



April



College of Agriculture
and Natural Resources
Extension
Natrona County



NATRONA COUNTY 4-H "TIME TO GET TO WORK" EDITION

Dear 4-H Families & Friends:

4-H is an organization whose strength relies upon volunteer leaders. As fair is quickly approaching, I wanted to again thank these wonderful people for the time and attention that they as volunteer leaders pay to kids in the Natrona County 4-H program. Volunteer leaders are what makes 4-H tick and while we are incredibly busy with projects, we all know the most important aspect of the 4-H program is the growth and confidence that each 4-Her acquires through active participation in their club and other 4-H activities. I came across this article recently and believe its message is a good one for volunteer leaders to hear and be reminded that they are valued partners of the NC 4-H program. Natrona County 4-H is thankful for volunteers like you! Thank you so much for your enthusiasm and genuine dedication. Your time and talents are priceless...keep up the amazing 4-H work!! Stark, C. 2019, *Why we need 4-H volunteers*, Extension | University of Nevada, Reno
Volunteers offer the nurturing, vision, commitment, skills, creativity, dedication and wisdom that can significantly influence the development of young people.

What do volunteers do?

A 4-H volunteer is many things - mentor, advisor, friend, teacher, referee, role model, pacesetter and much more. Most importantly, a 4-H leader genuinely cares about young people and wants to help them learn and grow.

Volunteers:

- ◆ Teach young people important skills
- ◆ Help plan and conduct events
- ◆ Work in partnership (adults and youth) to lead 4-H clubs, activities, and events
- ◆ Supports and creates community service opportunities
- ◆ Shares his or her knowledge and interests with young people
- ◆ Recruit other volunteers
- ◆ Contribute by promoting and supporting 4-H

Leadership in 4-H doesn't depend on the amount of knowledge you have about a project. It relies on your willingness to help youth learn. While a young member's project might be photography, horses or sewing, the leader's project is always the YOUTH. Leadership is the ability to get along with people; to tackle a job and see it through. 4-H volunteers are valued partners and the key to the success of a member's learning, experience and continuing interest in 4-H.

Types of volunteers

4-H volunteer leaders are both youth and adults. Whether working year-round or for a short period of time, there are many ways to get involved with a group of youth.

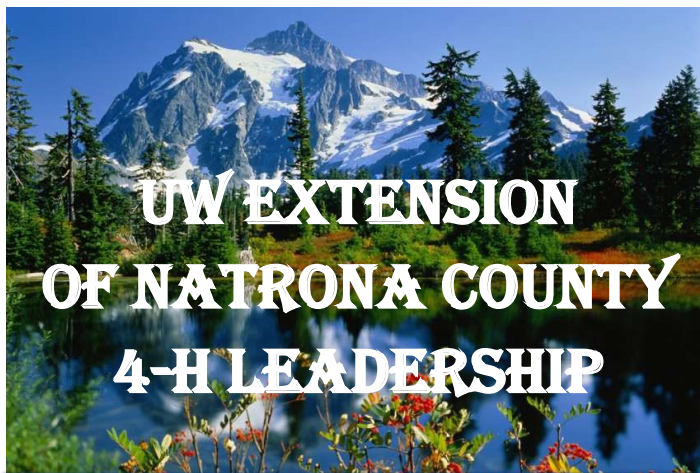
- ◆ A 4-H volunteer club leader provides overall leadership to the club, oversees the group structure and operation, while serving as the club's contact with the 4-H office. They coordinate members, parents, and other volunteer leaders within the club.
- ◆ A volunteer project leader teaches members in a specific project area, such as rabbits, computers or baking.
- ◆ A volunteer leader may also serve as superintendent to large project areas such as a livestock species, family consumer science, horse, and static exhibits.
- ◆ A volunteer short-term volunteer teaches a special interest program, such as babysitting, first aid or flower arranging, and/or assists a 4-H group with a special project.
- ◆ A volunteer chaperone leads a group of youth at state contests or trips.

Volunteer's 4-H Pledge

- ◆ I pledge my Head to give youth the information I can, to help them see things clearly and to make wise decisions.
- ◆ I pledge my Heart to encourage and support youth no matter whether they have successes or disappointments.
- ◆ I pledge my Hands to help youth groups; if I cannot be a leader, I can help in many equally important ways.
- ◆ I pledge my Health to keep youth strong and well for a better world through 4-H, for youth groups, our community, our country and our world.

Make the Best Better...

Joddee Jacobsen
UW Extension Educator, 4-H Youth Development, Natrona County



UW EXTENSION OF NATRONA COUNTY 4-H LEADERSHIP

PROFESSIONAL STAFF

4-H OFFICE

Joddee Jacobsen	UW Extension Educator
Karlene Wirrenga	Administrative Assistant
Quincy Gundersen	Rural Living & 4-H Program Associate
Sue Anderson	Fair Secretary

4-H VOLUNTEERS

4-H COUNCIL

Devonie Mueller	President
Keith Nachbar	Vice President
Sarah Emery	Secretary
Rose Jones	Treasurer
Amber Brooks	Member
Christine Dice	Member
Linda Montgomery	Member
Jen Morrison	Member
Vicki Pickett	Member
Jo Watson	Member
Leah Wiese	Member
Geoellen Stretesky	Member
Terry Stretesky	Member

4-H FOUNDATION

Leroy Dickinson	Chair
Harlan Robinson	Vice Chair
Kera Bullard	Secretary
Randy Buffington	Treasurer
Ed Atchley	Member
DeAnna Bradshaw	Member
Scott Cotton	Member
Jamie Haigler	Member
Joddee Jacobsen	Member
Devonie Mueller	Member
Phillip Rael	Member
Joan Wing	Member

CENTRAL WYOMING JUNIOR LIVESTOCK SALE

Burt Andreen	Chair
Aaron Emery	Vice Chair
Karel Loraas	Secretary
Brenda Janikowski	Treasurer

4-H SUPERINTENDENTS

Linda Montgomery	Alpaca
Brad Mueller	Beef
Devonie Mueller	Beef
Brian Wing	Beef
Candita Daniels	Cat
Shannon Hansen	Dog
Vicki Smith	Dog
Erin Danford	Family Consumer Science
Megan Kennedy	Family Consumer Science
Deena Wolf	Family Consumer Science
Linda Montgomery	General Projects
Teri Knoek	Goat
Deahn Amend-Noel	Goat
Leslie Chaplin	Horse
Christy Rodgers	Horse
Carlos Buckner	Poultry
Karen Buckner	Poultry
Michelle Forster	Poultry
Cecilea Hansford	Rabbit
Veronica Mason	Rabbit
Janel Schierkolk	Rabbit
Cory Brooks	Sheep
Heath Hornecker	Sheep
Jenn Magee	Sheep
Wendy Smith	Shooting Sports
Joe Wistisen	Shooting Sports
Jeremy Burkett	Swine
Tait Helmey	Swine
Alex Wolf	Swine
Dwayne Larsen	Tractor Driving (Small Engines)

4-H COMMUNITY CLUB LEADERS

Lisa Keith	Alcova
Lory Wing	Alcova
Teri Knoek	Barnyard Rebels
Lucinda Canchola	Bear Claws
Michelle Forster	Bear Claws
Bailey Mason	Boots & Buckles
Kandi Ossa	Buckaroos
Erin Gazda	Bullwinkles
Heather Warren	Can Do
Jodee Knight	City Dudes
Amanda Henderson	Elites
Jade Slaymaker	Elites
Kari Fransen	Elites
Tana Campbell	Hooves & Hides
Rebecca Raney	Kountry Kids
Trish Musser	Legendary Novaturients
Linda Montgomery	Meadow Acres
Jennifer Straight	Midnight Wonders
Christy Rodgers	Natrona County Horse Project
Wendy Smith	Natrona Country Shooters
Joe Wistisen	Natrona Country Shooters
Jennifer Magee	Platte River Wranglers
Devonie Mueller	Rockin' Wranglers
Keith Nachbar	Rough Riders
Mary Tvedt	Sage & Sand
Carol Whitney	Trail Busters
Jaime Hornecker	Young Guns

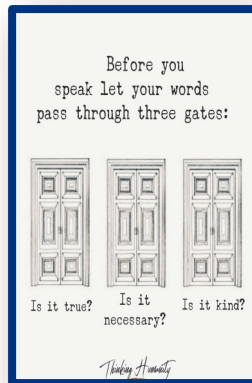
4-H JUDGING TEAM COACHES

Heath Hornecker	Livestock
Burt Andreen	Meats
Jack Stewart	Meats
Donna Hoffman	Produce
Ed Selby	Wool

Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>

UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>

Animal Opportunities
<https://wyoming4h.org/animaloppo/>



Natrona County Dog Project
<https://www.facebook.com/groups/428485018384342>

Natrona County 4-H Family & Consumer Science
<https://www.facebook.com/groups/517986822347457>

Natrona County 4-H / FFA Horse Show Committee
<https://www.facebook.com/natronacountyhorse>

Natrona County 4-H Poultry
<https://www.facebook.com/groups/242786253206671/>

Natrona County Beef Committee
<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>

Oil City Thumpers (Rabbits)
<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>

Natrona County Sheep Committee
<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>

Natrona Country Shooters 4H
<https://www.facebook.com/groups/671664486269956>

Natrona County Swine Committee
<https://www.facebook.com/groups/410594339599618/>

Natrona County 4H/FFA Jr. Livestock Sale
<https://www.facebook.com/centralwyomingjrlivestocksale/>

QUINCY'S CORNER



QUINCY GUNDERSEN
Rural Living & 4-H
Program Associate

April's educational opportunity is going to be pretty unique. There will be three guest speakers. First we will listen to one of our own Josh Bliss who is now working as a marketing agent at Breck Media Group. Josh will teach us how to market our livestock project to potential buyers. He will go over ways to approach a business, tell them what it is you are doing and what you want them to do for you. Buyers will be sure to remember you come sale time plus bringing in new buyers will only help our sale grow!

Then we will listen to Jessica Pratt from New York Life. Say we went out and got new buyers and got a great price for our animals, what do we do with this money. Jessica will teach us smart ways to invest into future projects, education funds, and more!

And finally we will hear from Gunnar Malstrom. Gunnar is a feed rep from Panhandle Coop Feed in Torrington, WY. He will go over finishing rations for ruminants and swine. Things like forage quality, protein percentages, and specific ingredients to really help your project animal finish out nicely.

It is not very often that you get to hear from 3 professionals all in one night. So if I were you I would take full advantage of this opportunity and come ready to learn and ask questions! This class will count towards a quality assurance credit. It will be taking place April 27th starting at 4:30 pm in the ARLC Casper Room. Space is limited so please RSVP.

Please contact me at (307) 235-9400 or email ggundersen@natronacounty-wy.gov to register.

If you are not
willing to learn,
no one can help you.
If you are
determined
to learn,
no one can
stop you.

FRIENDLY REMINDERS FROM THE 4-H OFFICE...

ARLC ROOM RESERVATIONS

We are still under Covid-19 restrictions. To reserve a room at the ARLC Building during regular business hours, please call Rose at 307-235-9400 as the 4-H office does not maintain the building calendar. *PLEASE REMEMBER: Do not prop open ARLC exterior doors as it compromises building security if they are accidentally left open once the event has ended.*

COMMUNICATION

4-H has a wealth of educational opportunities and the majority of these will take place at the club level with others coming from the 4-H office and the Wyoming 4-H state office.

We will communicate with you using the following communication sources; therefore, it's your responsibility to check them on a regular basis:

- ◆ Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>
- ◆ UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>
- ◆ Natrona County 4-H Monthly Newsletter

Please check the links listed above for the latest edition! Because we will be unable to send mass emails, we are relying on our members to check these links for the latest editions.

Please read it carefully and take note of the items that apply to you, your family, your project area(s), and your club.

- ◆ Natrona County 4-H Emails
Please open and read the emails that the Natrona County 4-H office and its volunteers send you. In addition to the links mentioned above, this is how we will keep you updated and let you know of changes, scheduled activities, etc.

ZSUITE


We are only able to communicate with you if you are enrolled in ZSuite with a valid email address; therefore, we ask that you get enrolled in ZSuite and pay the \$12.00 fee if you have not done so already so we can activate your membership.

As always, continue to check the links below on a regular basis for information such as announcements, newsletters, etc.

Follow us on Facebook @ Natrona County 4H
<https://www.facebook.com/NatronaCounty4H/>

UW Natrona County Extension 4-H Website
<https://wyoextension.org/natronacounty/newsletters-2/>

***** If you enrolled in ZSuite and have not been receiving communications via email, please log into your ZSuite account and verify that your email address on file is correct as we have been receiving notifications that some email addresses are invalid.**



NC 4-H: ARE YOU ENROLLED?

IF YOU ARE NOT ENROLLED FOR THE
2020-2021 4-H YEAR, YOU WILL NOT
RECEIVE NEWSLETTERS & IMPORTANT
COMMUNICATION FROM THE 4-H
OFFICE, & ARE NOT ELEGIBLE TO
PARTICIPATE IN 4-H ACTIVITIES.

<https://4h.zsuite.org/>

*~ You must be enrolled with ACTIVE status in ZSuite to
participate in all 4-H activities including tagging.
Your membership will not be activated in ZSuite until your
payment is received by the 4-H office. ~*

BEGINNING OCTOBER 1, 2020, YOU MUST ENROLL/RE-ENROLL IN ZSUITE FOR THE 2020-2021 4-H YEAR

NEW MEMBERS & RETURNING MEMBERS

Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- You must be enrolled with ACTIVE status to participate in all 4-H activities. Your membership will not be activated until payment is received.
- Enrollment fees are \$12.00 per 4-H member including Cloverbuds. Mail your check made payable to the Natrona County 4-H; 2011 Fairgrounds Road; Casper, WY 82604 or pay via credit card by calling the 4-H office at 307-235-9400.

NEW VOLUNTEERS

Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- Complete the mandatory background screening & training is valid for 5 years
** A break in service will require you to restart the process.*
- Complete the mandatory online 4-H Volunteer Orientation.
- Complete the MVR check.
- There is no enrollment fee for volunteers.

RETURNING VOLUNTEERS

Only after all of the following requirements are met will your membership will be activated.

- Enroll using <https://4h.zsuite.org/>
- Complete the mandatory background screening & training every 5 years.
** A break in service will require you to restart the process.*
- Complete the annual leadership training.
- Complete the MVR check.
- There is no enrollment fee for volunteers.

Please call Karlene at 307-235-9400 or email her at kwirrenga@natronacounty-wy.gov with any questions.

IMPORTANT!

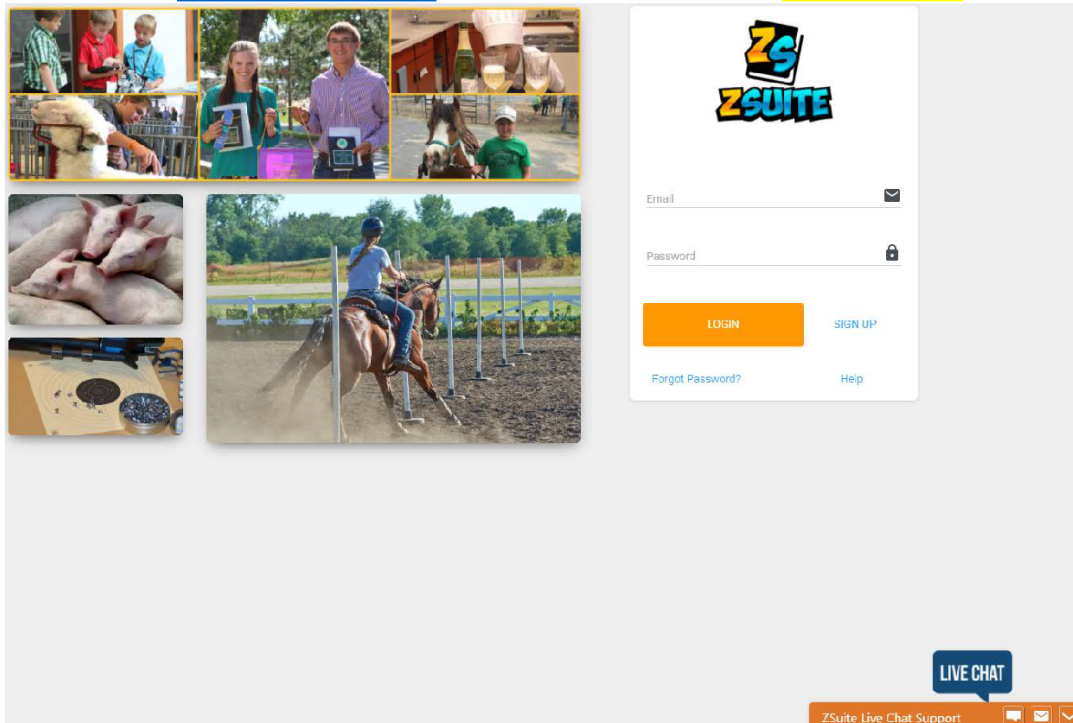
You are NOT covered by 4-H insurance and will not be allowed to participate until your membership is ACTIVE status in ZSuite.

REMINDER: Throughout the year, if your contact information has changed (name, mailing address, phone number, email address, etc.), it is your responsibility to update your profile in ZSuite. ***Failure to do so, may result in you missing an important deadline and/or information pertaining to your 4-H project(s).***

HOW TO SIGN UP FOR THE FIRST TIME IN ZSUITE

1. WEBSITE: <https://4h.zsuite.org/>

New Users: **Click SIGN UP**



2. Fill out the Register New Household Information. Select a Primary Profile Access PIN which is needed to enter the primary household account. **Click LET'S GO** (If you get an error message that your email address is already used, go back to the main screen and click on Forgot Password? as some profiles were transferred over from 4HOnline.com)
3. You are now on the Dashboard screen. **Click + HOUSEHOLD MEMBER**
Enter the First Name, Last Name, Role (Member or Volunteer), and Member's Birthday. You may choose a preloaded avatar or upload a personal photo by clicking CHOOSE PICTURE. **Click CONTINUE**
4. **Select the PERSONAL INFO tab.** All fields marked with an asterisk (*) are required. **Click NEXT** to get to the WAIVERS tab.
5. **Select the WAIVERS tab.** **Click ↓** next to each section to sign off on all the waivers. (You must agree in order to proceed.) On the Health Form, put N/A or none if the required field does not apply to your member. **Click NEXT** to get to the CLUBS tab.
6. **Select the CLUBS tab.** Choose your club from the drop down menu. **Click ADD CLUB**
NATRONA COUNTY 4-H FIRST TIME MEMBERS: If this is your first year with the Natrona County 4-H, please choose "1-Club Placement Requested Natrona". The Natrona County 4-H Office will assist you in placing your member in a club that has openings based upon the projects that your child has enrolled in.
7. **Select the PROJECT tab.** Choose project from the drop down menu. **Click ADD PROJECT.** Repeat process until all projects are selected. Some Animal Projects have a required field that you may not have information for. If this happens, please enter this 4-digit number "0000" in that required field.
CLOVERBUD MEMBERS: Choose only the Cloverbud project.
8. Verify all information is correct including your Club and Project selections. **Click SUBMIT**
After you Click SUBMIT, your enrollment will be sent to the Natrona County 4-H Office Administrators for approval.

Questions? Contact Quincy
307-235-9400
ggundersen@natronacounty-wy.gov

Natrona County 4-H Presentations

We will be doing presentations virtually again this year.

Be watching your email for instructions on uploading your presentations
Presentations are due May 3rd.



CENTRAL WYOMING JUNIOR LIVESTOCK SALE MEETING DATES

Date: April 20, 2021
Date: May 18, 2021
Date: June 22, 2021
Date: September 21, 2021
Date: November 23, 2021
Time: 6:00 p.m. to 8:00 p.m.
Place: ARLC Casper Room

HORSE PROJECT MEETING

Tuesday
April 13, 2021
5 PM
Casper Room
Please enter
the Casper
Room on the
east side of
the ARLC.



2021 SAVE THE DATE

2021 Cloverbud Camp

Date: April 24, 2021

2021 4-H/FFA Market Goat & Market Sheep Tagging

Date: May 1, 2021

2021 4-H/FFA Market Swine Tags Pickup @ 4-H Office

Date: May 3-12, 2021

2021 4-H Market Swine Tag ID Online Deadline in ZSuite

Date: May 25, 2021

2021 4-H/FFA Cat Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H/FFA Dog Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H/FFA Rabbit Ownership ID Certificates Due

Date: May 3, 2021

2021 4-H Dog Show

Date: June 4-6, 2021

2021 4-H Cake Decorating/Foods/Table Setting Contests

Date: June 5, 2021

2021 4-H County Shoot

Date: June 5-12, 2021

2021 4-H Quest For Knowledge

Date: June 9, 2021

2021 4-H Cloverbud Rodeo

Date: June 10, 2021

2021 4-H Cat Show

Date: June 12, 2021

2021 4-H/FFA All Other Ownership ID Certificates Due

Date: June 15, 2021

2021 4-H Showcase Showdown

Date: June 15-17, 2021

2021 4-H Fashion & Fabric Contest

Date: June 24, 2021

2021 General Judging (Interview & Static Projects)

Date: June 30, 2021

2021 Central Wyoming Fair & Rodeo

Date: July 9-17, 2021

2021 Central Wyoming Junior Livestock Sale

Date: July 17, 2021

2021 4-H Horse Show

Date: July 31-August 1, 2021

2021 Wyoming State Fair

Date: August 17-21, 2021

DISCLAIMER

All information (dates, times, etc.) is subject to change. We will do our best to give as much advance notice as possible. Thank you for your cooperation and understanding.



Natrona County 4-H & the Natrona County 4-H Foundation would like to thank our sponsors at this year's 2021 Flannel & Frost Dinner and Auction Fundraiser!

We are so appreciative of your generous support of 4-H youth and the 4-H mission of youth development. **THANK YOU** for all you do for us!!

Below is a list of our 2021 sponsors...

OVERALL CHAMPION TABLES

Casper Buick GMC, LMA
Hat Six Travel Center & Sleep Inn
Trigger Energy, Inc.

GRAND CHAMPION TABLES

Air Comfort Complete, Inc.
Foss Motors
Hilltop Bank
Rooster Ranch

RESERVE CHAMPION TABLES

A+ Builders, LLC
Buckingham Strategic Wealth
Cowboy State Custom Meats
Ed & Debbie Atchley
Geotec Industrial Supply
Hat Six Travel Center
High Plains Power, Inc.
Platte Valley Bank
Powder River Armory
Rocky Mountain Weed Control
Stotz Equipment
Sutherland's
Wild West Construction, LLC
Wyoming Surgical Associates, PC

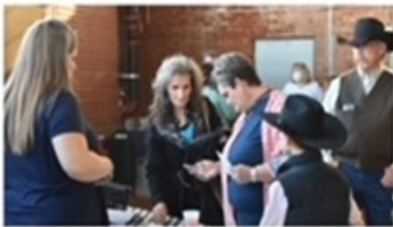
INDIVIDUAL TICKETS

Alex & Deena Wolf
April Hegge
Brad & Devonie Mueller
Christy Rodgers
Dawn Martinez
Esther Clark
Gary Sundseth
Jared & Nicole Williams
Jerry Galles
Jody Ettles
Jody Young
Josh Bliss
Paul & Novella Marvel
Peak Asset Managers
Phillip Rael
Reba Sundseth
Rose Jones
Ryan & Marcie Smith
Shane & DeAnna Brow
Shon & Laurie Lindsey
Smith RV Sales & Service, Inc.
Wayne Wirrenga

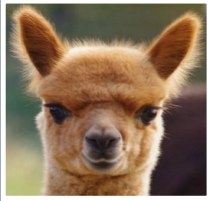


What an amazing night at the 6th Annual NC 4-H Foundation Flannel & Frost fundraiser! Thank you so much to our incredible sponsors and all our friends who came out to support the 4-H program!! We couldn't do what we do without you!! Thank you to our volunteers, 4-H staff, & the NC 4-H Foundation board members who worked very hard to make this an amazing and fun filled evening. The music of Zack Schommer was perfect and added to the fun as well as the energy and humor that Rodeo Rick brings to the event and his hard working team. You are all awesome!! Thanks to all who attended and already looking forward to seeing you all next year!! Save the date for Saturday, January 29, 2022!

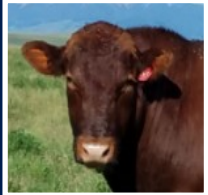
2021...Our best fundraiser yet!



CHECK OUT WHAT'S HAPPENING WITH YOUR 4-H PROJECT AREA . . .



ALPACA PROJECT

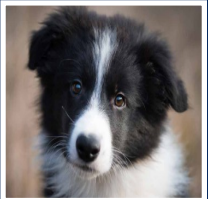


BEEF PROJECT

<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>



CAT PROJECT



DOG PROJECT

Be watching Facebook for information regarding agility and obedience classes.

<https://www.facebook.com/groups/428485018384342>



GOAT PROJECT

*Tagging scheduled for May 1 2021, at 9:00 a.m. (See page #21 for details)
Alternate tagging with valid Hardship on April 27, 2021 (call 4-H Office)*



HORSE PROJECT

*Meeting scheduled for April 13, 2021, at 5:00 p.m. in ARLC Casper Room
(Use ARLC East Entrance Doors)*

<https://www.facebook.com/natronacountyhorse>

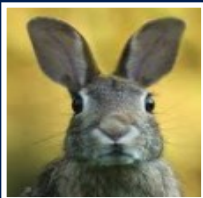


POCKET PET PROJECT



POULTRY PROJECT

<https://www.facebook.com/groups/242786253206671/>



RABBIT PROJECT

*Tattoo clinic for breeding rabbits ONLY scheduled for April 10, 2021, at 9:00 a.m.
@Janel Schierkolk's residence*

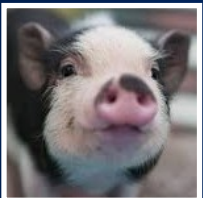
<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>



SHEEP PROJECT

*Tagging scheduled for May 1 2021, at 10:30 a.m. (See page #21 for details)
Alternate tagging with valid Hardship on April 27, 2021 (call 4-H Office)*

<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>



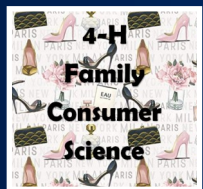
SWINE PROJECT

Tag available for pickup May 3-12 2021. (See page #22 for details)



CLOVERBUD PROJECT

*Cloverbud Camp scheduled for April 24, 2021, at 10:00 a.m.
@ the ARLC Casper Room
(Use ARLC East Entrance Doors)*



FAMILY CONSUMER SCIENCE PROJECT

*Virtual Fabric & Fashion group scheduled for various dates.
(See page #28 for details)*

<https://www.facebook.com/groups/517986822347457>



GENERAL PROJECTS



SHOOTING SPORTS PROJECT

Natrona Country Shooters Schedule (See page #14 for details)

<https://www.facebook.com/groups/671664486269956>



TRACTOR DRIVING PROJECT



JUDGING TEAMS

*Meat judging practice is every Sunday @ Casper College Pavilion from 12:45 PM to 3:45 PM.
Wool judging practice will begin in a few weeks.*

Please contact Jack Stewart at 307-251-0033 for more information..



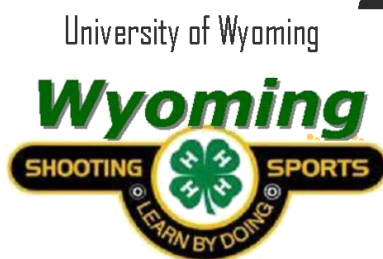
April



NATRONA COUNTRY SHOOTERS SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
		Archery week 1				
4	5	6	7	8	9	10
		Archery week 2		Shotgun		Muzzleloader
		Club meeting				
11	12	13	14	15	16	17
.22 rifle/pistol		Air rifle/ Air pistol		Shotgun		Muzzleloader
18	19	20	21	22	23	24
.22 rifle/pistol		Archery week 1		Shotgun		Muzzleloader
25	26	27	28	29	30	1
.22 rifle/pistol		Archery week 2		Shotgun		
2	3	4	5	6	7	8





2021 4-H Shooting Sports Leader Certifications

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.



CHANGING THE FUTURE OF
YOUTH SHOOTING SPORTS



Northwest Area

Previously Held

Central Area

Previously Held

Southeast Area

Previously Held

Northeast Area

Previously Held

Southwest Area

- **Uinta County, Lyman**
- **Dates - April 10-11, 2021**
- [Registration link: Uinta County](#)

You can register using the links above or visit the Wyoming 4-H webpage at: <http://www.uwyo.edu/4-h/> then select "Volunteers" and "Additional Trainings."

Warren Crawford
Youth Development Specialist
University of Wyoming Extension
College of Agriculture and Natural Resources
1000 East University Ave. Dept.
3354
Laramie, WY 82071
(307) 766-5170
crawford@uwyo.edu

JOEY JOHNSON MEDICAL BENEFIT ONLINE AUCTION APRIL 2021



How to Donate:

Contact one of the following people:

Tracy Turnell-Thomas - tracyturnellthomas@gmail.com

Bobbie Clark - bobbieclarkslp@gmail.com

Joe Thomas - jotr2001@yahoo.com

(You may also send any of us a message on Facebook Messenger.)

Deadline for giving Donations of Items:

Wednesday, April 14th - Contact one of the people above to make arrangements. Items will be gathered in Cody in one central spot.

Cash Donations:

Make checks out to Joey and Melissa Johnson and contact one of the people above. Checks will be gathered and given to the Johnson family at the end of the auction.

Ending Date of Online Auction:

Friday, April 30, 2021

Pickup Date for Items:

Saturday, May 1st - unless prior arrangements have been made. See the auction website for more information.

Website for the Online Auction: <https://swensonsauctions.com/>

(A huge thank you to Travis Swenson and Swenson's Auctions for their time and expertise!) This event will not be available for viewing until after all items are gathered in mid-April.

Proceeds will go to offset medical expenses for Joey Johnson. He and his family have given countless hours to so many individuals and communities and this is a small attempt to show our support as he takes on this health challenge. Please help spread the word and share this event!



Cloverbud Camp

SATURDAY, APRIL 24, 2021

10 AM – 11:30AM

PLEASE ENTER THE CASPER ROOM ON THE
EAST SIDE OF THE BUILDING.

RSVP REQUIRED 235-9400



2021 Volunteer Training Series

All trainings will be done via Zoom, and online learning classroom and run from 6:30—7:30 pm.

Previously Held

Previously Held

Previously Held

Communication Best Practices—April 26, 2021

Communication is the key to success in a 4-H program. Key leaders from around the state will share communication techniques that work well for them and how you too can use them to communicate to your club and project members.

A link to participate in the meetings above will be sent to your 4-H enrollment e-mail account one week prior to the meeting. If you are unable to access the link or a computer, please contact your local 4-H Educator to talk about option. Hope to see you there

The Final Steps of your Livestock Project

Learn about finishing rations from Gunnar Malstrom, feed representative from Panhandle Coop Feed

Learn about investing and getting the most from your livestock project from Jessica Pratt of New York Life

Learn about marketing your livestock project to potential buyers from Josh Bliss, marketing agent from Breck Media Group

4:30 PM April 27th, 2021 in the ARLC Casper Room

Limited to 50 people so please RSVP.

This will count towards your quality assurance credit. Remember you must take a QA class in order to sell an animal at the 2021 CWFR Junior Livestock Sale. Proof of taking a class is due to the 4-H office by June 15th 2021. See the March newsletter for other options.

Please contact Quincy with any questions @ 307-235-9400 or qgundersen@natronacounty-wy.gov



REMINDER...LAST DAY TO

ADD/DROP 4-H PROJECTS

Check your ZSuite account and make sure
you are enrolled in the correct projects.

Deadline is April 30, 2021

Go into your ZSuite profile
and make sure that you are
enrolled in the correct
projects.

If you have any questions,
please call Karlene at
307-235-9400 or email
kwirrenga@natronacounty-wy.gov
PRIOR TO THE DEADLINE.

2021 NATRONA COUNTY 4-H/FFA OWNERSHIP I.D. CERTIFICATES

DEADLINE: May 3, 2021

Cats

Dogs

Rabbits

- ◆ Projects need to be declared as either 4-H or FFA.
- ◆ Cat ID's and shot records are required to be on file before any classes or clinics can be attended or entry to the cat show will be accepted.
- ◆ Dog ID's and shot records are required to be on file before any classes or clinics can be attended or entry to the dog show will be accepted.
- ◆ 2021 Natrona County 4-H/FFA Ownership ID Certificate must be submitted for each cat and/or rabbit you intend to show. *Dogs are not required to adhere to the above requirement as previous years' records remain on file.*

DEADLINE: June 15, 2021

Alpaca

Breeding Beef, Dairy Cow, Feeder Calf

Breeding Sheep

Breeding Market Goat, Dairy Goat, Pack Goat

Horse

- ◆ Projects need to be declared as either 4-H or FFA.
- ◆ 2021 Natrona County 4-H/FFA Ownership ID Certificate must be submitted for each alpaca, breeding beef, dairy cow, feeder calf, breeding sheep, breeding market goat, dairy goat, pack goat, and/or horse, you intend to show.

REMINDER

Members & leaders MUST be actively enrolled in order to participate in activities and to be covered by our insurance policy. If you have any questions regarding any of the deadlines or enrollment, please call the 4-H Office at 307-235-9400.

TAGGING UPDATES FOR MARKET ANIMALS

2021 NATRONA COUNTY 4-H/FFA MARKET GOAT TAGGING

DATE: SATURDAY, MAY 1, 2021

Time: 9:00 AM—10:30 AM

Place: CWFR Arena Annex

- 4-H/FFA members must be enrolled in the market goat project by Friday, April 30, 2021, to be eligible to tag their animals.
- You will need to declare whether the animal will be a 4-H or FFA project animal.
- You must have *proof of ownership papers* and a *scrapies tag* for each animal tagged.
- You will be given paperwork to complete on each animal you plan to tag when you arrive.
- \$5.00 per animal tagging fee will be collected.

2021 NATRONA COUNTY 4-H/FFA MARKET SHEEP TAGGING

DATE: SATURDAY, MAY 1, 2021

Time: 10:30 AM—Noon

Place: CWFR Arena Annex

- 4-H/FFA members must be enrolled in the market sheep project by Friday, April 30, 2021, to be eligible to tag their animals.
- You will need to declare whether the animal will be a 4-H or FFA project animal.
- You must have proof of ownership papers and a scrapies tag for each animal tagged.
- You will be given paperwork to complete on each animal you plan to tag when you arrive.
- \$5.00 per animal tagging fee will be collected.

IF YOU ABSOLUTLEY CANNOT MAKE THE MAY 1, 2021, DATE, superintendents will be available to tag on Tuesday, April 27, 2021 @ 6:00 PM. YOU MUST EMAIL the 4-H office to reserve and have a valid HARSHIP. (Karlene Wirrenga kwirrenga@natronacounty-wy.gov)



IMPORTANT

The male rectangle with stem is placed on the **BACK OUTSIDE** of ear.
The female button is placed on the **FRONT INSIDE** of ear.

2021 MARKET SWINE TAGGING

4-H/FFA members must declare their animal as either a 4-H or FFA project and be enrolled in the market swine project by Friday, April 30, 2021.

2021 NATRONA COUNTY 4-H/FFA MARKET SWINE TAGS WILL BE AVAILABLE FOR PICK-UP

DATE: MAY 3, 2021 THRU MAY 12, 2021

Time: 8:00 a.m. to 4:30 p.m.

Place: ARLC 4-H Office

- **EXHIBITORS WILL TAG THEIR OWN ANIMALS.**
- A copy of the ownership papers for each animal must be submitted to the 4-H Office at the time of tag pickup.
- 2021 Swine Ear Notch Form must be completed for each swine and submitted to the 4-H Office at the time of tag pickup (if applicable).
- \$5.00 per animal tagging fee will be collected at the time of tag pickup.
- 4-H market swine project animals must be entered with their ID information & pictures online into ZSuite by May 25, 2021. *(No paper Ownership ID Certificates for 4-H market swine animals)*
- FFA market swine project animal information must be submitted manually on the 2021 Natrona County FFA Market Swine Ownership ID Certificate with two printed out pictures to the 4-H Office by May 25, 2021. *(Forms will be given to FFA members at the time of tag pickup.)*



IMPORTANT

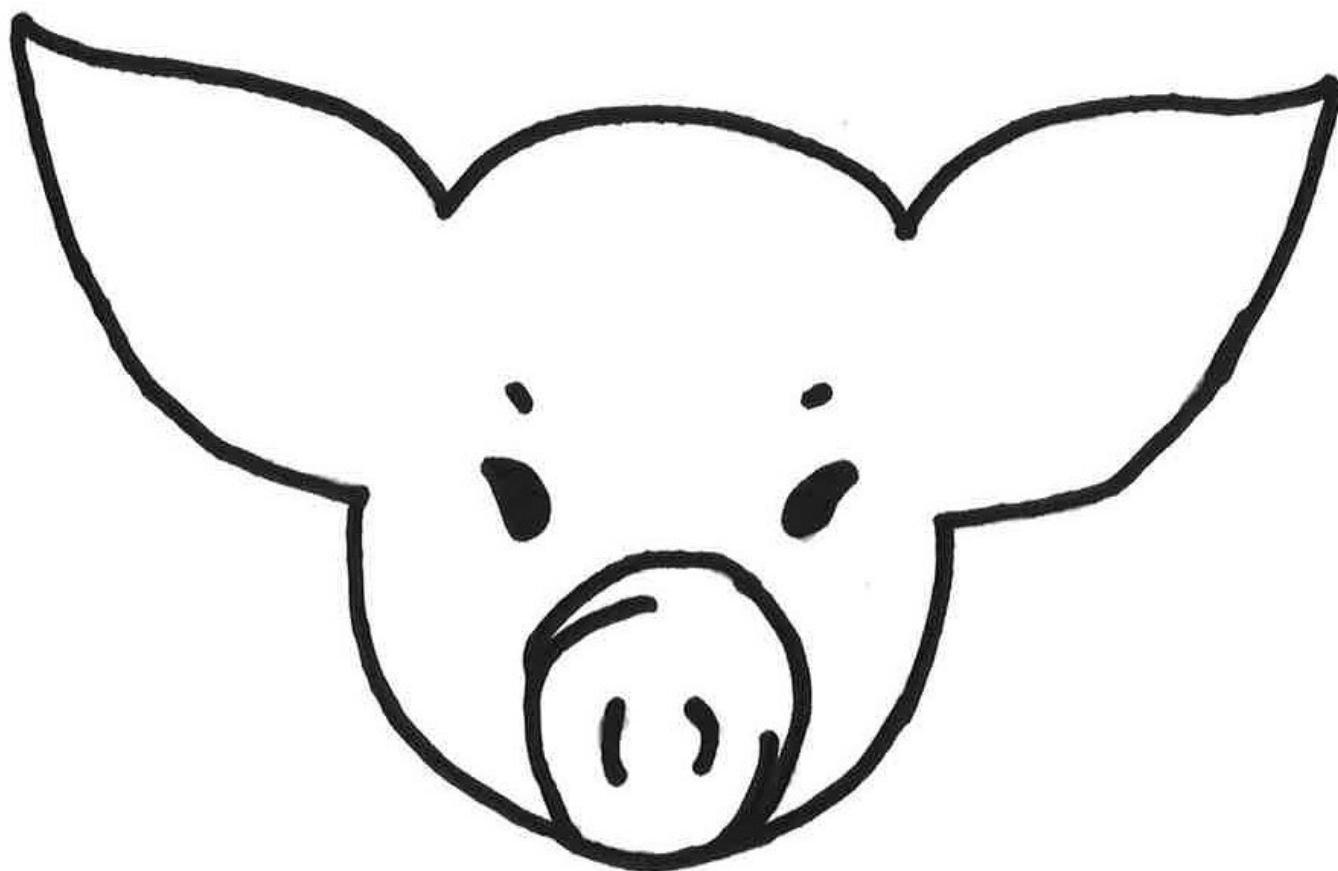
**The male rectangle with stem is placed on the BACK OUTSIDE of ear.
The female button is placed on the FRONT INSIDE of ear.**

2021 SWINE EAR NOTCH FORM

Member's Name: _____

Common Call Name of Swine: _____

15-Digit Individual Tag #: _____





ELEVATE YOUR IDEAS!

Have an idea for a business, but don't know where to start? Build a foundation for success through the 2021 Rocky Mountain Youth Entrepreneur Series.

The series will be an opportunity for youth to establish a business plan, strategize future vision, meet like-minded peers, and get inspired by speakers who are business professionals. They will offer guidance and support for your business venture.

Register Today!

<https://forms.gle/dQAgoP98xgbH1siZA>

Funding for RMYES was provided by the John P. Ellbogen Foundation: Wyoming Communities, Agriculture, and Rural Living Project Fund. RMYES was developed by Kellie Chichester, Mary Louise Wood, Joddee Jacobsen, and Glenn Owings.

SEMINAR DATES

Previously Held

5.10.2021

6:30 PM VIA ZOOM
Business Plan/Proposal & Management Plan/Proposal with a business professional

6.17.2021

Laramie, Showcase Showdown
In-Person Check-In & Lunch/Dinner in Laramie

DATE TBD

Douglas, State Fair
In-Person Check-In & Lunch/Dinner in Douglas

9.13.2021

6:30 PM VIA ZOOM
Product/Service Plan & Vision/Service Proposal

10.9 -10.10.2021

Cody, Weekend Trip
Analyze Market

CONTACT INFO

Kellie Chichester
kelliec@uwyo.edu
(307) 334-3534



Facebook Page

ROCKY MOUNTAIN YOUTH ENTREPRENEUR SERIES

WHAT DOES IT MEAN TO BE AN ENTREPRENEUR?

An entrepreneur is someone who organizes, manages and assumes the risks of a business or enterprise.



WHAT WILL I LEARN DURING THE SERIES?

- Phase One of the Rocky Mountain Youth Entrepreneur Series will assist youth in establishing a business plan, creating a management proposal, forming a vision for their business (to include a Mission Statement/Vision Statement) and work with youth to analyze the market.
- Phase Two of the series will include lessons on business competition, marketing, operation and financial plans and business contingency plans. To complete the series, youth will pitch and present their completed Business Plan to a panel of business professionals for feedback and advice.

Open to Wyoming
Youth (Age 14 & older)

3 Unique
Virtual Classes

2 In-Person
Check-Ins

1 Weekend
Trip



Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Kelly Crane, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

The University of Wyoming is an equal opportunity/affirmative action institution.

2021 QUALITY ASSURANCE

YOUTH PLANNING TO SELL AN ANIMAL THROUGH THE CENTRAL WYOMING FAIR JR. LIVESTOCK SALE MUST COMPLETE A QUALITY ASSURANCE TRAINING EACH YEAR.

The 4-H Quality Assurance (QA) Class teaches youth about the quality of meat and food products that come from livestock. Quality assurance for livestock producers means making a promise to the consumers from food production animals. Quality assurance is a pledge or promise to:

1. provide a food animal product preferred by consumers, and
2. provide a safe, wholesome food animal product. Food animals are those whose products (meat, milk, and eggs) have the potential to become part of the food chain.

The promise made is that products from livestock will be the highest possible quality and 4-H/FFA youth producers will do everything possible to make these products safe to eat and that our sale is of the highest quality.

REQUIREMENTS FOR SALE ELIGIBILITY

► All FFA (13 and younger), Junior and Intermediate 4-Her's will be required to take **one** QA clinic each year to sell an animal(s) in the Natrona County Jr. Livestock Sale at the Central Wyoming Fair.

► FFA & Senior members (ages 14- 19) will be required to take one year of QA education to sell an animal(s) in the Natrona County Livestock Sale at the Central Wyoming Fair. If the first year of a livestock project is taken as a Senior, the QA clinic must be taken that same year.

THIS YEAR, CHOOSE ONE OF THE FOUR OPTIONS AVAILABLE:

Option 1: FREE option w/ general content. Must be completed by June 15, 2021. Uinta County will email it to the NC 4-H office. **THE LIVE LINKS ARE LISTED BELOW.** Contact the Uinta County Office with questions (307) 783-0570.

Level 1 (1st Year Junior)

Webinar 1

Questions & Assignment

Level 2 (2nd or 3rd year Junior)

Webinar 2

Questions & Assignment

Level 3 (1st Year Intermediate)

Webinar 3

Questions & Assignment

Level 4 (2nd or 3rd year Intermediate)

Webinar 4

Questions & Assignment

Level 5 (Senior)

Webinar 5

Questions & Assignment



Option 2: \$12 Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. YQCA website at <http://yqca.org/> **Certificate of Completion is due to the 4-H Office by June 15, 2021.**

Option 3: FFA member has Quality Assurance as part of their FFA coursework. The FFA advisor may sign-off for that member to verify that the Quality Assurance requirement has been met for that member to sell in the 2020 4-H/FFA Jr. Livestock Sale for 2020. **Signed form is due to the 4-H Office by June 15, 2021.**

Option 4: Attend one of the clinics (in person or virtual) provided by the Natrona County 4-H office or other county 4-H offices. Check Facebook and the newsletters for upcoming opportunities.

NATRONA COUNTY 4-H QUALITY ASSURANCE VERIFICATION FORM

This form should be used to verify attendance at a
non-Extension sponsored workshop or to receive credit through FFA.
This form must be signed by your FFA advisor to receive credit.

FFA Member's Name: _____

FFA Member's Phone Number: _____

FFA Member's Email Address: _____

Title of Quality Assurance Training: _____

Date of Quality Assurance Training: _____

Organization Presenting Training: _____

Organization's Contact Person: _____

Contact Person's Phone Number: _____

Contact Person's Email Address: _____

By signing below, I verify that the above stated youth attended a quality assurance training which covered a portion of animal husbandry topics based around at least one of the following focus points:

1. Daily care and management prevention.
2. Animal handling, carcass and product quality.
3. Medication and health products.

FFA Advisor's Name (Print): _____

FFA Advisor's Signature: _____

Date of Signature: _____

IMPORTANT NOTICE

It is your responsibility to return it to the Natrona County 4-H Office by June 15, 2021.
You may drop it by the office or email it to Karlene Wirrenga at kwirrenga@natronacounty-wy.gov



Photo Credit: Dirt Road Wife
Photography

Virtual Fabric & Fashion Group

Are you ready to
learn more
about the Fabric
& Fashion
Project?

Join 4-H Fashionista Kadra Clark
each month for a virtual session to
explore the possibilities of this
versatile and fun project. Planned
sessions include:

Previously Held

Personal Appearance: May 4th

Fashion Revue: June 1st

All sessions will be at 6:30 p.m.
First Tuesday of each month

WYOMING 4-H PRESENTS

JUNE 15-17

Showcase

Showdown

2021

LARAMIE • WYOMING

SAVE THE DATE!

FOR MORE INFORMATION CONTACT YOUR
LOCAL EXTENSION OFFICE

SIGNS AND SYMPTOMS OF **STRESS**

BEHAVIOR SIGNS

- ✓ Loss of interest in hobbies
- ✓ Trouble making decisions
- ✓ Relationship problems
- ✓ Poor concentration
- ✓ Negative thinking
- ✓ Substance abuse
- ✓ Anti-social
- ✓ Sad mood
- ✓ Irritability
- ✓ Worrying
- ✓ Anxiety

Additional Stress and
Mental Health Resources
Available at:
umash.umn.edu/stress

PHYSICAL SIGNS

- ✓ Poor or disturbed sleep
- ✓ Weight loss or gain
- ✓ Changes in appetite
- ✓ Stomach problems
- ✓ Grinding teeth
- ✓ Chest pain
- ✓ Poor hygiene



UMASH is funded by the National Institute for Occupational Safety and Health cooperative agreement U49OH01070.

DO YOU KNOW SOMEONE WHO IS STRUGGLING? Helpful Things to Say to Someone Who May Be Struggling

NATIONAL SUICIDE PREVENTION LIFELINE

www.suicidepreventionlifeline.org

☎ 1-800-273-8255

"What are you feeling?"

"I care and am here to listen."

"How have you dealt with things in the past?"

"How long have you been feeling like this?"

"Have you been thinking about suicide?"



Upper Midwest
Agricultural Safety
and Health Center



These Resources Are Being Made Available To You By The University of Wyoming Extension & Agricultural And Applied Economics

HOW DOES STRESS AFFECT FARMERS & RANCHERS?

**TAKING THIS SURVEY HELPS US
SAVE FARMERS' & RANCHERS' LIVES**

SURVEY DETAILS:

- Information from this survey will determine how assistance for farmers & ranchers will be provided
- All submissions will be anonymous
- Survey only takes 15 minutes of your time

**COMPLETE THE SURVEY & ENTER TO
WIN A \$50 ONLINE GIFT CARD**

*TEN \$50 CARDS AVAILABLE PER PARTICIPATING STATE

**SURVEY LINK:
[HTTPS://BIT.LY/AGRI-STRESS-SURVEY](https://bit.ly/agri-stress-survey)**

CONTACT US:

If you have any questions or concerns, you can contact
Dr. Lorann Stallones at lorann.stallones@colostate.edu.
THANK YOU FOR YOUR PARTICIPATION!

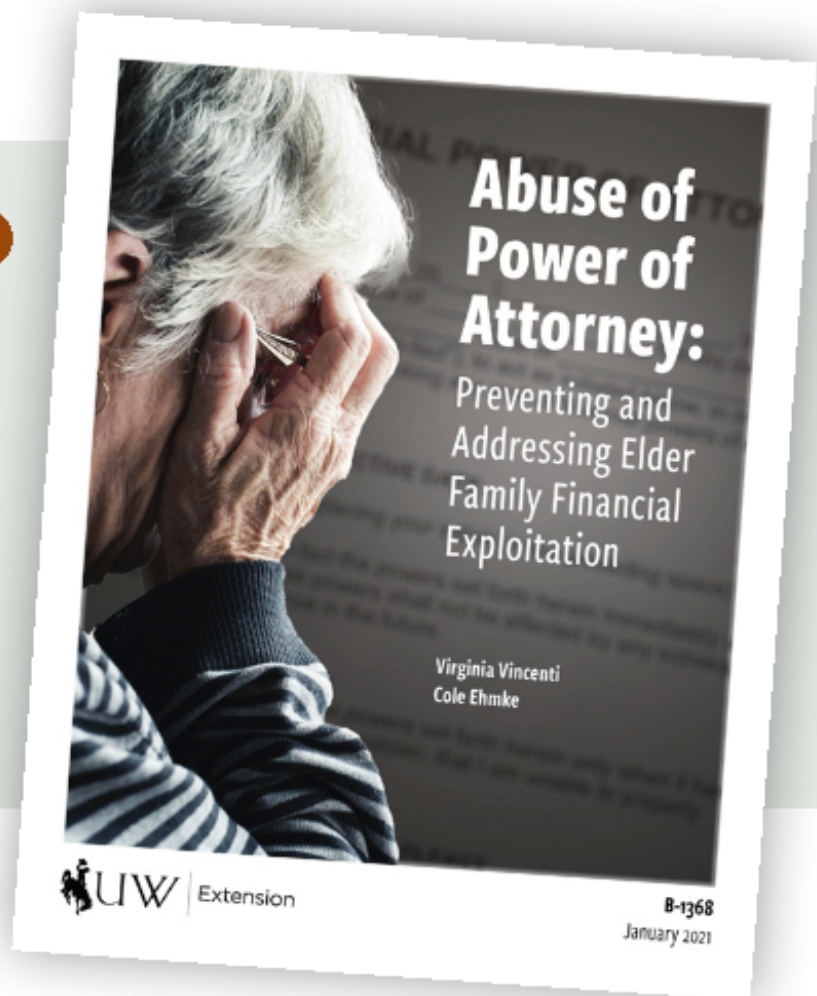


WRASAP
Western Regional Agricultural
Stress Assistance Program



Made with PosterMyWall.com

DOWNLOAD UW Extension's New POWER OF ATTORNEY Bulletin



A financial power of attorney is a potent estate planning tool, but it has the potential to be exploited. *Abuse of Power of Attorney: Preventing and Addressing Elder Family Financial Exploitation* provides best practices on setting up a document to avoid abuse, and guidance for responding when it occurs.

Download now at
<https://bit.ly/elderly-abuse>



TO ALL OF OUR
WONDERFUL 4-H MEMBERS
WHO CELEBRATE THEIR
BIRTHDAYS IN APRIL...

Happy Birthday



Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Kelly Crane, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

The University is committed to equal opportunity for all persons in all facets of the University's operations. All qualified applicants for employment and educational programs, benefits, and services will be considered without regard to race, color, religion, sex, national origin, disability or protected veteran status or any other characteristic protected by law and University policy.