



WESTON COUNTY 4-H CLOVERBUDS



As we continue our 4-H year, we're excited to dive into more learning, growing, and having fun together at Cloverbuds! Each activity we do will help your Cloverbud build confidence, try new things, and learn how to work with others—important skills that support their journey to becoming Beyond Ready!

APRIL 2026 ACTIVITIES

1. Practiced the 4-H Pledge
2. Learned about eggs
3. Made deviled eggs for snack

AT HOME

1. Practice the 4-H pledge a few times each month
2. Have your Cloverbud make you Deviled Eggs to share
3. Make a new recipe using eggs
4. Explore the poultry project further

4-H PROJECT EXPLORATION

Each month we explore a few of the many project areas Wyoming 4-H has to offer, helping youth discover new interests while building practical life skills. At today's meeting, we focused on Poultry and Foods and Nutrition—two hands-on topics that connect directly to everyday life.

One of my favorite lessons is the Incredible Edible Egg. It's always a hit because it blends science, nutrition, and cooking in a fun and meaningful way. Eggs are a great source of high-quality protein and essential nutrients, and they're one of the most versatile ingredients in the kitchen—playing a key role in everything from breakfast staples to baked goods.

Poultry is also a great starting 4-H project for youth, even living in town!

LOOKING AHEAD

- Stay tuned for upcoming dates and news!

REMINDERS

- Join Remind Classes
 - Weston County 4-H: text @weston4h to 81010
 - Upton Cloverbuds: text @u4hclover to 81010
 - Newcastle Cloverbuds: text @n4hclover to 81010
- Follow Weston County 4-H Facebook Page
- Read the Weston County 4-H Chatter each month