



Weston County CHATTER



December 2022

Erin's Notes

Seasons Greetings! I hope everyone had an enjoyable Thanksgiving. It's hard to believe that we are just a few short weeks away from Christmas and the end of 2022!! We went Christmas tree hunting already and have started to decorate at our house.

The Chatter is full of information about Choosing 4-H Projects, 4-H Project News, the new 4-H 101 Club, and so much more. I encourage you to all complete your enrollment, pay your dues and get your projects chosen for this 4-H year. There are so many exciting things coming in January, I want to make sure that you are staying informed.

We have added Remind as a way to communicate! You can join the Weston 4-H Remind by texting @weston4h to 81010 or by going to remind.com/join/weston4h

If you have any questions, suggestions or concerns - please reach out. Come visit me at the office, give me a call, or shoot me an email.

Happy Holidays!

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MY CONTACT INFO:
EPERSCHE@UWYO.EDU
307-746-3531



UPCOMING DATES



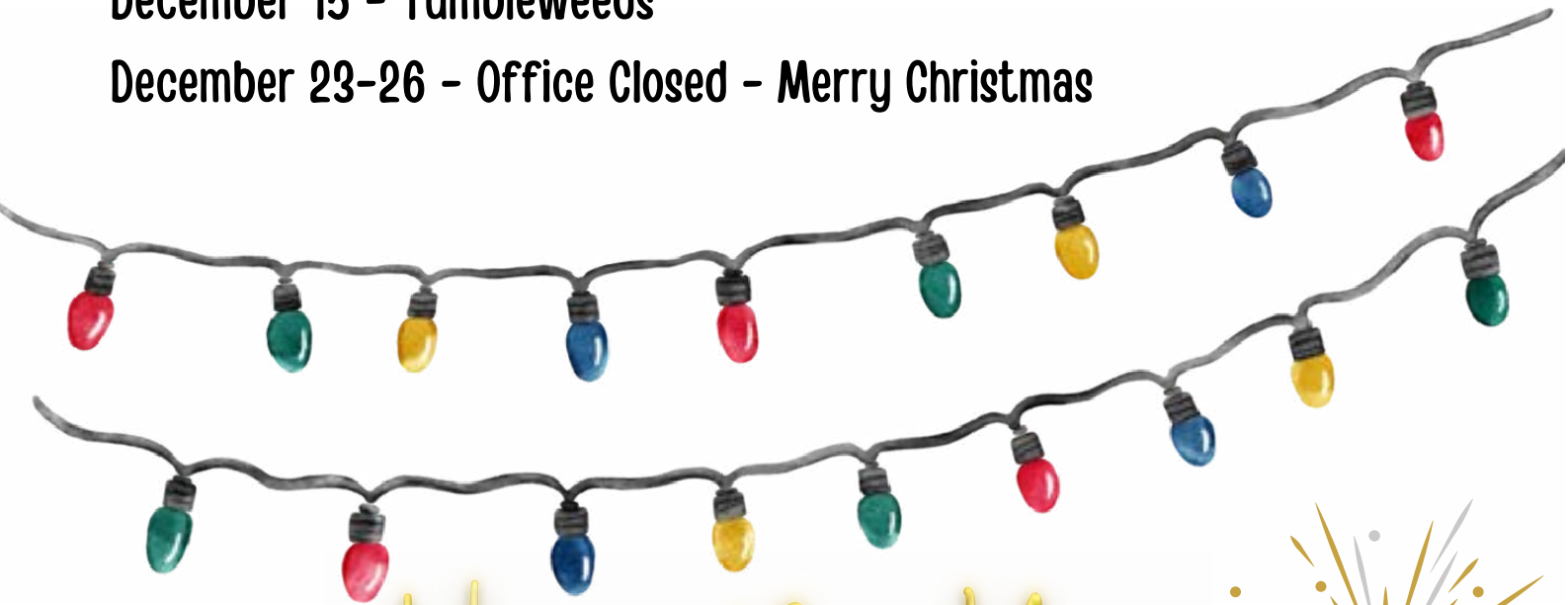
DECEMBER

December 6 - Shooting Sports Leader Meeting - 6 PM

December 9 - Food, Fun, 4-H Cooking Class

December 15 - Tumbleweeds

December 23-26 - Office Closed - Merry Christmas



Happy New Year

JANUARY 2023

January 2 - Office Closed - Happy New Year

January 6 - Re-enrollment Goal

January 10 - 4-H 101 Club

January 16 - Office Closed-Martin Luther King/Wyoming Equality Day

January 17 - Parliamentary Procedure Workshop

January 19 - Tumbleweeds

January 20 - Food, Fun & 4-H Cooking Club

January 22 - Beef Weigh In @ 2 PM



ENROLLMENT IS OPEN!

- Enrollment is done online at 4h.zsuite.org (instructions on the next 2 pages)
 - contact the Extension Office if you have any problems or questions
- \$10 per youth (Tumbleweeds are free)
- Family friendly
- Projects and activities for everyone!

Re-Enrollment Goal

Please complete your re-enrollment by January 6th. After this date you will no longer receive 4-H communications from the office.

Why enroll?

4-H is what you make of it!

Unlike other extracurricular activities, 4-H is completely up to you. We have very few deadlines and requirements. You must have active status before being involved in the 4-H program which means enrolling at <https://4h.zsuite.org/> & paying your enrollment dues. There is so much more to do with the program to make it fit your needs. In 4-H, there are various levels in which to be involved:

Clubs: There are currently 6 clubs here in Weston County. These clubs do a variety of activities. The state asks that clubs offer project work and community service. To say the least, the options are endless! Please check in with your club leader to see what you can do to get involved!

County: We offer a lot of programming thanks to our wonderful volunteers! Think 4-H Camp, clinics, project workshops, robotics, County Fair, Achievement Day and so much more! If there is something you are interested in, please let us know and we will try to get a class scheduled.

State: Wyoming 4-H provides many opportunities for you to get involved. There are camps, trainings, and competitions. Check into the Horse Camp, State Volunteer trainings, Shooting Sports trainings, State Wool & Meats Judging, Showcase Showdown, State Shoot, Wyoming State Fair, and the State Leadership Team!

National & International: As early as 7th grade, 4-Hers can begin to travel with the Leadership Washington Focus. Wyoming 4-H sponsors travel for teens to Citizenship Washington Focus, National 4-H Congress, National 4-H Conference, Western National Roundup, and International Trips currently to Ireland and Belize.

YOU MUST BE ENROLLED WITH **ACTIVE** STATUS IN 4-H IN ORDER TO PARTICIPATE IN **ANY** 4-H ACTIVITIES. YOUTH MUST HAVE **ACTIVE** STATUS BY **MAY 15TH** TO PARTICIPATE IN SUMMER ACTIVITIES (CAMP, FAIR, ETC.)

ENROLLMENT FEES ARE DUE AT THE TIME OF ENROLLMENT

PLEASE NOTE:

YOU ARE NOT COVERED BY THE 4-H INSURANCE UNTIL YOU HAVE ACTIVE STATUS IN ZSUITE!




 Email _____
 Password _____
 LOGIN SIGN UP
 Forgot Password? Help

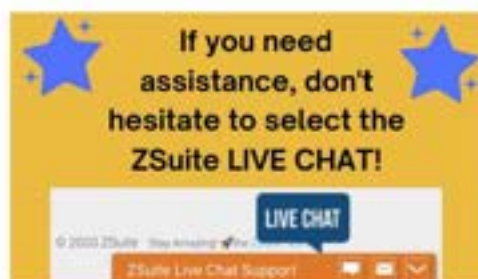
ZSuite 4-H Enrollment

Existing Family Profile

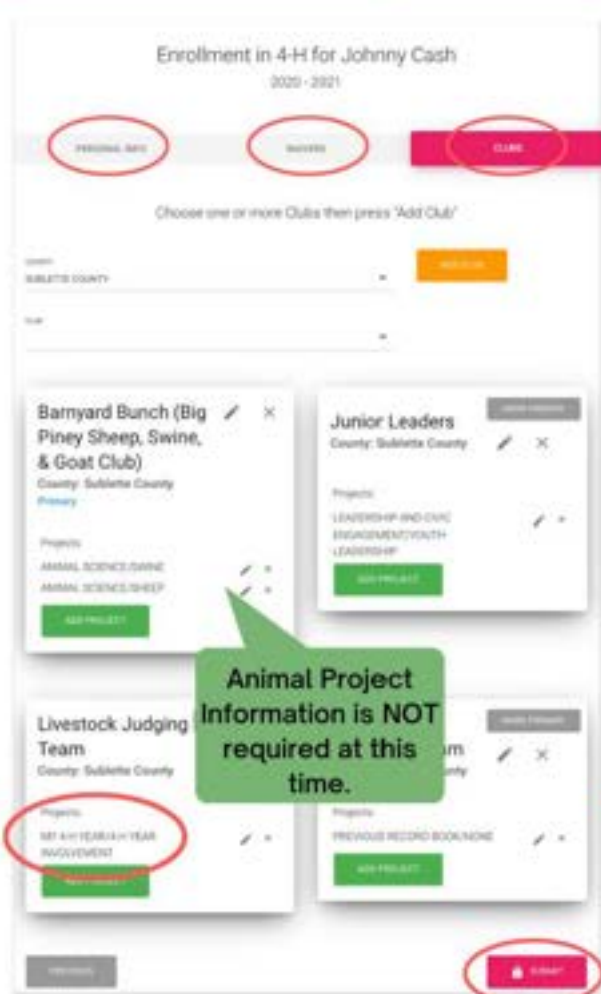


Enrollment must be done **ANNUALLY** to stay *active* in 4-H!

1. Go to <https://4h.zsuite.org/>
2. Use the same email & password you used to sign up, select **LOGIN**
3. Choose the **PRIMARY ACCOUNT** to enroll 4-H Members
4. You will see a list of all the household members and their current enrollment status.
 - a. **Red = INACTIVE 4-H Member**
 - b. **Green = ACTIVE 4-H Member**
5. Select the 4-H Member's Name you wish to update, select **ENROLL MEMBER NOW**



First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.

Enrollment in 4-H for Johnny Cash
 2020 - 2021
 PERSONAL INFO CLUBS PROJECTS
 Choose one or more Clubs then press 'Add Club'
 COUNTY: SUBLETTE COUNTY
 CLUB: [dropdown]
 Add Club
 Barnyard Bunch (Big Piney Sheep, Swine, & Goat Club)
 County: Sublette County
 Primary
 Projects: ANIMAL SCIENCE/DAIRY, ANIMAL SCIENCE/SHEEP
 Add Project
 Junior Leaders
 County: Sublette County
 Projects: LEADERSHIP AND CIVIC ENGAGEMENT/YOUTH LEADERSHIP
 Add Project
 Livestock Judging Team
 County: Sublette County
 Projects: SET 4-H YEAR/4-H YEAR INVOLVEMENT
 Add Project
 Animal Project Information is NOT required at this time.
 SUBMIT

6. Fill out 4-H Member's info, select **Continue**
 Fill out PERSONAL INFO, select **Next**
 Fill out all six drop down WAIVERS, then select **Next**
 Dropdown to your CLUB, select **Add Club**
 - a. Select **Add Project**
 - i. If you are interested in
 1. Junior Leaders
 2. Livestock Judging Team
 3. Livestock Skillathon Team
 make sure to add them as a Club.
 - i. **ALL 4-H Members should Add MY 4-H YEAR/MY 4-H YEAR INVOLVEMENT** as a Project in one Club, Select **Add Project**
7. Select **Add to Cart** and then you can either **+Add Enrollment** or **Submit**. Must be submitted to be complete.

Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!



ZSuite 4-H Enrollment

New Family Profile



If you've never signed in to ZSuite before, follow these steps:

1. Go to <https://4h.zsuite.org/>
2. As a Family creating a new Profile, select **SIGN UP**
- a. Fill in all of the fields, select **LET'S GO!**

Adding 4-H Members

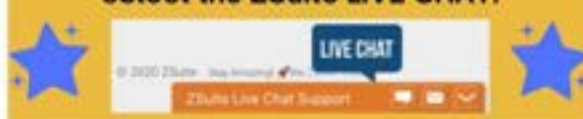
You are now on the **Dashboard** tab

- 1 Select **+ Household Member**
 - 2 Fill out 4-H Member's info, select **Continue**
 - 3 Fill out PERSONAL INFO, select **Next**
 - 4 Fill out all six drop down WAIVERS, then select **Next**
 - 5 Dropdown to your CLUB, select **Add Club**
 - a. Select **Add Project**
 - i. If you are interested in
 1. Junior Leaders
 2. Livestock Judging Team
 3. Livestock Skillathon Team
- make sure to add them as a Club.
- i. **ALL 4-H Members** should Add **MY 4-H YEAR/MY 4-H YEAR INVOLVEMENT** as a Project in one Club, Select **Add Project**

- 6 Select **Add to Cart** and then you can either **+Add Enrollment** or **Submit**. Must be submitted to be complete.

First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.

If you need assistance, don't hesitate to select the ZSuite LIVE CHAT!



Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!

WESTON COUNTY 4-H CLUBS



Elk Mountain Outlaws

Leaders:

Kami Lopez
Kara Fladstol

Next Meeting:

December 11, 2022
2:00 PM
Weston County
Fairgrounds

*4-H Pledge
Challenge*

*Hot Chocolate Bar
and Gift Exchange*

Dewey Dancers

Leaders:

Kendra Paulton
Dani Stearns

Next Meeting:

TBA

Sagebrush Maids & Wranglers

Leaders:

Melinda Huff
Becky Swentesky

Next Meeting:

December 28, 2022
5:00 PM
Melinda's House

Borderline Bandits

Leader:

Crystal Stevens-Benson

Next Meeting:

TBA

Prairie and Pines

Leaders:

Kasi White
Nastel Dean
Chermey Bowe

Next Meeting:

January 16, 2023
5:00 PM
Upton Elementary
School

Stock Show Junkies

Leaders:

Briley & Ty Miller
Hale & Alicia Redding

Next Meeting:

TBA

Congratulations!

Borderline Bandits received a \$200 cash award for participating in community service and applying for a "Hands to Larger Service" award through the Wyoming 4-H! They made fleece blankets and comfort care packs for foster kids in Weston County. Awesome community service work!!

CHOOSING 4-H PROJECTS

So you've enrolled in 4-H and chosen a 4-H Club. Now what?

Now you choose the projects you would like to participate in for the 2023 4-H year.

A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from foods to range management. Projects are grouped in to six different project areas: Animal Science, Healthy Living, Leadership & Civic Engagement, Science & Technology, Natural Resources and Expressive Arts. A full list of the Wyoming 4-H Projects is on the next page.

Project Information Sheets are available for each project on the UW 4-H website <http://www.uwyo.edu/4-h/projects/index.html> . These project information sheets have information about what the project is about, what you can learn, resources, how to take the project further and some exhibit ideas for County Fair.

Some projects have project leaders that provide learning opportunities throughout the year, others have workshops that you can attend and learn more, many others you'll work from resources and ask for help. The 4-H Project News is included in each newsletter and has information about the upcoming project meetings and opportunities that I am aware of.

By choosing a project in ZSuite I am able to provide project specific information to you including learning opportunities, deadlines and much more. The sooner you pick your projects, the sooner I can start sending you specific information.





WYOMING 4-H PROJECTS



ANIMAL SCIENCES

- Beef Cattle
- Cats
- Dogs
- Dairy Goats
- Meat Goats
- Horses
- LLamas & Alpacas
- Pocket Pets
- Poultry
- Rabbits
- Sheep
- Swine
- Veterinary Science

HEALTHY LIVING

- Foods and Nutrition
- Gardening and Horticulture
- Health
- Outdoor Recreation

LEADERSHIP & CIVIC ENGAGEMENT

- Civic Engagement
- Youth Leadership
- Self Determined

SCIENCE & TECHNOLOGY

- Aerospace
- Computers
- Electricity
- Robotics

NATURAL RESOURCES

- Entomology
- Geology
- Nature & Ecology
- Range Management
- Shooting Sports
- Sportfishing
- Wildlife and Hunting

EXPRESSIVE ARTS

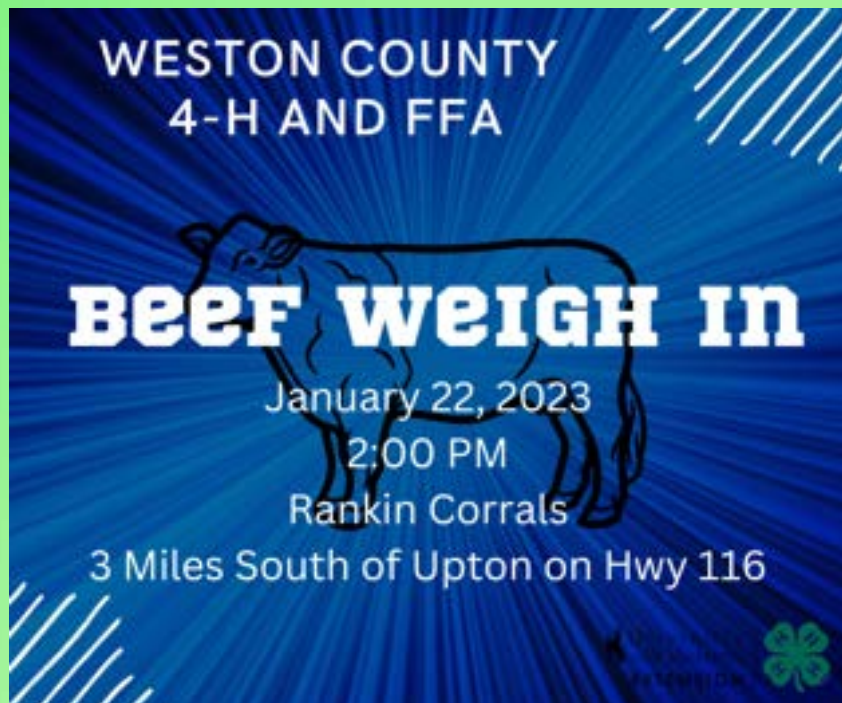
- Cake Decorating
- Crocheting
- Fabric and Fashion
- Interior Design
- Knitting
- Leathercraft
- Photography
- Quilting
- Ropecraft
- Visual Arts
- Woodworking
- Welding

FIND YOUR SPARK WITH A 4-H PROJECT

4-H PROJECT NEWS



BEEF PROJECT



OWNERSHIP DEADLINE

February 1, 2023

- All market beef shall be owned and tagged by February 1
- Ownership paperwork must be submitted by February 1
 - Brand Inspection
 - Statement of ownership
- 4-H or FFA designation must be made at tagging

DOG PROJECT



SCHEDULE

January 11th & 25th

February 8th & 22nd

March 8th & 22nd

April 12th & 26th

May 10th & 24th

LEADERS

Kendra Paulton

Lauren Pickle

Come join the fun!

Each of these Wednesdays we will meet at the Extension Office from 3:45 - 5:00 PM.

We will have a light snack and will be learning all about the dog project! Kendra and Lauren have some awesome things planned to help you learn lots and prepare for the County Fair Dog Show!

SHOOTING SPORTS

LEADERS

Organizational Meeting
December 6th
6:00 PM
Extension Office

YOUTH

- Complete ZSuite Enrollment
- Choose Shooting Sports Projects - make sure to enroll in each discipline you want to participate in
- Sign ups will be coming soon!



FUNDED IN PART BY:
THE NRA FOUNDATION
TEACH FREEDOM

Parliamentary Procedure Workshop



January 17th

6:30 PM

Weston County Events Center
RSVP by January 16th

Saddle & Sirloin FFA presents
a fun and exciting event to
learn basic Parliamentary
Procedure.

This workshop is geared towards our Intermediate (11-13 years old) and Senior (14-18 years old) members. Members will learn valuable skills to help run club meetings. Understanding how to run and to participate in an effective meeting is so important!

TUMBLEWEEDS

The 4-H Cloverbuds Program in the University of Wyoming's 4-H program is a non-formal education program designed for children ages 5-7. Participation, safety, personal development, learning and fun are the highest priorities for Cloverbuds programs. Cloverbuds is designed to introduce young people to cooperative learning and the many things they can do in 4-H. These programs are adult led, activity-focused, and are built on cooperative learning rather than competition. Here in Weston County our Cloverbuds group is the Tumbleweeds. The Tumbleweeds meet each month on the 3rd Thursday.

SCHEDULE

December 15

January 19

February 16

March 16

April 20

May 18

June 17 @ 4-H Camp

July - County Fair Activities



DECEMBER 15TH

PENGUIN GAMES

4:00 - 5:00 PM

EXTENSION OFFICE

RSVP BY DECEMBER 13TH



Pumpkin Cookies



In November the Tumbleweeds met and made Pumpkin Cookies and talked about Family Food Traditions. Each member helped measure ingredients, mix and scoop cookies. We talked about recipes that we associate with certain holidays and traditions. Each youth went home with a copy of the Pumpkin Cookie recipe, a Family Food Tradition cookbook and questions to help their families tell their recipe stories.



You can join the Weston 4-H Tumbleweeds class at <https://www.remind.com/join/4htumble> or by texting @4htumble to 81010.



4-H



101 CLUB

2nd Tuesday of each Month
Extension Office

5:30 PM

Club?

Volunteer?

Fair?

Leader?

Exhibit?

Record Books?

You've joined 4-H but now your head is spinning and you don't know what or where to start! You see all these words and terms thrown around in the Chatter, what the heck is the Chatter you ask? (this, the 4-H Newsletter) and wonder what in the world have you gotten yourselves in to! Don't panic, just join us once a month at the Extension Office (204 W Main Street) to learn about 4-H. I'll answer your questions, provide resources and so much more!

Project?

Code of Conduct?

Schedule

January 10
February 14
March 14
April 11
May 9
June 13
July 11
August 8
September 12



4-H
GROWS HERE



Food, Fun & 4-H

This is a self-paced project to get young people in the kitchen and preparing home cooked meals, trying new foods, encouraging family time, developing communication skills and having fun! In addition to promoting kitchen and cooking skills, Food, Fun, 4-H will teach youth how to be smart consumers through planning, time management and budgeting. Each family/household will receive a kitchen utensil kit related to that month's recipes, along with other informational materials. Youth must prepare at least two of the recipes in the packet and complete a post-lesson report, answering three questions 1) I liked... 2) I wish... and 3) I wonder... Participants will be asked to submit two photos – one of them preparing the dish and the other of the family unit sharing the meal. Completion of these requirements by the end of the month qualifies them to receive the next month's utensil kit. The questions are meant to get the youth thinking about ways to either modify or enhance the recipes for when they make it again, can it be doubled or halved. These are lifelong skills that might lead them down the road to becoming entrepreneurs! The program will run November to May. If they don't meet the requirements, it doesn't exclude them from future participation. They will just need to wait a month and try again. There isn't a cost to participate, but families/households will need to purchase their food/pantry items.

If participating at home doesn't work for you, or even if you choose to participate at home, there is a second option. Each month I will be hosting an afternoon to come cook with me at the Extension Office with the Food, Fun & 4-H Club and complete the project.



Wyoming
FOOD, FUN & 4-H

- Cook together and gather around the family dinner table,
- Learn to prepare home-cooked meals & try new foods.
- FUN family time.
- Receive a FREE kitchen utensil kit/family related to that month's recipes November - May.
- Self-guided at home.
- Open to any currently enrolled 4-H member...make it a project!

TO FIND OUT MORE:
CONTACT US @ (307) 334-3534 OR KELLIE@UWYO.EDU
FREE TO PARTICIPATE. GROCERIES NOT INCLUDED

John P. ELLBOGEN FOUNDATION
Wyoming Food, Fun & 4-H was made possible by funding from the John P. Ellbogen Foundation Wyoming Communities, Agriculture, and Rural Living Project Grant for 2016

UW EXTENSION

FOOD, FUN & 4-H CLUB INFO

December 9th

1:45 PM - 4:00 PM

Extension Office

RSVP by December 7th

Cost: \$5 per youth

January 20th

1:45 PM - 4:00 PM

Extension Office

RSVP by January 18th

Cost: \$5 per youth

AT HOME DEADLINES:

December Completion:

December 25th

January Registration:

December 25th-30th



4-H Scholarships



Due February 15, 2023

Each year the Wyoming 4-H Foundation awards thousands of dollars in scholarships to youth that will be attending a college, university, or technical school to further their education.

Applications are due by February 15, 2023, and uses a resume built from your 4-H Portfolio.

As you consider your next steps in your education and career path, your involvement in 4-H may help you obtain scholarships at the college you choose to attend. The Wyoming State 4-H Foundation has updated our 4-H Scholarship application. Find out details at: <http://www.wyoming4h.org/4hfoundation/scholarships>

Just click on each scholarship to find out its specific criteria, and then use the universal application to apply.

There are many available scholarships! Up to \$30,000 total for new and first time qualified applicants!

Remember – the best way to be awarded a scholarship is to **APPLY!**

Do not Delay – Apply Right Away!!



Wyoming State 4-H Foundation

307-766-5170



OPPORTUNITIES THROUGHOUT THE STATE



IN CASPER

2023 Rabbit Clinic

Clinics start @ 9AM, Location: ARLC Building

Sign up at : <https://www.facebook.com/oil-city-thumpers-398801110535193/>

- January 14, 2023: Rabbit Housing & Feeding- Casper Room
 - February 11, 2023: Meat Pens- Midwest/Edgerton Room
 - March 18, 2023: Committee Meeting- Mills/Evansville Room
 - April 15, 2023: Breed ID, Breed Tattoo, Showmanship, ID Forms Clinic- Casper Room. Bring your healthy, clean rabbits and carpet square
 - April 26, 2023: Tattoo Clinic – Time TBD PIC
 - May 14, 2023: Getting ready for Fair – Fair Prep- Mills/Evansville Room
 - o No Rabbits needed.
 - June 3, 2023: Mandatory Meat Pen Tattoo Clinic/Mock Show- Casper Room
 - o We will have separate areas set-up for showmanship. Please make sure your rabbits are clean and healthy. We also ask you to dress like you will for the show at fair and bring a clean carpet square for showmanship.
- We will only be offering two tattoo clinics this year.
Please plan accordingly.



EXPLORE MORE *Of The World* NATIONAL 4-H CONFERENCE

WHEN and WHO
April 14 - 19, 2023
Open to youth 15 - 18
Cost estimated at \$2500 per person, scholarship will be given.

WHAT
Have an active role in making change. Present your ideas to high-ranking Government Officials. See D.C. and meet with your Congressman and Senators. Meet other 4-H youth like yourself from all over the United States.

APPLICATION
Apply at the following link by January 16, 2023.
https://wyoming4h.formstack.com/forms/conference_congress_app



HAVE MORE QUESTIONS

If there are additional questions, please visit the Opportunities section on the state 4-H website or talk with your 4-H educator.