



College of Agriculture and Natural Resources Extension Natrona County





I E V E M E N

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2023-2024 4-Henrollment opened October 1, 2023.

Please get your enrollment completed by December 31, 2023 or you will no longer receive communications from the Natrona County 4-Hoffice.

\*Volunteers make sure that your background and trainings are up to date. Dates must be 2019 or newer



## **4-H VOLUNTEER ADVISORY COUNCIL**

Devonie Mueller	President
Amber Brooks	Vice President
Christine Dice	Secretary
Rose Jones	Treasurer
Linda Montgomery	Member
Jen Morrison	Member
Vicki Pickett	Member
Jo Watson	Member
Leah Wiese	Member
Geoellen Stretesky	Member
Terry Stretesky	Member
Kristi Watson	Member
Brittany Johnson	Member
Erin Danford	Member
Terry Knoelk	Member
Carrie Massman	Member
Kimberly Zietner	Member

# **4-H FOUNDATION**

Leroy Dickinson	Chair
Harlan Robinson	Vice Chair
Kera Bullard	
Kyle Rice	Treasurer
Ed Atchley	
DeAnna Bradshaw	Member
Jamie Haigler	Member
Devonie Mueller	
Phillip Rael	Member
•	

# **CENTRAL WYOMING JUNIOR LIVESTOCK SALE**

Burt Andreen	Chair
Alexander Wolf	Vice Chair
Karel Loraas	Secretary
Brenda Janikowski	Treasurer

#### **4-H JUDGING TEAM COACHES**

Jeremy Burkett	Livestock
Alex Wolf	Meats
Burt Andreen	
Jack Stewart	Meats
Donna Hoffman	
Fd Selby	Wool

## **4-H SUPERINTENDENTS**

Linda Montgomery	Alpaca
Christine Dice	
Brad Mueller	Beef
Devonie Mueller	Beef
Brian Wing	
Jaime Haigler	Campground
Sarah Emery	Campground
Cecilea Hansford	Cat
Shannon Hansen	Dog
Vicki Smith	Dog
Erin DanfordFamily Co	
Deena WolfFamily Co	onsumer Science
Linda Montgomery	General Projects
Christine Dice	General Projects
Cecilea Hansford	Goat
Teri Knoek	Goat
Mackenzie Watson	Goat
Heidi Foy	Horse
Ashtan Ćhristensen	Horse
Carlos Buckner	
Karen Buckner	Poultry
Michelle Forster	
Veronica Mason	
Janel Schierkolk	Rabbit
TJ & Kandi Ossa. Outdoor Recreation	
Cory Brooks	
Heath Hornecker	
Jenn Magee	Sheep
Wendy Smith	Shooting Sports
Joe Wistisen	Shooting Sports
Jeremy Burkett	Swine
Tait Helmey	Swine
Alex Wolf	Swine
Dwayne Larsen Tractor Driving	(Small Engines)
Wilson Watson	Welding

# 4-H Club Leaders

Brenda Williams & Diane Cox	els ers es es es es es es
ers Christine & Tyler Dice Oil City Speed Goa	ıts
Jennifer Magee	rs
Beth NachbarRough Ride Jack & Carol WhitneyTrail Buste Lexis MannTwisted Hoove	rs
Amanda Waldron & Amanda Huskey Windy Ci Jaime HorneckerYoung Gur	ity

Follow us on Facebook @ Natrona County 4H https://www.facebook.com/NatronaCounty4H/

UW Natrona County Extension 4-H Website

<a href="https://wyoextension.org/natronacounty/newsletters-2/">https://wyoextension.org/natronacounty/newsletters-2/</a>

Animal Opportunities

Natrona County Dog Project
https://www.facebook.com/groups/428485018384342

https://wyoming4h.org/animalopps/

Natrona County 4-H Family & Consumer Science https://www.facebook.com/groups/517986822347457

Natrona County Goat Members

https://www.facebook.com/groups/3192494234324085

Natrona County 4-H / FFA Horse Show Committee https://www.facebook.com/natronacountyhorse

Natrona County 4-H Poultry
https://www.facebook.com/groups/242786253206671/

Natrona County Beef Committee

https://www.facebook.com/Natrona-County-Beef-Committee-111190300799736/

Oil City Thumpers (Rabbits)

https://www.facebook.com/Oil-City-Thumpers-398801110535193/

Natrona County Sheep Committee

https://www.facebook.com/Natrona-County-Sheep-Committee-215429072351613

Natrona Country Shooters 4H https://www.facebook.com/groups/671664486269956

Natrona County Swine Committee
https://www.facebook.com/groups/410594339599618/

Natrona County 4H/FFA Jr. Livestock Sale https://www.facebook.com/centralwyomingjrlivestocksale/



Every kid should learn that humility and kindness aren't signs of weakness. They're strengths of character.

Recognizing your faults doesn't mean you lack self-esteem. It shows you have selfawareness.

Showing compassion doesn't mean you lack backbone. It shows you have heart.

# SUPERINTENDENT OPENINGS

-Horse -Fun Fair Activities

Email Joshua for an application @ jbliss@natronacountywy.gov.

# 2023 SAVE THE DATE

4-H Carnival Mtg

Date: November 15, 2023

4-H Lego Engineering

Date: November 16, 2023

Time: 4-6pm

Natrona County
Sale Committee

**Time:** 6:00 pm

**Location:** ARLC

**Meeting Dates** 

November 21, 2023

January 16, 2024

March 19, 2024

May 21, 2024

June 18, 2024

**4-H Lego Engineering** 

Date: December 14, 2023

Time: 4-6pm

4-H Winter Make & Take

Date: December 9, 2023

2024

4-H Carnival Mtg

Date: January 10, 2024

4-H Carnival Mtg

Date: February 15, 2024



# Wyoming Food, Fun, 4-H

Event Timing: Register by the 1st of each month, October - April Event Address: Self-guided at home
Contact us at (307) 334-3534 or kelliec@uwyo.edu
Open to all currently enrolled 4-H members.

Happy Fall!

We are so excited to announce that Wyoming's Food, Fun, 4-H is moving into its second year. October will be a free month, a chance for folks to sign up for year 2! Even if you participated in the past, we ask that you sign up again for the new year. New this year, we have developed a website to host the recipes, activities and videos for anyone to access at any time. If you have any trouble accessing the sign in sheet, recipes, video or any other materials, please let us know and we will work as quickly as we can to resolve it.

You can sign up at:

https://bit.ly/3QozBw9

Monthly recipes and information found at:

https://www.uwyo.edu/4-h/opportunities/state-opportunities/food-fun-4-h.html

Monthly Video:

https://youtu.be/8rzJlcYwEXs

As always, let us know if you have any questions.

Thanks,

Kellie, Erin, Mary Louise and Joddee Wyoming Food, Fun, 4-H Team

**Kellie Chichester** 

4-H Educator

Niobrara County

University of Wyoming Extension

College of Agriculture, Life Sciences, and Natural Resources

307-334-3534

kelliec@uwyo.edu

# **DISCLAIMER**

All information (dates, times, etc.) is subject to change. We will do our best to give as much advance notice as possible.

# Jay's Thoughts

It is nearly impossible to believe that it is November, already. The daily reminders are marked by colder temperatures, shorter daylight, and of course daylight savings time has arrived. Jay's Thoughts, this month will focus on a few key quotes to inspire our paths into the new 4-H year.

"Choose people who will say your name in a room full of opportunities"

#### Positive Thoughts and Daily Goals.

This quote points out in 4-H how youth choose people to be around. Choose to say their names and involve them. They have meaning at NC-4-H clinics, meetings, and county competitions. Say their names so that they know how much they are valued at each and they will choose to be an active part of the program.

#### "Failure provides opportunity for improvement" - Tim Tebow.

Maybe this one is obvious but I respect it because I think that everyone needs a reminder that we do not live in a perfect world, and we do not always make perfect decisions. In 4-H, our job is to be students in the experience. This is the side of learning by doing that is the hardest teacher, but also exceptionally rewarding. This is rewarding because the



Josh Bliss
University of Wyoming
4-H Youth Development
Extension Educator

only way to know how to fix something and adapt beyond that is by learning from each failure. Be bold about learning from each instance and let your willingness to learn from it define you, not the failure itself.

"If you are working on something that you really care about, you don't have to be pushed.

#### The vision pulls you."-Steve Jobs.

In 4-H this is often referred to as a spark. Kids often develop an interest in something that they connect with. Examples could be animals, making bread, cooking family meals, managing a club meeting, and so many more. Ask them what they are interested in and then what that looks like. When they can envision it, they are motivated to make it happen. That is an experience that will be driven by them and not by an adult. This is their spark and their way to thrive in a project.

As November is a month of gratitude, I would like to offer my thanks to every club leader, project volunteer, parent, and youth. The benefits of positive youth development are implemented by you. I can never provide enough thanks for the hard work and long hours that you put into the program. I only hope that when you count the things that you are grateful for, 4-H is among them this November. It has been a privilege to be the educator of Natrona County 4-H through this year and my thanks go to the 4-H staff, leaders, and 4-H and FFA Community that have been willing to see 4-H as a part of what we can do for kids, today.

Thanks,

Joshua "Jay" Bliss

University of Wyoming

4-H Youth Development Extension Educator

#### Terry's Nook

Hello to all 4-H Families,

I want to say thank you to all the families that turned out for the 2023 Achievement Award Night. We had an amazing turn out to recognize all the good works that our youth and volunteers have accomplished this past year. Thanks be given to the Oil City Speed Goats 4-H Club for their setup and design of the photo area and the Meadow Acres 4-H Club for the decorations of the tables and stage.

I have great news. I received a notice that the grant from Farm Credit Services for the hydroponic system was approved!! It will still be several weeks before the 4-H office has the funds in hand. I will post dates for the setup of this equipment in future newsletters, Facebook and Zsuite.



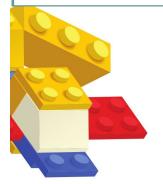
Terry Kipp Rural Living & 4-H Program Associate

For those leaders that get equipment out of the Alcova Room, it has

been cleaned up and rearranged. The biggest change is that all craft items are centrally located and marked. The moveable cooking stand with mirror is now the place for all basic craft needs. All drawers are clearly marked. A labeled "Craft" rolling cart is for all the other non-holiday crafts and a third rolling cart labeled "Holiday Crafts." Hopefully this will ease your set up for club events and the ease to return the items back to their original location.

Here's to wishing everyone an enjoyable Holiday season.

Terry Kipp 4-H Program Assistant



# 4-H LEGO ENGINEERING

OCT. 26TH, NOV. 16TH, AND DEC. 14TH

@ 4:30PM

CLINICS WILL BE AT ARLC OREGON TRAIL ROOM

PLEASE RSVP ON ZSUITES OR WITH THE 4-H OFFICE @ 307-235-9400



# **2024 RABBIT CLINICS**

DATE	TIME	DESCRIPTION	ARLC ROOM
01/13/24	9 am-10:30 am	Rabbit Housing & Feeding	Midwest/Edgerton Room
02/10/24	9 am-10:30 am	Meat Pens	Midwest/Edgerton Room
03/16/24	9 am-10:30 am	Committee Meeting	Midwest/Edgerton Room
		Breed ID, Breed Tattoo, Showmanship, ID Forms	, Casper Room
TBD 9 am-11 am	9 am-11 am	**Bring your healthy, clean rabbits and a carpet square. We will not have any for you to use.	
04/24/24	TBD	Tattoo Clinic only	Pathways
05/01/24	NA	Rabbit ID's due to Janel & Veronica	NA
05/11/24	9 am-10:30 am	Getting Ready for fair - Fair Prep	Midwest/Edgerton Room
06/01/24 9 am-12 pm		Mandatory Meat Pen Tattoo Clinic/ Mock Show	Casper Room
	9 am-12 pm	**We will have separate areas set-up for showmanship. Please make sure your rabbits are clean and healthy. We also ask you to dress like you will for the show at the fair and bring a clean carpet square for showmanship. We will not have any for you to use.	



We will only have 2 tattoo clinics this year. Please plan accordingly.





# **April 19 - 24, 2024**

Arlington, Virginia

#### Who can Attend

- Youth 15 18 years old
- Cost estimated at \$2500 per person, scholarship will be given.

#### **Applications**

- Apply at the following link by January 15th, 2024, Applications will open Mid - October 2023.
- https://wyoming4h.formst ack.com/forms/educator\_ form\_congress

# **About Conference**

- Do you want to have a role in making change?
- Youth present ideas to high-ranking Government Officials.
- Youth will see D.C., meet with our Congressman and Senators.
- Meet other 4-H youth like yourself from all over the United States.

HAVE MORE QUESTIONS

If there are additional questions, please visit the Opportunities section on the state 4-H website or talk with your 4-H educator.

# American Royal 4-H & FFA Livestock Judging Contest

**Afton Stewart:** 

Individual Rank- 12th

Team Rank-9th

**Carter Cox:** 

Individual Rank- 52nd Team Rank- 9th **Emmy Hornecker:** 

Individual Rank-70th

Team Rank-9th

**Madison Dickinson:** 

Individual Rank-31st

Team Rank-9th

# American Royal 4-H & FFA Meat Judging Contest

**Trev Campbell:** 

Individual Rank- 10th Team Rank- 4th

Jonathan Danford:

Individual Rank– 16th Team Rank– 4th Noah Danford:

Individual Rank- 11th Team Rank- 4th

William Gutierrez:

Individual Rank- 25th Team Rank- 4th

NILE Livestock, Horse & Ag Sales & Service Meat Judging Contest

**Ethan Amundson:** 

Individual Rank- 4th Team Rank- 1st

**Nathan Danford:** 

Individual Rank- 3rd Team Rank- 1st **Bridger Haigler:** 

Individual Rank- 5th Team Rank- 1st

**Lorelai Wolf:** 

Individual Rank- 1st Team Rank- 1st



NILE Meat Judging Contest in Montana!!!!

Congrats to our Meat Judgers

Coach: Jack Stewart, Chaperone: Deena Wolf, Judgers: Ethan Amundson, Nathan Danford, Bridger Haigler, & Lorelai Wolf



Hear from high impact speakers, and get hands-on workshop.

Explore Washington D.C. sites.

Opportunities for Career exploration.

Build connections with teens from across the country.

# IGNITE BY4-H



- Youth 15 18 years old.
- Cost estimated at \$2000 per person.
- Scholarships will be available.

MARCH 13-17, 2024

# **APPLICATIONS**

Apply at

https://wyoming4h.formstack.com/forms/ignite\_4\_h

Application open beginning of October and will close on January 8th, 2024

HAVE MORE QUESTIONS...

If there are additional questions, please visit the Opportunities section on the state 4-H website or talk with your 4-H educator.







# invite you

to participate in our annual fundraising drive through RADA Cutlery.

Rada knives are manufactured in the USA and are shipped promptly when you order online. Cutlery carries a lifetime guarantee for materials and workmanship.

Our club uses fundraising money to support Jason's Friends Foundation through our Bowl for Jason's Friends bowling teams, the Brady Buechter Memorial Scholarship (Brady was a former Bear Claw club member), and prizes banners for Poultry Show at Fair.

You may browse online at any time at: https://radafundraising.com?rfsn=1102519.2fb5dc

Our link is open and will remain open for several months.



Look for our Facebook Event! https://fb.me/e/Gijap6VA



# Thanksgiving Word Search

R С Ν

COBBLE GOBBL<u>F</u>

"Gratitude, help us to see what is there instead of what isn't."

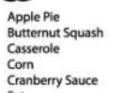
- ANNETTE BRIDGES

corn gravy pumpkin squash stuffing turkey





Happy Thanksgiving!



Eat Family Friends Gather

Gravy Green Beans

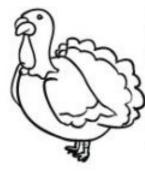
Love Mashed Potatoes Pecan Pie Pumpkin Pie

Rolls Stuffing **Sweet Potatoes** Thanksgiving









MZWTHANKS MWSDNEIRFA SAUQSI I M Z I T M O F Z E D O S P O R WVMGNIFFUTSUVCY NSEOTA EPIEPFAUSBW MMGCASSEROLEL EBNEERGMVL TOCINOTHOEON NBERRYSAUC IOBTEAQ BCSURCY

# 4-H CARNIVAL MEETINGS

**OREGON TRAIL ROOM-ARLC** 

11/15/23 @ 4:30 PM

1/10/24 @ 4:30 PM

2/15/24 @ 4:30 PM



# Golden Rule

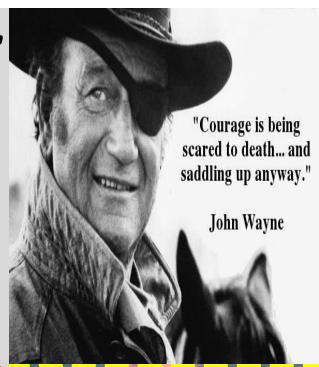
Do unto others, as you would have them do unto you.

# Silver Rule

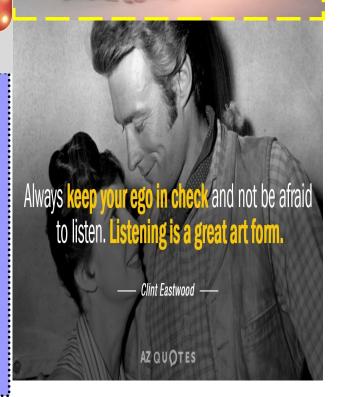
Do for yourself, as much as you do for others.

# **Iron Rule**

Don't do for others, what they can do for themselves.



It's not what happens to you, but how you react to it that matters.



# ENROLLING IN ZSUITE

# **NEW MEMBERS & RETURNING MEMBERS**

Only after all of the following requirements are met will your membership will be activated.

- Enroll using https://4h.zsuite.org/
- You must be enrolled with ACTIVE status to participate in all 4-H activities. Your membership will not be activated until payment is received.
- Enrollment fees are \$15.00 per 4-H member including Cloverbuds. The easiest way to pay is via credit card (with no transaction fee) through ZSuite. You may also mail your check made payable to the Natrona County 4-H; 2011 Fairgrounds Road; Casper, WY 82604 or pay via credit card (4% transaction fee applies) by calling the 4-H office at 307-235-9400.

# **NEW VOLUNTEERS**

Only after all of the following requirements are met will your membership will be activated. Please call the 4-H office at 307-235-9400 with any questions.

- Enroll using https://4h.zsuite.org/
- Complete the mandatory background screening & training is valid for 5 years
  - \* A break in service will require you to restart the process.
- Complete the mandatory online 4-H Volunteer Orientation.
- Complete the MVR check. (For any one to drive 4-H members)
- There is no enrollment fee for volunteers.

# **RETURNING VOLUNTEERS**

Only after all of the following requirements are met will your membership be activated. Please call the 4-H office at

307-235-9400 with any questions.

- Enroll using https://4h.zsuite.org/
- Complete the mandatory background screening & training every 5 years.
  - \* A break in service will require you to restart the process.
- Complete the annual leadership training.
- Complete the MVR check. (For any one to drive 4-H members)
- There is no enrollment fee for volunteers.

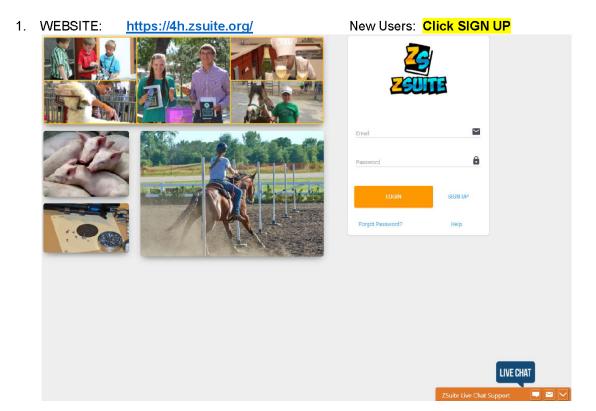
We are only able to communicate with you if you are enrolled in ZSuite with a valid email address; therefore, we ask that you get enrolled in ZSuite and pay the \$15.00 fee so we can activate your membership.

\*\*\* If you enrolled in ZSuite and have not been receiving communications via email, please log into your ZSuite account and verify that your email address on file is correct as we have been receiving notifications that some email addresses are invalid.

REMINDER: Throughout the year, if your contact information has changed (name, mailing address, phone number, email address, etc.), it is your responsibility to update your profile in ZSuite. Failure to do so, may result in you missing an important deadline and/or information pertaining to your 4-H project(s).



# HOW TO SIGN UP FOR THE FIRST TIME IN ZSUITE



- Fill out the Register New Household Information. Select a Primary Profile Access PIN which is needed to
  enter the primary household account. Click LET'S GO (If you get an error message that your email
  address is already used, go back to the main screen and click on Forgot Password? as some profiles
  were transferred over from 4HOnline.com)
- 3. You are now on the Dashboard screen. Click + HOUSEHOLD MEMBER

  Enter the First Name, Last Name, Role (Member or Volunteer), and Member's Birthday. You may choose a preloaded avatar or upload a personal photo by clicking CHOOSE PICTURE. Click CONTINUE
- 4. Select the PERSONAL INFO tab. All fields marked with an asterisk (\*) are required. Click NEXT to get to the WAIVERS tab.
- Select the WAIVERS tab. Click ↓ next to each section to sign off on all the waivers. (You must agree in order to proceed.) On the Health Form, put N/A or none if the required field does not apply to your member. Click NEXT to get to the CLUBS tab.
- 6. Select the CLUBS tab. Choose your club from the drop down menu. Click ADD CLUB

  NATRONA COUNTY 4-H FIRST TIME MEMBERS: If this is your first year with the Natrona County 4-H, please choose "1-Club Placement Requested Natrona". The Natrona County 4-H Office will assist you in placing your member in a club that has openings based upon the projects that your child has enrolled in.
- 7. Select the PROJECT tab. Choose project from the drop down menu. Click ADD PROJECT. Repeat process until all projects are selected. Some Animal Projects have a required field that you may not have information for. If this happens, please enter this 4-digit number "0000" in that required field. CLOVERBUD MEMBERS: Choose only the Cloverbud project.
- Verify all information is correct including your Club and Project selections. Click SUBMIT
   After you Click SUBMIT, your enrollment will be sent to the Natrona County 4-H Office Administrators for approval.

# FRIENDLY REMINDERS FROM THE 4-H OFFICE...

#### ARLC ROOM RESERVATIONS

Please call Rose or Ann at 307-235-9400 to reserve a room for your 4-H Club or Committee meetings. The 4-H office does not maintain the building calendar. Please do not prop open ARLC exterior doors as it compromises building security if they are accidently left open once the event has ended.

#### **COMMUNICATION**

4-H has a wealth of educational opportunities and the majority of these will take place at the club level with others coming from the 4-H office and the Wyoming 4-H state office.

We will communicate with you using the following communication sources; therefore, it's your responsibility to check them on a regular basis:



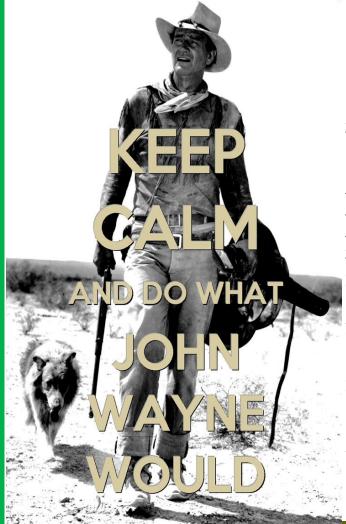
- ◆ UW Natrona County Extension 4-H Website <a href="https://wyoextension.org/natronacounty/">https://wyoextension.org/natronacounty/</a> <a href="newsletters-2/">newsletters-2/</a>
- ♦ Natrona County 4-H Monthly Newsletter

Please check the links listed above for the latest edition! Because we will be unable to send mass emails, we are relying on our members to check these links for the latest editions.

Please read it carefully and take note of the items that apply to you, your family, your project area(s), and your club.

♦ Natrona County 4-H Emails

Please open and read the emails that the Natrona County 4-H office and its volunteers send you. In addition to the links mentioned above, this is how we will keep you updated and let you know of changes, scheduled activities, etc.





# TO ALL OF OUR WONDERFUL 4-H MEMBERS WHO CELEBRATE THEIR BIRTHDAYS IN





Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Kelly Crane, Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.