

The 4-H
Forecast



November
Newsletter

2024

Sheridan County 4-H

WHAT'S IN THIS NEWSLETTER:



CLUBS
CALENDAR
ENROLLMENT FACTS
NEW FACES
ACHIEVEMENT DAY
CAKE DECORATING
FOOD FUN & 4H
SEWING PROJECT
BEEF PROJECT
MARKET GOAT UPDATES
TEEN LEADERSHIP
CLOVERBUDS
STATE SCHOLARSHIPS
READY, SET, EXPLORE

SHERIDAN COUNTY 4-H CLUBS



Leaders:
Jeremy Kisling & Cory Panak

Meets: 3rd Wednesday of the month @ 6:00 pm
Extension Office



Leaders:
Erin Hinton & Jody DeHaven

Meets: 3rd Tuesday of the month @ 6:30 pm
Extension Office



Leaders:
Carol French & Chandra Hendricks

Meets: 1st Saturday of the month @ 10:30 am
Extension Office



Leader:
Jessica Barnes & Rindy West

Meets: 2nd Sunday of the month @ 5:30 pm
Extension Office



Leader:
Jessie Koltiska

Meets: 2nd Tuesday of the month @ 5:30 pm
Extension Office



Leaders:
Rachel & Brian Mealor
Sarah & Peter Burgess

Meets: 2nd Thursday of the month @ 10:00 am
Extension Office



Leaders:
Rachel Reinholz & Jonalee Watkins

Meets: 2nd Sunday of the month @ 2:00 pm
Ranchester Town Hall



Leader:
Susie Terry

Meets: 1st Tuesday of the month @ 6:00 pm
Extension Office

**For more information please contact the
Sheridan County Extension Office at 307-674-2980
sheridan.county@uwyo.edu**

NOVEMBER

Nov. 1	Livestock Superintendent Applications Due
Nov. 2	Critters, Crafts, and Cooking 4-H Club Meeting @ 10:30 am Ext. Office
Nov. 4	Council @ 5:30 pm Ext. Office
Nov. 5	Wyotana 4-H Club Meeting @ 6:00 pm Ext. Office
Nov. 6	Livestock Committee Meeting @ 6:00 pm Ext. Office
Nov. 9	Sewing Workshop @ 10:30 am Ext. Office
Nov. 10	Tongue River Roundup 4-H Club Meeting @ 2 pm Ranchester Townhall Goose Creek 4-H Club Meeting @ 5:30 pm Ext. Office
Nov. 12	Lucky 7 4-H Club @ 5:30 pm Ext. Office Cake Decorating Workshop @ 6 pm Ext. Office
Nov. 14	The 5th H 4-H Club Meeting @ 10:00 am Ext. Office Food Fun @ 6 pm Ext. Office
Nov. 17	4-H Expo @ 2 pm-4 pm Ext. Office
Nov. 18	Teen Leadership Council @ 6 pm Ext. Office
Nov. 19	Cloverbuds @ 5:30 pm Ext. Office Big Horn Cowboys 4-H Club Meeting @ 6:30 pm Ext. Office
Nov. 20	307 Pioneers 4-H Club Meeting @ 6:00 pm Ext. Office
Nov. 23	Sewing Workshop @ 10:30 am Ext. Office
Nov. 28-29	Extension Office Closed for Thanksgiving Holiday

DECEMBER

Dec. 2	Council @ 5:30 pm Ext. Office
Dec. 3	Wytana 4-H Club Meeting @ 6:00 pm Ext. Office
Dec. 4	Livestock Committee Meeting @ 6:00 pm Ext. Office
Dec. 7	Critters, Crafts, and Cooking 4-H Club Meeting @ 10:30 am Ext. Office
Dec. 8	Tongue River Roundup 4-H Club Meeting @ 2 pm Ranchester Townhall Goose Creek 4-H Club Meeting @ 5:30 pm Ext. Office
Dec. 10	Lucky 7 4-H Club @ 5:30 pm Ext. Office Cake Decorating class 6:00 pm Extension Office
Dec. 12	The 5th H 4-H Club Meeting @ 10:00 am Ext. Office
Dec. 14	Sewing Workshop @ 10:30 am Ext. Office
Dec. 16	Teen Leadership Council @ 6 pm Ext. Office
Dec. 17	Cloverbuds @ 5:30 pm Ext. Office Big Horn Cowboys 4-H Club Meeting @ 6:30 pm Ext. Office
Dec. 18	307 Pioneers 4-H Club Meeting @ 6:00 pm Ext. Office
Dec. 19	Food Fun @ 6 pm Ext. Office
Dec. 24- Jan. 3	Extension Office Closed for Winter Break

SHERIDAN COUNTY 4-H

ENROLLMENT

4-H AGES

4-H Age is determined by the child's age as of January 1st of that 4-H year

- Cloverbuds: 5-7 years old
- Juniors: 8-10 years old
- Intermediates: 11-13 years old
- Seniors: 14-18 years old



ENROLLMENT DEADLINES

Youth must be enrolled in ZSuites with an active status in 4-H to be able to participate in 4-H activities.

Please note: youth are not covered by 4-H insurance until they have an active status in 4-H.

SIGN UP HERE
[4H.ZSUITE.ORG](https://4h.zsuite.org)



New faces at the SHERIDAN COUNTY UW EXTENSION OFFICE



Tanya grew up in Sheridan, Wyoming and currently lives in the Tongue River Valley. She was the program coordinator at the Tongue River Community Center for the past twelve years. She enjoys gardening, watching her family compete in sports activities, and music.

Tanya is excited about her new role as a Cent\$ible Nutrition Educator and sharing healthy eating habits and recipes with members of our community, and forming partnerships with other agencies.



TANYA MCCOY

Larissa was born and raised in Sheridan, WY. She has a master's degree in Counseling and Human Services. Since returning to Sheridan, she has been working at Sheridan College and is excited to transition into the Community

Health and Vitality Educator role. She is excited to offer learning opportunities of all varieties and learning what the 4-H community would like to see happen and develop. Larissa is involved in the community as a Big Brother Big Sister volunteer, soccer referee, and hockey volunteer.



LARISSA BONNET

Achievement Program

2024 Friends of 4-H



Moxey Schreiber
Veterinary Hospital

Liz and Stewart
Kincaid

Laura Mateo
Reflections Farm
Lakeside Foundation



Thank You
Sheridan
Media



Born and Raised Producer Recognition



Champion Born & Raised Market Beef
Produced by Kincaid Club Calves



Champion Born & Raised Market Goat
Produced by Gorzalka Show Goats

Champion Born & Raised
Market Lamb
Produced by
Wild Roots Club Lambs



*Not
Pictured

*Champion Born & Raised Market Swine Produced by Gorzalka Show Pigs & Goats

Volunteer Recognition

First Year Leaders

- Matthew King
- Rachael Rienholz
- *Joni Dupuis
- *Marly Graham
- *Earl Smith
- *Kristin Marcus
- *Brian Meador



5 Year Leaders

- Amber Jensen
- Stewart Kincaid
- Liz Kincaid

10 Year Leader

- *Erin Hinton

15 Year Leader

- *Jennifer Forsness

*Not
Pictured

Special Leader Awards



Outstanding 1st
Year Leader
Rachel Reinholz

2023-2024
Leaders of the Year

Jody DeHaven
Amber Jensen



Outstanding
Project Leader

*Ian Hamilton

*Not
Pictured

Champion Record Books

Lukas Schreiber
 Wesley Barnes
 Chase Edwards
 Acey Stalick
 *Mikah Raley
 *Tentle Russell
 *Addlie Russell
 *Noah Hinton
 *John Reinholz
 *Alec Bialek



Shooting Sports Awards



Most Improved:
 Chase Edwards
 JP Reinholz
 Katheryn Mantey-King

Superior Safety:
 *Londyn Mefford
 *Jaxon Finney
 *Faith Hinton

Unmatched Dedication:
 Chase Edwards
 JP Reinholz
 *Grace Hinton

*Not
 Pictured

Heifer Futurity



Champion Phase 1
Yearling Heifer:

Katie Schreibeis

Champion Phase 2
Cow/Calf Pair:

Chloe Wardell

Overall Heifer Futurity
Winner:

Chloe Wardell
Heifer Donated by
Heart J Club Calves

9 Year Members

Izzie Hendricks
*Hardy Edwards
*Ricky Kelty
*Will Edwards
*Lily Hancock
*Isaac Fiedor-Rojo

*Not
Pictured



Aspen Spirit Award

Taylor Music



Helping Hands Award

Stephen Gamble

Teen Leader of the Year

Tinley Barnes



Wyoming Honors Club

Ada Newborough
*Louisa Sorenson
*Willow Koltiska

*Not
Pictured

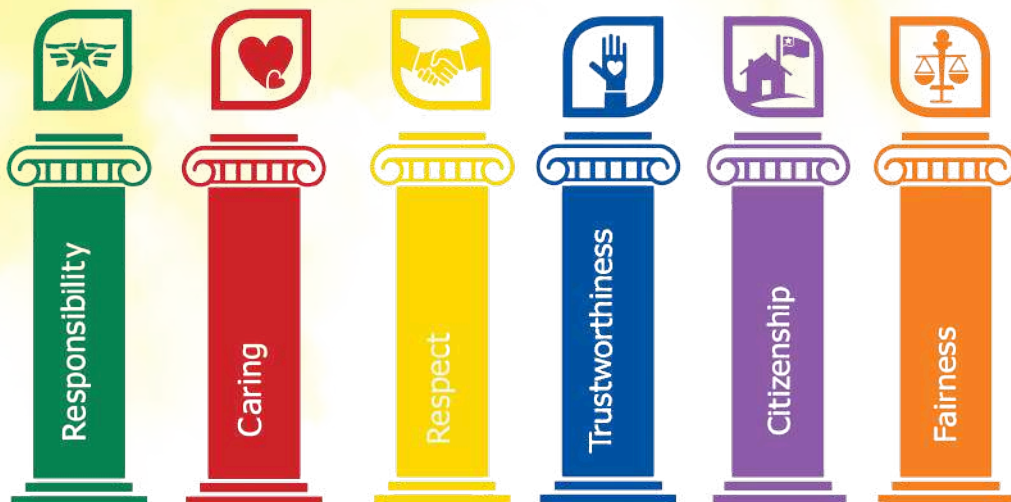
Character Counts



Hannah Heide
Wesley Barnes
Chase Edwards

*Kinnley Gilstrap
Tinley Barnes
Jessie DeHaven

Katheryn Mantey-King
*Natalee Herbst
Lukas Schreiber
Stephen Gamble



*Not
Pictured

Carcass Evaluation

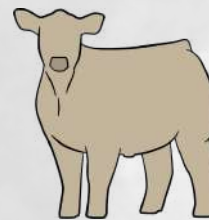
*Not Pictured



- *1st Madyson Dupuis
- 2nd Penny Reinholz
- *3rd Madyson Dupuis
- 4th Gavin Gorzalka
- 5th Wyatt Gorzalka



- 1st Melanie Brown
- 2nd Finn Stalich
- 3rd Natalie Brown
- *4th Aubrey Keltz
- *5th Shay Baltz



- 1st Orin Sell
- 2nd Brecken Kisting
- 3rd Melanie Brown
- 4th Natalie Brown
- *5th Autumn Paustain



- 1st Paul Lobdell
- *2nd Juniper Koltiska
- 3rd Riley Panak
- *4th Gavin Dupuis
- 5th Natalie Opitz



Club of the Year

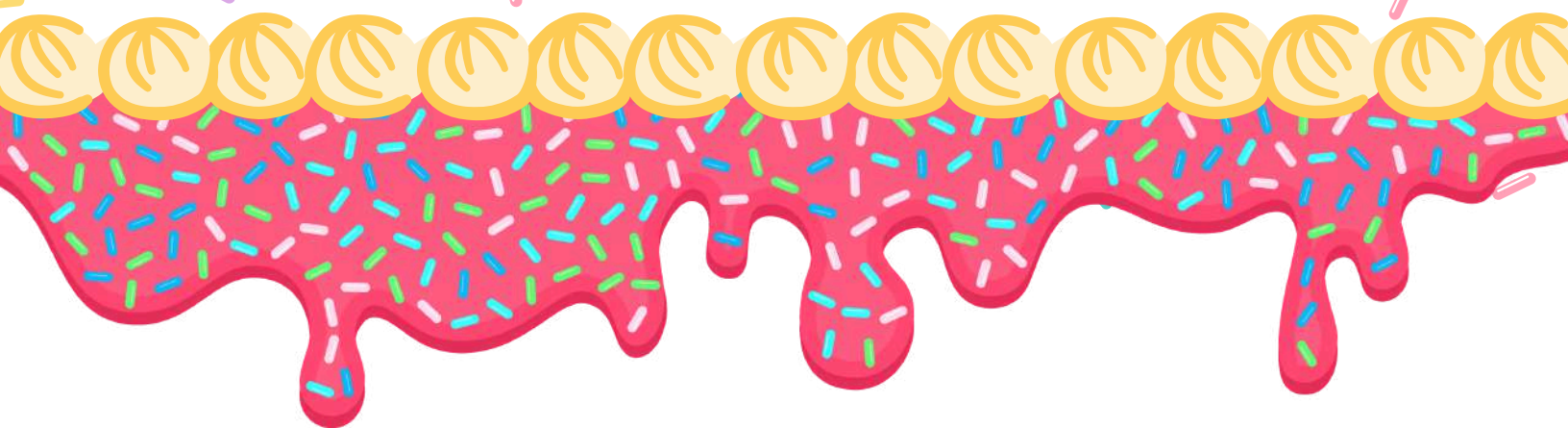
GOOSE CREEK LIVESTOCK



Cake Decorating



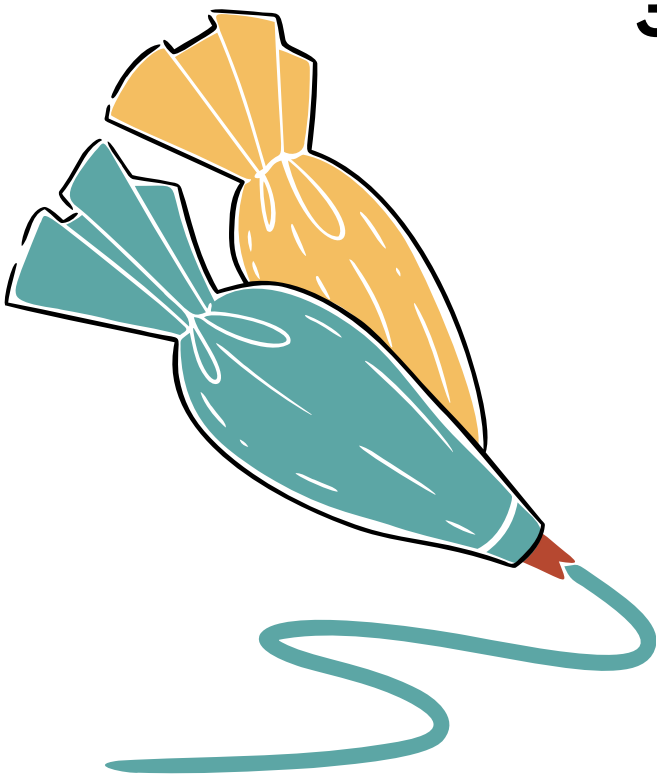
18 USC 707



**Please Call the Office to RSVP
307-674-2980**

**November 12th
December 10th**

**6:00 pm
Extension
Office**



FOOD FUN

4 - H W Y O M I N G

- Learn to prepare home-cooked meals and try new foods
- Receive a FREE kitchen utensil kit per family related to that month's recipe
- Can attend classes at the Extension Office or at home with your family
- Open to any currently enrolled 4-H member



**Scan Here
to RSVP**

**Classes will be monthly at
the Extension Office at 6 pm**

**Nov. 14th
Dec. 19th
Jan. 16th
Feb. 13th
Mar. 13th
April 17th**

**Scan HERE to see
previous recipes**



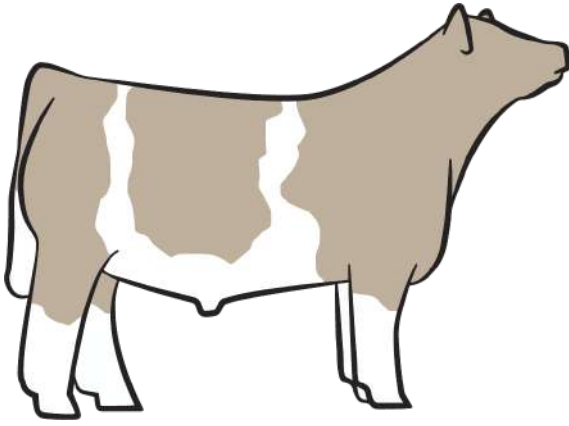
Sewing Workshops



Please call
307-674-2980
to RSVP

Saturday Mornings
10:30 am -12:00 pm

Nov. 9th	Sewing Machine basics: parts of the machine, threading the needle and machine. Sewing Equipment: scissors, measuring tools, ripper, rotary cutter, etc.
Nov. 23rd	Fabric Types and selection of fabrics Measuring and Cutting Sewing a seam and a straight line
Dec. 14th	Color Wheel Choosing a project Sew a button hole and sew on a button
Jan. 11th	Sew a zipper Begin project
Jan. 25th	Work on your project
Feb. 8th	Possible field trip to Mountain Meadow Wool Mill in Buffalo or a local fabric store



Beef Project Timeline

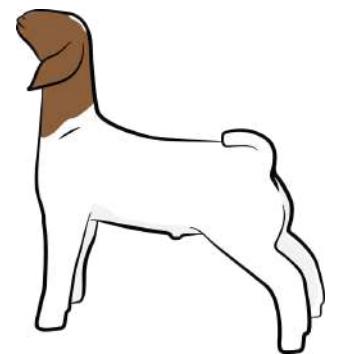
September- October	Shopping time!! Most show cattle in our area are bought during this time frame.
October- January	Feed, feed, feed!!! This is also the crucial time to halter break. It's also time to start a hair care routine.
January- February	Market Beef tagging is in January. Dates TBD. Pay attention to emails, Facebook, and the newsletter for these dates. Ownership deadline is February 1st. Keep feeding!
March- May	Continue your hair care routine. Begin practicing with a show stick to get them. Daily routines are your friend!
June- July	Keep them cool! You need to practice showing and making your cattle stand. They will need to stand a lot on show day.
July- August	Enter your projects for the county fair. Clip your cattle for fair. This is when you will be showing at the county and state fair. Keep up your routines!

Wyoming State Fair

Market Goat Show Update

No horned goats will be allowed in the market classes (market wether OR market doe) at the Wyoming State Fair beginning 2025.

Please plan accordingly.





CLOVERBUDS



**Next Meeting
Tues. Nov. 19th
@ 5:30 pm
Extension Office**

**Come learn
about the
Dog Project
this month!**

**For children
ages 5-7**





CLOVERBUDS

2024-2025

Meeting Schedule

Meetings are at 5:30 pm at the Extension Office unless stated otherwise

November 19

Dog Project

December 17

Christmas Ornaments

January 21

Healthy Living

February 18

Outdoor Skills

March 18

Spring Babies

April 22

Seed Bombs

May 20

Veggies

June 17

Friends at the Fair

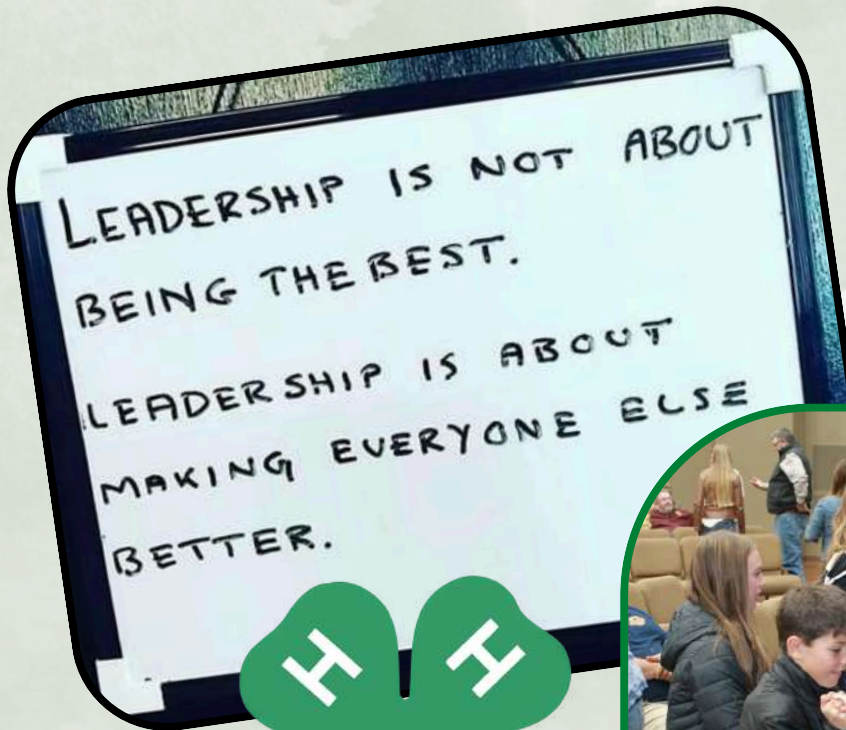
*at the Fairgrounds

Next Meetings:
November 18th
@6:00 pm
December 16th
@6:00 pm



Topics:

- Planning a fun Christmas event
- Community service brainstorm
- "Put Up or Put Down"



18 USC 707



STATE 4-H FOUNDATION SCHOLARSHIPS

2025

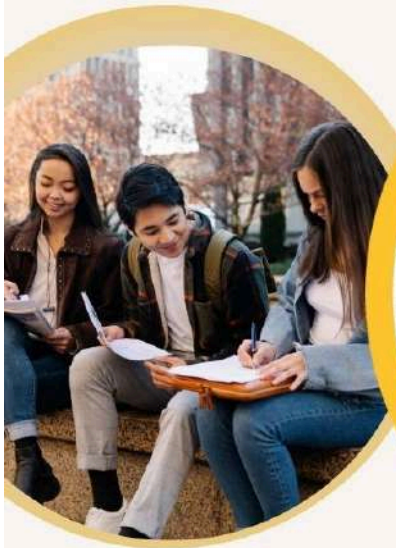


UW:

- Edna Mae and Wallace McClafflin
- Ella E. Schloredt
- Jimmy Nichols Memorial
- Farmhouse Foundation
- Janie Smith Memorial
- Margaret Butterfield Memorial
- Brown-Kohl
- Marian M. Henderson Memorial

OTHER SCHOOLS:

- Wilbur Brettel
- Murdoch's Ranch and Home
- Lynette Wallace
- Linnabur Scholarship
- John and Pauline Peterson
- Bonnie Ellenwood
- Underwood Family
- State 4-H Foundation



Scan to Apply:





READY, SET, EXPLORE!

OCTOBER 2024

Activities: Pick 4 or more:

1. Visit a pumpkin patch and get a picture with your favorite pumpkin.
2. Carve a Pumpkin.
3. Walk in Nature and Collect three distinct kinds of leaves: <https://www.arborday.org/trees/whattree/whattree.cfm?ItemID=W6A>
4. See if you can find a pumpkin at a store or pumpkin patch that is not orange and research what variety it is.
5. Collect 5 rocks from various locations. (4-H Natural Resources Level 1 Step into Nature) page 18
Identify if they are Igneous, Sedimentary, or Metamorphic:
Identify what minerals are present:

- Hardness of Rock:
- Grains visible:
- How rock breaks up:
- Diagram:

Outdoor Survival Skill – Knot Tying (Camping Adventures Level 2) page 14

- Bowline Knot
- Honda Knot
- Double Half Hitch
- Fisherman
- Square Knot
- Sheet Bend
- Figure Eight Knot
- Clove Hitch

7. Make a pinecone into a bird feeder- Link to steps

8. Go for a fall photography scavenger hunt and look for the following:

- A yellow leaf
- A red leaf
- An orange leaf
- A bird in a tree
- A leaf pile
- Someone peaking out from behind a tree
- A flower
- A pumpkin

9. Write the word "October" with natural things you find on the ground (ex. Leaves, sticks, pinecones, acorns, feathers, etc.) But make sure they are already on the ground! Take a picture and when you're done, scatter your natural things back around.

10. What Changed? Play this game inside or outside. Have the players leave the area and while they are gone, change three things. For example, turn a pillow over or move a flower pot or decoration. Once they return, the players will try to spot what has changed. The first person to name the 3 differences becomes the person to change the objects in the next round.

11. Make a Fall Leaf Mobile <https://www.soul-flower.com/blog/diy-autumn-leaf-mobile/>

12. Prize Pumpkin Decorating <https://www.rd.com/list/how-to-decorate-a-pumpkin-without-carving/>

FAMILY ADVENTURES AWAIT!

QUESTIONS?  307.568.4160  gasvoda@uwyo.edu

4-H, CVH, WORTH, & ANR



Extension



READY, SET, EXPLORE!

OCTOBER 2024

JOURNAL PROMPT

“Leaf What You Find”

Take time to explore the vibrant colors of autumn as a family! As you wander, notice the different leaves that catch your eye. Instead of picking them up, leave the leaves where they are and take a moment to observe each one closely. Write about the shapes, patterns, colors, and what types of tree each leaf came from!

Creative Activity: Sketch the leaves in your nature journal or write a short story or poem inspired by one of the leaves.

VIBRANT HEALTH TIP

Visit a Pumpkin Patch!

Instead of picking up your pumpkins at the grocery store, why not head to a local pumpkin patch with family or friends? You'll have so much fun strolling through the fields and savoring the crisp autumn air while searching for the perfect pumpkin. (Extra points if you carry the pumpkins back to the car instead of using a wheelbarrow!)

LEAVE NO TRACE TIP

Principle 1- Know Before You Go

Before heading out on an adventure, learn about the place you're visiting so you can be safe and prepared. Knowing the rules and what to expect helps protect nature and makes your trip more fun!

SNACK IDEA

Pumpkin Seed Trail Mix

Line a baking sheet with parchment paper. On the sheet, toss together 1 cup of cashews, 1/2 cup of pecans and/or walnuts, 1 cup of pumpkin seeds, 2 Tbsp. oil, & 1/2 tsp of salt. Bake at 325 degrees for 10 minutes. Let cool and add 1/2 cup of raisins, chocolate chips, dried fruit like banana chips, dried mango, etc. Makes about 3 1/2 cups.

FAMILY ADVENTURES AWAIT!

QUESTIONS?  307.568.4160  gasvoda@uwyo.edu

4-H, CVH, WORTH, & ANR



UNIVERSITY
OF WYOMING

Extension



READY, SET, EXPLORE!

OCTOBER 2024

ACTIVITY QUESTIONS

- **Describe your favorite activity and what made it enjoyable for everyone.**
- **How did these activities help your family spend quality time together?**
- **How did these activities affect your family's physical and mental health and happiness?**
- **How many minutes/hours did you spend outside this month completing the Ready, Set, Explore activities?**

**SEND YOUR ANSWERED QUESTIONS AND 1 -4 PICTURES BY OCTOBER 31 TO:
READYSETEXPLORE.4H@GMAIL.COM**



SCAN THE QR CODE TO GET ON THE MONTHLY MAILING LIST TO GET THE ACTIVITIES SENT DIRECTLY TO YOU..

FAMILY ADVENTURES AWAIT!

QUESTIONS?  307.568.4160  gasvoda@uwyo.edu

4-H, CVH, WORTH, & ANR



UNIVERSITY
OF WYOMING

Extension

Sheridan County Extension
University of Wyoming
1090 Dome Loop
Sheridan WY 82801
Watt Agriculture Center
(307) 674-2980
eswinyer@uwyo.edu



Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. University of Wyoming, Laramie, Wyoming 82071.

The University of Wyoming is an affirmative action/equal opportunity employer and institution and does not discriminate on the basis of race, color, religion, sex, national origin, disability, age, veteran status, sexual orientation, or political belief in any aspect of employment or services. The institution's educational programs, activities, and services offered to students and/or employees are administered on a non-discriminatory basis subject to the provisions of all civil rights laws and statutes. Evidence of practices that are not consistent with this policy should be reported to the Employment Practices Office at (307) 766-6721

Trade or brand names used in this publication are used only for the purpose of educational information. The information given herein is supplied with the understanding that no discrimination is intended, and no endorsement information of products by the University of Wyoming Extension is implied. Nor does it imply approval of products to the exclusion of others, which may also be suitable."