

Senior Sewing Record Book

Name:		
Club Name:		
Leader:		
Year in 4-H:	Year in this project:	

Project Story

Write a brief story about your sewing project. Tell about the items you made, the things you did, experienced or learned in completing your sewing project this year. Include results, difficulties, challenges or awards. How will you use the skills learned again? How can you use the skills that you learned in other areas of your life?



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Sewing Citizenship/Community Service Projects

List community service projects you participated in that relate to your sewing project. (Examples: pillowcases for nursing home, quilts for veterans, etc.)

Project and who for	Date	Hours	Location

Learning Activities

What activities helped you learn the skills for this project? (project meetings, workshops, classes, contests, etc.)

Leadership Activities

List leadership you demonstrated in your sewing project this year. Did you give a demonstration? Did you help plan an activity day? Lead an activity at a sewing workshop?

Return on Investment

How did I benefit from this project? What knowledge and skills did I gain from my sewing project? Did I enjoy it? Was it worth the expense? Could I spend money more wisely next time? Do I want to learn more?

Constructed Item

For each garment or item you sew, record the following information. (Make copies of this page as needed)

Description of garment or item: _____

Fiber and Fabric Description (wool, cotton, etc.):

Care of fabric and constructed item (dry clean, wash delicate, etc.):

What are your goals for this project? _____

Describe what the item will be used for. If garment, when it will be worn:

What skills did you learn while constructing this item?_____

Fabric Samples



Materials and Cost

Materials Used and Description:	Itemized Cost
Fabric 1:	
Fabric 2:	
Fabric 3:	
Lining:	
Interfacing:	
Pattern:	
Thread:	
Other notions (buttons, zipper, etc.)	
Special equipment/tools	

Photos



Buymanship/Ready to Wear Outfit

List the items purchased for this outfit (jeans, vest, shirt, jewelry, prom dress, shoes, etc). Price per wear is determined by taking the purchase price and dividing it by the number of times you plan to wear the item purchased in the next year (\$100 purchase price/10 times=\$10 price per wear.

Garment	Fiber	Care (from	Where	Purchase	Price per
	Content	label)	purchased	Price	wear

Why did you purchase this outfit?

How does the purchased item coordinate with or extend your wardrobe?_____

Where do you plan to wear your outfit?_____

What did you learn while purchasing this item (comparison shopping, quality comparison, etc.)

What would you do differently if you were to purchase this outfit again or one similar to this? ____

Did you have to make any alterations or repairs to the item prior to wearing it?

Comparison Shopping

For one of the items that you purchased this year for your outfit you need to complete a brief shopping comparison. Find similar items at 3 different stores and record the following information.

	Garment 1	Garment 2	Garment 3
Name of Store			
Brand of Item			
Cost			
Quality of item			
Special Features			
Other Considerations			

Photos

