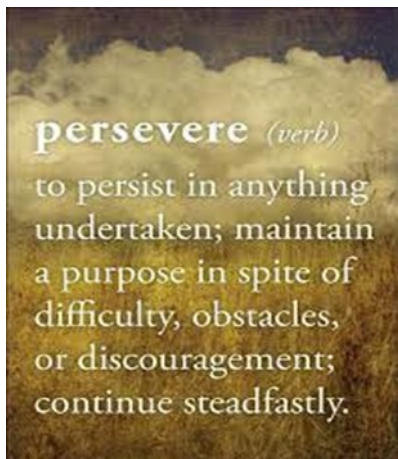




## NATRONA COUNTY 4-H “CHOOSE OPTIMISM” EDITION

Dear 4-H Families & Friends:



As we're gearing up for fair season, it's important keep the purpose of the 4-H project in perspective. In simple terms, a project is a teaching tool and a method for involving kids in a worthwhile activity. The most important goal of 4-H is the personal growth of the individual. A valuable lesson youth can take to heart in their pursuit of success is to learn how to react to failure and to persevere.

4-Her's will deal with difficulties, mistakes, and face challenges that feel like roadblocks. Help your 4-Her to learn to view challenges as opportunities to try something new as they pursue their goals. The 4-H goal is to help youth take the skills they learn in their project work and bridge these skills to life. Encourage these values in everyday life.

**Here are some ideas for 4-Her's to practice perseverance at home and in school:**

- Ask the teacher to go over the answers you missed on an exam at school
- If you have a disagreement with your parent or friend, reflect on your role and have a conversation to better understand their perspective
- After missing the potential game-winning free-throw, stay after practice to shoot 50–100 extra free throws per day
- When you are struggling in a class or your 4-H project, keep giving your best effort regardless of the outcome...persevere!



Make the Best Better...

Joddee Jacobsen  
UW Extension Educator  
4-H Youth Development  
Natrona County



# UW EXTENSION OF NATRONA COUNTY 4-H LEADERSHIP

## PROFESSIONAL STAFF

### 4-H OFFICE

Joddee Jacobsen ..... UW Extension Educator  
 Karlene Wirrenga ..... Administrative Assistant  
 Quincy Gundersen ..... Rural Living & 4-H Program Associate  
 Sue Anderson ..... Fair Assistant

## 4-H VOLUNTEERS

### 4-H COUNCIL

Devonie Mueller ..... President  
 Keith Nachbar ..... Vice President  
 Sarah Emery ..... Secretary  
 Rose Jones ..... Treasurer  
 Amber Brooks ..... Member  
 Christine Dice ..... Member  
 Linda Montgomery ..... Member  
 Jen Morrison ..... Member  
 Vicki Pickett ..... Member  
 Jo Watson ..... Member  
 Leah Wiese ..... Member  
 Geoellen Stretesky ..... Member  
 Terry Stretesky ..... Member

### 4-H FOUNDATION

Leroy Dickinson ..... Chair  
 Harlan Robinson ..... Vice Chair  
 Kera Bullard ..... Secretary  
 Randy Buffington ..... Treasurer  
 Ed Atchley ..... Member  
 DeAnna Bradshaw ..... Member  
 Scott Cotton ..... Member  
 Jamie Haigler ..... Member  
 Joddee Jacobsen ..... Member  
 Devonie Mueller ..... Member  
 Phillip Rael ..... Member  
 Joan Wing ..... Member

## CENTRAL WYOMING

### JUNIOR LIVESTOCK SALE

Burt Andreen ..... Chair  
 Aaron Emery ..... Vice Chair  
 Karel Loraas ..... Secretary  
 Brenda Janikowski ..... Treasurer

## 4-H SUPERINTENDENTS

Linda Montgomery ..... Alpaca  
 Brad Mueller ..... Beef  
 Devonie Mueller ..... Beef  
 Brian Wing ..... Beef  
 Candita Daniels ..... Cat  
 Shannon Hansen ..... Dog  
 Vicki Smith ..... Dog  
 Erin Danford ..... Family Consumer Science  
 Megan Kennedy ..... Family Consumer Science  
 Deena Wolf ..... Family Consumer Science  
 Linda Montgomery ..... General Projects  
 Teri Knoek ..... Goat  
 Deahn Amend-Noel ..... Goat  
 Leslie Chaplin ..... Horse  
 Christy Rodgers ..... Horse  
 Carlos Buckner ..... Poultry  
 Karen Buckner ..... Poultry  
 Michelle Forster ..... Poultry  
 Cecilea Hansford ..... Rabbit  
 Veronica Mason ..... Rabbit  
 Janel Schierkolk ..... Rabbit  
 Cory Brooks ..... Sheep  
 Heath Hornecker ..... Sheep  
 Jenn Magee ..... Sheep  
 Wendy Smith ..... Shooting Sports  
 Joe Wistisen ..... Shooting Sports  
 Jeremy Burkett ..... Swine  
 Tait Helmeý ..... Swine  
 Alex Wolf ..... Swine  
 Dwayne Larsen ..... Tractor Driving (Small Engines)

## 4-H COMMUNITY CLUB LEADERS

Lisa Keith ..... Alcova  
 Lory Wing ..... Alcova  
 Teri Knoek ..... Barnyard Rebels  
 Lucinda Canchola ..... Bear Claws  
 Michelle Forster ..... Bear Claws  
 Bailey Mason ..... Boots & Buckles  
 Kandi Ossa ..... Buckaroos  
 Erin Gazda ..... Bullwinkles  
 Heather Warren ..... Can Do  
 Jodee Knight ..... City Dudes  
 Amanda Henderson ..... Elites  
 Jade Slaymaker ..... Elites  
 Kari Fransen ..... Elites  
 Tana Campbell ..... Hooves & Hides  
 Rebecca Raney ..... Kountry Kids  
 Trish Musser ..... Legendary Novaturients  
 Linda Montgomery ..... Meadow Acres  
 Jennifer Straight ..... Midnight Wonders  
 Christy Rodgers ..... Natrona County Horse Project  
 Wendy Smith ..... Natrona Country Shooters  
 Joe Wistisen ..... Natrona Country Shooters  
 Jennifer Magee ..... Platte River Wranglers  
 Devonie Mueller ..... Rockin' Wranglers  
 Keith Nachbar ..... Rough Riders  
 Mary Tvedt ..... Sage & Sand  
 Carol Whitney ..... Trail Busters  
 Jaime Hornecker ..... Young Guns

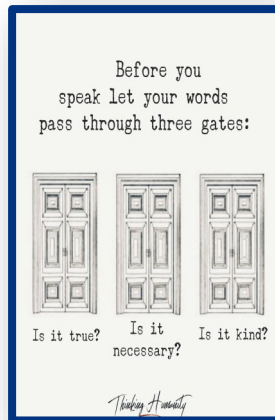
## 4-H JUDGING TEAM COACHES

Heath Hornecker ..... Livestock  
 Burt Andreen ..... Meats  
 Jack Stewart ..... Meats  
 Donna Hoffman ..... Produce  
 Ed Selby ..... Wool

Follow us on Facebook @ Natrona County 4H  
<https://www.facebook.com/NatronaCounty4H/>

UW Natrona County Extension 4-H Website  
<https://wyoextension.org/natronacounty/newsletters-2/>

Animal Opportunities  
<https://wyoming4h.org/animaloppo/>



Natrona County Alpaca Project  
<https://www.facebook.com/alpacasandobstacles>

Natrona County Dog Project  
<https://www.facebook.com/groups/428485018384342>

Natrona County 4-H Family & Consumer Science  
<https://www.facebook.com/groups/517986822347457>

Natrona County 4-H / FFA Horse Show Committee  
<https://www.facebook.com/natronacountyhorse>

Natrona County 4-H Poultry  
<https://www.facebook.com/groups/242786253206671/>

Natrona County Beef Committee  
<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>

Oil City Thumpers (Rabbits)  
<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>

Natrona County Sheep Committee  
<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>

Natrona Country Shooters 4H  
<https://www.facebook.com/groups/671664486269956>

Natrona County Swine Committee  
<https://www.facebook.com/groups/410594339599618/>

Natrona County 4H/FFA Jr. Livestock Sale  
<https://www.facebook.com/centralwyomingjrlivestocksale/>



## QUINCY'S CORNER

As we get closer to fair time, there are some important deadlines to remember. It is easy to get confused with these dates, I myself have been left scratching my head! So let me clear things up and hopefully ease some frustrations.

The April 30<sup>th</sup> deadline is just declaring in Zsuite which project areas you want to participate in. You can still go in after this deadline and edit the information for your project. For example if you had a market hog, you could go in after April 30<sup>th</sup> and add ear tag numbers, pictures, etc. However, you cannot add more projects. Say you were signed up for photography and breeding sheep, at this point you can no longer add another project, say Alpacas.



**QUINCY GUNDERSEN**  
Rural Living & 4-H  
Program Associate

The May 3<sup>rd</sup> deadline is for Rabbit, Dog and Cat Id forms. The animal id forms in Zsuite must be completed at this time for each animal. This includes uploading pictures. If you need assistance with completing the online form please see the Zsuite instructions located later in this newsletter.

Swine can start picking up there tags from the 4-H office May 3<sup>rd</sup>-May 12<sup>th</sup>. Please bring ownership papers and a completed ear notch form (if applicable). Tags will be \$5 per tag. Swine then have until May 25<sup>th</sup> to enter all their animal information into the id forms in Zsuite, including pictures. Again if you need assistance with this please see the Zsuite instructions located later in this newsletter.

All other animals have until June 15<sup>th</sup> to get their animal id information uploaded into Zsuite. Again if you need assistance with this please see the Zsuite instructions located later in this newsletter. Also if you are selling an animal at the CWFR Junior Livestock Sale, June 15<sup>th</sup> is the last day to get your quality assurance done, unless you are a senior and have taken quality assurance as a senior previously.

On a final note, all 4-H animals will upload their animal id information directly into Zsuite. FFA animals will be on a paper form. Copies of these forms will be available at the 4-H office. If you have any questions call (307) 235-9400.

A quote by Travis Bradberry is displayed over a background of bright yellow flowers against a clear blue sky. The text is in a white, bold, sans-serif font.

**Mistakes and pressure are  
inevitable; the secret to getting  
past them is to stay calm.**

Travis Bradberry



## ZSuite Animal Information Upload Instructions

1. Once you are logged into ZSuite **PRIMARY PROFILE** at: <https://4h.zsuite.org>, select the family member who has the project and click the **UPDATE ENROLLMENT** button.
2. Select **CLUBS** at the top right of the page.
3. To enter the animal information, select the gray pencil to the right of the Breeding/Market project listed in the club box.
4. Select how many animals you have for that project area.
5. For Beef, Goats, Sheep and Swine enter the 5 digit tag number in the **Animal ID Line**. For Rabbits enter the tattoo number into the **Animal ID Line**. For all other species put N/A on the **Animal ID Line**.
6. Enter the animal's description on the **Animal Identifier** line (gender, color, markings, brand, etc.).
7. Enter the animal's name in the **Name Field**.
8. On the **Animal Type** line enter whether they are market, breeding, meat pen or other (for non livestock animals like cat, dog and horse).
9. Enter animal's breed on the **Animal Breed** line.
10. **Animal Picture 1**– upload the picture of the tag in the animal's ear for large livestock, front view for all other species
11. **Animal Picture 2**– upload the picture of the side view of the animal.
12. If you have multiple animals, repeat steps 5-11 for the other animals.

### Step 1


The screenshot shows a profile for "Example Child" with a penguin icon. It includes status tags "CLUB MEMBER" and "ACTIVE", and a pencil icon. The "Year" is "2020 - 2021". A table lists the club as "1-CLUB PLACEMENT REQUESTED NATRONA" with the role "Member". At the bottom, three buttons are visible: a blue button with a right-pointing arrow and the text "> UPDATE ENROLLMENT" (circled in red), a teal button for "CLUB MEMBER EVENTS", and an orange button for "CLUB MEMBER PROJECTS".

### Step 2

The screenshot displays the "Enrollment in 4-H for Example Child" page for the year "2020 - 2021". It features three tabs: "PERSONAL INFO", "WAIVERS", and "CLUBS". The "CLUBS" tab is highlighted with a green oval. Below the tabs, there is a text instruction: "Click the Add Club button to add one or more Clubs" and a smaller note: "Click on a club to view projects".


### Step 3

**+ ADD CLUB**

**1-CLUB PLACEMENT REQUESTED NATRONA** Primary   





County: Natrona County

**Projects:**

Animal Science - Beef/Market  

**+ ADD PROJECT**

### Steps 5-13

Animal Id 1 * 12345678910112	Animal Identifier 1 * Black Steer
Animal Name 1 * Oreo	Animal Type 1 * Market
Animal Breed 1 * Angus	HOW MANY PICTURES DO YOU HAVE? 2
Animal Picture 1  2.jpg 	Animal Picture 2  16.jpg 

CANCEL **SAVE PROJECT**



## FRIENDLY REMINDERS FROM THE 4-H OFFICE...

### UPDATED ARLC ROOM RESERVATIONS

The ARLC Building is now available after hours with restrictions. All rentals require a signed Liability Waiver. Please call Emily or Rose at 307-235-9400 for details. (The 4-H office does not maintain the building calendar.)

***PLEASE REMEMBER:*** Do not prop open ARLC exterior doors as it compromises building security if they are accidentally left open once the event has ended.

### COMMUNICATION

The 4-H Office will communicate with you using the following communication sources; therefore, it's your responsibility to check them on a regular basis:

- ◆ Follow us on Facebook @ Natrona County 4H  
<https://www.facebook.com/NatronaCounty4H/>
- ◆ UW Natrona County Extension 4-H Website  
<https://wyoextension.org/natronacounty/newsletters-2/>
- ◆ Natrona County 4-H Monthly Newsletter
- ◆ Natrona County 4-H Emails



The price of success is hard work,  
dedication to the job at hand, and  
the determination that whether we  
win or lose, we have applied the  
best of ourselves to the task at  
hand.

— Vince Lombardi —

AZ QUOTES

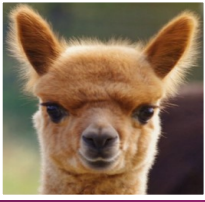


# ADD/DROP IS CLOSED IN ZSUITE

You will no longer be able to add projects  
for this 4-H year.

*~ You must have been enrolled in ZSuite and selected your projects by April 30, 2021, to participate in the current 2020-2021 4-H year activities (including CWF Fair).  
Your membership will not be activated in ZSuite until your payment is received by the 4-H office. ~*

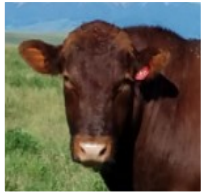
## CHECK OUT WHAT'S HAPPENING WITH YOUR 4-H PROJECT AREA . . .



### ALPACA PROJECT

*Be watching Facebook for information regarding the Alpaca project.*

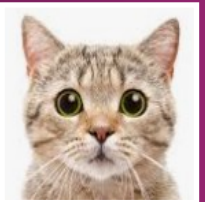
<https://www.facebook.com/alpacasandobstacles>



### BEEF PROJECT

*Be watching Facebook for information regarding the Beef project.*

<https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/>



### CAT PROJECT



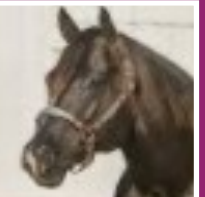
### DOG PROJECT

*Be watching Facebook for information regarding the Dog project.*

<https://www.facebook.com/groups/428485018384342>



### GOAT PROJECT



### HORSE PROJECT

*Be watching Facebook for information regarding the Horse project.*

<https://www.facebook.com/natronacountyhorse>



### POCKET PET PROJECT



### POULTRY PROJECT

*Poultry class & showmanship practice scheduled for May 8, 2021, at 10:00 a.m.  
in ARLC Casper Room (Use ARLC East Entrance Doors)  
Bring your showmanship bird & a chair*

<https://www.facebook.com/groups/242786253206671/>





### RABBIT PROJECT

Showmanship clinic scheduled for May 8, 2021, at 9:00 a.m.  
@Janel Schierkolk's residence  
Bring your showmanship rabbit, carpet square, & a small table.  
<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>



### SHEEP PROJECT

Be watching Facebook for information regarding the Sheep project.  
<https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613>



### SWINE PROJECT

Tags available for pickup May 3-12 2021. (See page #13 for details)



### CLOVERBUD PROJECT



### FAMILY CONSUMER SCIENCE PROJECT

Be watching Facebook for information regarding the Family Consumer Science project.  
<https://www.facebook.com/groups/517986822347457>



### GENERAL PROJECTS



### SHOOTING SPORTS PROJECT

Be watching Facebook for information regarding the Shooting Sports project.  
<https://www.facebook.com/groups/671664486269956>



### TRACTOR DRIVING PROJECT

**2021 Tractor Driving and Small Engine Competition is Cancelled**



### JUDGING TEAMS

Meat judging practice is every Sunday @ Casper College Pavilion from 12:45 PM to 3:45 PM.  
Wool judging practice will begin in a few weeks.  
Please contact Jack Stewart at 307-251-0033 for more information..

## CENTRAL WYOMING JUNIOR LIVESTOCK SALE MEETING DATES

**Date:** May 18, 2021  
**Date:** June 22, 2021  
**Date:** September 21, 2021  
**Date:** November 23, 2021  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Place:**ARLC Casper Room

## 2021 NATRONA COUNTY 4-H & FFA OWNERSHIP I.D. CERTIFICATES

**DEADLINE: June 15, 2021**

### 4-H Project Animals: All Animals EXCEPT Cat, Dog, Rabbit, & Swine

Information must be entered with their information & pictures online into ZSuite. See pages 5 thru 7 of this newsletter for step-by-step instructions. (*REMINDER: No paper Ownership ID Certificates for 4-H animals only*)

### FFA Project Animals: All Animals EXCEPT Cat, Dog, Rabbit, & Swine

Information must be submitted manually on the 2021 Natrona County FFA Ownership ID Certificate with two printed out pictures to the 4-H Office by June 15, 2021. Your FFA advisor has copies of the forms and the 4-H office has copies available as well.

## 2021 SAVE THE DATE

2021 4-H/FFA Market Swine Tags Pickup @ 4-H Office  
**Date:** May 3-12, 2021

2021 4-H Market Swine Tag ID Online Deadline in ZSuite  
**Date:** May 25, 2021

2021 4-H/FFA Cat Ownership ID Certificates Due  
**Date:** May 3, 2021

2021 4-H/FFA Dog Ownership ID Certificates Due  
**Date:** May 3, 2021

2021 4-H/FFA Rabbit Ownership ID Certificates Due  
**Date:** May 3, 2021

2021 4-H Dog Show  
**Date:** June 4-6, 2021

2021 4-H Cake Decorating/Foods/Table Setting Contests  
**Date:** June 5, 2021

2021 4-H County Shoot  
**Date:** June 5-12, 2021

2021 4-H Quest For Knowledge  
**Date:** June 14, 2021

2021 4-H Cloverbud Rodeo  
**Date:** June 14, 2021

2021 4-H Cat Show  
**Date:** June 12, 2021

2021 4-H/FFA All Other Ownership ID Certificates Due  
**Date:** June 15, 2021

2021 4-H Showcase Showdown  
**Date:** June 15-17, 2021

2021 4-H Fashion & Fabric Contest  
**Date:** June 24, 2021

2021 General Judging (Interview & Static Projects)  
**Date:** June 30, 2021

2021 Fly Fishing Derby in Buffalo, Wyoming  
**Date:** July 8, 2021

2021 Central Wyoming Fair & Rodeo  
**Date:** July 9-17, 2021

2021 Central Wyoming Junior Livestock Sale  
**Date:** July 17, 2021

2021 4-H Horse Show  
**Date:** July 31-August 1, 2021

2021 Wyoming State Fair  
**Date:** August 17-21, 2021

## DISCLAIMER

All information (dates, times, etc.) is subject to change. We will do our best to give as much advance notice as possible. Thank you for your cooperation and understanding.

# 2021 MARKET SWINE TAGGING

4-H/FFA members must declare their animal as either a 4-H or FFA project and be enrolled in the market swine project by Friday, April 30, 2021.

## 2021 NATRONA COUNTY 4-H/FFA MARKET SWINE TAGS WILL BE AVAILABLE FOR PICK-UP

**DATE:** MAY 3, 2021 THRU MAY 12, 2021

**Time:** 8:00 a.m. to 4:30 p.m.

**Place:** ARLC 4-H Office

- **EXHIBITORS WILL TAG THEIR OWN ANIMALS.**
- A copy of the ownership papers for each animal must be submitted to the 4-H Office at the time of tag pickup.
- 2021 Swine Ear Notch Form must be completed for each swine and submitted to the 4-H Office at the time of tag pickup (if applicable).
- \$5.00 per animal tagging fee will be collected at the time of tag pickup.
- 4-H market swine project animals must be entered with their ID information & pictures online into ZSuite by May 25, 2021. (*No paper Ownership ID Certificates for 4-H market swine animals*)
- FFA market swine project animal information must be submitted manually on the 2021 Natrona County FFA Market Swine Ownership ID Certificate with two printed out pictures to the 4-H Office by May 25, 2021. (Forms will be given to FFA members at the time of tag pickup.)



### IMPORTANT

The male rectangle with stem is placed on the **BACK OUTSIDE** of ear.  
The female button is placed on the **FRONT INSIDE** of ear.



**2021 NATRONA COUNTY FFA MARKET SWINE OWNERSHIP I.D. CERTIFICATE**

**THIS FORM & TWO PRINTED OUT PICTURES ARE DUE BY MAY 25, 2021  
TO THE 4-H OFFICE LOCATED AT 2011 FAIRGROUNDS ROAD; CASPER, WY 82604**

THE TWO PICTURES MUST SHOW:

(A) FULL SIDE PROFILE OF ANIMAL and (B) FULL TOP VIEW OF HEAD INCLUDING READABLE EAR TAG NUMBER

\_\_\_\_\_  
Member's Name

\_\_\_\_\_  
Common Call Name of Swine

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
Breed

\_\_\_\_\_  
City/State/Zipcode

\_\_\_\_\_  
Phone #

\_\_\_\_\_  
Swine's Birthdate (MM/DD/YYYY) Barrow or Gilt

\_\_\_\_\_  
Owner's Name

\_\_\_\_\_  
Name of FFA Chapter

\_\_\_\_\_  
15-Digit Individual Tag #

\_\_\_\_\_  
Breeder/Producer Tag # (if applicable)

Identifying Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Ear Notch: YES  NO  (If yes, fill out "2021 Swine Ear Notch Form" on page #2 of this form.)

BY SIGNING BELOW, I CERTIFY THAT THIS IS A FFA PROJECT THIS YEAR AND THAT THE ABOVE INFORMATION IS CORRECT TO THE BEST OF MY KNOWLEDGE.

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**FOR FFA STAFF USE ONLY:**

\_\_\_\_\_  
FFA Educator Signature

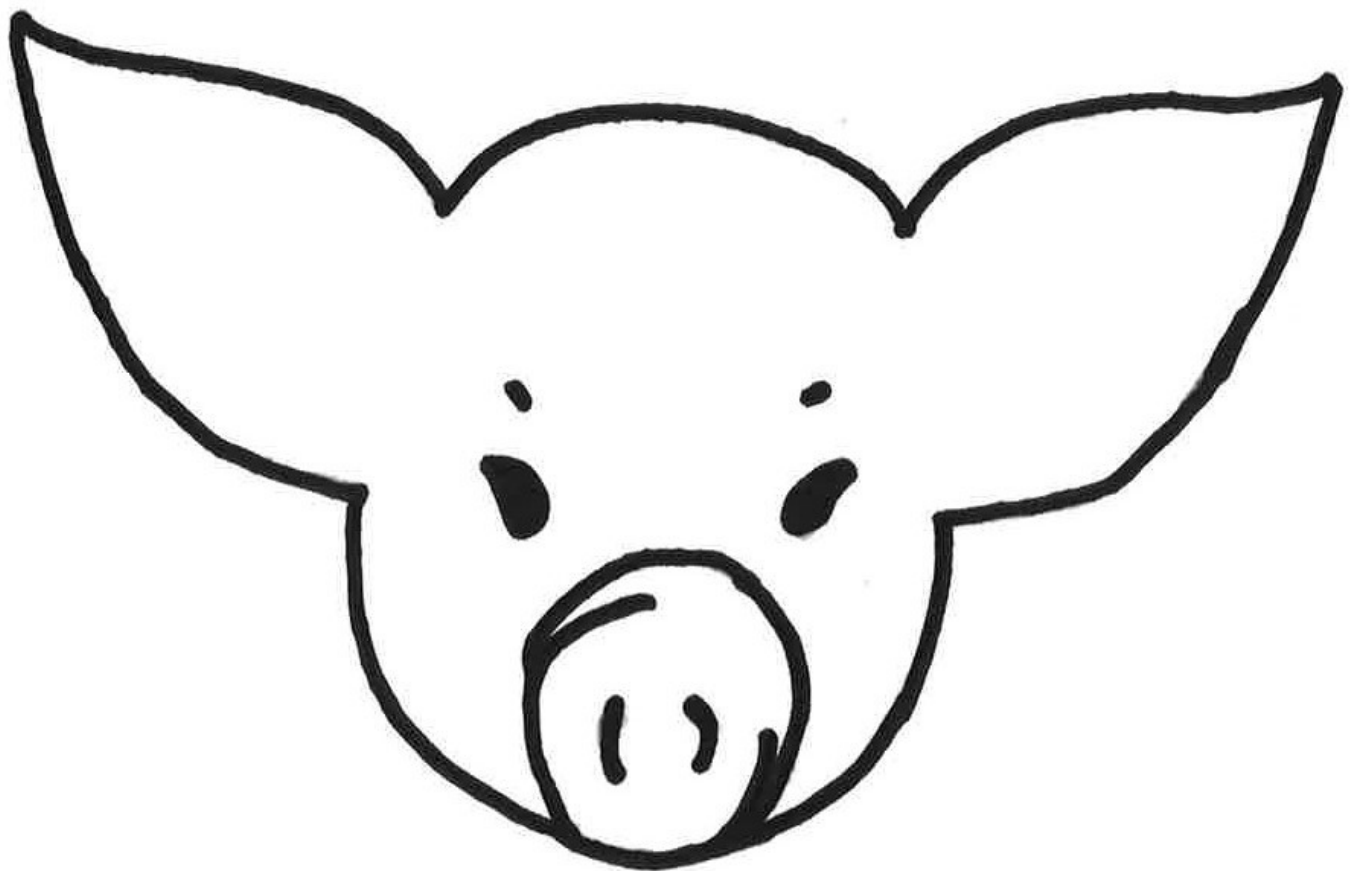
\_\_\_\_\_  
Date

# 2021 SWINE EAR NOTCH FORM

Member's Name: \_\_\_\_\_

Common Call Name of Swine: \_\_\_\_\_

15-Digit Individual Tag #: \_\_\_\_\_





— ” —

# Poultry Project

Poultry Class &  
Showmanship Practice  
May 8, 2021 10 AM  
ARLC Casper Room  
(use east Casper Rm. doors)

Bring your showmanship bird

— ” —

[HTTPS://WWW.FACEBOOK.COM/  
GROUPS/242786253206671](https://www.facebook.com/groups/242786253206671)





# RABBIT PROJECT

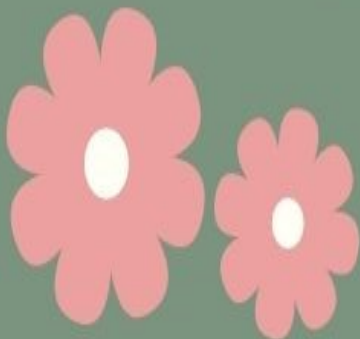
Showmanship Clinic

May 8, 2021 9 AM

Janel Schierkolk's residence.

Bring your showmanship rabbit, carpet square, & a small table.

<https://www.facebook.com/Oil-City-Thumpers-398801110535193/>



# Reverse Dye Denim



Bring  
your own  
denim  
clothing  
piece to  
dye

When: May 8th 10am-12pm

Where: U Create ~ 148 E

Midwest Ave

Call 307-277-9529 for more

info and to RSVP

Wear old  
clothes

# Family Consumer Science Contests June 5th



## Food Cook-off

Bring your  
cooking Tools  
We supply the food  
You do the cooking



## Cake Decorating

Bring your own  
tools and creativity  
we supply the frosting & forms

**Check the  
fair book  
for rules and  
contest info**



## Table Setting

Create your  
Table Setting  
and set it for the judges



# Poultry Jackpot Show



**June 5th, 2021**

**Sweetwater Events  
Complex**

**In the Small Hall**

**Rock Springs, WY**

## GUIDELINES



**Open to youth 19 & Younger as of Jan. 1, 2021.**

**No cages or food for poultry will be provided.**

**Poultry with symptoms of a contagious disease will be asked to leave.**

**Showmanship classes based on age as of Jan. 1, 2021:**

**Pee Wee 7 & under, Junior 8-10,**

**Intermediate 11-13, Senior 14 & older.**

**Pre-register at <https://forms.gle/91T5Mi6VUCHxYiua7>  
or the day of the show.**

**Prizes for class winners & showmanship champions**

## FEES

**\$10 Clinic, Lunch, Showmanship  
or \$5 for just Showmanship**

**\$5 Per Bird For Class Judging**

**Clinic, Lunch and Showmanship  
Free for Sweetwater & Daggett  
County 4H Member**

## For More Information

**Crystal Walker 801-608-0830**

## Schedule

**9am-11am**

**Poultry Clinic & Lunch**

**1pm**

**Showmanship followed  
by Class Judging**

**All birds must be  
checked in before  
12pm**



SAVE THE DATE    JUNE 9, 2021

---

# NC 4-H Quest for Knowledge

---

## Animal Project

**Interview Judging:** Beef, sheep, goat, swine, alpaca, horse, dog, rabbit, poultry, & cat.

More information coming soon!





# YHEC

## YOUTH HUNTER EDUCATION CHALLENGE

June 12, 2021 at the Upton Gun Club



A fun time, beautiful range, & upbeat atmosphere

- Every contestant goes home with a prize.
- The beautiful Upton Gun Club is nestled in the boulders, ponderosa, and sagebrush of the Black Hills.

Registration is limited. Sign up now!



Young hunters get to display their shotgun, .22 rifle, muzzleloader and archery marksmanship, plus their hunting judgment and wildlife ID skills.

Registration forms can be downloaded on the Game & Fish website at <http://wgfd.wyo.gov>. For more information call (307)281-9980.



2021 WYOMING STATE

YOUTH HUNTER EDUCATION CHALLENGE

Sponsored by: Upton Gun Club Shooting Sports Program, Wyoming Game and Fish Department, and a variety of Wyoming businesses

## 2021 WYOMING YOUTH HUNTER EDUCATION CHALLENGE

SATURDAY, JUNE 12, 2021 AT 7:00AM

UPTON GUN CLUB

PARTICIPANT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

YHEC CATEGORY: SUB-JUNIOR (11 AND UNDER) \_\_\_ JUNIOR (12-14) \_\_\_ SENIOR (15-19\*) \_\_\_

\*Participants who turn 19 years of age during the calendar year 2021, must be enrolled in high school for the full school year of 2020-2021 to be eligible for participation at the State YHEC event.

ADDRESS: \_\_\_\_\_ CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

*I release the Upton Gun Club/Town of Upton for all liability, costs and damages which could arise from participation in the Wyoming State YHEC event.*

SIGNATURES:

PARENT/GUARDIAN:

PRINT \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARTICIPANT:

PRINT \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PLEASE ENCLOSE:

\_\_\_\_\_ ENTRY FEE - \$10 (checks payable to: Wyoming State YHEC)

\_\_\_\_\_ COPY OF HUNTER EDUCATION CARD

PREREGISTRATION FORM – MUST BE SUBMITTED BY JUNE 4, 2021 AND ONLY THE FIRST 80 PARTICIPANTS WILL BE ACCEPTED

MAIL TO:

WYOMING YHEC DIRECTOR  
RICK ROTHLEUTNER  
PO BOX 291  
UPTON, WY 82730

PLEASE CONTACT RICK ROTHLEUTNER @ 307-281-9980 WITH ANY QUESTIONS

# 2021 QUALITY ASSURANCE

## YOUTH PLANNING TO SELL AN ANIMAL THROUGH THE CENTRAL WYOMING FAIR JR. LIVESTOCK SALE MUST COMPLETE A QUALITY ASSURANCE TRAINING EACH YEAR.

The 4-H Quality Assurance (QA) Class teaches youth about the quality of meat and food products that come from livestock. Quality assurance for livestock producers means making a promise to the consumers from food production animals. Quality assurance is a pledge or promise to:

1. provide a food animal product preferred by consumers, and
2. provide a safe, wholesome food animal product. Food animals are those whose products (meat, milk, and eggs) have the potential to become part of the food chain.

The promise made is that products from livestock will be the highest possible quality and 4-H/FFA youth producers will do everything possible to make these products safe to eat and that our sale is of the highest quality.

### REQUIREMENTS FOR SALE ELIGIBILITY

► All FFA (13 and younger), Junior and Intermediate 4-Her's will be required to take **one** QA clinic each year to sell an animal(s) in the Natrona County Jr. Livestock Sale at the Central Wyoming Fair.

► FFA & Senior members (ages 14- 19) will be required to take one year of QA education to sell an animal(s) in the Natrona County Livestock Sale at the Central Wyoming Fair. If the first year of a livestock project is taken as a Senior, the QA clinic must be taken that same year.

### THIS YEAR, CHOOSE ONE OF THE FOUR OPTIONS AVAILABLE:

**Option 1:** FREE option w/ general content. Must be completed by June 15, 2021. Uinta County will email it to the NC 4-H office. **THE LIVE LINKS ARE LISTED BELOW.** Contact the Uinta County Office with questions (307) 783-0570.

#### **Level 1 (1<sup>st</sup> Year Junior)**

Webinar 1

Questions & Assignment

#### **Level 2 (2<sup>nd</sup> or 3<sup>rd</sup> year Junior)**

Webinar 2

Questions & Assignment

#### **Level 3 (1<sup>st</sup> Year Intermediate)**

Webinar 3

Questions & Assignment

#### **Level 4 (2<sup>nd</sup> or 3<sup>rd</sup> year Intermediate)**

Webinar 4

Questions & Assignment

#### **Level 5 (Senior)**

Webinar 5

Questions & Assignment



**Option 2:** \$12 Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. YQCA website at [http:// yqca.org/](http://yqca.org/) **Certificate of Completion is due to the 4-H Office by June 15, 2021.**

**Option 3:** FFA member has Quality Assurance as part of their FFA coursework. The FFA advisor may sign-off for that member to verify that the Quality Assurance requirement has been met for that member to sell in the 2020 4-H/FFA Jr. Livestock Sale for 2020. **Signed form is due to the 4-H Office by June 15, 2021.**

**Option 4:** Attend one of the clinics (in person or virtual) provided by the Natrona County 4-H office or other county 4-H offices. Check Facebook and the newsletters for upcoming opportunities.

## NATRONA COUNTY 4-H QUALITY ASSURANCE VERIFICATION FORM

**This form should be used to verify attendance at a non-Extension sponsored workshop or to receive credit through FFA.  
This form must be signed by your FFA advisor to receive credit.**

FFA Member's Name: \_\_\_\_\_

FFA Member's Phone Number: \_\_\_\_\_

FFA Member's Email Address: \_\_\_\_\_

Title of Quality Assurance Training:  
\_\_\_\_\_

Date of Quality Assurance Training: \_\_\_\_\_

Organization Presenting Training:  
\_\_\_\_\_

Organization's Contact Person:  
\_\_\_\_\_

Contact Person's Phone Number: \_\_\_\_\_

Contact Person's Email Address:  
\_\_\_\_\_

By signing below, I verify that the above stated youth attended a quality assurance training which covered a portion of animal husbandry topics based around at least one of the following focus points:

1. Daily care and management prevention.
2. Animal handling, carcass and product quality.
3. Medication and health products.

FFA Advisor's Name (Print):  
\_\_\_\_\_

FFA Advisor's Signature:  
\_\_\_\_\_

Date of Signature: \_\_\_\_\_



WYOMING 4-H PRESENTS

JUNE 15-17

Showcase  
Showdown

2021

LARAMIE • WYOMING

WHAT IS  
SHOWCASE  
SHOWDOWN?

Showcase Showdown offers an opportunity for youth to explore various industries through contests and workshops. The event takes place at the University of Wyoming in Laramie, Wyoming. Youth can participate in contests, workshops, tours and activities over the course of three days.



TEAM &  
INDIVIDUAL CONTESTS

- Presentations  
(Prepared & Impromptu)
- Cake Decorating Contest
- Table Setting Contest
- Livestock Skill-A-Thon
- Dog Skill-A-Thon
- Produce Evaluation
- Food Cook-Off
- Horse Judging
- Hippology
- Robotics Contest

WORKSHOPS & TOURS

- Fishing
- Fly Tying
- Campus Tour
- Marbling
- Sausage Making
- Swing Dance
- Project Runway
- Hiking

**HANDS ON  
COMPETITION**  
OPEN TO ALL 4-H YOUTH  
(EXCLUDING CLOVERBUDS)  
NO PRE-QUALIFICATION  
REQUIRED

**& MORE!**

REGISTER AT: [HTTP://BIT.LY/SHOWCASESHOWDOWN2021](http://bit.ly/showcaseshowdown2021)  
FOR MORE INFORMATION CONTACT YOUR LOCAL EXTENSION OFFICE



*Vet Check Opportunity @ Whitney Farm/hosted by  
Trail Buster's 4-H Club*

THURSDAY, JULY 1, 2021 NOON - 4PM

SAVE THE DATE!

MORE DETAILED INFORMATION WILL BE EMAILED OUT TO ALL 4-H FAMILIES LATER IN MAY AND THE JUNE NEWSLETTER REGARDING THIS OPPORTUNITY

ALL 4-HER'S/FFA SHOWING LIVESTOCK WILL BE REQUIRED TO GET THEIR OWN VET CHECK TO PRESENT TO SUPERINTENDENTS ON LOAD IN DAY (JULY 11, 2021). THE VET CHECK CERTIFICATE MUST BE VALID THROUGH JULY 18, 2021. RABBIT AND POULTRY VET CHECK PROCEDURE HAVE DIFFERENT REQUIREMENTS...DETAILS COMING SOON.



# 2021 POULTRY & RABBIT VET CHECKS



**Poultry and Rabbits will have very specific protocols and instructions as to how their vet checks will proceed.**

**Be watching your email & Facebook for details coming soon!**

**P.S. It is different than large livestock (alpaca, beef, goat, sheep, swine)**

**P.S.S. Horse will have their own vet check before the horse show.**

## Words of Wisdom...

Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.

DALE CARNEGIE  
WWW.VERYBESTQUOTES.COM

IF YOU FELL  
DOWN YESTERDAY,  
STAND UP  
TODAY.

H.G. Wells

I never dreamed  
of success.  
I worked for it.

Estée Lauder

TheFairyGodDess.com/blog



# 2021 Parade Day!

**JULY 13, 2021**

SAVE THE DATE!

## NC 4-H FLOAT PARADE DAY

NC 4-H Council is planning on a float for Parade Day & would love to have any and all 4-Her's participate! Be watching your email for information on how you can let our organizers know you would like to be a part of this fun opportunity. Let's show the rest of Natrona County know how awesome it is to be in 4-H!!



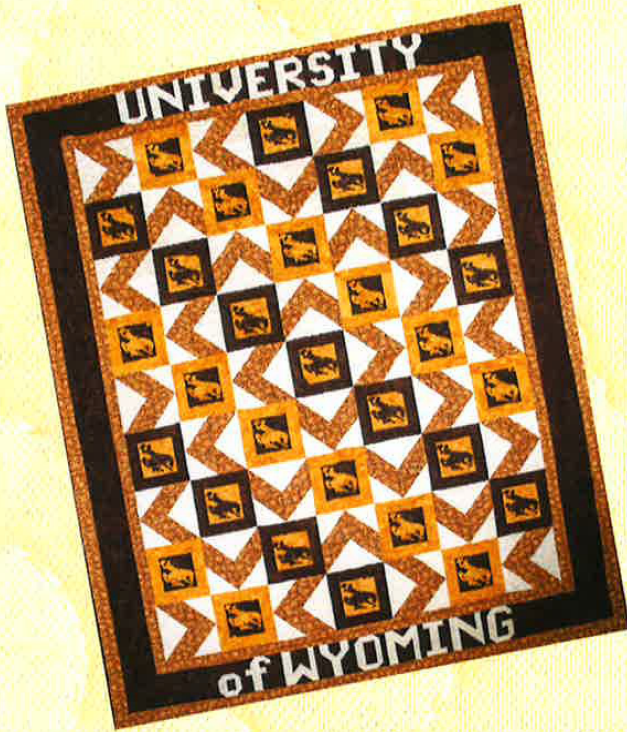




College of Agriculture  
and Natural Resources



Wyoming 4-H



# Quilt Raffle

Benefitting the UW Animal Science Wool Judging Team  
and the 4-H Wool Judging Program

**Tickets available at UW Extension county offices.**

**Visit [wyoming4h.org/quilt-raffle/](http://wyoming4h.org/quilt-raffle/) to view this \$4,000 quilt.**

**\$20/ticket • 7 tickets/\$100**

**Queen-sized handmade quilt**

**donated by Kathy & Russell Bell, of Gillette Wyoming.**

**Winner drawn September 14, 2021, at the State Ram Sale, Douglas, Wyoming.**



# SIGNS AND SYMPTOMS OF **STRESS**

## BEHAVIOR SIGNS

- ✓ Loss of interest in hobbies
- ✓ Trouble making decisions
- ✓ Relationship problems
- ✓ Poor concentration
- ✓ Negative thinking
- ✓ Substance abuse
- ✓ Anti-social
- ✓ Sad mood
- ✓ Irritability
- ✓ Worrying
- ✓ Anxiety



Additional Stress and Mental Health Resources Available at: [umash.umn.edu/stress](http://umash.umn.edu/stress)

## PHYSICAL SIGNS

- ✓ Poor or disturbed sleep
- ✓ Weight loss or gain
- ✓ Changes in appetite
- ✓ Stomach problems
- ✓ Grinding teeth
- ✓ Chest pain
- ✓ Poor hygiene



UMASH is funded by the National Institute for Occupational Safety and Health cooperative agreement U54OH01070.

# DO YOU KNOW SOMEONE WHO IS STRUGGLING? Helpful Things to Say to Someone Who May Be Struggling

NATIONAL SUICIDE PREVENTION LIFELINE

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

☎ 1-800-273-8255

“What are you feeling?”

“I care and am here to listen.”

“How have you dealt with things in the past?”

“How long have you been feeling like this?”

“Have you been thinking about suicide?”



# These Resources Are Being Made Available To You By The University of Wyoming Extension & Agricultural And Applied Economics

## HOW DOES STRESS AFFECT FARMERS & RANCHERS?

**TAKING THIS SURVEY HELPS US SAVE FARMERS' & RANCHERS' LIVES**

### SURVEY DETAILS:

- Information from this survey will determine how assistance for farmers & ranchers will be provided
- All submissions will be anonymous
- Survey only takes 15 minutes of your time

**COMPLETE THE SURVEY & ENTER TO WIN A \$50 ONLINE GIFT CARD**

\*TEN \$50 CARDS AVAILABLE PER PARTICIPATING STATE



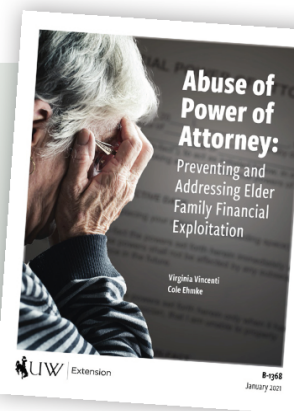
**SURVEY LINK:**  
[HTTPS://BIT.LY/AGRI-STRESS-SURVEY](https://bit.ly/agri-stress-survey)

### CONTACT US:

If you have any questions or concerns, you can contact Dr. Lorann Stallones at [lorann.stallones@colostate.edu](mailto:lorann.stallones@colostate.edu).  
THANK YOU FOR YOUR PARTICIPATION!



## DOWNLOAD UW Extension's New POWER OF ATTORNEY Bulletin



A financial power of attorney is a potent estate planning tool, but it has the potential to be exploited. *Abuse of Power of Attorney: Preventing and Addressing Elder Family Financial Exploitation* provides best practices on setting up a document to avoid abuse, and guidance for responding when it occurs.

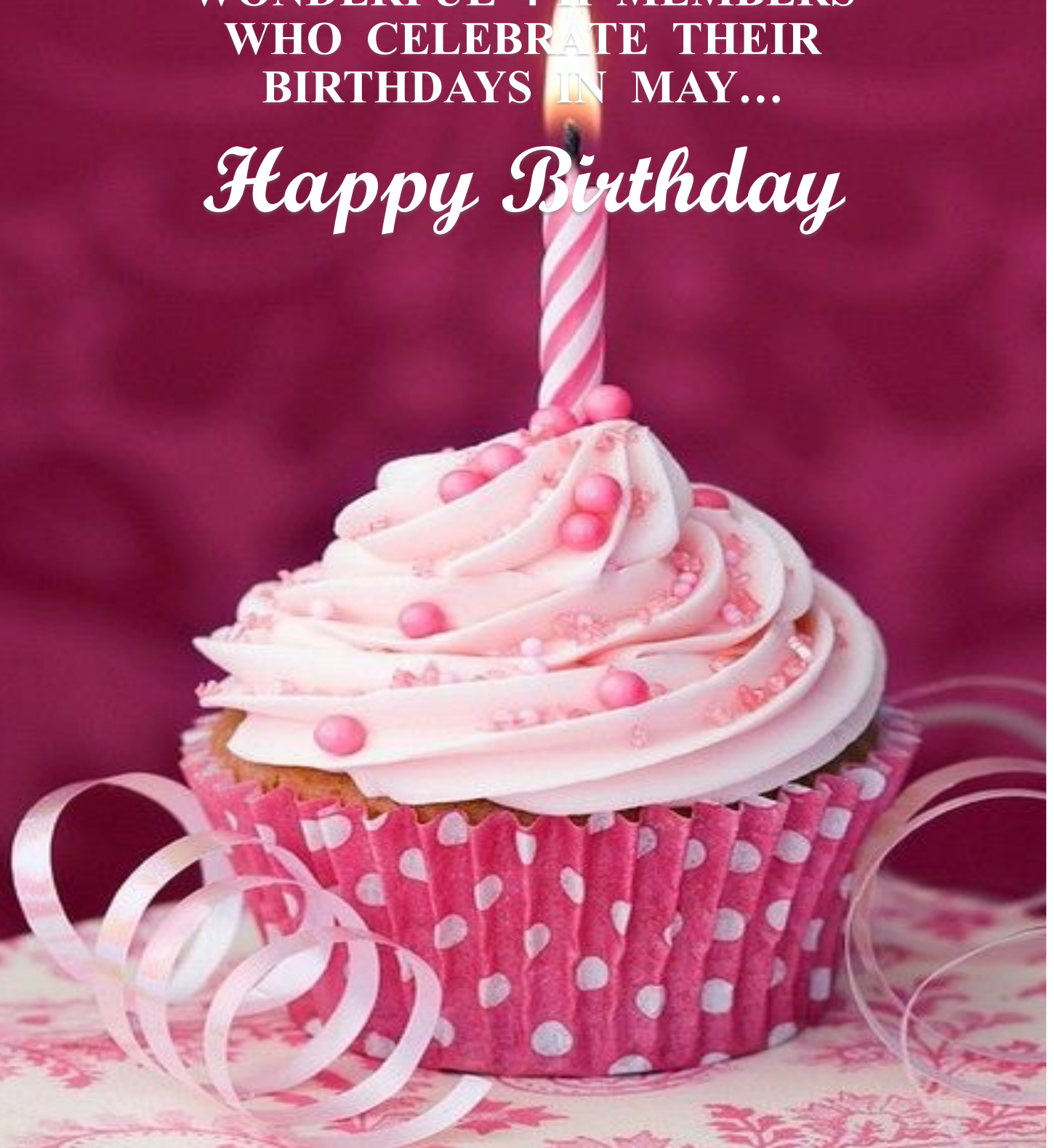
Download now at  
<https://bit.ly/elderly-abuse>





TO ALL OF OUR  
WONDERFUL 4-H MEMBERS  
WHO CELEBRATE THEIR  
BIRTHDAYS IN MAY...

*Happy Birthday*



*Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Kelly Crane, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.*

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