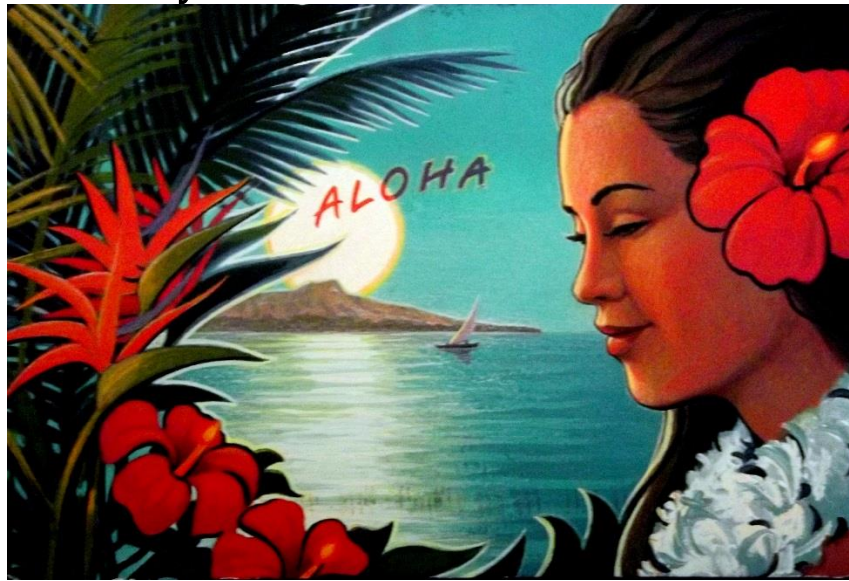


## **2019 Family and Consumer Sciences ACTIVITY DAYS**



1. Every 4-H member enrolled in a Family & Consumer Sciences (FCS), (Fabric & Fashion, Foods and Nutrition, Child Development, Interior Design, Cake Decorating, Quilting, Crocheting or Knitting) project is required to attend at least one county FCS Activity Day to complete his or her FCS project. Family & Consumer Activity Days are open to all 4-H members in the County regardless of the 4-H project they are enrolled in.
2. A beginning Family & Consumer Science member is anyone who is in his or her first year of 4-H (ages 10 and below). Anyone past their first year is either a Junior, Intermediate or Senior member depending upon their age. Juniors include members ages 9-10, Intermediate members are ages 11-13 and Senior members are 14 and above as of January 1<sup>st</sup>.
3. There will be a total of four Family & Consumer Activity Days during the summer and an Activity Day Orientation session. (The Orientation session does not meet the requirements for project completion.)

### **Outstanding Family and Consumer Sciences Member Awards**

Awards for the "Outstanding 4-H FCS Member" will be presented annually at the Niobrara County 4-H Achievement Day program. Four awards will be presented each year:

Outstanding First Year Member (ages 10 and below)  
Outstanding Junior Member  
Outstanding Intermediate Member  
Outstanding Senior Member

Points will be earned throughout the year by each member.

The points will then be calculated at the end of September to determine the winner of each award. Points will be earned for:

1. Participation in FCS Activity Days - there will be four during the year plus an Orientation session.
2. Ribbons earned on County Fair and State Fair 4-H FCS exhibits.
3. Participation in the County 4-H Presentation Contest by giving a presentation in the FCS area.
4. Participation in the State Presentation Contest by giving a presentation in the FCS area.
5. Ribbons earned on 4-H Style Revue participation at both County and State Fair.
6. Ribbons earned on 4-H FCS Record Books.
7. Ribbons earned on County Fair Open Class exhibits in the FCS areas.



### **Style Revue**

The Style Revue Contest is separated into two distinct contests at both the county and state levels. 4-H members may choose to compete in the Construction contest, the Ready-to-Wear contest or both contests.

**\* The Construction Style Revue** competition is open only to 4-H members enrolled in the Fabric and Fashion, Knitting, Crocheting and other projects where clothing construction and/or modeling skills may be learned. Participation in the Style Revue competition is not mandatory for 4-H members, but is strongly encouraged. The contest is divided into four age divisions - 1<sup>st</sup> Year (ages 10 and under), Junior (ages 9-10), Intermediate (ages 11-13) and Senior (ages 14 and above) as of January 1st - with awards being made in all four divisions.

First year models are members who are in their first year of 4-H and are 10 years old and under. Anyone past their first year of 4-H is either a Junior, Intermediate or Senior.

#### **\* Ready-to-Wear Style Revue**

Members who enter the Ready-to-Wear contest can either have purchased an outfit to model or may have had another person make the outfit that the member models.

Each county may enter an unlimited amount of Junior, Intermediate and Senior youth in the State Fair Style Revue contest, as determined by the County Fair Style Revue Judge. A contestant may enter each class (Constructed and Ready to Wear) one time at State Fair. However, each contestant can only appear once in the public Style Revue at State Fair.



### **4-H Presentation Contest**

This contest allows 4-H members to be creative with all forms of communications including public speaking, videos, slide presentations, power point presentations, demonstrations, illustrated talks, food show-off presentations, interactive exhibits, skits, drama, public speaking and multi-media displays.

One critique and score sheet will be used to review all presentations. Presentations are judged on knowledge of subject matter and presentation impact.

The Presentation Contest is open to all 4-H members regardless of what project the member is enrolled in. Topics can include, but are not limited to established 4-H projects. Senior Presentations shall be 7-15 minutes in length. Junior and Intermediate Presentations shall be 5-10 minutes in length.

Winners of the Niobrara County contest will participate in the State Contest which will be held at the 4-H Showcase Showdown in Laramie in June.