

## Erin's Notes

Fall is my favorite time of year and what a perfect fall we have had! I love the crisp, cool mornings and the sunny, warm afternoons. I also love all of the fall activities - helping to ship cattle, fun at the pumpkin patch, Halloween and preparing for the Holidays. I also love wrapping up the 4-H year and looking ahead to the new one coming.

We had a fantastic Achievement Day this past Sunday with tasty desserts, an inspirational speech from Becky Podio and we celebrated the many accomplishments of the past 4-H year. I am really looking forward to my first full year of 4-H activities and events in Weston County and continuing to meet and get to know everyone here. If you have ideas for a fun project, want a specific workshop or clinic or have ideas for the 4-H year, I would love to hear them. Please make time to stop in for a visit, give me a call, shoot me an email or even a Facebook message.

Each month I will be focusing on a different aspect of 4-H and record books. Hopefully this will help explain a few things and get more out of your 4-H involvement. This month we are focusing on enrollment and choosing a 4-H Club. I hope you'll enjoy the information and find it useful.

I will be out of the office for a few days for training November 8-10th, our office will be closed for Thanksgiving and then I will be out of the office December 23rd - January 2nd for the UW Holiday Break.

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Happy Fall!

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MY CONTACT INFO: EPERSCHE@UWYO.EDU 307-746-3531

# **UPCOMING DATES**



#### **NOVEMBER**

November 8-10 - Office Closed - UW Training

November 13 - Make It With Wool Contest

November 17 - Tumbleweeds

November 18 - Food, Fun, 4-H Cooking Class

November 24 & 25 - Office Closed - Happy Thanksgiving





#### **DECEMBER**

December 9 - Food, Fun, 4-H Cooking Class



**JANUARY** 

January 2 - Office Closed - Happy New Year

# ENROLLMENT IS OPEN!

- Enrollment is done online at 4h.zsuite.org (instructions on the next 2 pages)
  - o contact the Extension Office if you have any problems or questions
- \$10 per youth (Tumbleweeds are free)
- Family friendly
- Projects and activities for everyone!

#### Why enroll?

4-H is what you make of it!

Unlike other extracurricular activities, 4-H is completely up to you. We have very few deadlines and requirements. You must have active status before being involved in the 4-H program which means enrolling at https://4h.zsuite.org/ & paying your enrollment dues. There is so much more to do with the program to make it fit your needs. In 4-H, there are various levels in which to be involved:

Clubs: There are currently 6 clubs here in Weston County. These clubs do a variety of activities. The state asks that clubs offer project work and community service. To say the least, the options are endless! Please check in with your club leader to see what you can do to get involved!

County: We offer a lot of programming thanks to our wonderful volunteers! Think 4-H Camp, clinics, project workshops, robotics, County Fair, Achievement Day and so much more! If there is something you are interested in, please let us know and we will try to get a class scheduled.

State: Wyoming 4-H provides many opportunities for you to get involved. There are camps, trainings, and competitions. Check into the Horse Camp, State Volunteer trainings, Shooting Sports trainings, State Wool & Meats Judging, Showcase Showdown, State Shoot, Wyoming State Fair, and the State Leadership Team!

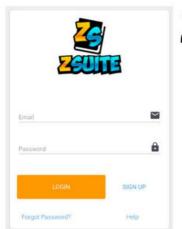
National & International: As early as 7th grade, 4-Her's can begin to travel with the Leadership Washington Focus. Wyoming 4-H sponsors travel for teens to Citizenship Washington Focus, National 4-H Congress, National 4-H Conference, Western National Roundup, and International Trips currently to Ireland and Belize.

YOU MUST BE ENROLLED WITH **ACTIVE** STATUS IN 4-H IN ORDER TO PARTICIPATE IN 4-H ACTIVITIES. YOUTH MUST HAVE **ACTIVE** STATUS BY **MAY 15TH** TO PARTICIPATE IN SUMMER ACTIVITIES (CAMP, FAIR, ETC.)

ENROLLMENT FEES ARE DUE AT THE TIME OF ENROLLMENT

PLEASE NOTE:

YOU ARE NOT COVERED BY THE 4-H INSURANCE UNTIL YOU HAVE ACTIVE STATUS IN ZSUITE!



# **ZSuite 4-H Enrollment**

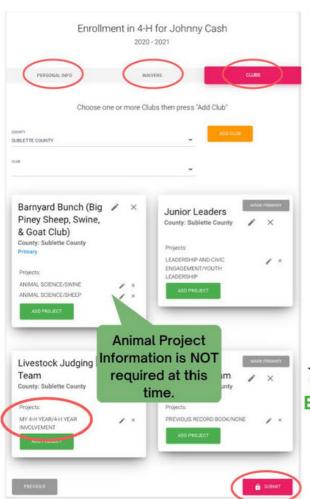
#### **Existing Family Profile**

Enrollment must be done ANNUALLY to stay active in 4-H!

- 1.Go to <a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a>
- 2.Use the same email & password you used to sign up, select LOGIN
- 3. Choose the PRIMARY ACCOUNT to enroll 4-H Members
- 4. You will see a list of all the household members and their current enrollment status.
  - a.Red = INACTIVE 4-H Member
  - b. Green = ACTIVE 4-H Member
- Select the 4-H Member's Name you wish to update, select ENROLL MEMBER NOW



First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.





6. Fill out 4-H Member's info, select Continue Fill out PERSONAL INFO, select Next Fill out all six drop down WAIVERS, then select Next Dropdown to your CLUB, select Add Club a. Select Add Project

- i. If you are interested in
  - 1. Junior Leaders
  - 2. Livestock Judging Team
  - 3. Livestock Skillathon Team

make sure to add them as a Club.

i.ALL 4-H Members should Add MY 4-H
YEAR/MY 4-H YEAR INVOLVEMENT as a

Project in one Club, Select Add Project

Select Add to Cart and then you can either +Add
 Enrollment or Submit. Must be submitted to be complete.

Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!



# **ZSuite 4-H Enrollment**

#### **New Family Profile**



If you've never signed in to ZSuite before, follow these steps:

1.Go to <a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a>

2. As a Family creating a new Profile, select SIGN UP

a. Fill in all of the fields, select LET'S GO!

#### Adding 4-H Members

You are now on the **Dashboard** tab

- 1 Select + Household Member
- 2 Fill out 4-H Member's info, select Continue
- 3 Fill out PERSONAL INFO, select Next
- 4 Fill out all six drop down WAIVERS, then select Next
- 5 Dropdown to your CLUB, select Add Club
  - a. Select Add Project
    - i. If you are interested in
      - 1. Junior Leaders
      - 2. Livestock Judging Team
    - 3. Livestock Skillathon Team

make sure to add them as a Club.

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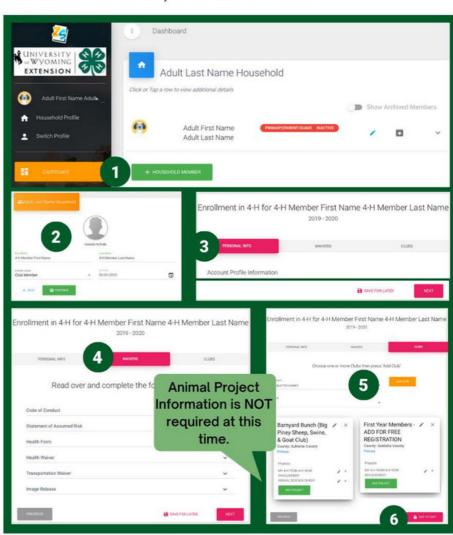
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### WHAT IS A CLUB?

Community 4-H Clubs are where much of the 4-H experience happens! In community clubs, members are enrolled in a wide variety of projects, and a club leaders provide overall leadership. Other volunteers work with members and their projects, and the members learn how to conduct meetings and hold different offices. Most clubs range from 5 to 25 members. Each club may meet regularly throughout the year or only part of the year, depending on the interests of both leaders and members. Below is a list of the Weston County 4-H Clubs and their current leaders.

## WHY SHOULD I JOIN A CLUB?

What is the benefit of being in a 4-H club ...

There are many benefits of being in a club; friendship and fellowship, opportunity for leadership development, plus strides in self-confidence, learning to work with others, communication skills, decision making, problem solving, citizenship, expanded horizons, organizational skills, respect for and from others, patience, tolerance, and real-world experience! The club leader will help you with decision making, keep you informed about project announcements and deadlines, and will be a great encouragement!

## **CHOOSING A CLUB**

There are several different ways to choose a club. You can choose a club based on where you have a few friends, a club that has youth that have similar interests or because they meet at a time and location that are very convenient for you to attend. Please reach out to me or the club leaders if you have any questions about joining a club or which club to join.



# WESTON COUNTY 4-H CLUBS

#### Elk Mountain Outlaws

Leaders: Kami Lopez Kara Fladstol Next Meeting: November 6, 2022 2:00 PM Weston County Fairgrounds

# Dewey Dancers

Leaders: Kendra Paulton Dani Stearns

Next Meeting: November 4, 2022 6:00 PM Paulton Ranch

## Sagebrush Maids & Wranglers

Leaders: Melinda Huff Becky Swentesky

#### **Borderline Bandits**

Leader: Crystal Stevens-Benson

#### **Prairie and Pines**

Leaders: Kasi White Nastel Dean Chermey Bowe

#### **Stock Show Junkies**

Leaders: Briley & Ty Miller Hale & Alicia Redding

# Congratulations

The Elk Mountain Outlaws were recognized at Achievement Day for their outstanding community service efforts in 2022!



#### Objectives:

- to promote the beauty and versatilty of wool fabrics, fibers and yarn
- to encourage personal creativity in sewing, knitting, crocheting, or felting with wool fabrics, fibers and yarns
- to recognize creative skills
- to develop life skills

#### Age Divisions (as of January 1, 2022):

- Young Sewers age 5-7
- Pre-Teen age 8-12
- Junior age 13-16
- Senior age 17-24
- Adult age 25 and older

#### **Requirements:**

- Completed Entry Form
- Cost: \$12 for each category entered
- Three 5"x5" sample of each wool used or three 36" lengths of each yarn used

#### Categories

- Garmet
- Made for Others
- Wearable Accessoru
- Wool Quilt/Other Wool Art/Non-Wearables
- Young Sewer

Registration via email by November 7th.

Complete all paperwork, bring entry fee and samples the day of contest

# TUMBLEWEEDS

The 4-H Cloverbuds Program in the University of Wyoming's 4-H program is a non-formal education program designed for children ages 5-7. Participation, safety, personal development, learning and fun are the highest priorities for Cloverbuds programs. Cloverbuds is designed to introduce young people to cooperative learning and the many things they can do in 4-H. These programs are adult led, activity-focused, and are built on cooperative learning rather than competition. Here in Weston County our Cloverbuds group is the Tumbleweeds. The Tumbleweeds meet each month on the 3rd Thursday.

### **SCHEDULE**

November 17
December 15
January 19
February 16
March 16
April 20
May 18
June 17 @ 4-H Camp
July - County Fair Activities

## Mummy's



At the October meeting the
Tumbleweeds created Mummy's that
were shared with the Weston County
Senior Center to celebrate Halloween.
The importance of community service
was discussed while making the
mummy's. The Tumbleweeds also
enjoyed candy corn parfaits which were
made of pineapple, mandarin oranges
and whipped cream.



NOVEMBER 17TH

PUMPKIN COOKIES AND FAMILY FOOD TRADITIONS

4:00 - 5:00 PM

EXTENSION OFFICE

RSVP BY NOVEMBER 15TH

# Food, Fun & 4-H

This is a self-paced project to get young people in the kitchen and preparing home cooked meals, trying new foods, encouraging family time, developing communication skills and having fun! In addition to promoting kitchen and cooking skills, Food, Fun, 4-H will teach youth how to be smart consumers through planning, time management and budgeting. Each family/household will receive a kitchen utensil kit related to that month's recipes, along with other informational materials. Youth must prepare at least two of the recipes in the packet and complete a post-lesson report, answering three questions 1) I liked... 2) I wish... and 3) I wonder... Participants will be asked to submit two photos – one of them preparing the dish and the other of the family unit sharing the meal. Completion of these requirements by the end of the month qualifies them to receive the next month's utensil kit. The questions are meant to get the youth thinking about ways to either modify or enhance the recipes for when they make it again, can it be doubled or halved. These are lifelong skills that might lead them down the road to becoming entrepreneurs! The program will run November to May. If they don't meet the requirements, it doesn't exclude them from future participation. They will just need to wait a month and try again. There isn't a cost to participate, but families/households will need to purchase their food/pantry items.

If participating at home doesn't work for you, or even if you choose to participate at home, there is a second option. Each month I will be hosting an afternoon to come cook with me at the Extension Office with the Food, Fun & 4-H Club and complete the project.



- Cook together and gather around the family dinner table,
- Learn to prepare home-cooked meals 8 try new foods.
- FUN family time.
- Receive a FREE kitchen utensil kit/family related to that month's recipes November -
- Self-guided at home.
- Open to any currently enrolled 4-H member...make it a project!

TO FIND OUT MORE:

CONTACT US @ (307) 334-3534 OR KELLIE@UWYO.EDU

FREE TO PARTICIPATE: GROCERIES NOT INCLUDED.

Wyoming Food, Fun 9 4-H was made possible by funding from the John P. Ellbogen Foundation Wyoming Communities, Agriculture, and Rural Living Project Grant for UW





#### FOOD, FUN & 4-H CLUB INFO

#### **November 18th**

1:45 PM - 4:00 PM Extension Office RSVP by November 15th Cost: \$5 per youth

#### **December 9th**

1:45 PM - 4:00 PM Extension Office RSVP by December 7th Cost: \$5 per youth

#### AT HOME DEADLINES:

November Completion:
November 27th
December Registration:
November 30th



# 4-H Scholarships Due February 15, 2023



Each year the Wyoming 4–H Foundation awards thousands of dollars in scholarships to youth that will be attending a college, university, or technical school to further their education.

Applications are due by February 15, 2023, and uses a resume built from your 4–H Portfolio.

As you consider your next steps in your education and career path, your involvement in 4–H may help you obtain scholarships at the college you choose to attend. The Wyoming State 4–H Foundation has updated our 4–H Scholarship application. Find out details at: <a href="http://www.wyoming4h.org/4hfoundation/scholarships">http://www.wyoming4h.org/4hfoundation/scholarships</a>

Just click on each scholarship to find out its specific criteria, and then use the universal application to apply.

There are many available scholarships! Up to \$30,000 total for new and first time qualified applicants!

Remember – the best way to be awarded a scholarship is to APPLY!

Do not Delay - Apply Right Away!!



Wyoming State 4-H Foundation 307-766-5170





Congratulations to all members and leaders who were recognized. We had a great turnout and enjoyed an afternoon celebrating, being inspired and tasty treats. Full results from Achievement Day will be available on the website.

#### **SHOOTING SPORTS RESULTS**

Unfortunately, an error was discovered after Sunday and the Intermediate and Senior results have changed slightly from what was announced. I apologize for the mistakes.

Full results are included in your awards information packets that are at the Extension Office and the results can be found on the website <a href="https://wyoextension.org/westoncounty/4h-youth-development/shooting-sports/">https://wyoextension.org/westoncounty/4h-youth-development/shooting-sports/</a>

The following people have things to pick up at the Extension Office.

Please stop by soon!

Adam Butler Adeline Ohnstad Alice Keeler Alora Zimiga Ann Wehri Annaliese Butler Ashlynn Shroyer Aval Malsam Brady Christensen **Brenton Wagner** Callen Smith Chaisley Hayman Charlie Pzinski Christy Achterhof Clara Lipp Clay Sweet Colby Rich

Dierk Stearns **Dominic Lanctot Dustin Porter** Emma Schmidt **Ethan Parsons** Galen Stafford Garrett Rosse Harrison Gross Hollie Swentesky Isaiah Anderson Jace Rich John Sandrini Jordon Kolbeck Joslyn Pischke Kara Fladstol Kelly Cork Kinley Redding

Laila Lopez Levi Tysdal Liam Gregory Libby Nissen Lilabeth Hach Lilly Patterson Lydia Anderson Lydia Lanctot Madeline Lanctot Maggie Porter Massey Nissen McCall Benson Morgan Tysdal Nolan Gregory Parker Stevens Payton Overman Peter Keeler

Ramsey Gross
Ridge Checketts
Riley Rich
Rylee Loebe
Sydney Baker
Tal Checketts
Teresa Lamb
Tevon White
Thatcher Benson
TJ Harrington
Trevon White
Troy Christensen
Ty Stith
Waylon Stolhammer
Xyla Rehling

# OPPORTUNITIES THROUGHOUT THE STATE

# IN CASPER 2023 Rabbit Clinic

Clinics start @ 9AM, Location: ARLC Building

Sign up at: https://www.facebook.com/oil-city-thumpers-398801110535193/

- <u>January 14, 2023</u>: Rabbit Housing & Feeding- Casper Room
- February 11, 2023: Meat Pens- Midwest/Edgerton Room
- <u>March 18, 2023</u>: Committee Meeting- Mills/Evansville Room
- <u>April 15, 2023</u>: Breed ID, Breed Tattoo, Showmanship, ID Forms Clinic- Casper Room. <u>Bring your healthy, clean rabbits and carpet square</u>
- April 26, 2023: Tattoo Clinic Time TBD PIC
- May 14, 2023: Getting ready for Fair Fair Prep-Mills/Evansville Room
- o No Rabbits needed.
- June 3, 2023: Mandatory Meat Pen Tattoo Clinic/Mock Show- Casper Room
- o We will have separate areas set-up for showmanship. Please make sure your rabbits are clean and healthy. We also ask you to dress like you will for the show at fair and bring a clean carpet square for showmanship.

We will only be offering two tattoo clinics this year.

Please plan accordingly.