

December has arrived and with it are lots of holiday activities and reporting season for Extension! As I start to write my reports I get to reflect on all of the amazing things that have happened here in Weston County over the past twelve months. I actually love the annual trip down memory lane that our Extension reports make us take each year. I get to celebrate the many successes, evaluate the things that need improvement and make lots of plans for the upcoming year.

On that note, the Chatter is full of information about upcoming events. If you haven't completed your enrollment for 2024, now is the perfect time to get that done. As a reminder, the enrollment dues will increase from \$10 to \$20 on January 1st. If you need help getting your enrollment done, please call the office.

Shooting Sports practice registration went out on Wednesday to all members that had selected a shooting sports project in ZSuite. Choosing your projects in ZSuite is extremely important so I know what information to send directly to you as activities and events arise. Please complete your shooting sports practice registration by December 13th so that schedules can be finalized prior to the holidays. The first practice will be on January 8th.

I will be out of the office December 22nd through January 2nd, so please reach out with any questions

before the holiday break!

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MY CONTACT INFO:

epersche@uwuo.edu



UPCOMING DATES



December

December 8 - Food, Fun 4-H Cooking Club

December 11 - Fair Board Meeting

December 13 - Deadline for Shooting Sports Practice Registration

December 15 - Pillowcase Sewing Workshop

December 18 - Shooting Sports Practice Schedule Released

December 25-January 2 - UW Winter Closure - Erin will be out of the

office. Office will be open December 26th-29th



January

January 1 - Enrollment Dues increase to \$20

January 1 & 2 - Extension Office Closed

January 8 - Shooting Sports Begins in Upton and Newcastle

January 8 - Fair Board Meeting

January 15 - Extension Office Closed

January 16 - Upton Cloverbuds

January 18 - Newcastle Tumbleweeds

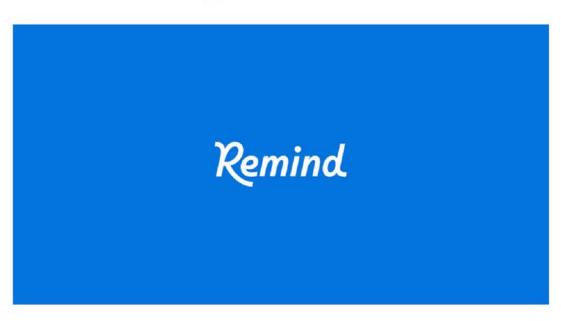
January 19 - Food, Fun, 4-H Cooking Class

January 21 - Beef Tagging and Weigh In

January 30 - Volunteer Training



How We Communicate



Remind is a communication platform that can reach students and parents via text or email. Remind allows us to quickly send notifications to an entire group about upcoming events, changes, cancellations, etc. There are 2 easy ways to join - go to the website address listed or text the @newcss to 81010. Please take a few moments and join the applicable Remind groups from the list below:

Weston County 4-H: rmd.at/weston4h or text @weston4h to 81010

Newcastle Shooting Sports - rmd.at/newcss or text @newcss to 81010

Dog Project: rmd.at/newcdog or text @newcdog to 81010

Food, Fun & 4-H: rmd.at/newcff4-h or text @newcff4-h to 81010

Newcastle Tumbleweeds: rmd.at/n4htumble or text @n4htumble to 81010

Robotics: rmd.at/newcrobots or text @newcrobots to 81010

Upton Cloverbuds: rmd.at/u4htumble or text @u4htumble to 81010



https://www.facebook.com/WESTONCOUNTY4H

WESTON COUNTY 4-H CLUBS

Elk Mountain Outlaws

Leaders: Kami Lopez

Kara Fladstol

Next Meeting: December 3rd 2:00 PM

Fairgrounds Event Center

Dewey Wranglers

Leaders:Kendra Paulton
Dani Stearns

Next Meeting: TBA

Sagebrush Maids & Wranglers

Leaders:

Melinda Huff Becky Swentesky Next Meeting: TBA

Borderline Bandits

Leader:Crystal Stevens-Benson

Next Meeting: TBA

Prairie and Pines

Leaders: Kasi White Nastel Dean Next Meeting: December 18th 6:30 PM

Mrs. White's Classroom Upton Elementary School

Bring canned food to donate to the Food Bank

Stock Show Junkies

Leaders:

Briley & Ty Miller Hale & Alicia Redding Next Meeting: TBA

What is the benefit of being in a 4-H club ...

There are many benefits of being in a club; friendship and fellowship, opportunity for leadership development, plus strides in self-confidence, learning to work with others, communication skills, decision making, problem solving, citizenship, expanded horizons, organizational skills, respect for and from others, patience, tolerance, and real-world experience! The club leader will help you with decision making, keep you informed about project announcements and deadlines, and will be a great encouragement!

4-H Enrollment Info

4-H AGES

4-H Age is determined by your child's age as of January 1, 2024.

- Cloverbuds are 5-7 years old as of January 1
- Junior 4-H members are 8-10 years old as of January 1
- Intermediate 4-H members are 11-13 years old as of January 1
- Senior 4-H members are 14-18 years old as of January 1

HOW TO ENROLL

Visit https://4h.zsuite.org/ to complete your 4-H Enrollment

Below are tip sheets to help you create a new profile or access your current one.

The earlier in the 4-H Year that you complete your 4-H Membership (Enrollment) the more you will benefit from the 4-H program!

ENROLLMENT FEES

October 1 - 7th - National 4-H Week - no enrollment cost

October 8th – December 31st – \$10 per member

January 1 – May 15th – \$20 per member **No cost for Cloverbud members**

ENROLLMENT DEADLINE

Youth must be enrolled with active status in 4-H in order to participate in any 4-H activities. Enrollment fees are due at the time of enrollment. Please note: youth are not covered by the 4-H insurance until you have active status in ZSuite!

Youth must have active status by May 15th to participate in summer activities (camp, fair, etc.) This deadline will be strictly adhered to in 2024.



WYOMING 4-H PROJECTS



ANIMAL SCIENCES

- Beef Cattle
- Cats
- Dogs
- Dairy Goats
- Meat Goats
- Horses
- Llamas & Alpacas
- Pocket Pets
- Poultry
- Rabbits
- Sheep
- Swine
- Veterinary Science

HEALTHY LIVING

- Foods and Nutrition
- Gardeinging and Horticulture
- Health
- Outdoor Recreation

LEADERSHIP & CIVIC ENGAGEMENT

- Civic Engagement
- Youth Leadership
- Self Determined

SCIENCE & TECHNOLOGY

- Aerospace
- Computers
- Electricity
- Robotics

NATURAL RESOURCES

- Entomology
- Geology
- Nature & Ecology
- Range Management
- Shooting Sports
- Sportfishing
- Wildlife and Hunting

EXPRESSIVE ARTS

- Cake Decorating
- Crocheting
- Fabric and Fashion
- Interior Design
- Knitting
- Leathercraft
- Photography
- Quilting
- Ropecraft
- Visual Arts
- Woodworking
- Welding

FIND YOUR SPARK WITH A 4-H PROJECT



ZSuite 4-H Enrollment

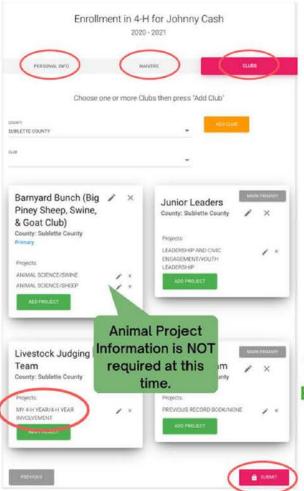
Existing Family Profile

Enrollment must be done ANNUALLY to stay active in 4-H!

- 1. Go to https://4h.zsuite.org/
- Use the same email & password you used to sign up, select LOGIN
- 3. Choose the PRIMARY ACCOUNT to enroll 4-H Members
- You will see a list of all the household members and their current enrollment status.
 - a. Red = INACTIVE 4-H Member
 - b. Green = ACTIVE 4-H Member
- Select the 4-H Member's Name you wish to update, select ENROLL MEMBER NOW



First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.





- 6. Fill out 4-H Member's info, select Continue
 Fill out PERSONAL INFO, select Next
 Fill out all six drop down WAIVERS, then select Next
 Dropdown to your CLUB, select Add Club
 - i. If you are interested in

a. Select Add Project

- 1. Junior Leaders
- 2. Livestock Judging Team
- 3. Livestock Skillathon Team

make sure to add them as a Club.

i. ALL 4-H Members should Add MY 4-H
YEAR/MY 4-H YEAR INVOLVEMENT as a

Project in one Club, Select Add Project

Select Add to Cart and then you can either +Add
 Enrollment or Submit. Must be submitted to be complete.

Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!



ZSuite 4-H Enrollment

New Family Profile



If you've never signed in to ZSuite before, follow these steps: 1.Go to https://4h.zsuite.org/

As a Family creating a new Profile, select SIGN UP a. Fill in all of the fields, select LET'S GO!

Adding 4-H Members

You are now on the Dashboard tab

- 1 Select + Household Member
- 2 Fill out 4-H Member's info, select Continue
- 3 Fill out PERSONAL INFO, select Next
- Fill out all six drop down WAIVERS, then select Next
- 5 Dropdown to your CLUB, select Add Club
 - a. Select Add Project

i. If you are interested in

- 1. Junior Leaders
- 2. Livestock Judging Team
- 3. Livestock Skillathon Team

make sure to add them as a Club.

i. ALL 4-H Members should

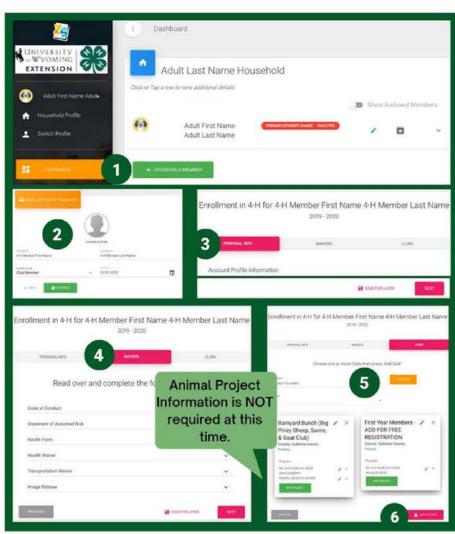
Add MY 4-H YEAR/MY

4-H YEAR INVOLVEMENT

as a Project in one Club,

Select Add Project

6 Select Add to Cart and then you can either +Add Enrollment or Submit. Must be submitted to be complete.



First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.



Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!

CLOVERBUDS

The 4-H Cloverbuds Program in the University of Wyoming's 4-H program is a non-formal education program designed for children ages 5-7. Participation, safety, personal development, learning and fun are the highest priorities for Cloverbuds programs. Cloverbuds is designed to introduce young people to cooperative learning and the many things they can do in 4-H. These programs are adult led, activity-focused, and are built on cooperative learning rather than competition. There are two different Cloverbud clubs that meet in Upton and Newcastle.

UPTON SCHEDULE

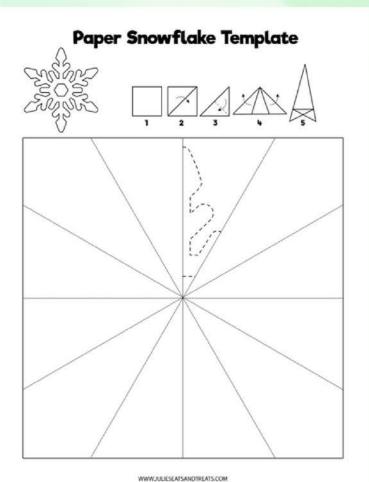
January 16 February 13 March 19 April 16

NEWCASTLE SCHEDULE

January 18 February 15 March 21 April 18

You can join Upton Cloverbuds class at https://www.remind.com/join/u4htumble or by texting @u4htumble to 81010.

You can join Tumbleweeds class at https://www.remind.com/join/n4htumble or by texting @n4htumble to 81010.



Making paper snowflakes is a perfect December activity! This is a great way for your Cloverbuds to practice folding paper, using scissors and everyone will enjoy their creations all winter long!

Have them make an extra and bring it to Erin and Kristi at the Extension Office for a treat!



FOODS AND NUTRITION PROJECT

December 8th
Food, Fun & 4-H Workshop

2:00-4:00 PM
Extension Office
RSVP December 6th





FABRIC AND FASHION PROJECT

December 15th
Pillowcase Workshop

2:00-4:00 PM
Weston County Senior Center
Michael's Room
RSVP December 13th

Supplies Needed:

3/4 yard of main fabric
1/3 yard of coordinating fabric
*there will be fabric to choose from if you
don't have time to shop*



BEEF PROJECT

Market Beef Weigh In and Tagging January 21st, 2024

2:00 PM
Rankin's Corrals
3 Miles South of Upton on HWY 116

OWNERSHIP DEADLINE

February 1, 2024

- You MUST be enrolled in 4-H and have ACTIVE status by January 19th to weigh your market beef
- All market beef shall be owned and tagged with an EID by February 1
- Ownership paperwork must be submitted by February 1
 - Brand Inspection
 - Statement of ownership
- 4-H or FFA designation must be made at tagging

COUNTY FAIR WEIGHTS:

MARKET STEER MINIMUM WEIGHT: 1100 POUNDS

MARKET HEIFER MINIMUM WEIGHT: 1050 POUNDS



BEEF PROJECT

Catch-A-Calf, one of National Western's most loved traditions!

Participants come from Colorado, Kansas, Nebraska, and Wyoming to compete in the National Western Stock Show's longest-running program of practical beef cattle management. In just over 80 years the Catch-A-Calf Contest has awarded nearly 3,000 steers to 4-H members hailing from the western United States.

The program began in 1935 when 10 boys caught 10 sponsored calves. The contest quickly caught on, and the program grew to include 52 calves by 1942. Soon after World War II, the program settled at 40 calves per year, which is where the number continues to stand today.

The program is designed so successful participants catch a calf, feed it, and return with the animal one year later as a market-ready steer at the National Western Stock Show. The steers are judged on production and carcass quality, while the participants are judged on showmanship, record books, and a personal interview.

The Grand and Reserve Grand Champion participants sell their steers at the Auction of Junior Livestock Champions held on the final Friday of the Stock Show.

Applications

Now open for the 2024-2025 Season. Close December 15th!

Please note, this program is only open to active 4-H and FFA members ages 14-18 (who must be residents) in Colorado, Kansas, Nebraska & Wyoming. Please refer to the Rules and Regulations for further information.





SHOOTING SPORTS PROJECT

It is time to get signed up for shooting sports practice times! The 2024 4-H Shooting Sports season will kick off on January 8th!

Attached to this email you will find a few documents:

- 1. 2024 Weston County Shooting Sports Guidelines
- 2. Shooting Sports Guidelines Parent Agreement Form
 - 3. Newcastle Shooting Sports Calendar
 - 4. Upton Shooting Sports Calendar
 - 5. Shooting Sports Leader Certification Flyer

Please take the time to read the Guidelines and ask questions.

To reserve your practice times please follow this link and complete the registration form: https://uwyo.sjc1.qualtrics.com/jfe/form/SV_9NzmReQXipA0kg6







The first to respond will have the first choice of time slots. Deadline to have the registration complete is December 13th. Each time slot is limited to ten youth. Weston County is very lucky to have an amazing team of volunteers who will invest an unbelievable amount of time into our youth over six months.

Please take a few moments and make sure that you have joined the Remind class for shooting sports (https://www.remind.com/join/newcss) and that you follow the Weston County Facebook page (https://www.facebook.com/WESTONCOUNTY4H)

Remind



Please let me know if you have any questions or encounter any problems completing the registration. I look forward to another amazing shooting sports season with all of you!

SHOOTING SPORTS PROJECT

If you are interested in becoming a certified shooting sports leader, please plan to attend the shooting sports leader training to be held here in Newcastle in March.

2024 4-H Shooting Sports Leader Certification Trainings

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/ training opportunities.







Steve Mack, Director

Wyoming State 4-H Foundation

College of Agriculture and Natural Resources

1000 East University Ave. Dept.

Laramie, WY 82071

(307) 766-5170

Smack@uwyo.edu

Washakie County, Worland

- Dates March 9-10, 2024
- Registration Link: Washakie County

Weston County, Newcastle

- Dates March 23-24, 2024
- Registration link: Weston County

Laramie County, Cheyenne

- Dates April 6-7, 2024
- Registration link: Laramie County

Uinta County, Evanston

- Dates April 20-21
- Registration link: Uinta County

Natrona County, Casper

- Dates April 27-28
- Registration link: Natrona County

Shooting Sports Development Committee Meeting

- Date February 17, 2024, Casper
- Holiday Inn East 10 am to 3 pm
- · Directions from Douglas
- Directions from Riverton

You can register using the links above or visit the Wyoming 4-H webpage at: http://www.uwyo.edu/4-h/ then select "Volunteers" and "Additional Trainings." Join the



Get Cookings



Who: Anyone interested in learning to cook, trying new recipes and having fun! This is a great activity if you are enrolled in Foods and Nutrition or you just want to learn to cook!

When: December 2023 - April 2024



What: Food, Fun, 4-H is an at home activity that you can do when you have time.

Recipes and an activity are released at the beginning of each month and you are encouraged to try 2 recipes and then answer 3 questions and submit 2 photos.

Why: Learn new cooking skills, try new food, earn cooking gadgets, get ideas for fair entries and HAVE FUN!

Where: Your home kitchen (and some of the Extension Offices are hosting cooking workshops)



https://wyoextension.org/weston county/wyoming-food-fun-4-h/

WYOMING STATE 4-H FOUNDATION

FINANCIALLY SUPPORTS THE WYOMING 4-H PROGRAM

Dear High School Senior,

As you consider the next steps in your education and career path, your involvement in 4-H may help you obtain scholarships at the college or school you choose to attend.

Each year the Wyoming 4-H Foundation awards thousands of dollars in scholarships to youth that will be attending a college, university, or technical school to further their education.

Find out details at: http://www.wyoming4h.org/4hfoundation/scholarships. Just click on each scholarship to find out its specific criteria, and then use the universal application to apply. There are many available scholarships! Up to \$30,000 total for new and first-time qualified applicants!

Applications are due by February 15, 2024, and use a resume built from your 4-H Record Book.

Remember - the best way to be awarded a scholarship is to APPLY!

Please call the State Office if you have any questions. Our number is (307) 766-5170.

Do not Delay - Apply Right Away!!

Share this information with family, friends, and co-workers!

Sincerely,

Wyoming State 4-H Foundation



Jr. Livestock Committee

Next Meeting: February 7th @ 5:30 PM at Event Center



Fair Board

Next Meeting: December 11th @ 6:30 PM at Fairgrounds

> Fair Superintendent Meeting January 22nd

Members:
David Kline
Billy Jackson
Francie Hamilton
Mason Kaiser
Teigen Marchant

2024 Weston County Fair

July 20-28th, 2024

Wyoming State Fair

August 12-17th, 2024

MY HANDS TO LARGER SERVICE COMMUNITY SERVICE CORNER



What is Community Service?

Community Service is voluntary work intended to help others without any payment or benefit in return.

WHY IS COMMUNITY SERVICE IMPORTANT?

Community Service teaches youth about the importance of giving back. It can strengthen a club or group. It boosts member commitment and involvement by giving members meaningful activities. It fulfills the "hands to larger service" part of the 4-H Pledge.

Looking for ideas? Keep an eye on this page of the Chatter each month, talk to Erin, ask your club leader, teacher or parent and keep an eye out for events that are looking for volunteers.

IDEAS

- donate pet food to a local animal shelter or rescue
- clean up a vacant lot
- plant flowers in public areas
- · visit a nursing home
- donate food to the local food bank
- deliver holiday cards to the senior center, nursing home, hospital, etc.
- Organize a food drive
- · shovel snow for a neighbor

Weston County Senior Center

> Carolyn 746-4903

> > Weston County Food Banks

> > > **BREAD Office**

746-3542

Upton Food Bank 307-941-0553





The Congressional Award was established in 1979 to "recognize initiative, service, and achievement in young people." It is non-partisan, voluntary, and noncompetitive. The program is open to all youth regardless of ability, circumstance, or socioeconomic status. It is a life-changing commitment.

The Congressional Award is the United States Congress' award for young Americans. It is non-partisan, voluntary, and non-competitive. The program is open to all youth regardless of ability, circumstance, or socioeconomic status. Participants earn Bronze, Silver, and Gold Certificates and Bronze, Silver, and Gold Medals. Each level involves setting goals in four program areas; Voluntary Public Service, Personal Development, Physical Fitness, and Expedition/Exploration.

Earning the Award is a fun and interesting way to get more involved in something you already enjoy or something you'd like to try for the first time. You move at your own pace, on your own or with your friends. This is not an award for past accomplishments. Instead, you are honored for achieving your own challenging goals.

Regardless of your situation, you can earn The Congressional Award. The Congressional Award has no minimum grade point average requirements. It accommodates young people with special needs or disabilities who are willing to take the challenge.

For More Information: Board Member ZETA NUCKOLLS ANDERSON

zeta.anderson@gmail.com

BEHOLD THE SANCTUM OF SELFLESSNESS: THE VOLUNTEER CORNER

Volunteers Needed:

November:

- Volunteers to teach workshops in all project areas
- Help at Food, Fun 4-H
 Cooking Club on
 December 8th
- Help at the Pillowcase Workshop on December 15th

General Needs:

- Volunteers to teach workshops in all project areas
- Project leaders
- 4-H Camp volunteers
- Teen Leader project leader

Contact Erin via phone or email to volunteer for these activities



Volunteer Training

January 30th 6:00 PM Extension Office RSVP by 1/29

Each volunteer has to complete a training every 5 years that they are enrolled as a volunteer. New volunteers must also complete a training in their first year.

OPPORTUNITIES THROUGHOUT



THE STATE



What is CWF?

- Learn leadership and communication skills through history, democracy and our amendments.
- ✓ Explore Washington D.C.
- ✓ Connect with other young leaders

Details

- NEW this year, CWF will operate on a first come, first serve basis for registration. Please register ASAP if you are interested.
- Plane tickets will be purchased on March 18th, 2024
- Estimated cost, \$2500 per person, with scholarships available.
- Open to youth 14 and older.
- Apply at http://wyoming4h.formstack.com/ forms/cwf









OPPORTUNITIES THROUGHOUT



CROSS-CULTURAL

EXPERIENCES

HAWAII OR BELIZE?

Hawaii – \$2,900 per person Belize – \$1,900 per person

What's the cost?

\$500 deposit required upon selection. Remaining balance can be made in monthly payments. Scholarships are available, contact us for more info

What's included?

- Roundtrip Airfare
- · Meals and Lodging
- In-Country Transportation & Activities
- Travel Insurance, accident and sickness protection (for Belize)

Additional expenses may include:

- Passport/Passport photos (Belize)
- · Immunization, if required
- · Transportation to and from airport
- Spending money for souvenirs or other purchases

- Hawaii ~ Explore Agriculture in Hawaii May 31-June 6, 2024 (tentative) with a farm-to-table journey introducing youth to a variety of agricultural practices including aquaculture, animal and plant systems.
 Explore Hawaiian plantations, county fair, landscapes, recreation, and cultures.
- Belize ~ Join Wyoming 4-H in Belize June 22-29, 2024 (tentative) as we explore the natural resources of this beautiful country through a stay at a Jaguar Preserve, visiting a Maya Cocoa Farm, and interacting with agriculture students at a local high school!





APPLY TODAY!

Open to 4-H Members ages 14-18 (at time of travel)

https://wyoming4h.formstack.com/forms/4h_belize_2024

Applications are due:

December 10, 2023

Contact Us



Belize

Emily Haver ehaver@uwyo.edu 307-328-2642 <u>Hawaii</u>

Amber Armajo amwall@uwyo.edu 307-347-3431 Dawn Sanchez dawns@uwyo.edu 307-633-4383



Extension Weston County

Office Location

204 W Main Street Newcastle WY 82701



Monday - Friday

8:00 AM - 12:00 PM 1:00 PM- 4:30 PM



(307) 746-3531

Erin:

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westncty@uwyo.edu

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vhayman@uwyo.edu





Weston County Extension Website:

https://wyoextension.org/westoncounty/



Weston Extension:

https://www.facebook.com/WestonCountyExtension

Weston County 4-H:

https://www.facebook.com/WESTONCOUNTY4H

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Eric Webster, Interim Director, University of Wyoming Extension, College of Agriculture and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

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