



Weston County CHATTER



May 2023

Erin's Notes

Wow! I feel like I blinked and April disappeared! I am so glad for the blue sky and sunshine today - we all need some sunshine and warmer weather to get us geared up for the busy few months ahead! May is full of so many activities for school, etc. so don't forget to check the Upcoming Dates page and make note of the deadlines and 4-H events that are also happening this month. The biggest one is you must have Active Status in ZSuite by May 15th to be eligible for all the fun summer activities!

Now is the time to get registered for 4-H Camp! You'll need to sign in to ZSuite and complete the registration there - if you have any questions, please reach out to Abbey or me and we will be happy to help you get registered. Parents - we are always in need of adult chaperones to help make camp possible, please let me know if you can help for part of camp. We have to have some male chaperones (Dad's I'm looking at you!) to make sure that we can provide a great camp experience for all the youth, so please give me a call if you can come spend the night at camp this year!

Fair is also only 79 days away, so now is the time to be thinking about your fair projects and asking any questions you may have!

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MY CONTACT INFO:
epersche@uwyo.edu
307-746-3531



4-H Camp Countdown: 45 DAYS
County Fair Countdown: 79 DAYS

why? RSVP

RSVP'S ARE IMPORTANT BECAUSE:

- IS THERE ANYONE PLANNING TO ATTEND THE ACTIVITY OR EVENT?
- BUYING THE CORRECT AMOUNT OF SUPPLIES
- KNOW WHO TO NOTIFY IF THERE ARE CHANGES OR CANCELLATIONS

RSVP BY THE DEADLINE!

Remind

Remind is a communication platform that can reach students and parents via text or email. Remind allows us to quickly send notifications to an entire group about upcoming events, changes, cancellations, etc. There are 2 easy ways to join - go to the website address listed or text the @newcss to 81010. Please take a few moments and join the applicable Remind groups from the list below:

Newcastle Shooting Sports - rmd.at/newcss or text @newcss to 81010

Dog Project: rmd.at/newcdog or text @newcdog to 81010

Food, Fun & 4-H: rmd.at/newcff4-h or text @newcff4-h to 81010

Horse Project: rmd.at/newchorse or text newchorse to 81010

Newcastle Tumbleweeds: rmd.at/n4htumble or text @n4htumble to 81010

Robotics: rmd.at/newcrobots or text @newcrobots to 81010

Upton Cloverbuds: rmd.at/u4htumble or text @u4htumble to 81010

Weston County 4-H: rmd.at/weston4h or text @weston4h to 81010

UPCOMING DATES



MAY

- May 1 - **Dog, Cat and Horse ID Forms Due**
- May 3 - Junior Livestock Committee Meeting @ 6 PM
- May 7 & 8th - Archery County Shoots
- May 8 - Fair Board Meeting
- May 9 - Food, Fun, 4-H Cooking Club
- May 13 - 3D Archery County Shoot
- May 15 - **Enrollment DEADLINE for ALL SUMMER ACTIVITIES (CAMP, FAIR, ETC)**
- May 16 - Upton Cloverbuds
- May 18 - Newcastle Tumbleweeds
- May 23 - **Lamb, Goat and Swine Weigh Ins**
- May 30 - Record Book Help Session

JUNE

- June 1 - **Camp Registrations Close/Livestock Ownership Deadline**
- June 7 - Junior Livestock Committee Meeting
- June 10 - Youth Hunter Education Challenge - Upton
- June 12 - Shooting Sports Awards and Fair Board Meeting
- June 16-18th - 4-H Camp at Mallo
- June 20-22 - Showcase Showdown
- June 26 - Food, Fun, 4-H Capstone Trip
- June 27 - Record Book Help Session
- June 28 - Horse Safety Certifications

WESTON COUNTY 4-H CLUBS

Elk Mountain Outlaws

Leaders:

Kami Lopez
Kara Fladstol

Next Meeting:

No meeting in May

Dewey Wranglers

Leaders:

Kendra Paulton
Dani Stearns

Next Meeting:

TBA

Sagebrush Maids & Wranglers

Leaders:

Melinda Huff
Becky Swentesky

Next Meeting:

June 10th
Annual Garage Sale

Borderline Bandits

Leader:

Crystal Stevens-Benson

Next Meeting:

May 7, 2023
1:00-3:00 PM
Pinnacle Bank

Prairie and Pines

Leaders:

Kasi White
Nastel Dean

Next Meeting:

June 5th
6:00 PM
Planting flowers on Main
Street

Stock Show Junkies

Leaders:

Briley & Ty Miller
Hale & Alicia Redding

Next Meeting:

TBA

What is the benefit of being in a 4-H club ...

There are many benefits of being in a club; friendship and fellowship, opportunity for leadership development, plus strides in self-confidence, learning to work with others, communication skills, decision making, problem solving, citizenship, expanded horizons, organizational skills, respect for and from others, patience, tolerance, and real-world experience! The club leader will help you with decision making, keep you informed about project announcements and deadlines, and will be a great encouragement!

COMMUNITY SERVICE

Community service has been an important part of 4-H for many years. In 1927 the 4-H pledge was adopted and included the importance of service in the third line. “I pledge my Hands to larger service.” Ever since then, every time a 4-H member or volunteer recites the pledge, they are reminded of the importance of serving their “club, community, country and world”.

Communities enjoy benefits far beyond the financial aspects when youth contribute to service projects. When youth volunteer, adults tend to volunteer also, resulting in a life long volunteer. The community gains a generation of young people who care about where they live and are willing to make a commitment to improvement.

Personal Benefits to the Youth Who Volunteer

While benefits to the communities served can be translated to a monetary figure, the benefits reaped by the young people offering their service have a positive impact on them personally both immediately and into the future.

1. Youth who volunteer just one hour or more a week are 50% less likely to abuse alcohol, cigarettes, become pregnant, or engage other destructive behavior.
2. Teens say the benefits received from volunteering are: Learning to respect others; learning to be helpful and kind; learning to understand people who are different; developing leadership skills, becoming more patient, and better understanding of citizenship.
3. Youth who volunteer are more likely to do well in school, graduate and vote.

Future Benefits

The skills and developmental assets gained by young people who volunteer early in life translate to future benefits for them personally, and for society.

1. Young people involved in community service are more likely to have a strong work ethic as an adult.
2. Youth who volunteer are three times more likely to volunteer as adults.
3. Eighty-one percent of Americans who have volunteer experiences when they are young give to charitable organizations as adults.

Young people volunteering for their communities is a tremendous win-win situation for the young volunteers, the organizations and communities they serve. The benefits are reaped now, and in the future.

Source: Latham, M. 2003, Young Volunteers: The Benefits of Community Service, Extension | University of Nevada, Reno, FS-03-23



Registration OPEN in ZSuite

MALLO RENDEZVOUS 2023

CROOK • NIOBRARA • WESTON 4-H CAMP



REGISTRATION CLOSES JUNE 1

REGISTER AT [HTTPS://4H.ZSUITE.ORG/EVENT-REGISTRATIONS/20287](https://4h.zsuite.org/event-registrations/20287)



CONTACTS:

GROOK COUNTY
SARA@SFLEENOR@UYWO.EDU
307-283-1192

NIOBRARA COUNTY
KELLIE@KELLIEC@UWYO.EDU
307-334-3534

WESTON COUNTY
ERIN@EPERSCHE@UWYO.EDU
307-746-3531

Registration Deadline (including payment): Friday, June 1

Minimum age for overnight camp: 8 years old.

Camp Check-in: Friday, June 16th, at 5:30 p.m.; please do not bring campers before this time.

Camp Check-Out: Sunday, June 26th at 10:00 a.m.

What to Bring to Camp: Sleeping bag or bedroll, (If lightweight, please bring extra blankets), pillow, heavy coat, rain coat, or jacket, comfortable shoes, either hiking or supportive tennis shoes and bring an extra pair, towel, wash cloth, soap, comb/brush, shampoo/conditioner, etc., clothes that can be layered for changing weather. Optional: flashlight, camera, fishing pole, etc. (labeled with name and telephone #), water gun to use ONLY during water fight, guns used any time other than the water fight will be confiscated and returned at the end of camp.

NOTE: Please leave any valuables such as watches, money, and jewelry at home! We are not responsible for lost items.

Parents: Adequate food and snacks are provided. Extra candy is not necessary.

We are always in need of adults to help. If we do not have enough chaperones, we cannot take kids to camp. Would you consider coming to camp for a day, a night or the whole time? (It's not true that you have to get up early or stay up throughout the night.) We need adults to organize, assist, supervise, and make camp fun for the kids. Our goal is to teach them some independence and responsibility, but we need more adult help, ESPECIALLY DADS!

4-H PROJECT NEWS

BEEF PROJECT

COUNTY FAIR UPDATE:

MARKET STEER MINIMUM
WEIGHT: 1100 POUNDS

MARKET HEIFER MINIMUM
WEIGHT: 1050 POUNDS



LEARNING OPPORTUNITIES:

You can watch the recording of the Market Beef Nutrition and Management workshop at:

<https://youtu.be/jcACMunjRw>

Chance shared some great information about how to monitor weight gain throughout the next few months to make sure your market beef will make weight at fair.

Kansas State Extension

Beef Across Kansas Series

- Ask Before You Buy
- What's In Your Bucket
- Ready for the Ring
- Quality Matters
- The Next Step

<https://www.twincreeks.k-state.edu/youth-ag/beef-across-ks/index.html>

HORSE PROJECT

Horse Safety Certification

Deadline

July 5, 2023

Safety Certifications will be done on
June 28th at 8:00-9:00 AM at the
Weston County Fairgrounds.



4-H PROJECT NEWS

SHEEP AND GOAT PROJECT

Tagging and Weigh In

May 23rd

6:00 - 7:00 PM

Weston County

Fairgrounds

****All sheep and goats
must have USDA/APHIS
Scrapie Tags****

LEARNING OPPORTUNITIES:

Kansas State Extension

Sheep Across Kansas Series

- Ask Before You Buy

<https://www.twincreeks.k-state.edu/youth-ag/sheep-across-ks/index.html>



SWINE PROJECT

Tagging and Weigh In

May 23rd

6:00 - 7:00 PM

Weston County

Fairgrounds

LEARNING OPPORTUNITIES:

Kansas State Extension

Swine Across Kansas Series

- Ask Before You Buy
- Feeding & Showmanship
- Quality Matters
- Judge's Choice
- The Next Step

<https://www.twincreeks.k-state.edu/youth-ag/swine-across-ks/index.html>



4-H PROJECT NEWS

★ ★ ★ ROBOTICS

SCHEDULE

May 5th, 12th, 19th
June 1st, 8th, 10th, 15th

Robotics is now meeting at the Weston County Senior Center in the Michaels Room from 2:00-5:00 PM.

Students can ride Bus #6 from the school to the Senior Center. If you plan on riding the bus, please let me know so that we can let the school know.

LEADER

CALEB CARTER

Robotics will meet on the dates listed to prepare for the State Robotics Competition to be held at Showcase Showdown in June!



Showcase
Showdown

JUNE 20-22, 2023

State Robotics Competition
Laramie, WY
June 20-22nd, 2023

DOG PROJECT



SCHEDULE

May 10th, 17th, 24th and
31st

See email from Kendra
and Lauren for more
details

COME JOIN THE FUN!

May 10th - 5:00 PM

Meet at the Sheep Barn at the Fairgrounds!
It is finally time to set up the agility
equipment for summer!!!!

LEADERS

Kendra Paulton
Lauren Pickle

SHOOTING SPORTS

Fees

Archery (If using our equipment)- \$10

Shotgun - \$25

Muzzleloading (if using our equipment and ammunition) - \$25

Please pay these fees as soon as possible. Fees can be paid at the Extension Office

Upton Schedule

Archery

- May 8 - Blue Face County Shoot
- May 13 - 3D County Shoot

Upton Gun Club
710 Ash Street
Upton, WY

Leaders:
Cliff Abbott
Nick White

Newcastle Schedule

Archery

- May 7 or 8 - Blue Face County Shoot
- May 13 - 3D County Shoot

ARCHERY PRACTICES:

Cambria Bow Hunters
214 Main Street
Newcastle, WY

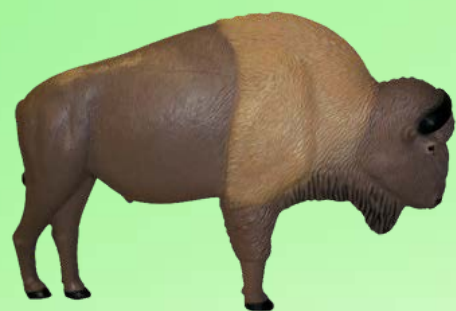
Archery Leaders:
Glen Reed
Tony Lenardson
Austin Baker

3D County Shoot

May 13th

9:00 and 10:00 AM

Upton Gun Club



There will be no make-up date for the 3D County Shoot. This will be the only time this event will be offered. This event takes a lot of manpower and time and is just offered once. This course is outside at the Upton Gun Club, please dress accordingly for the weather.

FUNDED IN PART BY:

THE NRA FOUNDATION
TEACH FREEDOM

****If the weather is bad the event will be moved to the Four Seasons Arena at the Weston County Fairgrounds.**

SHOOTING SPORTS

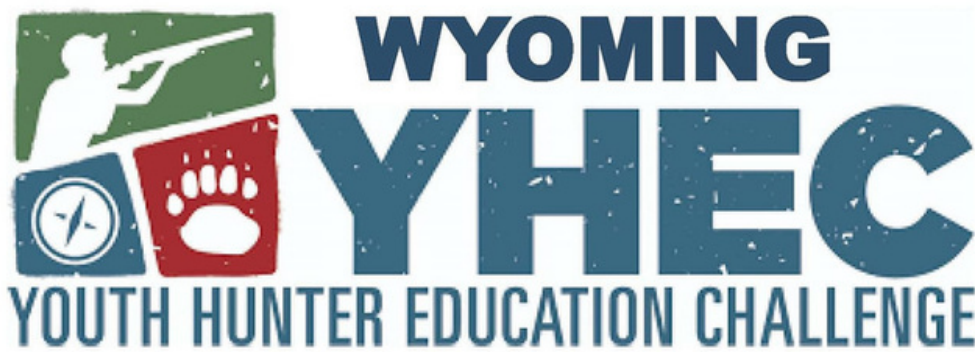
Awards BBQ

June 12th

6:30 PM

Kilpatrick Park - Weston County Fairgrounds

More details to come in the June Chatter



June 10, 2023 at the Upton Gun Club



A fun time, beautiful range & upbeat atmosphere

- Every contestant goes home with a prize
- The beautiful Upton Gun Club is nestled in the boulders, ponderosa and sagebrush of the Black Hills

Registration is limited.
Sign up now!



Young hunters get to display their shotgun, .22 rifle, muzzleloader and archery marksmanship, plus their hunting judgement and wildlife ID

Register online or download the form on the Game & Fish website at wgfd.wyo.gov

For more information call (307) 281-9980

2023 WYOMING STATE YOUTH HUNTER EDUCATION CHALLENGE

Sponsored by: Upton Gun Club Shooting Sports Program, Wyoming Game & Fish Department and a variety of Wyoming businesses



STATE SHOOT

July 6th-9th
Douglas, WY

FUNDED IN PART BY:

THE **NRA** FOUNDATION
TEACH FREEDOM

SHOOTING SPORTS



Wyoming State 4-H Foundation

15th Annual Boulder Big Draw

Saturday, June 17, 2023

Fremont Butte Ranch

OPEN TO ANY ADULT OR YOUTH

514 Highway 353~Boulder, Wyoming

Turn East on Highway 353 at the Boulder Store and follow signs



Shoot 40 Rinehart targets and never see the same one twice!
fun challenges and great raffle items available

SPONSORSHIP

Stations at the shoot can be sponsored for \$25 each and your name/logo will be displayed!

o YES! I would like to be a station sponsor! My check for \$25 is included!

REGISTRATION Entries can be made before the shoot as well as at the event.

Entry Fees: Family~\$25

Adults~\$10

Youth (12 and under) \$10

Name: _____ Phone: _____

Address: _____ Email: _____

T-shirt size: S M L XL XXL

Division: (please circle one)

Men's: Release Fingers Traditional

Women's: Release Fingers Traditional

Youth Senior (13-18): Open

Youth Junior (12 & under): Open

Awards will be presented to 1st through 3rd place in each division.

Send your registration and a check payable to:

Wyoming State 4-H Foundation

Steve Mack, Director

1000 E. University Ave., Dept. 3354

Laramie, WY 82071

Questions?

Steve Mack, Director

Email: smack@uwyo.edu

Greg Schamber, Board Member 307-260-7505

Email: greg.schamber@jonahenergy.com

EVENT SPONSOR – RINEHART TARGETS

Course Information

The course will open at 8:00 a.m. and close at 12:00 p.m. Four people will rotate to each of the 40 stations together, you should allow two hours to complete the shoot.

For Camping information contact Greg Schamber at 260-7505

FUNDED IN PART BY:

THE NRA FOUNDATION
TEACH FREEDOM

4-H BULLETIN BOARD



NATIONAL 4-H CONGRESS

NOVEMBER 24-28, 2023
ATLANTA, GEORGIA



A chance for youth to expand their skills, engage with other 4-H members, and be inspired to make an impact in your club, community, county and world

Ages 14 (as of January 1st of that year) and older, are invited to be part of the 2023 Wyoming delegation.



Apply by September 1st, 2023 online.
More information at
<http://www.uwyo.edu/4-h/opportunities/travel.html>



The Wyoming Association of Fairs is honored each year to award two recipients the WAF Scholarship. Please help us get the word out to any:

- Current or Alumni Wyoming 4-H or FFA member
- College Sophomore, Junior, or Senior attending any Wyoming-accredited institute of higher learning
- Technical or Trade School student
- The applications are due on May 1, 2023.

Application can be found at:

<https://www.wyomingfairs.org/>



2023 District Make It With Wool Contest

Date: November 12th

Place: Niobrara County Fairgrounds,
Lusk

Who: Open to Weston, Niobrara,
Goshen, Converse and Natrona
County

Age: 5 and up

If you have questions, reach out to
Erin



Market Swine, Goat and Lamb sales are starting to be posted to the Wyoming 4-H Website at:

<https://wyoming4h.org/opportunities/animal-science/sales/>

Let me know if you need help finding a sale.

Jr. Livestock Committee

Fair Set Up Day

July 19th

6:00 PM

Pizza afterwards

Next Meeting:

May 3rd @ 6:00 PM at

Weed & Pest Building



Fair Board

Next Meeting: May 8th

@ 6:30 PM at

Fairgrounds

2023 Fair Theme



Summer Days
Country Ways



Free rabbit/poultry cages and stands at the fairgrounds. They are under the awning of the poultry building. First come, first choice until gone.

State Fair Info



Ask the Director

6:00 pm

May 9th and June 6th



Courtney Conkle

Got a who, what, when, where, or why question about the Wyoming State Fair?

Get your questions answered!

Wyoming 4-H is hosting two nights with WSF Director, Courtney Conkle, where you can ask questions and get answers. At 6:00 pm on Tuesday, May 9th and Tuesday, June 6th, 4-H members, parents, and volunteers are invited to participate via Zoom. Courtney has been the Wyoming State Fairboard's director since 2019. She orchestrates the State Fair with the help of her staff and volunteers. She's has an extensive background in fair management and will be able to answer your questions.

If you've competed at the Wyoming State Fair in the past, or are considering attending, here's a chance to chat about the 2023 Wyoming State Fair and what to expect. Join us online at <https://uwyo.zoom.us/my/jdespain>.

NEW THIS YEAR! Animal Drug Testing:

NEW for 2023, the Wyoming State Fair will be drug testing Swine, Beef, Goats and Sheep. For these market species, drug testing will be mandatory for the Grand Champion and Reserve Champion award winners and two randomly selected market animals from each species.

Why: At the Wyoming State Fair we value education, animal welfare, protecting the food chain, and fostering fair competition. Drug testing is a valuable tool to help exhibitors and families to understand the possible implications of using substances on their animal.

How: By 12 pm on opening day of the 2023 Wyoming State Fair, exhibitors MUST turn in their drug declaration forms to the Exhibitor Office drop box **ONE FORM IS REQUIRED PER MARKET ANIMAL**. Drug Declaration forms can be found at wystatefair.com or picked up at the Exhibitor Office.



Grow A Little Extra

UW Extension is partnering with the Wyoming Hunger Initiative (WHI) for their Grow a Little Extra program. We would like you to encourage your local 4-H clubs to use their Hands to Larger

Service by growing and donating garden produce to be distributed to local food pantries and anti-hunger agencies. The Cent\$ible Nutrition Program (CNP) is offering \$500 to the club that donates the most produce. The clubs that come in second and third place will receive \$300 and \$200, respectively. Clubs can create their own garden for donations, donate from personal gardens and/or community gardens, or collect donations from neighbors.

Produce donations can be delivered to your local county Extension Office. Donations will be received through September 30, 2023. The donations will be weighed and recorded, and then delivered to a local food pantry or neighbors in need. Make sure to specify the 4H club name when donating. Tracking will be sent to the state CNP office to tally the results. Awards will be given the first part of December. Make sure your clubs know that to get credit for their donations, they will need to connect with their local county Extension Office to coordinate produce drop off, weighing, and recording. Please feel free to contact the CNP State Office with any questions or additional information.

Cent\$ible Nutrition Program State Office

cnp-info@uwyo.edu

(307)766-5375

nohungerwyo.org



Fair to Fork

86,000 of our neighbors struggle with food insecurity. *Fair to Fork* is making a difference.

Sources of high-quality protein are notoriously expensive and difficult to procure for local food pantries, but we can help alleviate that problem! Wyoming Hunger Initiative's *Fair to Fork* program will purchase one hog from every county in Wyoming through a **lottery selection** (only second animals not sold in the local livestock sale are eligible). Visit with your local 4-H educator or FFA advisor to learn more!

Join us. It's as easy as 1-2-3!

- 1 Sign up for the lottery through your local University of Wyoming Extension Office or scan the QR code below.
- 2 If you are selected, your hog will be purchased for \$500, processed, and delivered to a local pantry of your choosing in your community.
- 3 Come to the Wyoming State Fair to be recognized by Governor Mark Gordon and First Lady Jennie Gordon!



Scan to complete the form indicating your interest

Hughes
Charitable
Foundation



UNIVERSITY
OF WYOMING

Extension

RECORD BOOK HELP SESSIONS

Last Tuesday of the month

5:30 - 6:00 PM

at the Extension Office or via Zoom

<https://uwyo.zoom.us/j/99160838599>

May 30 - Community Service

June 27 - Project Records

August 29 - My 4-H Story and
Submitting

Now is the time to get a head start on your record books. Investing 30 minutes a month will make the final push in September to finish them quick and easy!

YOU MUST BE ENROLLED WITH **ACTIVE** STATUS IN 4-H IN ORDER TO PARTICIPATE IN **ANY** 4-H ACTIVITIES. YOUTH MUST HAVE **ACTIVE** STATUS BY **MAY 15TH** TO PARTICIPATE IN SUMMER ACTIVITIES (CAMP, FAIR, ETC.)

ENROLLMENT FEES ARE DUE AT THE TIME OF ENROLLMENT

PLEASE NOTE:

YOU ARE NOT COVERED BY THE 4-H INSURANCE UNTIL YOU HAVE ACTIVE STATUS IN ZSUITE!

2023 IMPORTANT DATES

- **May 1 - Horse, Dog and Cat ID Forms Due**
- **May 7 & 8 - Blue Face Archery County Shoot**
- **May 13 - 3D Archery County Shoot @ 9:00 and 10:00 AM**
- **MAY 15 - ENROLLMENT DEADLINE FOR ALL SUMMER 4-H ACTIVITIES**
- **May 23 - Lamb/Goat/Swine Weigh In**
- **June 1 - Market Lamb, Swine, Goat and Poultry Ownership and Tagging Deadline**
- **June 10 - Youth Hunter Education Challenge - Upton**
- **June 12 - Shooting Sports Awards BBQ**
- **June 16-18 - 4-H Camp**
- **June 20-22 - Showcase Showdown**
- **June 28 - Horse Safety Certifications**
- **JULY 5 - FAIR ENTRIES DUE**
- **July 5 - Horse Safety Certification Deadline**
- **July 6-9 - State Shooting Sports - Douglas**
- **July 17 - Ultrasound Contest**
- **July 19 - Fair Set Up Day @ 6 PM**
- **July 21-30 - Weston County Fair**
- **August 15-19 - Wyoming State Fair**
- **September 15 - Record Books Due**
- **October 1-7 - National 4-H Week**
- **October 29 - Achievement Day**

CLOVERBUDS

The 4-H Cloverbuds Program in the University of Wyoming's 4-H program is a non-formal education program designed for children ages 5-7. Participation, safety, personal development, learning and fun are the highest priorities for Cloverbuds programs. Cloverbuds is designed to introduce young people to cooperative learning and the many things they can do in 4-H. These programs are adult led, activity-focused, and are built on cooperative learning rather than competition. There are two different Cloverbud clubs that meet in Upton and Newcastle.

UPTON SCHEDULE

Will meet at the Upton Elementary School Library from 4:00-5:00 PM

May 16

You can join Upton Cloverbuds class at <https://www.remind.com/join/u4htumble> or by texting @u4htumble to 81010.



SUMMER ACTIVITIES

June 17 - 4-H Camp

July - County Fair Activities

NEWCASTLE

TUMBLEWEEDS SCHEDULE

Will meet at the Weston County Extension Office from 4:00-5:00 PM

May 18

You can join Tumbleweeds class at <https://www.remind.com/join/n4htumble> or by texting @n4htumble to 81010.

May Activity Bugs Alive!

**Upton RSVP: 5/15/23
Newcastle RSVP: 5/16/23**

Please take a few seconds to join the Remind class. This is an easy way to remind you about upcoming meetings, changes or cancellations. Thank You!



4-H



101 CLUB

2nd Tuesday of each Month
Extension Office

5:30 PM

Club?

Volunteer?

Fair?

Leader?

Exhibit?

Record Books?

You've joined 4-H but now your head is spinning and you don't know what or where to start! You see all these words and terms thrown around in the Chatter, what the heck is the Chatter you ask? (this, the 4-H Newsletter) and wonder what in the world have you gotten yourselves in to! Don't panic, just join us once a month at the Extension Office (204 W Main Street) to learn about 4-H. I'll answer your questions, provide resources and so much more!

Project?

Code of Conduct?

Schedule

April 11
May 9
June 13
July 11
August 8
September 12



4-H
GROWS HERE



Food, Fun & 4-H

This is a self-paced project to get young people in the kitchen and preparing home cooked meals, trying new foods, encouraging family time, developing communication skills and having fun! In addition to promoting kitchen and cooking skills, Food, Fun, 4-H will teach youth how to be smart consumers through planning, time management and budgeting. Each family/household will receive a kitchen utensil kit related to that month's recipes, along with other informational materials. Youth must prepare at least two of the recipes in the packet and complete a post-lesson report, answering three questions 1) I liked... 2) I wish... and 3) I wonder... Participants will be asked to submit two photos – one of them preparing the dish and the other of the family unit sharing the meal. Completion of these requirements by the end of the month qualifies them to receive the next month's utensil kit. The questions are meant to get the youth thinking about ways to either modify or enhance the recipes for when they make it again, can it be doubled or halved. These are lifelong skills that might lead them down the road to becoming entrepreneurs! The program will run November to May. If they don't meet the requirements, it doesn't exclude them from future participation. They will just need to wait a month and try again. There isn't a cost to participate, but families/households will need to purchase their food/pantry items.

If participating at home doesn't work for you, or even if you choose to participate at home, there is a second option. Each month I will be hosting an afternoon to come cook with me at the Extension Office with the Food, Fun & 4-H Club and complete the project.



- Cook together and gather around the family dinner table,
- Learn to prepare home-cooked meals & try new foods.
- FUN family time.
- Receive a FREE kitchen utensil kit/family related to that month's recipes November - May.
- Self-guided at home.
- Open to any currently enrolled 4-H member...make it a project!

TO FIND OUT MORE:

CONTACT US @ (307) 334-3534 OR KELLIE@UWYO.EDU

FREE TO PARTICIPATE; GROCERIES NOT INCLUDED

FOOD, FUN & 4-H CLUB INFO

May 9TH

3:45 PM - 5:00 PM

Extension Office

RSVP by

Cost: \$5 per youth

AT HOME DEADLINES:

MAY Completion:

May 25th

**This is the final Food, Fun,
4-H until fall!**

VOLUNTEER CORNER



CROOK/WESTON 4-H CAMP

June 16-18th, 2023

Mallo Camp

Camp will be here before we know it! For camp to be a fun, exciting, successful event we will need parents and volunteers to help be:

- Chaperones
- Help teach or assist with workshops

If you are interested in helping with camp planning, being a chaperone or have a great activity to use at camp - please give me a call!

PROJECT WORKSHOPS



Have a talent or skill to share? I'd love have you teach a workshop for the 4-H'ers! It can be a project specific skill or just a fun activity for all of the youth!



OPPORTUNITIES THROUGHOUT THE STATE



WHY ATTEND

Showcase Showdown

**THE 4-H SIGNATURE EVENT
JUNE 20-22, 2023**



4-H Experiences

- Meet new friends and reconnect with 4-H'ers from across Wyoming
- Have fun at the 4-H Dance



Workshops and Contests

- Try something new, fun and exciting - you may discover a new SPARK
- Compete in one of the many contests



UW Campus Experience

- Explore all that campus has to offer
- Stay in the dorms
- Eat in the cafeteria
- Take advantage of the State of the Art Half Acre Recreation and Wellness Center



QUESTIONS?

Contact your local
Extension Office for
more details!



UNIVERSITY
OF WYOMING
EXTENSION



OPPORTUNITIES THROUGHOUT THE STATE



**STOCK
SHOW
U**

VISIT WWW.SULLIVANSUPPLY.COM
FOR MORE INFORMATION ABOUT
STOCK SHOW UNIVERSITY!

TWO-DAY 4-SPECIES GRAD PROGRAM

MAY 13-14, 2023

**GOSHEN COUNTY FAIRGROUNDS
TORRINGTON, WYOMING**

OFFERED FREE COMPLIMENTS OF SULLIVAN SUPPLY AND M LAZY HEART FEEDS

"We stay until the last question is answered!"

QUESTIONS?
CONTACT TESS MITTAG, STOCK SHOW U MANAGER
TESSA@SULLIVANSUPPLY.COM



S/S **SULLIVAN
SUPPLY**
The Advantage

OPPORTUNITIES THROUGHOUT THE STATE



June 2-4, 2023

Gillette, Wyoming

**3rd
Annual!**



CLASSIC

Breeding

Heifers, Ewes, Does, Gilts

Can be dual registered in Market and Breeding. Breeding Shows both Saturday and Sunday.

Market

Beef, Sheep, Swine, Goat

Beef- Steer & Heifer Classes both days

Sheep- Black, White, Speckle & Natural Division both days

Swine- Saturday show by weight / Sunday Barrow/Gilt

Goat- Show by weight both days

Showmanship

Senior, Intermediate, Junior, PeeWee

All species shown by exhibitor age both Saturday & Sunday

Saturday
Cash, Awards, Banners

Sunday
Cash & Banners

Class Payouts Both Days

2 Days-2 Judges-2 Seperate Shows

OPPORTUNITIES THROUGHOUT THE STATE



Park County

Show Clinic

JUNE 23RD, 2023

Come improve
showmanship
techniques and training
PLUS inside tips on
nutrition, exercise, and
daily care!



Limited Spots Available
Lunch Included

\$50



Register By June 15th

For more information contact
Park County 4H: 307.754.8836

 UW | Wyoming 4-H

OPPORTUNITIES THROUGHOUT



THE STATE

IN CASPER



Two Livestock Judgings Back-to-Back

Eastern Wyoming College

Saturday ~May 20, 2023

Registration 9:30 a.m.

Contest: 10:00 a.m.

EWC - Agricultural Technology
Education Center Building
3401 West C Street in Torrington, WY

Contact: Georgia Younglove
(307) 799-5419



**Friday
May 19, 2023**

Laramie County 4-H

Registration 2:00 p.m.

Contest: 2:30 p.m.

LCCC - Ag. Pavilion - 1400 E. College Drive, Cheyenne, WY

Contact: Dawn Sanchez
(307) 633-4383

Thanks to LCCC Livestock Judging Team for
officiating this contest

Each contest will include 4 reasons for seniors, 2 reasons/2 questions
for intermediates, 4 questions or 3 questions/1 reason for juniors

Registration Fee ~ \$15.00 per contest - pay day of contest

Register at: <https://bit.ly/LivestockJudgingContests>

2023 Rabbit Clinic

Clinics start @ 9AM, Location: ARLC Building

Sign up at : <https://www.facebook.com/oil-city-thumpers-398801110535193/>

• June 3, 2023: Mandatory Meat Pen Tattoo Clinic/Mock Show- Casper Room

o We will have separate areas set-up for showmanship. Please make sure your rabbits are clean and healthy. We also ask you to dress like you will for the show at fair and bring a clean carpet square for showmanship.

We will only be offering two tattoo clinics this year.
Please plan accordingly.

**June 30th - July 2nd
Laramie, WY**

ALBANY COUNTY FAIR ALUMNI ASSOCIATION 2023 GEM CITY SHOWDOWN SCHEDULE

Friday

**Garment Bag Day
Cattle - Buckle Day**

10AM - BARNS OPEN
SCALES OPENS TO DECLARE WEIGHTS
CHECK-IN BEGINS IN FAIR OFFICE
RING A:
1PM - MARKET CATTLE SHOW
FOLLOWED BY BREEDING CATTLE
3PM - SHOWMANSHIP BEGINS
ORDER
CATTLE SHOWMANSHIP (RING A)
SHEEP SHOWMANSHIP (RING B)
GOAT SHOWMANSHIP (RING B)
SWINE SHOWMANSHIP (RING B)
6PM - SCALES CLOSES (ALL BARNS)
7PM - MARKET SWINE BY BREED JACKPOT
(RING B)

SCHEDULE IS SUBJECT TO CHANGE. EACH DAY IS SEPARATE - MUST ENTER EACH DAY INDIVIDUALLY.

Saturday

Banner Day

8AM - CHECK-IN BEGINS IN FAIR OFFICE
SCALES OPEN
WEIGHTS DECLARED BY 8:30AM
RING A:
9AM - SHEEP BY BREED SHOW
FOLLOWED BY BREEDING SHEEP SHOW
FOLLOWED BY GOATS BY WEIGHT
FOLLOWED BY BREEDING GOAT SHOW
RING B:
9 AM - MARKET SWINE BY SEX SHOW
FOLLOWED BY BREEDING GILT SHOW
FOLLOWED BY

TBD - EVENING EVENT

Sunday

Buckle Day

8AM - CHECK-IN BEGINS IN FAIR OFFICE
SCALES OPEN
WEIGHTS DECLARED BY 8:30AM
RING A:
9AM - GOATS BY WEIGHT
FOLLOWED BY BREEDING GOAT SHOW
FOLLOWED BY SHEEP BY WEIGHT
FOLLOWED BY BREEDING SHEEP
RING B:
9 AM - MARKET SWINE BY WEIGHT SHOW
FOLLOWED BY BREEDING GILT SHOW

SEE YOU IN 2024!

RING A: OUTDOOR SHOW RING
RING B: INDOOR SHOW ARENA



UNIVERSITY
OF WYOMING

Extension Weston County

Office Location

204 W Main Street
Newcastle WY 82701



(307) 746-3531

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epersche@uwyo.edu

Abbey:

Westncty@uwyo.edu

Vicki:

vhayman@uwyo.edu



Monday - Friday

8:00 AM - 12:00 PM

1:00 PM - 4:30 PM



Weston County Extension Website:

<https://wyoextension.org/westoncounty/>



Weston Extension:

<https://www.facebook.com/WestonCountyExtension>

Weston County 4-H:

<https://www.facebook.com/WESTONCOUNTY4H>

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