's premiere youth development opportunity. Young people assist in the development recommendations to help 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during this conference. Afterward, they report their accomplishments to the USDA that they have achieved as a result of the conference.

Eligibility: All Wyoming 4-H members between the ages of 15 & 18 are eligible to apply. Applicants need to have completed at least three full years of 4-H work and must be carrying a 4-H project during the year that they go on the trip.

Applications are due on January 5, 2019. Click on the link to apply:
https://wyoming4h.formstack.com/forms/conference_congress_app



NATRONA COUNTY 4-H FLANNEL & FROST DINNER & AUCTION

January 25, 26 & 27, 2019
IN PARTNERSHIP WITH THE CASPER
SLED DOG RACES/CANINES FOR CHARITY

Community Leaders...be watching for a letter with details to be mailed out soon. We will be asking each club to donate a basket for the Silent Auction. We also need club to help out in other ways...call the 4-H Office if you would like to help (235-9400).

SCHEDULED MEETINGS

Goat Committee & Project Meeting
Wednesday, November 7th, 7:00 p.m.
Midwest Room @ ARLC

4-H Leader Council Meeting
Monday, November 26th, 6:00 p.m.
Midwest/Edgerton Rooms @ ARLC

Livestock Sale Committee
Tuesday, November 27th, 6:00 p.m.
Mills Room @ ARLC

ESPECIALLY FOR LEADERS, TIPS & IDEAS FOR SUCCESSFUL CLUBS

Fall is very busy with starting the new club year, enrollment and searching for volunteers who will assist youth in a successful and rewarding experience. Below are a few things that you may want to consider for your November club meetings.

1. Check 4-HOnline to see who is in your club strictly observing confidentiality procedures.
2. Train club officers. Effective leadership practices are taught so youth know what is expected.
3. Install officers and welcome new members.
4. Assure that a “kick-off” project or activity is completed to motivate new and current members.
5. Continue to recruit project leaders and work with other club leaders on those projects, when appropriate.
6. Encourage project leaders to get started right away.
7. Have project groups each bring a skill-a-thon in their project area for a skill-a-thon activity in the next few months.
8. Check Monthly Club Meeting Calendar/4-H Newsletter Calendar. Being a club leader can be challenging but very rewarding. We appreciate the time and effort you put forth to ensure youth in your club have a wonderful 4-H experience!
9. Here is an officer training booklet from Maryland Extension to help you train your youth officers:

<https://www.unce.unr.edu/4H/programs/clubs/files/pdf/OfficerTrainingManual.pdf>

NOVEMBER IDEAS FOR 4-H CLUB MEETINGS

Business	Demonstrations or Talks	Other Education/Social-Recreational
Contact a local organization and explain 4-H and what your club is doing.	Woodworking and/or science.	Taffy pull or make caramel apples.
Appoint a holiday committee.	Being grateful.	Participate in “Casper Rocks” Promote NC 4-H and your club.
Discuss plans for Achievement Night (11/10/2018).	Being a Leader.	Harvest/Thanksgiving activity.
Discuss 4-H Record books.	Healthy activities.	Check the 4-H calendar...what's coming up & what can I participate in?

REQUIREMENTS FOR NATRONA COUNTY 4-H CLUBS

1. The **University of Wyoming Extension grants 4-H Club Charters**, which formally recognize a club's affiliation with 4-H and grant that club the permission to use the 4-H name and emblem. To be a 4-H club, the following requirements must be met and maintained:
 - ◆ Authorized club name.
 - ◆ **Five or more youth from at least two families.**
 - ◆ **Adult leadership** that has been **approved through the volunteer certification process.**
 - ◆ **Youth involvement** in leadership and decision-making.
 - ◆ A calendar of **planned educational activities** (meetings, workshops, community service, etc.).
 - ◆ Educational **plan** which meets the **mission and values of the 4-H program.**
2. Clubs must **fill out an annual 4-H End of the Year Club Report and include their Annual Treasurer's Report and Annual Secretary's Report** to provide documentation for charter renewal. Failure of a 4-H club to meet chartering requirements may result in the loss of the 4-H charter and the loss of the use of the 4-H name and emblem.
3. Clubs may set a maximum number for **membership under the guidance of the UW 4-H educator.**
4. Clubs **must adhere to the non-discrimination policies** of the Wyoming 4-H and direction of the UW 4-H educator.
5. **All 4-H clubs/groups must comply with federal and state laws and UW regulations and policies, including Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and the Americans with Disabilities Act.**



Turkey Pilgrim Cookies

★ ★ ★ ★ ★

These darling little gobblers are fun to make and will make all your Turkey Day guests smile. —Taste of Home, Milwaukee, Wisconsin

TOTAL TIME: Prep/Total Time: 30 min.

YIELD: 1 dozen.

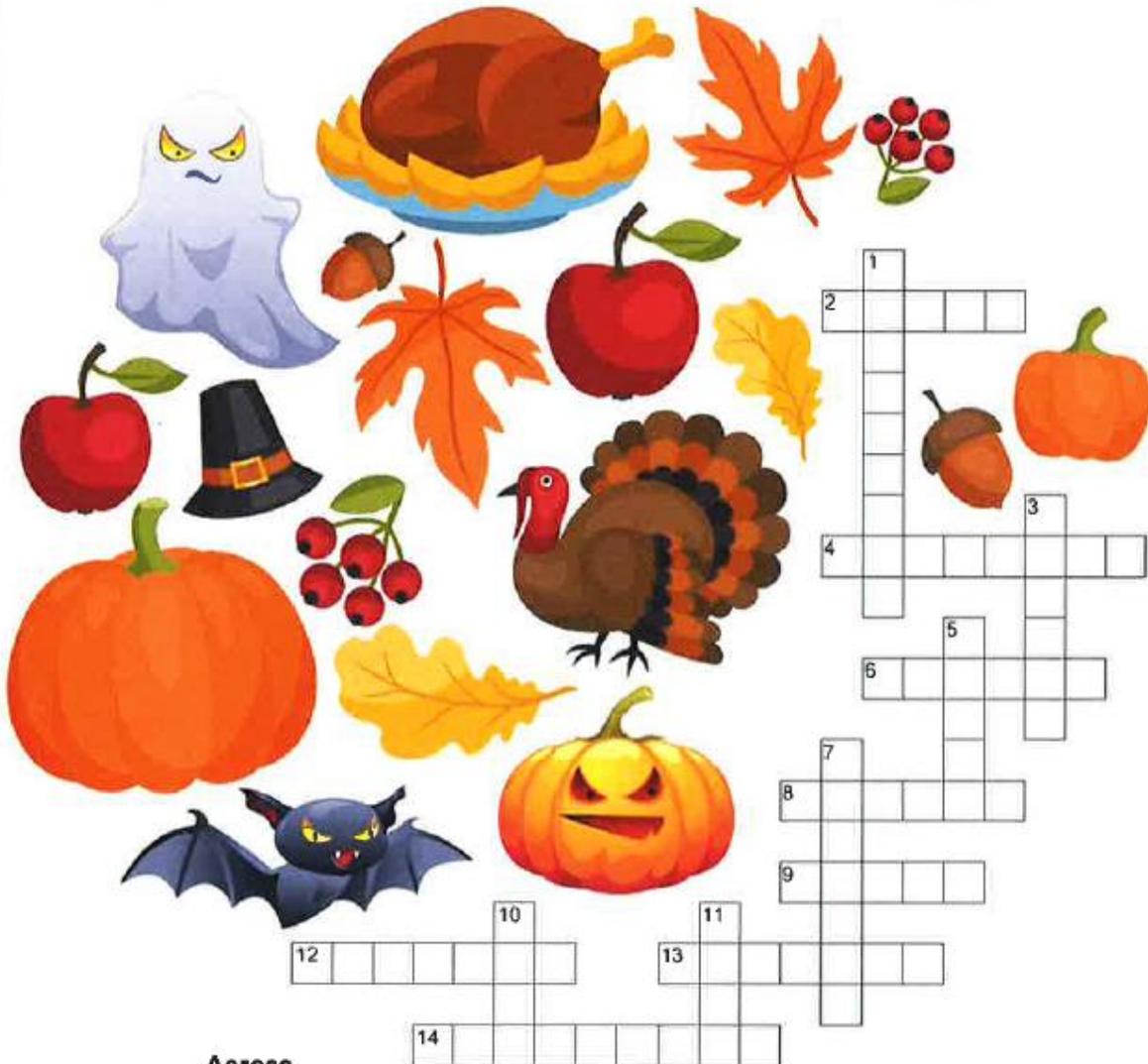
Ingredients

- 84 pieces candy corn
- 24 Oreo Double Stuf cookies
- 3/4 cup canned chocolate frosting
- 12 miniature peanut butter cups
- 12 Hershey Kisses of your choice
- 3/4 cup canned vanilla frosting
- Orange food coloring
- 6 miniature marshmallows, halved
- 6 mini Oreo cookies
- 12 Rolo candies

Directions

1. Insert seven pieces of candy corn in a fan shape into half of the Double Stuf cookies. Position each cookie perpendicular to a remaining Double Stuf cookie; attach with chocolate frosting.
2. Using chocolate frosting, attach a peanut butter cup and a kiss to the front of each cookie. Tint vanilla frosting orange. For eyes, attach two marshmallow halves to each kiss with a small amount of orange frosting.
3. Twist mini cookies apart; remove and discard cream filling. Attach a Rolo to each mini cookie half with chocolate frosting and attach to tops of turkeys.
4. Using remaining frosting, pipe pupils, mouths and legs on turkeys. Let stand until set.

FALL CROSSWORD PUZZLE



Across

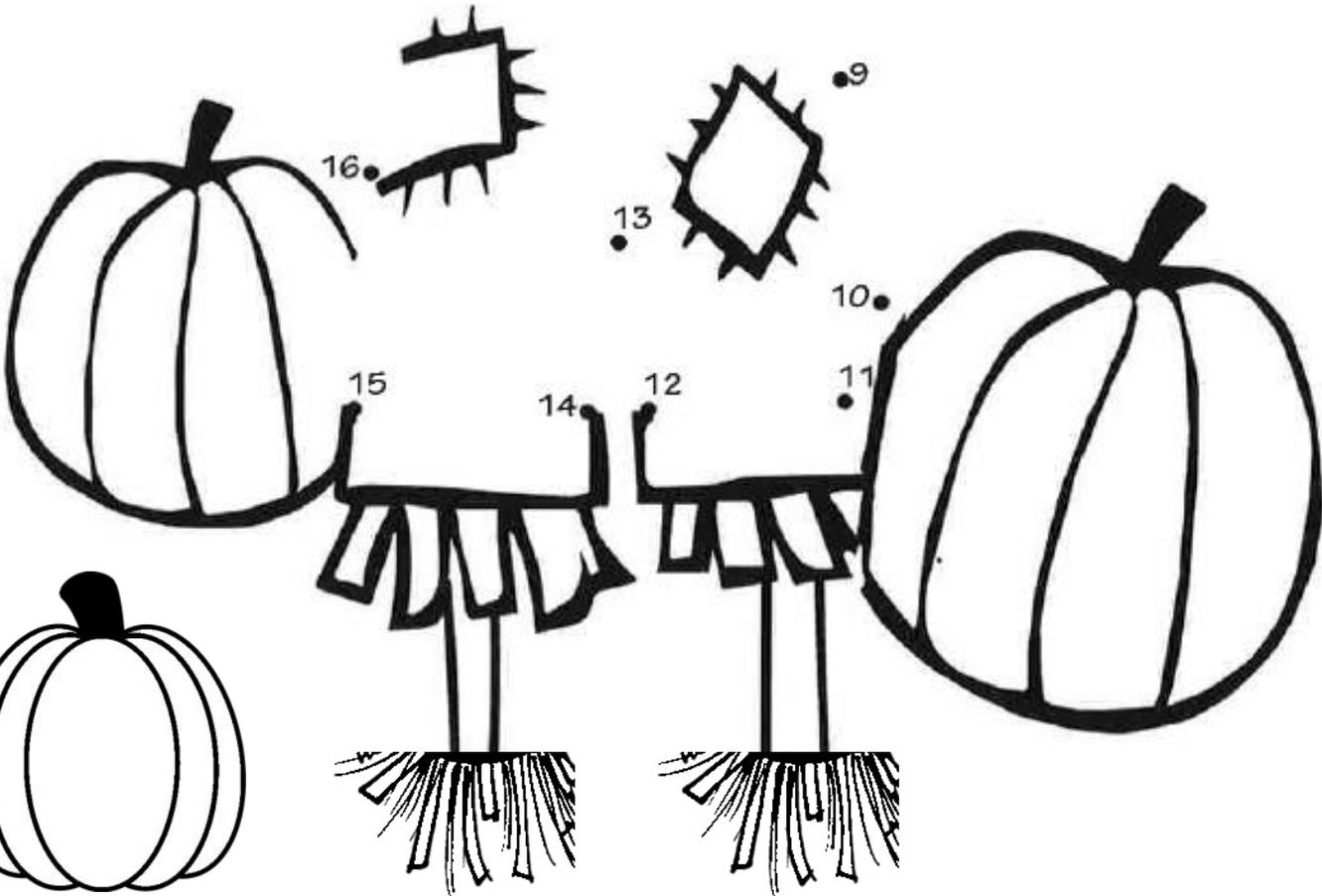
- 2. The seed of an oak tree.
- 4. A team game played with a brown oval ball.
- 6. The parts of a tree that change colors in autumn.
- 8. A large bird that is cooked for dinner on Thanksgiving.
- 9. A common round red or green fruit that is made into pie or cider.
- 12. The first day of fall when the sun crosses the celestial equator.
- 13. A ride in a wagon carrying hay.
- 14. A very large yellow flower that can grow over 6 feet tall.

Down

- 1. A figure set up in a crop field to scare away birds.
- 3. An outer layer of clothing worn to keep warm on a chilly day.
- 5. A colorful fall tree that is grown for its sap that is made into syrup.
- 7. A large round fruit that is carved with faces for Halloween.
- 10. A grain plant that yeild kernels set in rows on a cob.
- 11. A yard tool used to gather and pile leaves.



Answers to puzzle on back page



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CHANGE SERVICE REQUESTED

The University is committed to equal opportunity for all persons in all facets of the University's operations. All qualified applicants for employment and educational programs, benefits, and services will be considered without regard to race, color, religion, sex, national origin, disability or protected veteran status or any other characteristic protected by law and University policy



November Birthdays



Grace Abramo
 Makenzie Anderson
 Elle Armstrong
 Jacob Baker
 Jessika Bohnet
 Maya Cooper
 Layne Daniels
 Corbin Dow
 Morgan Eckhardt
 Cadence Flammang
 Brenna Flesvig
 Emily Fossberg
 Grace Gazda
 James Gearhart
 Aubrey Gilliam
 Devyn Grayson
 Bridger Haigler
 Karli Haley
 Kayla Haley

Clayton Helme
 Tiffany Hock
 Kavin Hoff
 Rachael Hoven
 Breanna Johnson
 Landin Kaczorowski
 Alyssa Kilby
 Jonathan Lockwood
 Elias Lopez
 Sierra Moore
 Shane Rabourn
 Rachael Sabrosky
 Ryland Syvertson
 Mackenzie Todd
 Jordan True
 Chance Watson
 Hannah Williams
 Rebekah Wise
 Ann-Marie Young