

# NATRONA COUNTY 4-H

University of Wyoming Extension



2011 FAIRGROUNDS ROAD  
CASPER, WY 82604  
307.235.9400

[HTTPS://WWW.FACEBOOK.COM/NATRONACOUNTY4H](https://www.facebook.com/natronacounty4h)



# Natrona County 4-H





# WHAT IS 4-H?

NC 4-H

## 4-H is a Community for all Kids

You may think 4-H is only for your friends with animals, but it's so much more! You can do activities like shooting sports, geology, art, citizenship, fashion, and much, much more.

In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. Projects help 4-H members find and nurture their "spark". When you try something for the first time, you may be inspired to keep learning as much as possible about it. You might even want a career related to that new interest. 4-H projects often spark young people to follow their passions, interests, and talents on a new path to career development, enjoyment, and belonging. Ready for your spark? Learn more about 4-H projects you can explore.

### We Believe In:

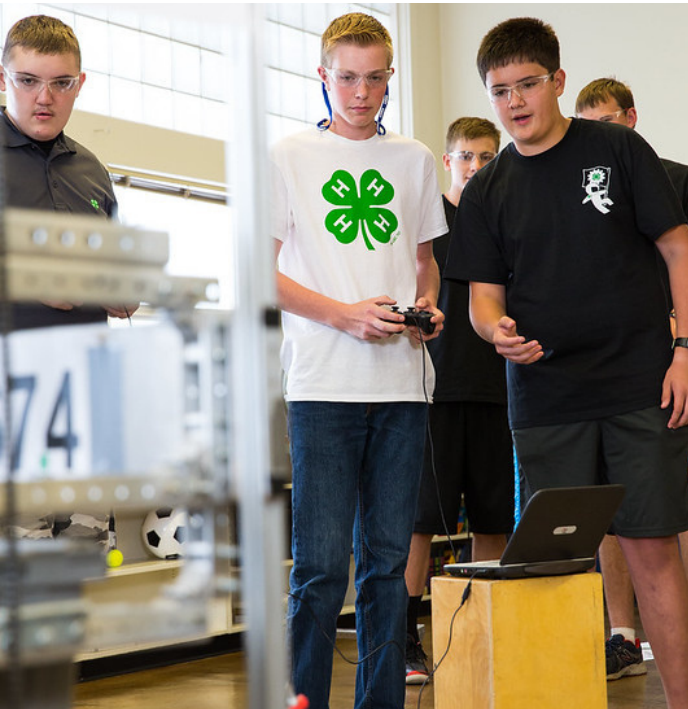
- all young people's potential
- developing young people who are empowered, confident, hard-working, determined, responsible and compassionate—seeing a world beyond themselves so that they have the life-long skills to succeed in college and career
- ensuring access and equity for all
- the power of America's leading public universities,
- the practice of positive youth development (PYD) by creating positive learning experiences
- caring and trusted adult mentors who cultivate positive relationships with youth
- creating safe, diverse, and inclusive environments

In 4-H programs, kids and teens between the ages of 8 -18 complete hands-on projects in areas like health, science, agriculture, art, fishing, and civic engagement in a positive environment where they receive guidance from adult volunteers and are encouraged to take on proactive leadership roles.

### What is 4-H?

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provide experiences where young people learn by doing. For more than 100 years, 4-H has welcomed young people of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better.

4-H's reach and depth are unmatched, reaching kids in every corner of America – from urban neighborhoods to suburban schoolyards to rural farming communities. Wyoming 4-H is built upon a base of outstanding employees, members, volunteers, alumni, and donors committed to Making the Best Better.





# WHAT CAN YOU DO IN 4-H?

In 4-H, you "Learn By Doing". Your projects help you gain knowledge, skills, foster responsibility, and the satisfaction of a job well done. You may work independently or there may be a volunteer to assist you. In 4-H, the activities are organized by topics and called "projects". All 4-H members must be enrolled in at least one project. To choose, select a project you like, consider the time and money it will take, and consider the space and supplies you have at home. A 4-H project should be fun, serve a purpose, and worthy of your time.

## NC 4-H offers the following projects:

### NATURAL RESOURCE

- Entomology
- Gardening & Horticulture
- Geology; Nature & Ecology
- Outdoor Recreation
- Range Management
- Shooting Sports
- Sport Fishing
- Wildlife & Hunting

### SCIENCE & TECHNOLOGY

- Aerospace
- Computers
- Electricity
- Robotics

### LEADERSHIP & CIVIC ENGAGEMENT

- Civic Engagement
- Youth Leadership

### HEALTHY LIVING

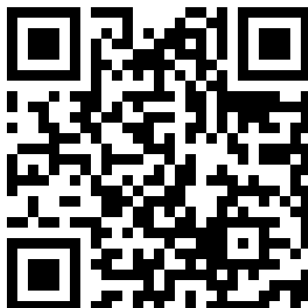
- Foods & Nutrition
- Health
- Outdoor Recreation
- Gardening & Horticulture

### EXPRESSIVE ARTS

- Cake Decorating
- Crocheting
- Fabric & Fashion
- Interior Design
- Knitting
- Leathercraft
- Photography
- Quilting
- Ropecraft
- Visual Arts
- Fine Arts
- Welding
- Woodworking

### ANIMAL SCIENCE

- Beef Cattle
- Cats
- Dogs
- Dairy Goats & Meat Goats
- Horses
- Alpacas
- Pocket Pets
- Poultry
- Rabbits
- Sheep
- Swine
- Veterinary Science



<https://www.uwyo.edu/4-h/projects/>





# WHAT IS A 4-H CLUB & 4-H PROJECT?

**4-H CLUB DEFINITION:** A 4-H Club is an organized group of at least five youth from two different families who meet regularly with adult volunteers for a long-term, progressive series of educational experiences.

**4-H CLUB PURPOSE:** The purpose of a 4-H club is to provide positive youth development opportunities to meet the needs of young people to experience belonging, mastery, independence, and generosity—the Essential Elements—and to foster educational opportunities tied to the Land Grant University knowledge base.

**CLUB MEMBERSHIP:** 4-H Club membership is open to all youth beginning at age 8 to the age of 18. 4-H Club membership is open to all youth without regard to race, color, creed, religion, national origin, sex, marital status, disability, or public assistance. All 4-H members must be enrolled in the 4-H club each year which begins October 1 through September 30.

## STRUCTURE OF A 4-H CLUB:

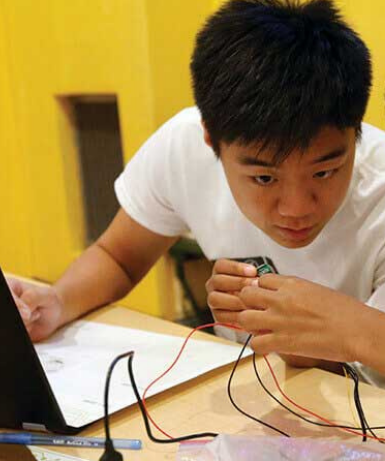
- Enrolls at least 5 youth members from at least 2 families.
- Conducts regular meetings throughout most or all of the year, and often supplemented by project meetings, fairs, and other 4-H learning activities.
- Selects youth officers or youth leaders to provide leadership to the club.
- Meets in any location—a home, community center, library, public housing site, school, afterschool program, and/or many other places.
- Meets interests and needs of youth in same-age or cross-age groupings and using single project or multiple project formats.
- Is advised by adult staff or volunteers who have been screened and trained.

## THE 4-H PROJECT

- A 4-H project is a topic of interest that a member chooses to do independently, with parents, a volunteer leader, or perhaps all three! Clubs may have a volunteer to support your project but you will work on your own and with your family to complete your chosen project.
- The 4-H office will offer clinics and activities as opportunities for you to participate in. Watch your newsletter and email for these opportunities.
- Other opportunities you can participate in are: county contests, exhibit at the Central Wyoming Fair, Wyoming State 4-H events, and National 4-H events.







# RESPONSIBILITIES OF A 4-H MEMBER & THE PARENT'S ROLE

As part of a 4-H club and to be successful in your project, you will be working toward the successful completion of goals. Every member needs to pitch in and do your part to be successful personally and for your club to be successful.

- Read your NC 4-H Newsletter: The newsletter is written for you. There is news about upcoming 4-H opportunities for you and your club.
- Attend all your club meetings. Arrive on time and participate. Meetings are held to get things done, bring up new ideas, build leadership skills, get to know other members, and learn and have fun.
- Be a friend. Get to know the other club members. Help out when needed. Be a friend and you will make friends!
- Enjoy! Have fun and learn at the same time.

What is the parent's role in 4-H? Children need parental encouragement and assistance to be successful.

- Share: Take an active interest in your child's 4-H project and activities. Learning by Doing is the 4-H way. Learning occurs with missteps as well as successes. Encourage throughout the process.
- Prepare: Assist your child by helping them understand the value of having projects, and responsibilities done on time...follow-through is very important.
- Be There: Your child will gain more from 4-H by attending 4-H meetings regularly and by getting involved in other opportunities. Get to know the club leader and lend a hand wherever you can.
- Volunteer Leaders: volunteer leaders contribute to the structure of the 4-H program. A club leader is in charge of each 4-H club. They will be the main contact for all club activities and oversee the club Officer Team, meetings, and all club events.
- Communication: Email is the main method of communication for Natrona County 4-H. Monthly newsletters will arrive via email at the beginning of each month. Newsletters contain information that applies to the 4-H program. The newsletter is also available at: <http://www.uwyo.edu/uwe/county/natrona/newsletters.html>
- Deadlines are very important in NC 4-H. Different projects have different deadlines such as ownership deadlines, fair entry deadlines, record book submission deadlines, and others. It is your responsibility to watch for the 4-H communication for deadlines and have the requirements in on time.



# SIGN UP FOR NC 4-H



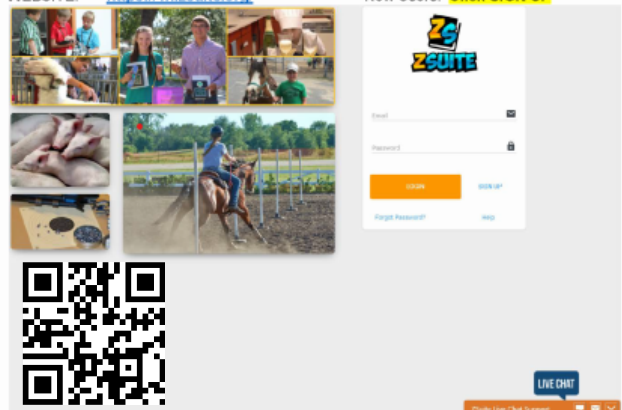
NC 4-H enrollment is completed online using the Wyoming 4-H enrollment program "ZSuite".

<https://4h.zsuite.org/>

## HOW TO SIGN UP FOR THE FIRST TIME IN ZSUITE

1. WEBSITE: <https://4h.zsuite.org/>

New Users: **Click SIGN UP**



- Fill out the Register New Household Information. Select a Primary Profile Access PIN which is needed to enter the primary household account. **Click LET'S GO** (If you get an error message that your email address is already used, go back to the main screen and click on Forgot Password? as some profiles were transferred over from 4HOnline.com)
- You are now on the Dashboard screen. **Click + HOUSEHOLD MEMBER**  
Enter the First Name, Last Name, Role (Member or Volunteer), and Member's Birthday. You may choose a preloaded avatar or upload a personal photo by clicking **CHOOSE PICTURE**. **Click CONTINUE**
- Select the PERSONAL INFO tab.** All fields marked with an asterisk (\*) are required. **Click NEXT** to get to the WAIVERS tab.
- Select the WAIVERS tab.** **Click** next to each section to sign off on all the waivers. (You must agree in order to proceed.) On the Health Form, put N/A or none if the required field does not apply to your member. **Click NEXT** to get to the CLUBS tab.
- Select the CLUBS tab.** Choose your club from the drop down menu. **Click ADD CLUB**  
**NATRONA COUNTY 4-H FIRST TIME MEMBERS:** If this is your first year with the Natrona County 4-H, please choose "1-Club Placement Requested Natrona". The Natrona County 4-H Office will assist you in placing your member in a club that has openings based upon the projects that your child has enrolled in.
- Select the PROJECT tab.** Choose project from the drop down menu. **Click ADD PROJECT.** Repeat process until all projects are selected. Some Animal Projects have a required field that you may not have information for. If this happens, please enter this 4-digit number "0000" in that required field.  
**CLOVERBUD MEMBERS:** Choose only the Cloverbud project.
- Verify all information is correct including your Club and Project selections. **Click SUBMIT**  
After you Click SUBMIT, your enrollment will be sent to the Natrona County 4-H Office Administrators for approval.







## Natrona County 4-H Cloverbuds

### What Is Cloverbuds?

The 4-H Cloverbud is a FUN youth program specially designed for children in K—2nd grade (ages 5-7 as of January 1 of 4-H year). The focus is hands-on cooperative learning in small groups with adult supervision. Cloverbuds participate in activities, games, and other positive experiences in a supportive, creative, challenging, and fun environment that introduce them to the wide variety of 4-H project experiences which are available to them when they turn 8 years old.

### Key Differences Between Cloverbuds and Older 4-H Members:

- Cloverbuds - Learning is activity centered. - Instruction is leader directed. - Recognized for participation only, not through competitions. Activities come from approved curriculum or through materials approved by the county educator.

### What Can Your Child Expect To Do as a Cloverbud in Natrona County?

- Participate in activities uniquely suited to their development
- Have Fun
- Grow and learn in a non-competitive environment
- Develop skills
- Participate in hands-on activities
- Make new friends in Natrona County - there are a few county-wide opportunities for your Cloverbud.
- These include: Fair exhibit: Cloverbuds can bring a project to the fair during a designated time and have it “judged.” This “show-n-tell” style allows the Cloverbud to experience static exhibit interview judging in an age-appropriate manner. Each Cloverbud receives a participation ribbon and their items are put on display for the duration of fair.
- Cloverbud Camps: Camps are held throughout the year and include activities that are part of a theme.
- Club activities: some clubs in Natrona County 4-H have leaders or specific activities for Cloverbud members. This varies by club and the engagement level of Cloverbuds in a club varies.



## Frequently Asked Questions

1. Can my Cloverbud participate in the Natrona County fair? A Cloverbud cannot show in 4-H competitions at the county fair because these are competitive events. There is a separate Cloverbud class and receive a Cloverbud participation ribbon.
2. Can my Cloverbud work with animals? As part of 4-H programs, Cloverbuds can work with animals in a demonstration or exposition format with 4-H leaders but not in competitive events at the fair.
3. Do Cloverbuds complete record books? No, they do not.
4. Are there any clubs for Cloverbuds? A Cloverbud can be a member of any community club, but not all clubs do programming for Cloverbuds.
5. How much does it cost? The same as the traditional enrollment fee for that 4-H year...\$12 per year. Cloverbuds have to complete the same enrollment process each 4-H year (October 1-September 30) as the traditional members.
6. How do I enroll my child? Enroll online at <https://4h.zsuite.org/> Enrollment for the 2021-2022 4-H year that begins on October 1, 2021.

For more information about Natrona County 4-H Cloverbuds, please contact the Natrona County 4-H Office at (307) 235-9400..



Adapted from "Florida 4-H Cloverbuds: A Guide for Programming for Staff and Volunteers," University of Florida IFAS Extension, 2011. Revised 2/2017

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## LET'S GET IN TOUCH

Natrona County 4-H  
2011 Fairgrounds Road  
Casper, WY 82604  
307.235.9500

- Joddee Jacobsen  
UW Extension Educator, 4-H Youth Development  
jjacob18@uwyo.edu
- Quincy Gundersen, NC 4-H Program Assistant  
qgundersen@natronacounty-wy.gov
- Karlene Wirrenga, NC 4-H Administrative Assistant  
kwirrenga@natronacounty-wy.gov



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