

Natrona County



# NATRONA COUNTY 4-H "ALIGN YOUR FOCUS" EDITION

Dear 4-H Families & Friends:

#### Gratitude is the NC 4-H Attitude!

None of us come by an attitude of gratitude naturally. Just like sharing or taking turns, it's a social skill we all have to learn. The more we exercise an "attitude of gratitude", the better we get at showing and telling others that we appreciate their efforts on our behalf. Anyone of any age needs to be shown the way in offering gratitude. In today's

world...want a new pair of boots? Look online and they can be here tomorrow. A new game for your PlayStation? Download it right now.

A culture of appreciation needs to be built, and three things are needed to recognize how to be grateful.

The intent: that somebody put me first.

The cost: what someone gave up for me, such as their time, expertise, or money.

The benefit: what I got out of it.

Thinking and talking about kind acts in this way is a life changer in helping kids and adults understand gratitude. For example, your neighbor helps with your leathercraft project on a Saturday afternoon when you know he'd rather be watching football on TV. "How cool was it that my neighbor came over and helped me. He knew I had a lot to do (the intent). I know how much he likes watching the Broncos but he gave up the game to help me learn (the

cost), and look how much I got done with his help (the benefit)." Realizing and recognizing what another person(s) has done to help you be successful, fosters the "attitude of gratitude" no matter how big or small the act.

Just imagine...instead of a mumbled thanks after the winning of a ribbon or prize, a gift, or time helping club members, the realization that the people who made it possible for that reward/help was received with heartfelt gratitude. It's practiced and taught with intent through lots of day-in and day-out examples year 'round – and it's that important. Recognize the people you come into contact with genuine gratitude. Appreciate and recognize the important role they play in your life. Gratitude is our 4-H Attitude and It Makes the Best, Better!"

Joddee Jacobsen

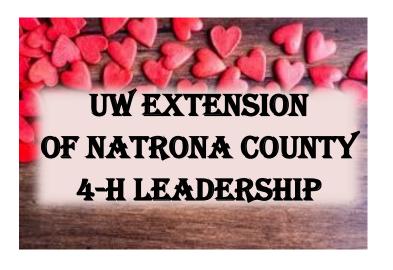
Make the Best Better...

Joddee L. Jacobsen

Joddee L. Jacobsen

UW Extension Educator, 4-H Youth Development

Works cited: Bono, Giacomo "Finally, a Cool Formula for Teaching Kids How to Be More Grateful, From a Gratitude Researcher (and Dad)." Kinstantly, November 18, 2015.



# PROFESSIONAL STAFF 4-H OFFICE

Joddee Jacobsen	UW Extension Educator
Quincy Gundersen4-H &	Rural Living Program Associate
JoAnna Hall	4H Administrative Assistant

## 4-H VOLUNTEERS

#### 4-H COUNCIL

Devonie Mueller	President
Keith Nachbar Vice President	
Christine Dice	Secretary
Rose Jones	Treasurer
Amber Brooks	Member
Linda Montgomery	
Jen Morrison	Member
Vicki Pickett	Member
Jo Watson	Member
Leah Wiese	Member
Geoellen Stretesky	Member
Terry Stretesky	Member

#### **4-H FOUNDATION**

Leroy Dickinson	Chair
Harlan Robinson	Vice Chair
Kera Bullard	Secretary
Randy Buffington	Treasurer
Ed Atchley	Member
DeAnna Bradshaw-Brow	
Jamie Haigler	Member
Joddee Jacobsen	Member
Devonie Mueller	
Phillip Rael	Member
Kyle Rice	

# CENTRAL WYOMING JUNIOR LIVESTOCK SALE

Burt Andreen	Chair
Aaron Emery	
Karel Loraas	
Brenda Janikowski	Treasurer

#### 4-H SUPERINTENDENTS

T II OUI EIMI	
Linda Montgomery	Alpaca
Brad Mueller	Beef
Devonie Mueller	Beef
Brian Wing	Beef
Candita Daniels	Cat
Shannon Hansen	Dog
Vicki Smith	Dog
Erin Danford	
Megan Kennedy	Family Consumer Science
Deena Wolf	
Linda Montgomery	
Cecilea Hansford	
Teri Knoek	
Mackenzie Watson	Goat
Leslie Chaplin	Horse
Alicia Werner	
Carlos Buckner	Poultry
Karen Buckner	
Michelle Forster	
Veronica Mason	
Janel Schierkolk	
Kandi Ossa	
Tom Ossa	
Cory Brooks	
Heath Hornecker	
Jenn Magee	
Wendy Smith	
Joe Wistisen	
Jeremy Burkett	
Tait Helmey	
Alex Wolf	
Dwayne Larsen	ractor Driving (Small Engines)

#### 4-H COMMUNITY CLUB LEADERS

Lisa KeithAlco	
Lory Wing Alco	va
Michelle GottschBarnyard Rebe	els
McKenzie WatsonBarnyard Rebe	els
Lucinda CancholaBear Clav	WS
Michelle ForsterBear Clay	WS
Bailey Mason Boots & Buckl	es
Kandi OssaBuckaro	
Erin Gazda Bullwinkl	es
Heather WarrenCan [	Dο
Jodee KnightCity Dud	es
Kari Fransen Elit	
Amanda HendersonElit	es
Janel SchierkolkElit	
Tana Campbell Hooves & Hid	es
Elizabeth GutierrezHooves & Hid	
Rebecca Raney Kountry Ki	ds
Linda MontgomeryMeadow Acr	es
Jennifer StraightMidnight Wonde	ers
Leslie ChapinNatrona County Horse Proje	ect
Alicia Werner Natrona County Horse Proje	
Wendy Smith	ers
Joe Wistisen Natrona Country Shoote	ers
Jennifer MageePlatte River Wrangle	ers
Devonie MuellerRockin' Wrangle	ers
Keith NachbarRough Ride	ers
Carol Whitney Trail Buste	ers
Jack Whitney Trail Buste	ers
Jaime Hornecker	

#### 4-H JUDGING TEAM COACHES

Heath Hornecker	Livestock
Alex Wolf	Meats
Burt Andreen	Meats
Jack Stewart	Meats
Donna Hoffman	Produce
Ed Selby	Wool
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# QUINCY'S CORNER

Happy New Year everybody! Just a little reminder that beef tagging is coming up February 5th starting at 9am. Since we had very positive feedback on the way we did things last year, we will run tagging the same this year. We will have the trailers line up and one at a time we will unload, tag and weigh. Please stay in your vehicle until it is your turn to unload. One change this year is we will not have paper tagging/ID sheets. After tagging, you will go home and enter your animals information on Zsuite. More information on how to do this can be found on page 8 later on in



QUINCY GUNDERSEN Rural Living & 4-H Program Associate

the edition of the newsletter. **Another reminder, you need to be registered in ZSuite before you can have your animal tagged.** If you are not registered you will be asked to go to the back of the line and do so on your phone. If you still need to register the website is 4h.zsuite.org.

My contact information is (307) 235-9400 or email <a href="mailto:qgundersen@natronacounty-wy.gov">qgundersen@natronacounty-wy.gov</a>

#### Please Welcome our new 4-H Administrative Assistant JoAnna Hall!

Hello!

My name is JoAnna Hall. I was born and raised in Southern Oklahoma. Growing up in small town America, I enjoyed showing livestock (pigs and sheep) and participating in the local 4H

and FFA Chapters. I reached my goals of receiving the Oklahoma State FFA Degree, American FFA Degree, and obtaining a Bachelor's Degree in International Business Management.

After school, I married and have traveled with my husband for the past 12 years. We currently have four dogs of varying size and breed and enjoy rural living. I still enjoy working with livestock, hunting and fishing, and the small town lifestyle. I have added hobbies of crochet, baking, golf, snowmobiles, and traveling with family and friends. I am also an Oklahoma State University Fan. Go Pokes!!

An event that I am particularly proud of is raising funds for Cystic Fibrosis with the Bennett's Buddies in Perkins, Oklahoma. I participated by agreeing to cut off inches of hair for certain amounts of funds raised. I ultimately donated 16" of hair to the Wigs for Kids Foundation.

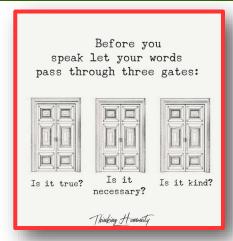
I hope my history will inspire and encourage you to be positive and active in your lives. I look forward to meeting each of you and hope the best of luck in all of your future endeavors.



# Follow us on Facebook @ Natrona County 4H <a href="https://www.facebook.com/NatronaCounty4H/">https://www.facebook.com/NatronaCounty4H/</a>

# **UW Natrona County Extension 4-H Website**<a href="https://wyoextension.org/natronacounty/newsletters-2/">https://wyoextension.org/natronacounty/newsletters-2/</a>

# Animal Opportunities <a href="https://wyoming4h.org/animalopps/">https://wyoming4h.org/animalopps/</a>



Natrona County Alpaca Project <a href="https://www.facebook.com/alpacasandobstacles">https://www.facebook.com/alpacasandobstacles</a>

Natrona County Dog Project <a href="https://www.facebook.com/groups/428485018384342">https://www.facebook.com/groups/428485018384342</a>

Natrona County 4-H Family & Consumer Science https://www.facebook.com/groups/517986822347457

Natrona County 4-H / FFA Horse Show Committee https://www.facebook.com/natronacountyhorse

Natrona County 4-H Poultry <a href="https://www.facebook.com/groups/242786253206671/">https://www.facebook.com/groups/242786253206671/</a>

Natrona County Beef Committee <a href="https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/">https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/</a>

Natrona County Goat Committee <a href="https://www.facebook.com/Natrona-County-Goat-members-2176467255942019">https://www.facebook.com/Natrona-County-Goat-members-2176467255942019</a>

Oil City Thumpers (Rabbits) <a href="https://www.facebook.com/Oil-City-Thumpers-398801110535193/">https://www.facebook.com/Oil-City-Thumpers-398801110535193/</a>

Natrona County Sheep Committee <a href="https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613">https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613</a>

Natrona Country Shooters 4H https://www.facebook.com/groups/671664486269956

Natrona County Swine Committee <a href="https://www.facebook.com/groups/410594339599618/">https://www.facebook.com/groups/410594339599618/</a>

Natrona County 4H/FFA Jr. Livestock Sale <a href="https://www.facebook.com/centralwyomingjrlivestocksale/">https://www.facebook.com/centralwyomingjrlivestocksale/</a>



#### Message from the Livestock Sale Commit-

#### Rule as voted on at December Board Meeting:

"If an exhibitor sold livestock in Natrona County at the Central Wyoming Junior Livestock Sale and any other county fair livestock sale in the previous year, then the exhibitor shall have the privilege of selling only one animal in the current year's Central Wyoming Junior Livestock Sale"

#### **Exceptions added at the January 18th Sale Committee Meeting:**

An allowance will be made only for the 2022 sale only for members who have previously purchased, received title, and fed beef with the intent of selling three head of beef in 2022. This allowance will have to be presented to both the 4-H Educator (jjacobsen@natronacounty-wy.gov) and Livestock Sale Chairman (burtandreen@gmail.com) for approval before or at time of beef tagging.

Furthermore, the opportunity will be allowed for members who wish to sell two head of livestock in the 2022 Central Wyoming Junior Livestock Sale and sold in another county sale in 2021 with the following requirement:

Members will have to indicate on their sale nomination contract that there is no intent to sell in another county sale in that same calendar year with the understanding that contract breach could result in voided sale of both animals sold at the Natrona County Junior Livestock Sale.



- MARCH 5, 2022: COMMITTEE MEETING MILLS/EVANSVILLE ROOM
- APRIL 9, 2022: BREED ID, BREED TATTOO, SHOWMANSHIP, ID FORMS CLINIC CASPER ROOM BRING YOUR
  HEALTHY, CLEAN RABBITS AND CARPET SQUARE
- MAY 14, 2022: GETTING READY FOR FAIR FAIR PREP MILLS/EVANSVILLE ROOM
- JUNE 4, 2022: MANDATORY MEAT PEN TATTOO CLINIC/MOCK SHOW CASPER ROOM MAKE SURE YOUR
  RABBITS ARE CLEAN AND HEALTHY. WE ALSO ASK YOU TO DRESS LIKE YOU WILL FOR THE SHOW AT FAIR
  AND BRING YOUR CARPET SQUARE FOR SHOWMANSHIP.
- JUNE 18, 2022: TENTATIVE VIRTUAL SHOW VIA ZOOM

#### 2022 SAVE THE DATE

2022 4-H/FFA Market Beef Tagging

Date: February 5, 2022

2022 Winter Make & Take Craft Workshop ( Valentine Gingerbread

House)

February 8, 2022

2022 4-H Carnival

Date: March 12, 2022

2022 4-H State Meat & Wool Contest

**Date:** April 29-30, 2022

2022 4-H/FFA Market Goat & Market Sheep Tagging

te: April 30, 2022

2022 4-H/FFA Cat Ownership ID Certificates Due

**Date:** May 2, 2022

2022 4-H/FFA Dog Ownership ID Certificates Due

**Date:** May 2, 2022

2022 4-H/FFA Rabbit Ownership ID Certificates Due

Date: May 2, 2022

2022 4-H/FFA Market Swine Tagging Date: May 17-27, 2022

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**2022 4-H County Shoot Date:** June 4-11, 2022

2022 4-H Cake Decorating/Foods/Table Setting Contests

**Date:** June 4, 2022

2022 4-H Quest For Knowledge

**Date:** June 8, 2022

2022 4-H/FFA All Other Ownership ID Certificates Due

ate: June 15, 2022

2022 4-H Showcase Showdown

**Date:** June 21-23, 2022

2022 General Judging (Interview & Static Projects)

**Date:** June 28, 2022

2022 4-H Fashion & Fabric Contest

**Date:** June 30, 2022

2022 4-H State Shoot

**Date:** July 7-10. 2022

2022 Central Wyoming Fair & Rodeo

**Date:** July 8-16, 2022

2022 4-H Horse Show

**Date:** July 30-31 2022

2022 Wyoming State Fair

Date: August 16-20, 2022

2022 4-H Record Books & Thank You Notes Due

**Date:** August 31, 2022

#### DISCLAIMER

All information (dates, times, etc.) is subject to change. We will do our best to give as much advance notice as possible. Thank you for your cooperation and understanding.

#### CHECK OUT WHAT'S HAPPENING WITH YOUR 4-H PROJECT AREA ...



#### **ALPACA PROJECT**

https://www.facebook.com/alpacasandobstacles



#### **BEEF PROJECT**

Beef Tagging February 5th @ 9AM CWF Grounds

https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/



#### **CAT PROJECT**



#### **DOG PROJECT**

https://www.facebook.com/groups/428485018384342



#### **GOAT PROJECT**

https://www.facebook.com/Natrona-County-Goat-members-2176467255942019



#### **HORSE PROJECT**

https://www.facebook.com/natronacountyhorse



#### **POCKET PET PROJECT**



#### **POULTRY PROJECT**

https://www.facebook.com/groups/242786253206671/



#### **RABBIT PROJECT**

Rabbit Breeds Clinic-February 12th ARLC Mills/Evansville Room Starts @ 9AM

https://www.facebook.com/Oil-City-Thumpers-398801110535193/



#### **SHEEP PROJECT**

https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613



#### **SWINE PROJECT**

https://www.facebook.com/groups/410594339599618/



#### **CLOVERBUD PROJECT**



#### **FAMILY CONSUMER SCIENCE PROJECT**

https://www.facebook.com/groups/517986822347457



#### **GENERAL PROJECTS & RECORD BOOKS**



#### **SHOOTING SPORTS PROJECT**

https://www.facebook.com/groups/671664486269956



#### TRACTOR DRIVING PROJECT

4-H JUDGING TEAMS

#### JUDGING TEAMS

Beginning January 23, 2022 through State Contests in late March 2022

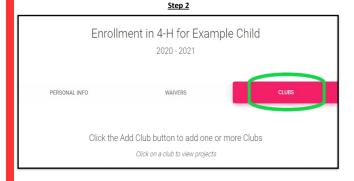
Meats practice is every Sunday @ Casper College Pavilion from 12:45 PM to 3:45 PM.

Wool practice will begin in a few weeks after Meats practice begins.

Questions? Meats: Burt Andreen 258-2484, Jack Stewart 251-0033, Alex Wolf 299-6600, Wool: Ed Selby 267-7619









## **ZSuite Animal Information Upload Instructions**

- 1.Once you are logged into ZSuite **PRIMARY PROFILE** at: https://4h.zsuite.org, select the family member who has the project and click the **UPDATE ENROLLMENT** button.
- 2. Select **CLUBS** at the top right of the page.
- 3.To enter the animal information, select the gray pencil to the right of the Breeding/Market project listed in the club box.
- 4. Select how many animals you have for that project area.
- 5. For Beef, Goats, Sheep and Swine enter the 15 digit tag number in the **Animal ID Line**. For Rabbits enter the tattoo number into the **Animal ID Line**. For all other species put N/A on the **Animal ID Line**.
- 6.Enter the animal's description on the **Animal Identifier** line (ex. Black Steer, Black Face Ewe).
- 7.Enter the animal's name in the Name Field.
- 8.On the **Animal Type** line enter whether they are market, breeding, meat pen or other (for non livestock animals like cat, dog and horse).
- 9.Enter animal's breed on the Animal Breed line.
- 10. **Animal Picture 1** upload the picture of the tag in the animal's ear for large livestock, front view for all other species.
- 11. Animal Picture 2— upload the picture of the side view of the animal.
- 12.If you have multiple animals, repeat steps 5-11 for the other animals.

#### 2022 QUALITY ASSURANCE

# YOUTH PLANNING TO SELL AN ANIMAL THROUGH THE CENTRAL WYOMING FAIR JR. LIVESTOCK SALE MUST COMPLETE A QUALITY ASSURANCE TRAINING EACH YEAR.

The 4-H Quality Assurance (QA) Class teaches youth about the quality of meat and food products that come from livestock. Quality assurance for livestock producers means making a promise to the consumers from food production animals. Quality assurance is a pledge or promise to:

- 1. Provide a food animal product preferred by consumers, and
- 2. Provide a safe, wholesome food animal product. Food animals are those whose products (meat, milk, and eggs) have the potential to become part of the food chain.

The promise made is that products from livestock will be the highest possible quality and 4-H/FFA youth producers will do everything possible to make these products safe to eat and that our sale is of the highest quality.

#### REQUIREMENTS FOR SALE ELIGIBILITY

- ▶ All FFA (13 and younger), Junior and Intermediate 4-Her's will be required to take **one** QA clinic each year to sell an animal(s) in the Natrona County Jr. Livestock Sale at the Central Wyoming Fair.
- ► FFA & Senior members (ages 14- 19) will be required to take one year of QA education to sell an animal(s) in the Natrona County Livestock Sale at the Central Wyoming Fair. If the first year of a livestock project is taken as a Senior, the QA clinic must be taken that same year.

#### THIS YEAR, CHOOSE ONE OF THE FOUR OPTIONS AVAILABLE:

**Option 1:** FREE option w/ general content. Must be completed by June 15, 2022. Uinta County will email it to the NC 4-H office. Contact the Uinta County Office with questions (307) 783-0570.

https://www.uintacounty.com/670/Quality-Assurance-Information

Level 1 (1st Year Junior)

Webinar 1

Questions & Assignment

Level 2 (2<sup>nd</sup> or 3<sup>rd</sup> year Junior)

Webinar 2

Questions & Assignment

Level 3 (1st Year Intermediate)

Webinar 3

Questions & Assignment

Level 4 (2<sup>nd</sup> or 3<sup>rd</sup> year Intermediate)

Webinar 4

Questions & Assignment

Level 5 (Senior)

Webinar 5

Questions & Assignment

Option 2: \$12 Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. YQCA website at <a href="http://yqca.org/">http://yqca.org/</a> Certificate of Completion is due to the 4-H Office by June 15, 2022.

Option 3: FFA has Quality Assurance as part of their FFA coursework. The FFA advisor may sign-off to verify that the requirement has been met for that member to sell in the 2022 4-H/FFA Jr. Livestock. Signed form is due to the 4-H Office by June 15, 2022.

Option 4: Attend the in person clinic provided by the Natrona County 4-H office. There will be one in person opportunity for Intermediates and Seniors and one for Juniors. Check Facebook and the newsletters for upcoming opportunities.

# 2022 4-H Shooting Sports Leader Certification Trainings

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.



#### Sheridan County, Sheridan

- Dates February 5-6, 2022
- Registration link: Sheridan County



- Dates February 26-27. 2022
- Registration link: Park County



#### Carbon County, Rawlins

- Dates March 19-20, 2022
- Registration link: Carbon County



#### Sublette County, Big Piney

- Dates April 9-10, 2022
- Registration link: Sublette County

Warren Crawford

Youth Development Specialist

University of Wyoming Extension

College of Agriculture and Natural Resources

1000 East University Ave. Dept. 3354

Laramie, WY 82071

(307) 766-5170

crawford@uwyo.edu

Shooting Sports Development Committee Meeting

Date - February 19, 2022, Casper

You can register using the links above or visit the Wyoming 4-H webpage at: http://www.uwyo.edu/4-h/ then select "Volunteers" and "Additional Trainings."



# NC 4-H FOUNDATION SCHOLARSHIPS

# New Applicants

#### What you need to do:

Open to any NC 4-H member or leader that is a <u>first time</u> applicant for this scholarship with a cumulative GPA of 3.0 (high school) or 2.5 (college/vocational school).

- 1. Complete the scholarship application form with appropriate signatures. Read and follow the eleigibilty requirements in the scholarship packet for New Applicants in this newsletter.
- 2. Answer the short essay questions.
- 3. An OFFICIAL/CERTIFIED, sealed transcript is required. Copies are not accepted.
- 4. Attach a letter of recommendation from your club's community leader, project leader, or an individual you have worked with in the community.
  - 5. A current photograph must be included.
- 6. You may hand deliver it in the original official sealed envelope from your registrar or request the registrar's office to mail it to: Natrona County 4-H; ATTN: Joddee Jacobsen; 2011 Fairgrounds Road; Casper, WY 82604

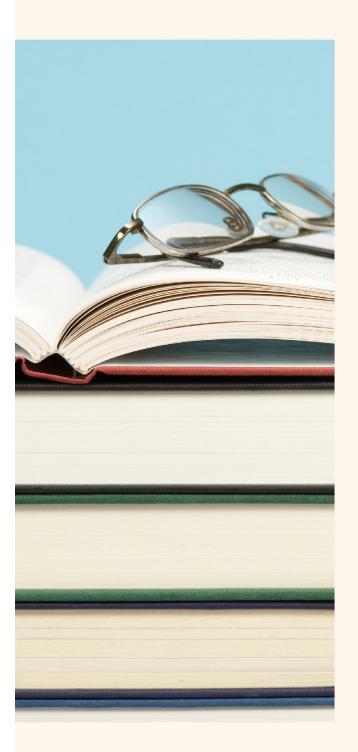
Due: February 25, 2022



# NATRONA COUNTY 4-H FOUNDATION SCHOLARSHIP OPPORTUNITY



# NEW SCHOLARSHIP APPLICANT



As you continue your higher education goals, the Natrona County 4–H Foundation hopes to be a partner in your success.

#### Eligibility:

- Open to any Natrona County 4-H member that is a first time applicant for this scholarship and:
- Has a minimum cumulative GPA of 3.0 (High School), or 2.5 (College) and
- Has been an active 4-H member for at least three (3) years.
- Is currently enrolled or has successfully completed the current 4-H year.
- 2. A current 4-H leader who
- Is an enrolled 4-H leader
- Is currently enrolled as a full-time college student
- Has a minimum cumulative GPA of 2.5

#### Terms of Scholarship:

- 1. One-half of the scholarship must be used the fall semester after it is awarded at any Junior College, University or Technical School.
- 2. The second half of the scholarship will be awarded after the recipient re-enrolls for the second semester and shows proof that he or she has maintained a minimum 2.5 cumulative GPA

for the previous semester.

3. Scholarships are available only for full-time students.

## The requirements of your application are as follows:

- Complete the scholarship application form with appropriate signatures.
- Answer the questions listed below.
- Attach an OFFICIAL/CERTIFIED sealed transcript.
- Attach a letter of recommendation from your club's community leader, project leader, or an individual you have worked with in the community.
- A current photograph must be included.

# NEW APPLICANT APPLICATION



#### NEW SCHOLARSHIP APPLICANT APPLICATION

The completed application & transcript must be received by the 4-H Office before 4:30 p.m. on February 25, 2022

Full Name:	_SSN #:	
Birth Date:	_ Age:	Phone:
Mailing Address:		
Parent/Guardian:		
Address (if different):		
E-mail address:		
High School Attended:		
What level are you in school? High School:Senior	College:Senio	rJuniorSophomoreFreshman
College or institution you plan on attending: _		
Major/Program:		
4-H Years Completed:		
I CERTIFY THAT THE INFORMATION I HAVE PROVIDE IS CORRECT TO THE BEST	OF MY KNOWLEDGE AN	DIAGREE TO THE TERMS OF THE SCHOLARSHIP.
Applicant's Signature:	Da	ate:
Parent's Signature:	D	ate:
(Required if under 18 years of age)		

# NEW APPLICANT APPLICATION SHORT ESSAY QUESTIONS

Edit for grammar, spelling, and punctuation.

1. Tell us about some of the challenges and successes you have experienced in the NC 4-H program including accomplishments, leadership positions, and opportunities.
2. Tell us about your involvement in the community and your extracurricular activities.
2. Tell us about your involvement in the community and your extracurricular activities.
2. Tell us about your involvement in the community and your extracurricular activities.
2. Tell us about your involvement in the community and your extracurricular activities.

3. What projects did you choose to pursue in the NC 4-H program? Describe what you did in your projects.
4. How has 4-H been influenced your life and made you a better person?



# CONTACT US

NC 4-H Foundation 2011 Fairgrounds Road Casper, WY 82604 307.235.9400





You must be enrolled with ACTIVE status in ZSuite to participate in all 4-H activities.

Remember to re-enroll for the 2021-2022 4-H Year in ZSuite which began on October 1, 2021.

Your membership will not be activated in ZSuite until your payment is received. The easiest way to pay is by credit card (with no transaction fee) through ZSuite!

# **ENROLLING IN ZSUITE**

### **NEW MEMBERS & RETURNING MEMBERS**

Only after all of the following requirements are met will your membership will be activated.

- Enroll using https://4h.zsuite.org/
- You must be enrolled with ACTIVE status to participate in all 4-H activities. Your membership will not be activated until payment is received.
- Enrollment fees are \$12.00 per 4-H member including Cloverbuds. The easiest way to pay is via credit card (with no transaction fee) through ZSuite. You may also mail your check made payable to the Natrona County 4-H; 2011 Fairgrounds Road; Casper, WY 82604 or pay via credit card (3% transaction fee applies) by calling the 4-H office at 307-235-9400.

### **NEW YOLUNTEERS**

Only after all of the following requirements are met will your membership will be activated. Please call the 4-H office at 307-235-9400 with any questions.

- Enroll using https://4h.zsuite.org/
- Complete the mandatory background screening & training is valid for 5 years
   \* A break in service will require you to restart the process.
- Complete the mandatory online 4-H Volunteer Orientation.
- Complete the MVR check.
- There is no enrollment fee for volunteers.

#### RETURNING YOLUNTEERS

Only after all of the following requirements are met will your membership will be activated. Please call the 4-H office at 307-235-9400 with any questions.

- Enroll using https://4h.zsuite.org/
- Complete the mandatory background screening & training every 5 years.
  - \* A break in service will require you to restart the process.
- Complete the annual leadership training.
- Complete the MVR check.
- There is no enrollment fee for volunteers.

We are only able to communicate with you if you are enrolled in ZSuite with a valid email address; therefore, we ask that you get enrolled in ZSuite and pay the \$12.00 fee so we can activate your membership.

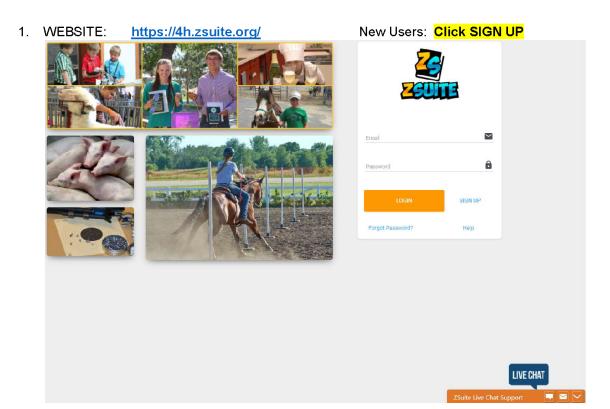
\*\*\* If you enrolled in ZSuite and have not been receiving communications via email, please log into your ZSuite account and verify that your email address on file is correct as we have been receiving notifications that some email addresses are invalid.

REMINDER: Throughout the year, if your contact information has changed (name, mailing address, phone number, email address, etc.), it is your responsibility to update your profile in ZSuite. Failure to do so, may result in you missing an important deadline and/or information pertaining to your 4-H project(s).

#### IMPORTANT!

You are NOT covered by 4-H insurance and will not be allowed to participate until your membership is ACTIVE status in ZSuite.

## HOW TO SIGN UP FOR THE FIRST TIME IN ZSUITE



- 2. Fill out the Register New Household Information. Select a Primary Profile Access PIN which is needed to enter the primary household account. Click LET'S GO (If you get an error message that your email address is already used, go back to the main screen and click on Forgot Password? as some profiles were transferred over from 4HOnline.com)
- 3. You are now on the Dashboard screen. Click + HOUSEHOLD MEMBER

  Enter the First Name, Last Name, Role (Member or Volunteer), and Member's Birthday. You may choose a preloaded avatar or upload a personal photo by clicking CHOOSE PICTURE. Click CONTINUE
- 4. Select the PERSONAL INFO tab. All fields marked with an asterisk (\*) are required. Click NEXT to get to the WAIVERS tab.
- 5. Select the WAIVERS tab. Click \ \ next to each section to sign off on all the waivers. (You must agree in order to proceed.) On the Health Form, put N/A or none if the required field does not apply to your member. Click NEXT to get to the CLUBS tab.
- 6. Select the CLUBS tab. Choose your club from the drop down menu. Click ADD CLUB NATRONA COUNTY 4-H FIRST TIME MEMBERS: If this is your first year with the Natrona County 4-H, please choose "1-Club Placement Requested Natrona". The Natrona County 4-H Office will assist you in placing your member in a club that has openings based upon the projects that your child has enrolled in.
- 7. Select the PROJECT tab. Choose project from the drop down menu. Click ADD PROJECT. Repeat process until all projects are selected. Some Animal Projects have a required field that you may not have information for. If this happens, please enter this 4-digit number "0000" in that required field. CLOVERBUD MEMBERS: Choose only the Cloverbud project.
- 8. Verify all information is correct including your Club and Project selections. Click SUBMIT After you Click SUBMIT, your enrollment will be sent to the Natrona County 4-H Office Administrators for approval.



# Ranch Management & Ag Leadership 2022 Seminar Series

# **Ag Leadership Symposium**

FEBRUARY 24 — CASPER — 8:30 AM-4 PM

#### How to be an effective advocate and leader for the agricultural industry —

Janet Phillips, Show-Me Kansas Farms, Kansas Kim Brackett, Brackett Ranches, Idaho Kate Mead, Mead Ranch Natural Beef, Wyoming Melinda Sims, Sims Cattle Company, Wyoming

#### Communicating your vision —

Lynn Gordon, Leader Consulting

#### Motivating your team —

Bob Milligan, Professor Emeritus, Cornell University, and Senior Consultant, Dairy Strategies

#### Developing a personal code of ethics —

Kent Noble, Bill Daniels Chair of Business Ethics, University of Wyoming

Thursday, February 24 • 8:30 AM-4 PM Registration includes lunch

University of Wyoming Extension Natrona County
Agricultural Resource and Learning Center
2011 Fairgrounds Rd., Casper, WY



In-person and online options | \$25/session or \$100/series
For information and registration, visit <a href="https://www.uwyo.edu/uwag/rmal.">www.uwyo.edu/uwag/rmal.</a>
Questions? (307) 766-4134

# FRIENDLY REMINDERS FROM THE 4-H OFFICE...

#### ARLC ROOM RESERVATIONS

Please call Rose at 307-235-9400 to reserve a room for your 4-H Club or Committee meetings. The 4-H office does not maintain the building calendar. *PLEASE REMEMBER*: We are still under some COVID-19 restrictions and a COVID-19 release must be signed by a Club Leader. *Please do not prop open ARLC exterior doors as it compromises building security if they are accidently left open once the event has ended.* 

#### COMMUNICATION

4-H has a wealth of educational opportunities and the majority of these will take place at the club level with others coming from the 4-H office and the Wyoming 4-H state office.

We will communicate with you using the following communication sources; therefore, it's your responsibility to check them on a regular basis:

- ◆ Follow us on Facebook @ Natrona County 4H https://www.facebook.com/NatronaCounty4H/
- ♦ UW Natrona County Extension 4-H Website https://wyoextension.org/natronacounty/newsletters-2/
- ♦ Natrona County 4-H Monthly Newsletter

<u>Please check the links listed above for the latest edition!</u> <u>Because we will be unable to send mass emails, we are relying on our members to check these links for the latest editions.</u>

Please read it carefully and take note of the items that apply to you, your family, your project area (s), and your club.

♦ Natrona County 4-H Emails

Please open and read the emails that the Natrona County 4-H office and its volunteers send you. In addition to the links mentioned above, this is how we will keep you updated and let you know of changes, scheduled activities, etc.



SPRINKLE
THAT STUFF
EVERYWHERE

#### DO YOU KNOW SOMEONE WHO IS STRUGGLING?

Helpful Things to Say to Someone Who May Be Struggling

NATIONAL SUICIDE PREVENTION LIFELINE www.suicidepreventionlifeline.org

"What are you feeling?"

**\** 1-800-273-8255

"I care and am here to listen."

"How have you dealt with things in the past?"

"How long have you been feeling like this?"

"Have you been thinking about suicide?"











# Valentine Gingerbread House

TUESDAY, FEBRUARY 8, 2022 Oregon Trail Room/ARLC

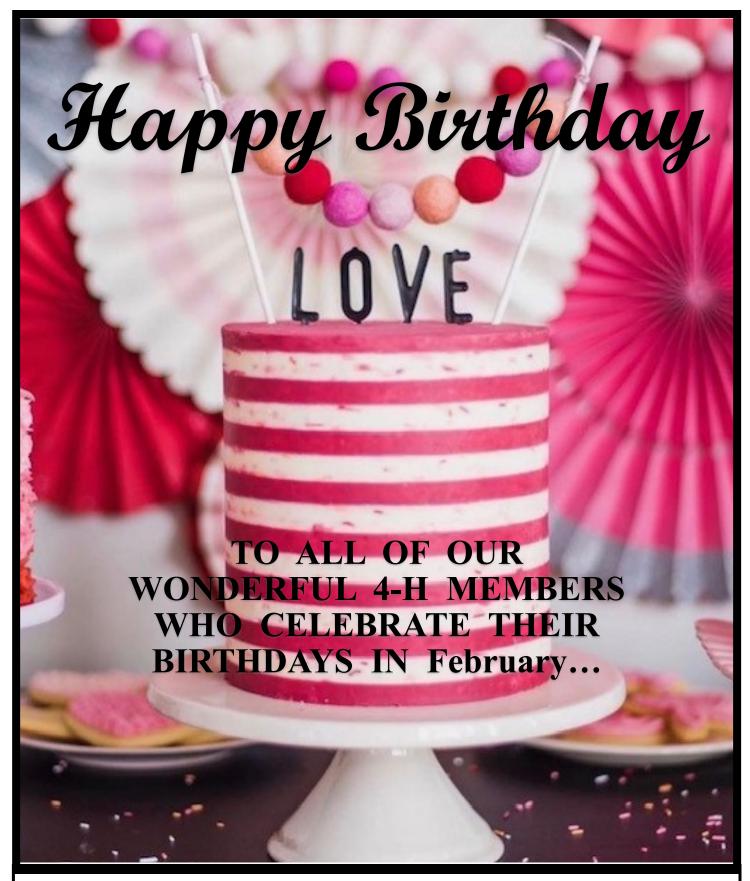
4:30 PM Cost: \$5

RSVP required - Limited to 12 kids;

8 yrs. & up

Register via your ZSuite account; click on "events"





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