

February



College of Agriculture
and Natural Resources
Extension
Natrona County



NATRONA COUNTY 4-H "WORKING TOWARD SUCCESS" EDITION

Dear 4-H Families & Friends:

Responsibility and accountability are two very important words in our lives. What do these words mean for a 4-Her?

re·spon·si·bil·i·ty | \ ri- spän(t)-sə-'bi-lə-tē \
Definition of *responsibility*

1: the quality or state of being **responsible:** such as
a: moral, legal, or mental accountability **b:** **RELIABILITY, TRUSTWORTHINESS**

ac·count·abil·i·ty | \ ə- kaŭn-tə-'bi-lə-tē \
Definition of *accountability*

a: the quality or state of being accountable especially
b: an obligation or willingness to accept responsibility or to account for one's actions

When we speak of accountability, we mean that it is the ability to accept the outcome of one's actions. *Responsibility* is the ongoing task or obligation and *accountability* defines the results after a particular situation or event. These two together define how a person responds and takes ownership of what has occurred. Responsibility and accountability *are not* the same thing. "*Your ability needs responsibility to expose its possibilities.*" -Theodore Roosevelt

With choices, come responsibility. The things we do in our lives and what we do in 4-H is full of responsibility and myriad of choices. We choose what to say, choose what to do, and choose what to think. These choices have tremendous impact in the consequences of each choice. Moliere said, "*It is not only what we do, but also what we do not do, for which we are accountable.*" Responsibility demonstrates good character and the effort of the individual to do what is required of them, and accept the idea that their actions have an effect on the people around them.

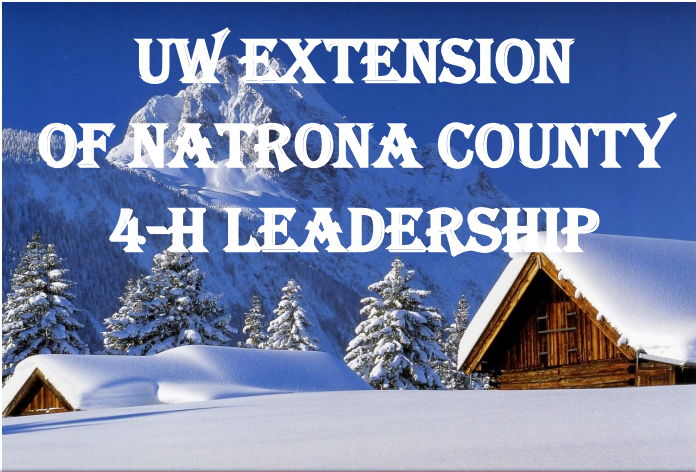
Being responsible and accountable is what 4-H members learn from their project work. Projects require effort and time to be successful. Being responsible for the project means that animals need feeding, sewing projects take precision and planning, and records and expenses need to be kept to get a true sense of what it took to bring a project to successful completion. Following through, watching and meeting deadlines, and getting required paperwork in on time is what the responsible 4-Her does. The result is a 4-Her who has successfully navigated their responsibilities and is accountable for his or her actions...and those actions bring success and pride to a job well done. Kudos to our hard working 4-Her's...keep up the good work!!!

Make the Best Better...

Joddee Jacobsen
UW Extension Educator, 4-H Youth Development
Natrona County

Don't be fooled by the
calendar. There are only as
many days in the year as you
make use of.

Charles F. Johnson
www.4-h.org



UW EXTENSION OF NATRONA COUNTY 4-H LEADERSHIP

PROFESSIONAL STAFF

4-H OFFICE

Joddee Jacobsen UW Extension Educator
 Karlene Wirrenga Administrative Assistant
 Quincy Gundersen Rural Living & 4-H Program Associate
 Sue Anderson Fair Secretary

4-H VOLUNTEERS

4-H COUNCIL

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 Keith Nachbar Vice President
 Sarah Emery Secretary
 Rose Jones Treasurer
 Amber Brooks Member
 Christine Dice Member
 Geoellen Stretesky Member
 Jen Morrison Member
 Jo Watson Member
 Leah Wiese Member
 Linda Montgomery Member
 Terry Stretesky Member
 Vicki Pickett Member

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 Harlan Robinson Vice Chair
 Kera Bullard Secretary
 Randy Buffington Treasurer
 Ed Atchley Member
 DeAnna Bradshaw Member
 Scott Cotton Member
 Jamie Haigler Member
 Joddee Jacobsen Member
 Keith Nachbar Member
 Phillip Rael Member
 Joan Wing Member

CENTRAL WYOMING JUNIOR LIVESTOCK SALE

Burt Andreen Chair
 Aaron Emery Vice Chair
 Karol Loraas Secretary
 Brenda Janikowski Treasurer

4-H SUPERINTENDENTS

Linda Montgomery Alpaca
 Brad Mueller Beef
 Devonie Mueller Beef
 Brian Wing Beef
 Candita Daniels Cat
 Vicki Smith Dog
 Erin Danford Family Consumer Science
 Megan Kennedy Family Consumer Science
 Deena Wolf Family Consumer Science
 Linda Montgomery General Projects
 Teri Knoek Goat
 Deahn Amend-Noel Goat
 Christy Rodgers Horse
 Erin Danford Pocket Pet
 Carlos Buckner Poultry
 Karen Buckner Poultry
 Michelle Forster Poultry
 Cecilea Hansford Rabbit
 Veronica Mason Rabbit
 Janel Schierkolk Rabbit
 Cory Brooks Sheep
 Heath Hornecker Sheep
 Jenn Magee Sheep
 Wendy Smith Shooting Sports
 Joe Wistisen Shooting Sports
 Jeremy Burkett Swine
 Tait Helmeby Swine
 Alex Wolf Swine
 Dwayne Larsen Tractor Driving (Small Engines)

4-H COMMUNITY CLUB LEADERS

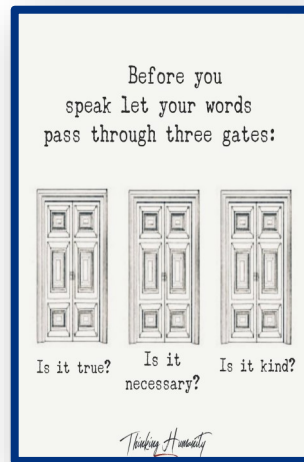
Lisa Keith Alcova
 Lory Wing Alcova
 Teri Knoek Barnyard Rebels
 Lucinda Canchola Bear Claws
 Michelle Forster Bear Claws
 Bailey Mason Boots & Buckles
 Kandi Ossa Buckaroos
 Erin Gazda Bullwinkles
 Heather Warren Can Do
 Jodee Knight City Dudes
 Amanda Henderson Elites
 Jade Slaymaker Elites
 Kari Fransen Elites
 Tana Campbell Hooves & Hides
 Rebecca Raney Kountry Kids
 Trish Musser Legendary Novaturients
 Linda Montgomery Meadow Acres
 Jennifer Straight Midnight Wonders
 Christy Rodgers Natrona County Horse Project
 Wendy Smith Natrona Country Shooters
 Joe Wistisen Natrona Country Shooters
 Jennifer Magee Platte River Wranglers
 Devonie Mueller Rockin' Wranglers
 Keith Nachbar Rough Riders
 Mary Tvedt Sage & Sand
 Carol Whitney Trail Busters
 Jaime Hornecker Young Guns

4-H JUDGING TEAM COACHES

Heath Hornecker Livestock
 Burt Andreen Meats
 Jack Stewart Meats
 Donna Hoffman Produce
 Ed Selby Wool

Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>

UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>



Natrona County 4-H Family & Consumer Science
<https://www.facebook.com/groups/517986822347457>

Natrona County 4-H / FFA Horse Show Committee
<https://www.facebook.com/natronacountyhorse>

Natrona County 4-H Poultry
<https://www.facebook.com/groups/242786253206671/>

Natrona County Beef Committee
<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>

Oil City Thumpers (Rabbits)
<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>

Natrona County Sheep Committee
<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>

Natrona Country Shooters 4H
<https://www.facebook.com/groups/671664486269956>

Natrona County Swine Committee
<https://www.facebook.com/groups/410594339599618/>

Natrona County 4H/FFA Jr. Livestock Sale
<https://www.facebook.com/centralwyomingjrLivestockSale/>

QUINCY'S CORNER

There will not be a quality assurance opportunity during the month of February; however, we do have something exciting planned for March!

Originally we had planned for a showmanship clinic during Spring break, but we are switching gears. Instead Lorna Marshall, Vice President of Beef Genetics for Select Sires, Inc., will join us for a Zoom call.



QUINCY GUNDERSEN
Rural Living & 4-H
Program Associate

If you are unfamiliar with Select Sires Inc., it is the largest global A.I. cooperative and is comprised of six farmer-owned and controlled local organizations in the United States. As the industry leader, it provides highly fertile semen, as well as excellence in service and programs to supply dairy and beef producers with the world's best genetics. Lorna will go over how to look at genetics and EPDs and then how to apply this knowledge when picking out your next market beef project.

Don't miss out on a very unique opportunity to hear from one of the leading ladies in beef genetics on March 30, 2021, @ 4:30 p.m.!

Please contact me at (307) 235-9400 or email qgundersen@natronacounty-wy.gov to register.



FRIENDLY REMINDERS FROM THE 4-H OFFICE...

ARLC ROOM RESERVATIONS

We are still under Covid-19 restrictions. To reserve a room at the ARLC Building during regular business hours, please call Rose at 307-235-9400 as the 4-H office does not maintain the building calendar. **PLEASE REMEMBER:** Do not prop open ARLC exterior doors as it compromises building security if they are accidentally left open once the event has ended.

COMMUNICATION

4-H has a wealth of educational opportunities and the majority of these will take place at the club level with others coming from the 4-H office and the Wyoming 4-H state office.

We will communicate with you using the following communication sources; therefore, it's your responsibility to check them on a regular basis:

- ◆ Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>
- ◆ UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>

- ◆ Natrona County 4-H Monthly Newsletter
Please check the links listed above for the latest edition! Because we will be unable to send mass emails, we are relying on our members to check these links for the latest editions.

Please read it carefully and take note of the items that apply to you, your family, your project area(s), and your club.

- ◆ Natrona County 4-H Emails
Please open and read the emails that the Natrona County 4-H office and its volunteers send you. In addition to the links mentioned above, this is how we will keep you updated and let you know of changes, scheduled activities, etc.



ZSUITE

We are only able to communicate with you if you are enrolled in ZSuite with a valid email address; therefore, we ask that you get enrolled in ZSuite and pay the \$12.00 fee if you have not done so already so we can activate your membership.

As always, continue to check the links below on a regular basis for information such as announcements, newsletters, etc.

Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>

UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>

***** If you enrolled in ZSuite and have not been receiving communications via email, please log into your ZSuite account and verify that your email address on file is correct as we have been receiving notifications that some email addresses are invalid.**



REMINDER...

Enroll for NC 4-H!

<https://4h.zsuite.org/>

If you are not actively enrolled, you will not be receiving emails, newsletters, and important communication from the 4-H office.

~ You must be enrolled with ACTIVE status in ZSuite to participate in all 4-H activities including tagging. Your membership will not be activated in ZSuite until your payment is received by the 4-H office. ~

BEGINNING OCTOBER 1, 2020, YOU MUST ENROLL/RE-ENROLL IN ZSUITE FOR THE 2020-2021 4-H YEAR

NEW MEMBERS & RETURNING MEMBERS

Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- You must be enrolled with ACTIVE status to participate in all 4-H activities. Your membership will not be activated until payment is received.
- Enrollment fees are \$12.00 per 4-H member including Cloverbuds. Mail your check made payable to the Natrona County 4-H; 2011 Fairgrounds Road; Casper, WY 82604 or pay via credit card by calling the 4-H office at 307-235-9400.

NEW VOLUNTEERS

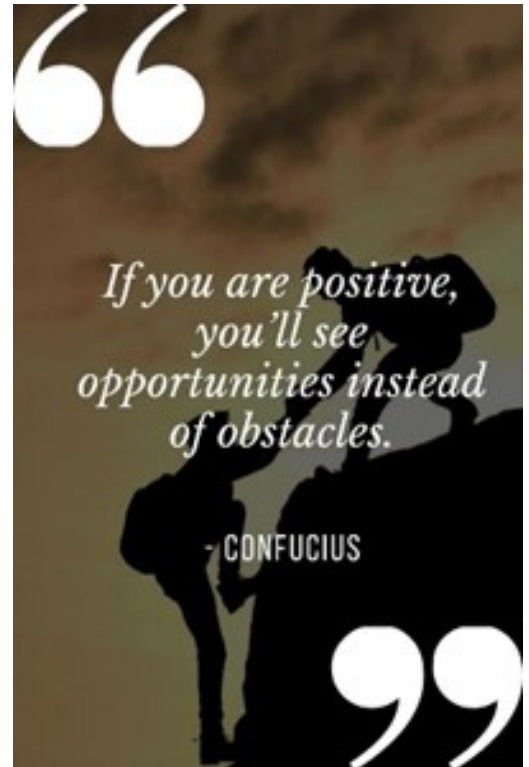
Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- Complete the mandatory background screening & training is valid for 5 years
* A break in service will require you to restart the process.
- Complete the mandatory online 4-H Volunteer Orientation.
- Complete the MVR check.
- There is no enrollment fee for volunteers.

RETURNING VOLUNTEERS

Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- Complete the mandatory background screening & training every 5 years.
* A break in service will require you to restart the process.
- Complete the annual leadership training.
- Complete the MVR check.
- There is no enrollment fee for volunteers.



IMPORTANT!

You are NOT covered by 4-H insurance and will not be allowed to participate until your membership is ACTIVE status in ZSuite.

Please call Karlene at 307-235-9400 or email her at kwirrenga@natronacounty-wy.gov with any questions.

REMINDER: Throughout the year, if your contact information has changed (name, mailing address, phone number, email address, etc.), it is your responsibility to update your profile in ZSuite. *Failure to do so, may result in you missing an important deadline and/or information pertaining to your 4-H project(s).*

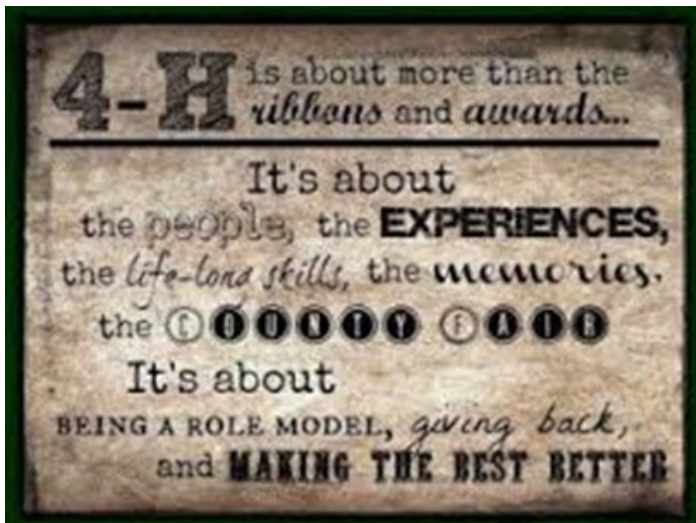
HOW TO SIGN UP FOR THE FIRST TIME IN ZSUITE

1. WEBSITE: <https://4h.zsuite.org/>



New Users: **Click SIGN UP**

- Fill out the Register New Household Information. Select a Primary Profile Access PIN which is needed to enter the primary household account. **Click LET'S GO** (If you get an error message that your email address is already used, go back to the main screen and click on Forgot Password? as some profiles were transferred over from 4HOnline.com)
- You are now on the Dashboard screen. **Click + HOUSEHOLD MEMBER**
Enter the First Name, Last Name, Role (Member or Volunteer), and Member's Birthday. You may choose a preloaded avatar or upload a personal photo by clicking CHOOSE PICTURE. **Click CONTINUE**
- Select the PERSONAL INFO tab.** All fields marked with an asterisk (*) are required. **Click NEXT** to get to the WAIVERS tab.
- Select the WAIVERS tab.** **Click ↓** next to each section to sign off on all the waivers. (You must agree in order to proceed.) On the Health Form, put N/A or none if the required field does not apply to your member. **Click NEXT** to get to the CLUBS tab.
- Select the CLUBS tab.** Choose your club from the drop down menu. **Click ADD CLUB**
NATRONA COUNTY 4-H FIRST TIME MEMBERS: If this is your first year with the Natrona County 4-H, please choose "1-Club Placement Requested Natrona". The Natrona County 4-H Office will assist you in placing your member in a club that has openings based upon the projects that your child has enrolled in.
- Select the PROJECT tab.** Choose project from the drop down menu. **Click ADD PROJECT.** Repeat process until all projects are selected. Some Animal Projects have a required field that you may not have information for. If this happens, please enter this 4-digit number "0000" in that required field.
CLOVERBUD MEMBERS: Choose only the Cloverbud project.
- Verify all information is correct including your Club and Project selections. **Click SUBMIT**
After you Click SUBMIT, your enrollment will be sent to the Natrona County 4-H Office Administrators for approval.



CENTRAL WYOMING JUNIOR LIVESTOCK SALE MEETING DATES

Date: March 16, 2021
Date: April 20, 2021
Date: May 18, 2021
Date: June 22, 2021
Date: September 21, 2021
Date: November 23, 2021
Time: 6:00 p.m. to 8:00 p.m.
Place: ARLC Casper Room

NC 4-H MEATS & WOOL JUDGING

Meat Judging practice
 Casper College AG
 Pavilion from 12:45PM -
 3:45PM. Wool judging will
 begin in a few weeks...
 Anyone who is interested
 to attend, learn, and be a
 part of the team to
 compete in these contests
 is very welcome!



For more information, contact
 Jack Stewart @ 251-0033

DISCLAIMER

All information (dates, times, etc.) is subject to change. We will do our best to give as much advance notice as possible. Thank you for your cooperation and understanding.

2021 SAVE THE DATE

2021 4-H Carnival

Date: March 13, 2021

2021 4-H Foundation Flannel & Frost Fundraising Event

Date: March 27, 2021

2021 Cloverbud Camp

Date: April 17, 2021

2021 4-H/FFA Cat Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H/FFA Dog Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H/FFA Market Goat & Market Sheep Tagging

Date: May 3, 2021

2021 4-H/FFA Rabbit Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H Dog Show

Date: June 4-6, 2021

2021 4-H Cake Decorating/Foods/Table Setting Contests

Date: June 5, 2021

2021 4-H County Shoot

Date: June 5-12, 2021

2021 4-H Quest For Knowledge

Date: June 9, 2021

2021 4-H Cloverbud Rodeo

Date: June 10, 2021

2021 4-H Cat Show

Date: June 12, 2021

2021 4-H/FFA All Other Ownership ID Certificates Due

Date: June 15, 2021

2021 4-H Showcase Showdown

Date: June 15-17, 2021

2021 4-H Fashion & Fabric Contest

Date: June 24, 2021

2021 General Judging (Interview & Static Projects)

Date: June 30, 2021

2021 Central Wyoming Fair & Rodeo

Date: July 9-17, 2021

2021 Central Wyoming Junior Livestock Sale

Date: July 17, 2021

2021 4-H Horse Show

Date: July 31-August 1, 2021

2021 Wyoming State Fair

Date: August 17-21, 2021

CHECK OUT WHAT'S HAPPENING WITH YOUR 4-H PROJECT AREA . . .



ALPACA PROJECT



BEEF PROJECT

*Wyoming State Fair Beef Clinic scheduled for February 6, 2021, at 10:30 a.m.
(See page #14 for details)*

<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>



CAT PROJECT



DOG PROJECT



GOAT PROJECT

*University of Wyoming Zoom Clinic scheduled for February 10, 2021, at 6:00 p.m.
(See page #14 for details)*



HORSE PROJECT

*Club meeting scheduled for February 16, 2021, at 5:00 p.m.
@ the ARLC Casper Room*

<https://www.facebook.com/natronacountyhorse>



POCKET PET PROJECT



POULTRY PROJECT

<https://www.facebook.com/groups/242786253206671/>



RABBIT PROJECT

Virtual show presentations scheduled for February 13, 2021, at 9:00 a.m.

<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>



SHEEP PROJECT

*University of Wyoming Zoom Clinic scheduled for February 10, 2021, at 6:00 p.m.
(See page #14 for details)*

<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>



SWINE PROJECT

*University of Wyoming Zoom Clinic scheduled for February 11, 2021, at 6:00 p.m.
(See page #14 for details)*

<https://www.facebook.com/groups/410594339599618/>



CLOVERBUD PROJECT

*Cloverbud Camp scheduled for April 17, 2021, at 10:00 a.m.
@ the ARLC Casper Room*



FAMILY CONSUMER SCIENCE PROJECT

*Virtual Fabric & Fashion group scheduled for various dates.
(See page #13 for details)*

<https://www.facebook.com/groups/517986822347457>



GENERAL PROJECTS



SHOOTING SPORTS PROJECT

Startup information you need to know has been posted on their Facebook page.

<https://www.facebook.com/groups/671664486269956>



TRACTOR DRIVING PROJECT



JUDGING TEAMS

*Meat judging practice is every Sunday @ Casper College Pavilion from 12:45 PM to 3:45 PM.
Wool judging practice will begin in a few weeks.*

Please contact Jack Stewart at 307-251-0033 for more information..



2021 Volunteer Training Series

All trainings will be done via Zoom, and online learning classroom and run from 6:30—7:30 pm.

Appreciation and Recognition—January 25, 2021

Recognizing 4-H members and leaders is so much more than your annual Achievement Nights. Come and find a variety of ways that leaders can recognize members and other leaders and why that is important. Member and leader appreciation and recognition is important for retention.

Using Technology - February 22, 2021

What is our new normal? Some 4-H clubs are meeting in person, some are still meeting via Zoom, some are hybrid. No matter how your engaging young people technology can aid us to help make meetings and events more fun. Come and gain new ways to use technology and SHARE ways that you are successfully using technology to reach leaders and members.

What Does a Great 4-H Experience Look Like—March 22, 2021

The Wyoming 4-H Leadership Team will join us as we look at great 4-H meetings and experiences. Hear directly from youth as to what they enjoy and love about their time in 4-H. We will look at ways to implement an engaging and fun 4-H experience for youth and adults.

Communication Best Practices—April 26, 2021

Communication is the key to success in a 4-H program. Key leaders from around the state will share communication techniques that work well for them and how you too can use them to communicate to your club and project members.

A link to participate in the meetings above will be sent to your 4-H enrollment e-mail account one week prior to the meeting. If you are unable to access the link or a computer, please contact your local 4-H Educator to talk about option. Hope to see you there



Photo Credit: Dirt Road Wife
Photography

Virtual Fabric & Fashion Group

Are you ready to
learn more
about the Fabric
& Fashion
Project?

Join 4-H Fashionista Kadra Clark
each month for a virtual session to
explore the possibilities of this
versatile and fun project. Planned
sessions include:

- Fabric and Fashion Round Table:** February 2nd
- Buymanship:** March 2nd
- Recycled and Embellished:** April 6th
- Personal Appearance:** May 4th
- Fashion Revue:** June 1st

All sessions will be at 6:30 p.m.
First Tuesday of each month

“HARD WORK BEATS
TALENT WHEN TALENT
DOESN'T WORK HARD”
-TIM NOTKE

WYOMING State Fair

SINCE 1905

BEEF CLINIC

FEBRUARY 6TH 10:30 - 4:00

SHOWMANSHIP

Wyoming State Fairgrounds Pepsi Center

BRILEY MILLER

\$10.00 Per Participant. *PARENTS ENCOURAGED TO ATTEND*

NEWCASTLE WY

SCHEDULE

CLIPPING AND FITTING

Participants will rotate between three different sessions with discussion following.

TY MILLER

10:30 | Lunch | 12:30 | 2:00 | 3:30

NEWCASTLE WY

NUTRITION

MARI PALACIO

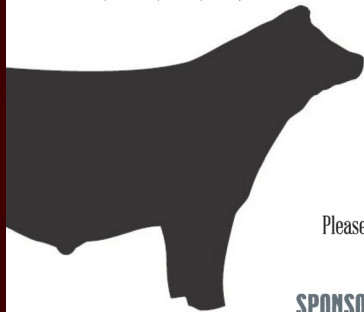
SHOW-RITE FEED

REGISTRATION

Open to anyone Age 8+

Please RSVP to Nick Ladd by January 31st 2021

Text: 307.251.4273



SPONSORS

DOUGLAS FEED | CROSSROADS VETERINARY SERVICES

"AT THE END OF THE DAY WE ARE ACCOUNTABLE TO OURSELVES - OUR SUCCESS IS A RESULT OF WHAT WE DO."
~ CATHERINE PULSIFER

WHAT TO LOOK FOR IN PICKING YOUR LAMB & GOAT PROJECTS AS BABIES!

ALL AGES INVITED!

CLINICIAN: DAWN SANCHEZ

- SPY Club Lambs & Goats
www.facebook.com/SPYClubLambs

WHEN
February 10th
6pm - 7pm



WHERE

Zoom Meeting: <https://uwyo.zoom.us/j/3461690821>

Meeting ID:
346 169 0821



For more information contact Marty Henry at the Sweetwater Extension Office @ (307) 352-6775



WHAT TO LOOK FOR IN PICKING YOUR 4-H & FFA PIG PROJECTS AS BABIES!

ALL AGES INVITED!

CLINICIAN: MARTY HENRY

JUDGED AT:
Casper College & Texas A&M

WHEN
February 11th
6pm - 7pm



WHERE

Zoom Meeting:
<https://uwyo.zoom.us/j/3461690821>

Meeting ID:
346 169 0821

For more information contact Marty Henry at the Sweetwater Extension Office @ (307) 352-6775



WYOMING STATE 4-H FOUNDATION SCHOLARSHIPS

A message from the Wyoming State 4-H Foundation...

As you consider your next steps in your education and career path, your involvement in 4-H may help you obtain scholarships at the college you choose to attend.

*The Wyoming State 4-H Foundation has updated our 4-H Scholarship application. Find out details at:
<http://www.wyoming4h.org/4hfoundation/scholarships>*

Just click on each scholarship to find out its specific criteria, then use the universal application to apply. There are many available scholarships! Up to \$30,000 total for new and first time qualified applicants!

*Applications are due by **February 15, 2021** and uses a resume built from your 4-H Portfolio. Remember - the best way to be awarded a scholarship is to **APPLY!***

Please call the State Office if you have any questions. Our number is (307) 766-5170.

Don't Delay - Apply Right Away!!

Share this information with family, friends, and co-workers!

IMPORTANT: This is not the same as the Natrona County 4-H Foundation College Scholarship. That is a separate application.

2021 4-H Shooting Sports Leader Certifications

University of Wyoming



CHANGING THE FUTURE OF
YOUTH SHOOTING SPORTS



Warren Crawford
Youth Development Specialist
University of Wyoming Extension
College of Agriculture and Natural Resources
1000 East University Ave. Dept.
3354
Laramie, WY 82071
(307) 766-5170
crawford@uwyo.edu

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.

Northwest Area

- **Fremont County**, Riverton
- Dates - February 20-21, 2021
- [Registration link: Fremont County](#)

Central Area

- **Converse County**, Douglas
- Dates - March 6-7, 2021
- [Registration link: Converse County](#)

Southeast Area

- **Goshen County**, Torrington
- Dates - March 13-14, 2021
- [Registration link: Goshen County](#)

Northeast Area

- **Johnson County**, Buffalo
- Dates - March 27-28, 2021
- [Registration link: Johnson County](#)

Southwest Area

- **Uinta County**, Lyman
- Dates - April 10-11, 2021
- [Registration link: Uinta County](#)

You can register using the links above or visit the Wyoming 4-H webpage at: <http://www.uwyo.edu/4-h/> then select "Volunteers" and "Additional Trainings."



**2021 Natrona County 4-H Foundation
College Scholarship Application
For First Time Applicants**



Eligibility:

- ✓ Open to any Natrona County 4-H/FFA member that is a first time applicant for this scholarship and:
 - Has a minimum cumulative GPA of 3.0 (High School), or 2.5 (College) and
 - Has been an active 4-H/FFA member for at least three (3) years and
 - Is currently enrolled or has successfully completed the current 4-H/FFA year
- ✓ A current 4-H leader who
 - Is an enrolled 4-H leader and
 - Is currently enrolled as a full-time college student and
 - Has a minimum cumulative GPA of 2.5

Terms of Scholarship:

- ✓ One-half of the scholarship must be used the fall semester after it is awarded at any Junior College, University or Technical School.
- ✓ The second half of the scholarship will be awarded after the recipient re-enrolls for the second semester and shows proof that he or she has maintained a minimum 2.5 cumulative GPA for the previous semester.
- ✓ Scholarships are available only for full-time students.

The requirements of your application are as follows:

- ✓ Complete the scholarship application form with appropriate signatures.
- ✓ Answer the questions listed below.
- ✓ Attach an OFFICIAL/CERTIFIED sealed transcript.
- ✓ Attach a letter of recommendation from your club's community leader, project leader, 4-H Extension Educator, or FFA Advisor.
- ✓ A current photograph must be included.

***The completed typed application packet must be received by
the 4-H Office before 4:30 P.M., February 26, 2021.***

Full Name: _____ Student ID # or Social Security #: _____

Birth Date: _____ Age: _____ Phone: _____

Mailing Address: _____

Parent/Guardian: _____

Address (if different): _____

E-mail address: _____

High School Attended: _____

What level are you in school (circle) High School Senior College Senior/Junior/Sophomore/Freshman

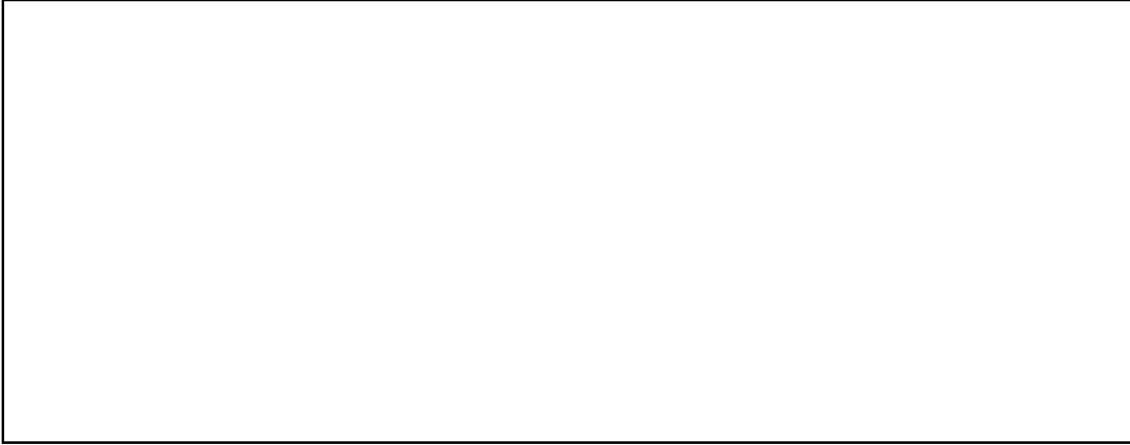
College or institution which you plan on attending: _____

In which field will you be majoring: _____

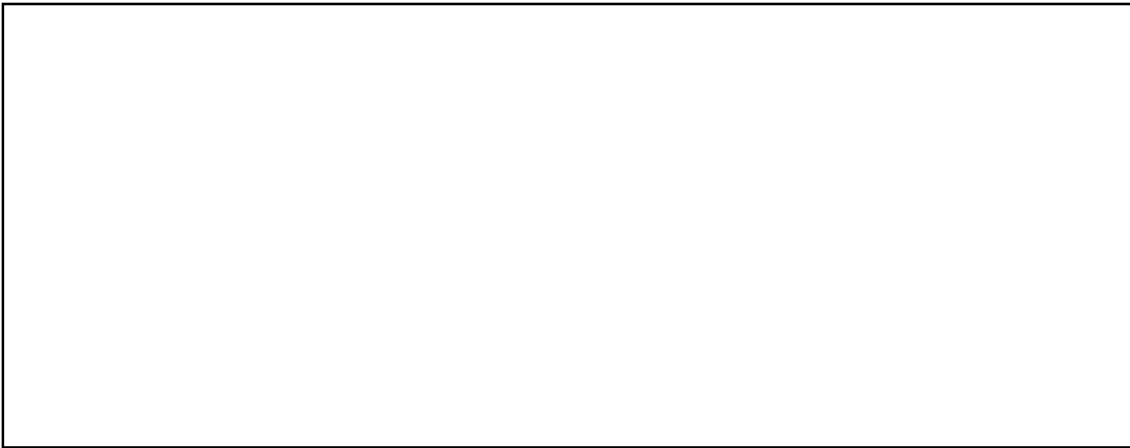
4-H/FFA Years Completed: _____

| |
|--|
| <p>Criteria for Scholarships</p> <p>Overall 4-H/FFA Work</p> <p>Citizenship, Character & Leadership</p> <p>Interview Skills & Appearance</p> <p>Community Involvement</p> |
|--|

1. Describe what you gained or learned from participating in the 4-H/FFA programs.



2. Describe a 4-H/FFA experience where you learned and were challenged the most. How does that affect your life today?



3. Describe yourself and your responsibilities as a leader in the 4-H/FFA program.



4. Describe the recognition you have received through 4-H/FFA (example: trips, awards & honors).

5. Describe your involvement in community and extracurricular activities.

6. Describe projects and activities you have participated in during your years in 4-H. List accomplishments and leadership positions.

7. Describe projects and activities you have participated in during your years in FFA. List accomplishments and leadership positions.

8. List projects and number of years you participated in them. List any major accomplishments.

9. Describe how your 4-H/FFA experiences have prepared you for your career choice.

10. Describe the courses you are planning on taking and how they will help you achieve your goals.

11. Describe how you plan to continue to be involved in the 4-H/FFA program i.e.: fundraising, mentoring younger members, etc.

I certify that the information I have provided is correct to the best of my knowledge and I agree to the terms of the scholarship.

Applicant's Signature: _____

Date: _____

Parents Signature: _____

Date: _____

(Required if under 18 years of age)

2021 Flannel and Frost Club Baskets

**THANK YOU FOR YOUR
AUCTION BASKETS:**

ALCOVA
BARNYARD REBELS
BEAR CLAWS
CAN DO
HOOVES & HIDES
MEADOW ACRES
NC HORSE PROJECT
PLATTE RIVER WRANGLES
TRAIL BUSTERS

THERE ARE STILL 13 CLUBS THAT
NEED TO BRING THEIR AUCTION
BASKETS TO THE 4-H OFFICE. THE
FUNDRAISER IS RIGHT AROUND
THE CORNER! PLEASE HAVE THEM
IN BY FEBRUARY 26TH.



Natrona County 4-H Foundation's 6th Annual

FLANNEL & FROST

Fundraiser

Saturday, March 27, 2021 • 5:30 p.m.

Prime Rib Dinner & Auction

The Hangar • Bar Nunn, Wyoming

Call (307) 235-9400 for tickets

\$50/Ticket

Sponsorships Available



The University's policy has been and will continue to be one of non-discrimination, offering equal opportunity to all employees and applicants for employment on the basis of their demonstrated ability and competence without regard to race, sex, religion, color, national origin, disability, age, veteran status, sexual orientation, genetic information, political belief, or other status protected by state and federal statutes of University Regulations.



MARK YOUR CALENDARS!

NC 4-H CARNIVAL

Saturday, March 13, 2021

More information coming
soon!!

Option 1:

**EDUCATIONAL
OPPORTUNITY
MARCH 30TH @ 4:30**

MARKET BEEF GENETICS AND EPDS

**LORNA MARSHALL
VICE PRESIDENT OF BEEF GENETICS
SELECT SIRES INC.**



JOIN VIA ZOOM

<https://uwyo.zoom.us/j/98917653292>
Meeting ID: 989 1765 3292

QUESTIONS?

Contact Quincy (307) 235-9400
qgunderesen@natronacounty-wy.gov



**QUALITY ASSURANCE
OPPORTUNITIES**

Option 2:

SAVE THE DATE

QUALITY ASSURANCE TRAINING
TUESDAY, APRIL 27, 2021
ARLC CASPER ROOM 4:30PM

YOUTH PLANNING ON SELLING AN
ANIMAL IN THE JR. LIVESTOCK SALE
MUST COMPLETE A QA TRAINING
EACH YEAR.



OTHER OPTIONS ...

Option 3: \$12 Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. YQCA website at <http://yqca.org/> **Certificate of Completion is due to the 4-H Office by June 15, 2021.**

Option 4: FFA member has Quality Assurance as part of their FFA coursework. The FFA advisor may sign-off for that member to verify that the Quality Assurance requirement has been met for that member to sell in the 2021 4-H/FFA Jr. Livestock Sale for 2021. **Signed form is due to the 4-H Office by June 15, 2021.**

THE ADD/DROP DEADLINE FOR ALL PROJECTS MUST BE DECLARED BY APRIL 30, 2021.

Go into your ZSuite profile and make sure that you are enrolled in the correct projects.

If you have any questions, please call Karlene at 307-235-9400 or email her at kwirrenga@natronacounty-wy.gov **PRIOR TO THE DEADLINE.**

2021 NATRONA COUNTY 4-H/FFA OWNERSHIP I.D. CERTIFICATES

DEADLINE: May 3, 2021

Cats

Dogs

Rabbits

- ◆ Projects need to be declared as either 4-H or FFA.
- ◆ Cat ID's and shot records are required to be on file before any classes or clinics can be attended or entry to the cat show will be accepted.
- ◆ Dog ID's and shot records are required to be on file before any classes or clinics can be attended or entry to the dog show will be accepted.
- ◆ 2021 Natrona County 4-H/FFA Ownership ID Certificate must be submitted for each cat and/or rabbit you intend to show. *Dogs are not required to adhere to the above requirement as previous years' records remain on file.*

DEADLINE: June 15, 2021

Alpaca

Breeding Beef, Dairy Cow, Feeder Calf

Breeding Sheep

Breeding Market Goat, Dairy Goat, Pack Goat

Horse

- ◆ Projects need to be declared as either 4-H or FFA.
- ◆ 2021 Natrona County 4-H/FFA Ownership ID Certificate must be submitted for each alpaca, breeding beef, dairy cow, feeder calf, breeding sheep, breeding market goat, dairy goat, pack goat, and/or horse, you intend to show.

REMINDER...

Members & leaders MUST be actively enrolled in order to participate in activities and to be covered by our insurance policy. If you have any questions regarding any of the deadlines or enrollment, please call the 4-H Office at 307-235-9400.

The Following Resources Are Being Made Available To You By The University of Wyoming Extension & Agricultural And Applied Economics

SIGNS AND SYMPTOMS OF **STRESS**

BEHAVIOR SIGNS

- ✓ Loss of interest in hobbies
- ✓ Trouble making decisions
- ✓ Relationship problems
- ✓ Poor concentration
- ✓ Negative thinking
- ✓ Substance abuse
- ✓ Anti-social
- ✓ Sad mood
- ✓ Irritability
- ✓ Worrying
- ✓ Anxiety



Additional Stress and
Mental Health Resources
Available at:
umash.umn.edu/stress

PHYSICAL SIGNS

- ✓ Poor or disturbed sleep
- ✓ Weight loss or gain
- ✓ Changes in appetite
- ✓ Stomach problems
- ✓ Grinding teeth
- ✓ Chest pain
- ✓ Poor hygiene



UMASH is funded by the National Institute for Occupational Safety and Health cooperative agreement U54OH010170.

WRITING A **Power of Attorney?**

Recommendations to Safeguard Against Financial Abuse



Carefully select the agent



Make an asset inventory



Appoint co-agents/monitor



Require regular accountings



Limit powers, especially self-serving gifting



Resources on powers of attorney and elder fraud are at <https://bit.ly/elderly-abuse>

BE INFORMED • BE PREPARED • BE INVOLVED

DO YOU KNOW SOMEONE WHO IS STRUGGLING?

Helpful Things to Say to Someone Who May Be Struggling

NATIONAL SUICIDE PREVENTION LIFELINE

www.suicidepreventionlifeline.org

1-800-273-8255

"What are you feeling?"

"I care and am here to listen."

"How have you dealt with things in the past?"

"How long have you been feeling like this?"

"Have you been thinking about suicide?"



Upper Midwest
Agricultural Safety
and Health Center



UNIVERSITY
OF WYOMING

College of Agriculture
and Natural Resources
Extension
Wyoming
Department of Agriculture

WYOMING



FOOD SAFETY SERIES

Classes for safe food preservation and production

Acidified Foods Processing (FDA preserving)

Feb. 4 & 5 - online

Mar. 3 & 4 - Jackson

Acidified Foods Processing (home preserving)

Feb. 12 - online and in Casper

Mar. 6 - Powell

Good Agricultural Practices (GAPs)

Feb. 24 - online

Feb. 22 - Casper

Mar. 2 - online and in Jackson

Register at

www.uwyo.edu/uwe/foodsafety

\$20
EACH



Acidified Foods Processing (home processing) This one day course is about home processing for low acid foods. Home processors and those selling under the Wyoming Food Freedom Act will be most interested it since it covers canning, preserving and pickling.

Acidified Foods Processing (FDA approved) is a two day class about acid foods, acidified foods, and fermented foods that are packaged, jarred, or canned. Participants will be certified in the acidified foods portion of the Better Process School, a requirement of the FDA. The book and testing will be provided.

Good Agricultural Practices (GAPs). GAPs are best practices of on-farm production and harvesting of fruits and vegetables to minimize risks of microbial food safety hazards. The one-day course will provide a foundation of GAPs, Food Safety Modernization Act Produce Safety Rule requirements, and details on how to develop a farm food safety plan.

TO ALL OF OUR
WONDERFUL 4-H MEMBERS
WHO CELEBRATE THEIR
BIRTHDAYS IN FEBRUARY...

Happy Birthday



Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Kelly Crane, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

The University is committed to equal opportunity for all persons in all facets of the University's operations. All qualified applicants for employment and educational programs, benefits, and services will be considered without regard to race, color, religion, sex, national origin, disability or protected veteran status or any other characteristic protected by law and University policy.